

**Journal # 1: Quietly read and reflect on the meaning of Angelou's quote.**

**In your journal notebook, explain what the quote means. Give an example of when a person was changed by his/her experience (s), but he/she did not negatively succumb to what happened. Make sure you use complete sentences when responding to the quote/prompt.**

**Introduce your example with "For example..., For instance..., or For illustration...". Be prepared to share with your peers.**



*Wisdom du Jour*

**"I can be changed by what happens to me, but I refuse to be reduced by it."—Maya Angelou  
(1928- 2014)**