

March 2023



Mon	Tue	Wed	Thu	Fri	Sat
		1 National Nutrition Month, celebrated in March, stresses the importance of a balanced diet and exercise. Spring Safety Link	2 Storytime 4 pm via Zoom National Read Across America Day	3	4
6 St. Patrick's Day BINGO 4 pm via Zoom Quick Meal Ideas Link	7 Social Security Presentation 2 pm via Microsoft Teams	8 Southwest Council: Listening and Responding to Situations 4 pm via Zoom International Woman's Day	9 Four Fun Ways To Teach Children About Nutrition	10 Volunteer Interest Meeting 2 pm & 4 pm Fun Facts For Kids Link	11 Crockpot Cooking: Dump N Go Dessert 10 am via Zoom Ingredients Will Be supplied
13 Senior Circle BINGO (55+) 2 pm Crock Pot Meal Ideas Link	14 SNAP-Ed: Just Say Yes 4 pm Mommy & Son Game Night 5 pm	15 Should You Still Be Concerned About Covid? 11 am via Zoom St. Patrick's Day Craft 4 pm via Zoom	16 It's A Girl Thing! Empower & Inspire 5 pm In Person & Zoom	17 The Office Will Be Closed For Staff Development	18
20 Spring Trivia Look for trivia on Facebook/email 1st Day of Spring	21 Let's Make Shamrock Shakes! 4:30 pm Space Is Limited Registration Required	22 Southwest Council: Communication Skills and Assertiveness 4 pm via Zoom Quick Meal Ideas Link	23 Volunteer Interest Meeting 2 pm & 5 pm 	24 DIY Craft Ideas Link	25
27 "Almost everything will work again if you unplug it for a few minutes, including you." Anne Lamott 	28 SNAP-Ed: Just Say Yes 4 pm	29 PCAB Interest Meeting 2 pm & 4 pm Safety Tips For The Workplace Link	30 BINGO 4 pm via Zoom	31 Symbols of March: Birthstone: Aquamarine & Bloodstone Flower: Daffodil Zodiac: Pisces & Aries 	Center Hours: Mon , Wed & Fri: 11am-5pm Tues & Thurs: 11am-7pm

Center Highlights:



Volunteer Interest Meeting:

BECOME A VOLUNTEER!

WE NEED YOU, YES YOU!

That moment when you forget you're volunteering to help change lives because it's changing yours!

MAKE A DIFFERENCE, GET INVOLVED!

We are always looking for new volunteers! We appreciate every helping hand we can get!

**3/20
Spring Trivia**

**Look for trivia on
Facebook/email**



PCAB Interest Meeting:

BECOME A Parent/Community Advisory Board Member!

WE NEED YOU, YES YOU!

That moment when you forget you're volunteering to help change lives because it's changing yours!

MAKE A DIFFERENCE, GET INVOLVED!

We are always looking for new Board Members! We appreciate every helping hand we can get!

Activities:



It's A Girl Thing!:

Girls of all ages will be inspired, encouraged, supported & empowered to courageously speak their Truth and honor their most authentic version of Self.

Crockpot Cooking:

Join us for dessert! This dump cake is an easy, delicious, favorite slow cooker cake that requires nothing more than a dump and go!

Ingredients will be supplied.

(Crockpot not included)

REGISTRATION IS REQUIRED!

Social Security Presentation:

A Social Security Public Affairs Specialist will discuss important information regarding Social Security Cards, Disability, Survivor Benefits, Retirement and more.

BINGO:

Join us for this interactive favorite!

**PRIZES, PRIZES, PRIZES!
OPEN TO ALL AGES**



Let's Make Shamrock Shakes!

Join us as we make the iconic mint flavored milkshake!

ALL ARE WELCOME!

REGISTRATION IS REQUIRED!



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