There are various ways to organize an essay, but the traditional "five-paragraph essay" (sometimes called the 1-3-1 model) works well for just about any writing assignment. An outline is also required for your essays! Let's take a look at the sample outline used for the model essay that follows. The topic for the essay was problems of adolescence. Later in this unit, methods of writing introductions and conclusion will be studied.

Introduction Opening remarks	Opposite
Thesis sentence with plan of development points 1, 2, 3	
	*
Body 1: First Supporting Paragraph	
Topic Sentence (point 1)	1. Physical
a. detail	a. acne
b. detail	b. weight
Ending Sentence (point 1)	1. Physical
Body 2: Second Supporting Paragraph	
body 2. Second Supporting Faragraph	2. Family
Topic Sentence (point 2)	a. brother
a. detail	b. parents
b. detail	2. Family
Ending Sentence (point 2)	
Body 3: Third Supporting Paragraph	
	3. Social
Topic Sentence (point 3)	a. dates
a. detail	b. dances
b. detail	3. Social
Ending Sentence (point 3)	
Conclusion	