



SEPT 29 - OCT 1, 2023

*Becoming the  
Perfect Me  
Conference 2023  
Program*

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# BECOMING THE PERFECT ME

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*Letter from Conference Host - Pastor Theresa A. Roberts*

Dear Esteemed Conference Participants,

As the date for our much-anticipated conference, "Becoming the Perfect Me," draws near, I am filled with immense excitement and gratitude for your decision to join us on this transformative journey. We are about to embark on a path of self-discovery, growth, and personal development that promises to be nothing short of life-changing.

This conference is a unique opportunity for all of us to assess ourselves, identify areas for improvement, and take concrete steps towards becoming the best version of ourselves. It's a time for reflection, growth, and a deep dive into the question, "Why Don't People Like Me?" My book by the same title will be a valuable resource during this journey, providing insights and guidance to help you on your path to personal excellence.

Throughout the conference, you can expect to experience moments of deliverance, breakthroughs, and the launch of your next chapter in life. It's a chance to shed old habits, limiting beliefs, and anything that has been holding you back. Together, we will embrace change and new beginnings with open arms.

I urge you to make the most of this opportunity to invest in yourself. Give yourself permission to be intentional about your personal growth and development. When you do, you'll find that God will meet you right where you are, guiding you towards your true potential.

Additionally, I encourage you to invite a friend to join us on this incredible journey. Together, we can create a supportive community of like-minded individuals, all dedicated to personal growth and self-improvement.

Thank you for choosing to be a part of my first annual conference, "Becoming the Perfect Me." Your presence and commitment to your personal growth are truly appreciated, and I cannot wait to grow and learn alongside you.

Get ready to transform, to evolve, and to become the perfect you. Our journey together is about to begin, and I couldn't be more excited!

See you at the conference!

*Theresa A. Roberts*



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# BECOMING THE PERFECT ME

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## *Meet the Conference Host*



Theresa A. Roberts was born and raised in Chicago, Illinois. Theresa is the eighth of twelve children born to Mr. and Mrs. Kinzy Greenleaf. She married Randy Roberts in 1985 and together they have three daughters: Ashley, Megan, and Chelsea.

Theresa holds an AAS degree in Computer Information Services and a BA in Computer Business Management. She utilized her experience as a Telephony Support Analyst for municipal governments for over 23 years managing million dollar projects while servicing numerous department managers as her primary clients.

Theresa is the Founder and Director of Love House Learning Academy where she oversees the program and development of educational activities for children and senior citizens. Theresa is also the Co-Pastor of Love House Ministries Incorporation where she and her husband have pastored for over 20 years serving their community as trail blazers with numerous outreach programs that touch the lives of people of all cultures. Love House Ministries is an outreach ministry in Beaufort, South Carolina comprised of a body of believers with like minds, serving to meet the needs of the community. Theresa serves as the Senior Pastor under her husband, Apostle Randy Roberts.

Thanks to Theresa and Randy's influence within the community through Love House Ministries and Love House Learning Academy they are able to sponsor many community outreach programs such as The Community Bowling Center & Laser Tag Arena, \$1.00-A-Day Aftercare, Summer Learning Center, Senior Day Program and a Senior Feeding Program. They are also able to support community events such as: free oil changes, Weekend to Remember, Everyone Counts, Operation Holiday Heroes, and The Giving, just to name a few.



# BECOMING THE PERFECT ME

## CONFERENCE AT A GLANCE

*Day 1*

**Friday, September 29**

### Pre-Conference

- 8:30 Greetings & Networking
- 9:00 Leadership Training Part I
- 10:15 Leadership Training Part II

### Conference

- 2:00 Vendor Setup
- 3:00 Registration & Vendor Expo
- 5:00 Dinner
- 6:00 Doors Open & Vendor Expo
- 6:45 Worship Service
- 9:45 Bonfire Talk

*Day 2*

**Saturday, September 30**

- 6:00 Morning Glory
- 6:45 Morning Stretch
- 7:15 Breakfast
- 8:30 Morning Worship
- 9:00 Keynote
- 10:15 Concurrent Session I
- 11:15 Concurrent Session II
- 12:00 Lunch
- 1:15 Vendor Expo
- 1:30 Concurrent Session III
- 2:30 Concurrent Session IV
- 3:30 Concurrent Session VI
- 4:30 Dinner
- 6:30 Q&A Panel Discussion
- 7:15 Worship Service

*After each concurrent session,  
enjoy our 15 minute vendor  
segments by visiting Jones  
Building.*



*Day 3*

**Sunday, October 1**

- 6:00 Morning Glory
- 7:15 Breakfast
- 9:00 Room Checkout
- 9:30 Morning Worship
- 10:15 Closing Keynote
- 11:30 Lunch

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NOTE: REGISTERED PARTICIPANTS LODGING AT EPWORTH BY THE SEA, ALL MEALS ARE INCLUDED.  
IF YOU ARE NOT STAYING ON SITE, YOU MUST PURCHASE ALL MEALS THROUGH EPWORTH BY THE SEA'S FRONT DESK.



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Day 1

Friday, September 29

### Pre-Conference Workshop

Greetings & Networking

8:30-9:00 Jones Building Room 3

This is a RSVP event. Meet and greet pre-conference participants.

### Pastor Theresa Roberts: Training your Replacement

9:00-10:00 Jones Building Room 3

There is a time appointed unto man... and then you get to train others. When you can't do, then teach others how to do it. Training your replacement.

### Pastor Theresa Roberts: Instructional Coaching Class

10:15-11:45 Jones Building Room 3

Teaching how to conduct "Why Don't People Like Me?" 38 chapters learning how to Be Happy with yourself while learning to become a better you.



### Vendor Expo Setup & Registration

Vendor Setup

2:00-4:00 Jones Building Auditorium

Vendors are welcome to setup and prepare for vendor opportunities.

Registration & Vendor Expo

3:00-5:00 Jones Building

Participants are welcome to register and visit vendors.

### Dinner

5:00-6:30 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.

### Evening Service

Doors Open & Vendor Expo

6:00-6:45 Jones Building

Doors open for conference participants. Please take a moment to visit vendors.

Worship Service

6:45-7:30 Jones Building Auditorium

Join in the worship experience of song and dance.

### Pastor Theresa Roberts: Go Through the Process

7:45-9:45 Jones Building Auditorium

Living life and not just surviving through life.



### Bonfire

9:45-10:30 Fire Pit

Join the conference host for a chat and snack by the fire to wrap up the night.

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Day 2

Saturday, September 30

### Morning Prayer

6:00-6:30 *Water Fountain*

Join Pastor Kaffee Ray for intercessory prayer.

### Morning Stretch

6:40-7:10 *Pavilion*

Join Coach Smathe Toles for a morning workout.

### Breakfast

7:15-8:30 *Dining Hall*

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.

### Morning Worship

8:30-9:00 *Jones Building Auditorium*

Join in the worship experience of song and dance.



### Keynote with Pastor Theresa A Roberts

9:00-10:00 *Jones Building Auditorium*

Don't Take ANYTHING with you that will pollute your new place of peace. In order for you to go to the New Places and they not look like your old struggles, you must get rid of them before you arrive.



### Concurrent Sessions I

10:15-11:00

Dr. Janet Adams: Gut & Mental Health

*Jones Building Auditorium*

Your dietary choices impact how efficiently your brain works.



Pastor Michelle Rouche: People. Purpose. Position.

*Jones Building Room 2*

Do you understand why people are in your life? God uses people to accomplish His Purpose.



Pastor Kaffee Ray: The Dreamer's Anointing

*Jones Building Room 3*

When we dream, God is sending us a message using symbolisms and metaphors. As believers it is our responsibility to develop the discipline of building a dream language library. Revelation is a by product of intimacy with God, therefore, prayer is the foundation for revelation.





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Day 2

Saturday, September 30

### Vendor Expo

11:00-11:15 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.

### Concurrent Sessions II

11:15-12:00



Coach Davina L. Coleman: It's Time to Birth  
Jones Building Auditorium

Is your vision crowning? Come and receive inspiration on how to birth your visions and no longer cause them to be aborted, miscarried, or stillborn. In this session, Davina will serve as your vision's midwife and cause your vision to awaken!



Pastor Demetria Hayden: Hair Talk "Up Close & Personal"  
Jones Building Room #2

Creating an environment for healthy hair growth! We will discuss the following: hair loss causes & treatment options, most common reasons for hair & scalp issues, importance of scalp health, trauma & stress related hair thinning/loss, and product knowledge.



Pastor Bernadette Middleton: The Pastor's Wife  
Jones Building Room #3

Understanding the role of a pastor's wife while acknowledging who you resemble as you become the perfect version of yourself.

### Lunch

12:00-1:15 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk

### Vendor Expo

1:15-1:30 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.

### Concurrent Sessions III

1:30-2:15



Coach Roshonda Coleman: Give Me My Money Back-Unleash Financial Bondage  
Jones Building Auditorium

Are you tired of feeling financially trapped? Or do you simply want to limit the amount of money slipping through your fingers? It's time to take control of your financial destiny and unleash true financial freedom.



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Day 2

Saturday, September 30



Pastor Demetria Hayden: Hair Talk "Up Close & Personal"  
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Creating an environment for healthy hair growth! We will discuss the following: hair loss causes & treatment options, most common reasons for hair & scalp issues, importance of scalp health, trauma & stress related hair thinning/loss, and product knowledge.



Pastor Kaffee Ray: The Dreamer's Anointing  
*Jones Building Room 3*

When we dream, God is sending us a message using symbolisms and metaphors. As believers it is our responsibility to develop the discipline of building a dream language library. Revelation is a by product of intimacy with God, therefore, prayer is the foundation for revelation.

### Vendor Expo

*2:15-2:30 Jones Building Auditorium*

*During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.*

### Concurrent Sessions IV

**2:30-3:15**



Pastor Michelle Rouche: People. Purpose. Position.  
*Jones Building Auditorium*

*Do you understand why people are in your life? God uses people to accomplish His Purpose.*



Coach Davina L Coleman: It's Time to Birth  
*Jones Building Room 2*

*Is your vision crowning? Come and receive inspiration on how to birth your visions and no longer cause them to be aborted, miscarried, or stillborn. In this session, Davina will serve as your vision's midwife and cause your vision to be awoken!*



Dr. Janet Adams: Gut & Mental Health  
*Jones Building Room 3*

*Your dietary choices impact how efficiently your brain works.*

### Vendor Expo

*3:15-3:30 Jones Building Auditorium*

*During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.*





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Day 2

Saturday, September 30

## Concurrent Sessions V

**3:30-4:15**



*Pastor Demetria Hayden: Hair Talk "Up Close & Personal"  
Jones Building Auditorium*

*Creating an environment for healthy hair growth! We will discuss the following: hair loss causes & treatment options, most common reasons for hair & scalp issues, importance of scalp health, trauma & stress related hair thinning/loss, and product knowledge.*



*Pastor Kaffee Ray: The Dreamer's Anointing  
Jones Building Room 2*

*When we dream, God is sending us a message using symbolisms and metaphors. As believers it is our responsibility to develop the discipline of building a dream language library. Revelation is a by product of intimacy with God, therefore, prayer is the foundation for revelation*



*Coach Roshonda Coleman: Give Me My Money Back-Unleash Financial Bondage  
Jones Building Room 3*

*Are you tired of feeling financially trapped? Or do you simply want to limit the amount of money slipping through your fingers? It's time to take control of your financial destiny and unleash true financial freedom.*

## Vendor Expo

*4:15-4:30 Jones Building Auditorium*

*During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.*

## Dinner

*4:30-6:30 Dining Hall*

*Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk*

## Q&A with Panel

*6:30-7:15 Jones Building Auditorium*

*Join all speakers in the auditorium for a question and answer session.*

## Worship Service

*6:45-7:30 Jones Building Auditorium*

*Join in the worship experience of song and dance.*



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## Pastor Theresa Roberts: Get in the Ring

*7:45-9:45 Jones Building Auditorium*

*PREPARING to fight to Become The Perfect You!!*

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Day 3

Sunday, October 1

### **Morning Prayer**

6:00-7:00 *Water Fountain*

Join Pastor Kaffee Ray for intercessory prayer.

### **Breakfast & Checkout**

7:15-9:15 *Dining Hall*

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk. If you need to checkout of your rooms, please do so at this time.

### **Morning Worship**

9:30-10:15 *Jones Building Auditorium*

Join in the worship experience of song and dance.



### **Pastor Theresa A Roberts: Two Callings, One Location. They Were Never Your Friend, They Were There to Learn.**

10:15-11:45 *Jones Building Auditorium*

Learning how not to allow Ministry to wound you.

### **Lunch**

11:45-1:00 *Dining Hall*

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.



Vendors

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@preciousdiamondscentsy



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attending the  
Becoming the Perfect  
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