



157 W Main St Penns Grove, NJ 08069 856-517-0029 riverviewfsc@gmail.com

**CLOSED** 

Center Hours:
Mon, Wed & Thurs:
11am-5pm
Tues 11am-6pm
Fri 10am - 3pm

riverviewtsc@gmail.com					Fri 10am - 3pm
Mon	Tue	Wed	Thu	Fri	Sat
	MAY IS MENTAL HEALTH AWARENESS MONTH!		DIY Stress Ball Activity 3:30pm	2	3
Nature Day Activity 3:30pm	Mother's Day Puzzle Piece Craft 4pm	7 Multi-Cultural Bingo 3:30pm	DIY Mother's Day Cards and Book Marks 3:30pm	PCAB Interest Meeting 12pm	Office Hours BY APPOINTMENT ONLY
12  Mother's Day Bingo 3:30pm	Just for Her: Paint -N- Sip 4pm	14 Kinship Navigator Resource Session 3pm	SW Council: Dieting & Habits  5pm	Volunteer Interest Meeting 12pm	Like us on facebook  @Riverview Family Success Center
19 DIY Yarn Wrapped Letters 3:30pm	Celebrations of Culture From Around the World 4pm American Culture Multicultural Series	21 RESCUE NARCAN GIVEAWAY  1pm - 3pm	22  Basic Computer Skills for Seniors  3pm	23	24
MEMORIAL DAY REMEMBERING THOSE WHO SERVED	27 Bonded By Bracelets DIY Friendship Bracelets 4pm	28  MASCEC Resource Information Session 3pm	Paper Roses & Flowers Craft	30	Office Hours BY APPOINTMENT ONLY



# Highlights

#### DIY Mother"s Day Cards & Book Marks

Make a card and book mark with a personal message on it from you, to that special woman in your life. She will love this gift because you made it just for her!

### Paper Roses & Flower Craft

April showers bring May flowers!

Join us for a fun

craft to bring in the new season.

#### Basic Computer Skills for Seniors

We will cover the fundamentals of computer usage, software applications, and internet basics. Ideal for beginners.

#### Southwest Council: Dieting & Habits

Healthy eating is important for maintaining a healthy weight and general health.

When it comes to eating, many of us have developed habits. Join the discussion with Southwest Council.

## MASCEC Resource Information Session

Join a professional from Mid-Atlantic States Career and Education Center to learn more about career development , job development, ex-offender assistance, senior services and much

157 W Main St Penns Grove, NJ 08069 856-517-0029 riverviewfsc@gmail.com

#### **Nature Day Activity**

Nature nurtures learning!
Join us for a bird feeder
and pine cone craft.

#### **DIY Stress Ball Activity**

You will make your very own stress ball and learn practical ways to manage stress! Stress balls can be a helpful tool for managing temporary stress and tension by providing a tactile distraction and promoting relaxation.



#### **DIY Yarn** Wrapped Letters

Yarn-wrapped letters are an easy way to add a festive flair to your home decor. This DIY project is quick & easy! No experience needed!

> Saturday Office Hours

BY APPOINTMENT

ONLY
Appointments must be made by
Friday 12pm.



# Navigator Exchange 11 am - 3 pm EVERY WEDNESDAY

The Affordable Care Act (ACA) helps
uninsured and eligible people in New Jersey
access quality, affordable healthcare. If you
need in-person assistance to review your
options, A Navigator from Center For Family
Services will be available on Wednesdays
from 11a-3p

#### Just for Mom: Paint - N - Sip

A paint and sip combines art and social interaction into a fun activity. In this setting, you will create artwork and enjoy a non-alcoholic "Mocktail".

#### **PCAB Interest Meeting**

The Parent/Community Advisory Board (PAB)
serves as a voice for the community. Members
promote center activities and services and work
collaboratively with the center
director/supervisor to ensure that services and
activities are reflective of the community needs
and interests. We are always looking for new
Board members!

Refreshments will be served

#### Volunteer Interest Meeting

BECOME A VOLUNTEER!
WE NEED YOU, YES YOU! That moment
when you forget you're volunteering to
help change lives because it's changing
yours! MAKE A DIFFERENCE, GET
INVOLVED! We are always looking for new
volunteers! We appreciate every helping
hand we can get!

Refreshments will be served

Center Hours:
Mon, Wed & Thurs:
11am-5pm
Tues 11am-6pm
Fri 10am - 3pm