4. Definition - uses a dictionary to explain the key word(s) in your essay.

According to Webster's dictionary, adolescence is defined as that period of time from puberty, 12, to adulthood, 18. For many adolescence, however, this is a difficult transition, and I agree. Everyday, I battled the terrible physical, family, and social troubles of adolescence.

5. Story - or anecdote is naturally interesting and appeals to a reader's curiosity. It can be fact or fiction but it must be related to the topic.

One day while sitting in class, I began to cry. The teacher, Mrs. Jones, walked over to my desk and asked me what was wrong, but I could not share the problems I was facing. Everyday, I battled the terrible physical, family, and social troubles of adolescence.

6. Question(s) - forces your reader to become involved in your paper because he will think about the possible answer(s). Answer your question(s) in the body and/or conclusion of your essay.

Why do we experience more problems during adolescence than any other time in our lives? Could it be that adolescence is the tumultuous bridge that we must cross from a carefree childhood to a responsible adult? I agree because everyday, I battled the terrible physical, family, and social troubles of aolescence.

7. **Quote** - lets you add someone else's voice to your own thus strengthening your paper. Use quotation marks and identify the creator. If unknown, use words like philosopher, thinker, logician, wise man, theorist, logician, researcher, analyst, a famous proverb, etc.

According to analyst Charles K. Fettering, "problems are the price of progress." Well, I can't afford them because as a teen I suffered. Everyday, I battled the terrible physical, family, and social troubles of adolescence.

8. **Dialogue** - use two to four exchanges between speakers to make your point; identifying the speakers is optional but recommended.

"Girl, I just don't know what I'm going to do," sighed Keisha.

"Do about what?" Mary inquired with a look of bewilderment on her face.

"Do about my physical, family, and social troubles of adolescence," replied Keisha with a barrage of tears that suddenly began to stream down her cheeks.

9. **Joke** - adds humor and "breaks the ice;" however, it most often used in speaking engagements. Make sure it's funny and not offensive; otherwise, you'll lose the audience. (No example provided).