



Becoming
THE PERFECT ME
CONFERENCE 2026 BOOKLET

Holiday Inn Ballroom

**2225 Boundary St.
Beaufort, SC 29902**



BECOMING THE PERFECT ME

CONFERENCE AT A GLANCE

Day 1

VIP Private Session (*Must be Paid in Advance*)

Friday, October 9

9:00	Greet & Network
9:30	Departure
10:00	Downtown Beaufort Leadership Training & Lunch

Conference Schedule

2:00	Vendor Setup
5:00	Registration & Vendor Visitation
6:00	Doors Open & Prayer
6:30	Worship Service

Share your captured memories during the conference here!



Day 2

7:00	Breakfast
8:00	Morning Glory
8:30	Morning Worship
9:00	Morning Keynote
10:00	Concurrent Session I
11:00	Concurrent Session II
12:00	Lunch
12:30	Concurrent Session III
1:30	Concurrent Session IV
2:30	Afternoon Keynote
5:00	Mental Health Session
6:30	Worship Service

Saturday, October 10

Breakfast included for hotel guests only. All others will be charged a fee by the hotel. After each concurrent session, please visit our vendors.

Day 3

9:00	Morning Glory
9:30	Morning Worship

Sunday, October 11



BECOMING THE PERFECT ME

Letter from the Conference Host - Pastor Theresa A. Roberts

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Dear BTPM Family,

Welcome to the 2026 Becoming the Perfect Me Conference!

It is hard to believe that nearly a year has passed since BTPM 2025. What a year it has been! Although this is officially a welcome to BTPM 2026, it is truly an invitation to something much deeper—an intimate encounter with God.

This year, God placed it on my heart to reach for Him in a more personal and intentional way. Like many of you, I have experienced trials that shook me to my core. There have been moments when my faith had to extend further than ever before and when my tears prayed the prayers my mouth could not utter.

Our theme this year is “The Throne Room.” This experience has been prayerfully designed to create space for you to encounter God, receive healing from wounds you may not have known how to identify, and seek Him in a new and deeper way. This year, we meet Him at His feet.

The road to this conference has not been without adversity. Yet, even in the challenges, God has continued to reassure, strengthen, and encourage me. Because of that, I believe with my whole heart that He is going to move among us in a miraculous way.

Thank you for your patience, your prayers, and your willingness to join me on this journey. As we prepare to enter His presence, I challenge you to make your petitions known to God. Write them in your journal, bring them with you, and present them before Him in the Throne Room.

My team and I have been praying for each of you. I humbly ask that you continue praying for us as well. I look forward to welcoming every one of you—not simply to another conference, but into an unforgettable encounter with God.

I'll meet you in the Throne Room.

With love and expectation,

Theresa A. Roberts
Conference Host
Becoming the Perfect Me 2026



TheresaRobertsMinistries@gmail.com | [@BecomingThePerfectMe](https://www.instagram.com/BecomingThePerfectMe)



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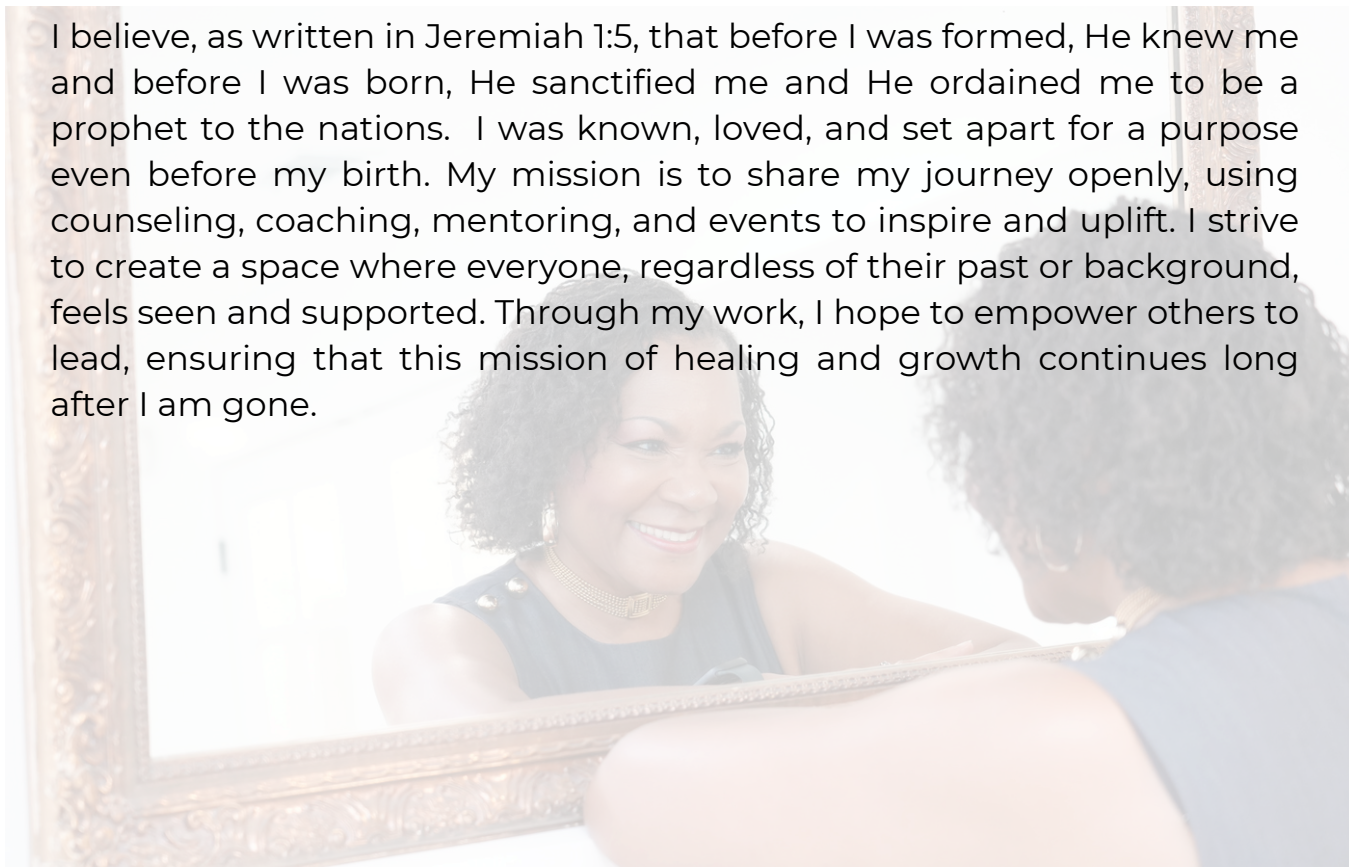
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VISION

I am a teacher with a deep calling to reach those who have felt lost or broken by past traumas. My heart is to help restore hope and reignite determination, guiding others to see their challenges as stepping stones to wisdom. Together, we will transform pain into power, embracing the strength that comes from rising above failure.

MISSION

I believe, as written in Jeremiah 1:5, that before I was formed, He knew me and before I was born, He sanctified me and He ordained me to be a prophet to the nations. I was known, loved, and set apart for a purpose even before my birth. My mission is to share my journey openly, using counseling, coaching, mentoring, and events to inspire and uplift. I strive to create a space where everyone, regardless of their past or background, feels seen and supported. Through my work, I hope to empower others to lead, ensuring that this mission of healing and growth continues long after I am gone.





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Meet the Conference Host



Theresa A. Roberts' life is a testament to resilience, purpose, and growth. Born and raised in Chicago, Illinois, she is the eighth of twelve children in a large, close-knit family. Despite growing up in a stable household, Theresa faced challenges that profoundly shaped her journey. An incident in her childhood left lasting emotional scars, compelling her to develop an inner strength and survival strategy that would influence her life's path.

Theresa's journey of self-discovery began with a question many struggle to answer: "Am I ready to learn who I am?" She has had to confront her fears, weaknesses, and internal wounds to move beyond mere survival. These experiences fueled her desire for something more, leading her to seek success, not just in her career but in her journey toward becoming the best version of herself.

Theresa's life work, captured in her teachings on personal development from her series *Becoming the Perfect Me*, is rooted in helping others recognize that genuine growth comes from understanding strengths and weaknesses. This yearlong process was designed for women who were called to live with purpose, not merely survive. Drawing from her struggles and triumphs, Theresa guides others through journaling and reflection, encouraging honesty and transparency as they embark on their journeys toward self-acceptance and perfection—not perfection without flaws, but perfection in the pursuit of being the best they can be.

In her professional life, Theresa holds degrees in Computer Information Services and Computer Business Management. She leveraged her technical expertise as a Telephony Support Analyst for over 23 years, managing million-dollar projects and servicing numerous clients. However, her passion for service extended far beyond her career. As the Founder and Director of Love House Learning Academy and Co-Pastor of Love House Ministries alongside her husband of 39 years, Apostle Randy Roberts, Theresa has dedicated herself to enriching the lives of her community.

Love House Ministries, based in Beaufort, South Carolina, stands as a beacon of hope, offering various outreach programs that serve people of all ages and backgrounds. Theresa and Randy have impacted countless lives through initiatives like the Community Bowling Center & Laser Tag Arena, affordable aftercare, senior day programs, and community support events. Their influence extends beyond the church walls, making a tangible difference in the community through their charitable efforts.

Theresa's past and present life profoundly reflects the journey toward self-acceptance. From her struggles to her public service, she has shown that becoming the "perfect me" is not about erasing flaws but embracing them as part of the unique purpose for which she was created. Through her faith and resilience, Theresa continues to inspire others to find strength in their vulnerabilities and to live fully in their purpose. This message of resilience and hope is shared with her three beloved daughters: Ashley, Megan, and Chelsea.

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Meet the Conference Artist & Speakers



Bishop Jacquelyn Gilbert-Grant is a Savannah, Georgia-born spiritual leader, author, philanthropist, and visionary entrepreneur whose life reflects a deep commitment to faith, service, and transformation. Bishop Jackie Gilbert-Grant's legacy is built on a foundation of faith, education, and service, making her a respected figure in both the religious and community leadership arenas. She is the author of multiple inspirational books, and dedicated to empowering women and children through education and community resources.



Pastor Darick Fisher, is a pastor, traveling evangelist, author, mentor, coach, and founder of Darick Fisher Ministries. With a heart for seeing lives transformed through the power of the Gospel, Darick is passionate about helping people move beyond the broken places of their past and discover their God-given purpose. He is also the founder of Faithful Accountable Teachable LLC, an organization committed to encouraging others to live with faith, character, accountability, and purpose. A retired Assistant Fire Chief, Darick brings decades of leadership, service, and life experience into his ministry. He is the author of *Beyond the Doors: Journey Across the Threshold to Christ*,



Pastor Veronica Smith, a visionary leader and passionate lover of God's Word, dedicated to transforming lives for the glory of God. She serves as Lead Pastor of Impact Church, Inc. in Portsmouth, VA, and is CEO of When Women Worship, a global movement restoring women from brokenness to wholeness through worship. A devoted wife, mother, and grandmother, she also hosts the Propel to Prevail podcast, reaching lives inside and beyond the church. With a heart for breaking barriers and embracing purpose, Pastor Smith continues to impact generations with faith, love, and transformation.



Dr. Janet Adams, originally from Cleveland, Ohio. Dr Adams received her Master's Degree in Cosmetology and was certified as a Master Cosmetology Instructor by Kent State University. She taught in the East Cleveland City School System and was owner-operator of two salons and boutiques. Since moving to Atlanta, Georgia, Dr Adams has studied nutrition at Clark College and received her Bachelor of Science in Education from Georgia State University. Her interest in alternative medicine led her to the Clayton School of Natural Healing IN Birmingham, Alabama, for her Doctorate in Naturopathic Medicine. Dr. Adams obtained her Advanced Iridologist Certificate from John Andrews Research Institute of the U.K.



Martha Cooper-Hudson is a woman on a mission. She is a faith-driven executive leader, Financial Advisor, author, speaker, and Founder & CEO of RediscoverHER, and the visionary behind RememberHER, a book and movement that call women back to the identity, purpose, and wholeness God intended for them. With decades of experience in leadership, business development, financial services, and mentoring others, Martha has discovered that a woman can be successful in the world's eyes while quietly losing herself in the process. Today, her mission is to help high-achieving women understand that God never asked them to sacrifice who He created them to be to become successful. Through RediscoverHER and RememberHER, Martha challenges women to heal, surrender, realign their ambition with God's assignment, protect their peace, and rediscover the woman beneath the titles and expectations. Her message is simple: You don't need to reinvent yourself. It's time to remember the woman God created you to be.



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Meet the Conference Artist & Speakers



Coach Nataisha Ramirez is a wellness coach, speaker, author, and the owner of Size Healthy Fitness, a women-only fitness studio. With more than a decade of experience in the health and wellness industry, she has dedicated her work to helping women pursue sustainable change from the inside out. She is also the creator of ReClaim HER®, a coaching program that helps women heal, rebuild their confidence, and create wellness beyond the weight. Her coaching is guided by the B.Y.P.A.S.S. Method, her signature six-part framework: Be Aware, Your Why, Pause, Ask, Shift, and Sustain. The method helps women recognize the patterns keeping them stuck, understand what is driving their choices, and develop practical strategies for lasting change. After once weighing 408 pounds, Nataisha lost nearly 200 pounds and has maintained her transformation for more than 20 years. Her personal journey taught her that lasting wellness requires more than changing the body—it also requires addressing the habits, beliefs, emotions, and life experiences beneath the weight.



Minister Crystal T Pitts is a dynamic keynote speaker, workshop leader, and entrepreneur from Savannah, GA. With expertise spanning homelessness, addiction, business startups, nonprofit operations, and ministry, she inspires audiences through her rich life of service. A successful business owner and Creative Director for high-profile clients, she also consults in publishing, design, and restaurant development. Holding a master's in Addictions Counseling and pursuing a doctorate in Christian Education, Crystal brings passion, strategy, and vision to every endeavor. Her mission is simple yet powerful: to make the vision of others—Crystal Clear.



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Share Your Photos!!!

We want to see the conference through your eyes! Snap your favorite memories—whether it's a powerful session, a fun activity, or a candid connection—and drop them into our Photo Circle.

Simply **scan the QR code** below to upload your photos and join the gallery of shared experiences. Together, we'll create a collection of moments that tell the story of our time together.

Smile big. **Share** freely. **Celebrate** the journey.





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Day 1

Friday, October 9



VIP Pre-Conference Workshop

Greetings & Networking

9:00-9:30 *Registration Lobby*

This is a RSVP event. Meet and greet pre-conference participants. We will depart at 9:30 for our VIP Beaufort Downtown Tour, Leadership Training & Lunch.

VIP Beaufort Downtown Tour, Leadership Training, & Lunch

10:00-1:00 *Downtown Beaufort*

VIP registrants will enjoy an exclusive luncheon with Pastor Theresa A. Roberts and a relaxing carriage ride through historic downtown Beaufort. Explore shops, scenic views, and the vibrant atmosphere of downtown. Comfortable attire is recommended. Lunch is included with VIP registration.

Vendor Expo Setup & Registration

Vendor Setup

2:00-4:30 *Exhibit Hall*

Vendors are welcome to set up and prepare for vendor opportunities.

Registration & Vendor Expo

5:00-6:00 *Exhibit Hall*

Participants are welcome to register and visit vendors.

Evening Service

Doors Open & Vendor Expo

6:00-6:30 *Main Conference Room*

Doors open for conference participants. Please take a moment to visit vendors.

Worship Service with Keynote Speaker Bishop Jacquelyn Gilbert-Grant

6:30-7:30 *Main Conference Room*

Join in the worship experience of song, dance, and a special message.





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Day 2

Saturday, October 10

Breakfast

7:00-8:00 Dining Room

Registered participants lodging at the Holiday Inn: breakfast is included. If you are not staying on site, you must purchase a meal upon entry.

Morning Glory

8:00-8:30 Main Conference Room

Join for intercessory prayer.



Morning Worship with Keynote Speaker Pastor Veronica Smith

9:00-9:45 Main Conference Room

Join in the worship experience of song and a special message, "Tested By Trauma".

Concurrent Sessions I

10:00-10:45



Pastor Darick Fisher: From Pain to Purpose
Room 1

In From Pain to Purpose, Darick T. Fisher shares his personal journey through childhood trauma, rejection, addiction, destructive choices, and brokenness—and how surrendering his life fully to Christ began a journey of healing, restoration, and transformation. This message explores how God can enter the places we would rather forget, heal what has been wounded, redeem what has been broken, and use our testimony to bring hope to others.

Martha Cooper Hudson: Return to Her
Room 2



Through personal testimony, biblical principles, reflection, and the "Reset. Recharge. Refocus. RememberHER.™" framework, Martha Cooper-Hudson will challenge women to identify what has pulled them away from their God-given design, protect the oil entrusted to them, stop operating in someone else's lane, and courageously return to the woman God originally created them to be. Participants will leave with one unforgettable reminder: You don't need to reinvent yourself. You need to return to HER.

Concurrent Sessions II

11:00-11:45



Minister Crystal Pitts: Needed But Never Nurtured
Room 1

This topic speaks to the person who became valuable because they were dependable. They are the one everybody calls, everybody leans on, everybody expects to show up - and because they have carried it so well, few people ever stop to ask, "Who is carrying you?" The wound isn't simply being needed though. Being needed can be beautiful. The wound develops when being needed becomes a substitute for being nurtured.



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Day 2

Saturday, October 10



Coach Nataisha Ramirez: She Looked Good Broken- When Surviving Looks Like Strength

Room 2

In "She Looked Good Broken: When Surviving Looks Like Strength," Coach Nataisha Ramirez will explore the journey from survival to healing to reclaiming the woman underneath the wounds, expectations, and roles she has learned to carry. Through faith, personal testimony, and reflection, women will be challenged to examine the difference between a wound and a scar and recognize the places where they may have learned to function instead of heal. Because a scar doesn't just say, "Something happened here." It can also say, "It didn't end here."

Lunch

12:00-12:30

Enjoy a complimentary box lunch. During your break, please stop by to see our vendors.

Concurrent Sessions III

12:30-1:15



Pastor Darick Fisher: From Pain to Purpose

Room 1

In From Pain to Purpose, Darick T. Fisher shares his personal journey through childhood trauma, rejection, addiction, destructive choices, and brokenness—and how surrendering his life fully to Christ began a journey of healing, restoration, and transformation. This message explores how God can enter the places we would rather forget, heal what has been wounded, redeem what has been broken, and use our testimony to bring hope to others.



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Concurrent Sessions IV

1:30-2:15



Minister Crystal Pitts: Needed But Never Nurtured

Room 1

In this session, we will uncover the hidden spiritual conditions that can weaken our walk with God—such as hardness, pride, and double-mindedness. Through biblical insight, we will learn how to recognize, confront, and surrender these defects to the transforming power of Christ. This session will equip you to exchange a bruised heart for a renewed one, aligned with God's perfect will, purpose and plan.



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Day 2

Saturday, October 10



Coach Nataisha Ramirez: She Looked Good Broken- When Surviving Looks Like Strength
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Keynote Speaker Dr. Janet Adams

2:30-3:15 Main Conference Room

Join us for a special keynote on the "Trauma of Bullying".

Q&A with Mental Health Specialist

5:00-6:30 Ballroom

Join the speakers for a Q&A session where you learn how to have uncomfortable conversations comfortably with our team of mental health specialists from all walks of life. Healing starts with the way we think.



Worship Service with Conference Host Pastor A. Theresa Roberts

6:30-7:00 Ballroom

Join in the worship experience of song, dance, and a special message from our Conference Host, Pastor Theresa A. Roberts.



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Day 3

Sunday, October 11

Breakfast & Checkout

7:00-9:00 Dining Room

Registered participants lodging at Holiday Inn, breakfast is included. If you are not staying on site, you must purchase a meal with the Holiday Inn staff. If you need to checkout of your room, please do so at this time.

Morning Glory

9:00-9:30 Main Conference Room

Join for intercessory prayer.



Worship Service with Conference Host Pastor A. Theresa Roberts

9:30 Main Conference Room

Join in the worship experience of song, dance, and a special message from our Conference Host, Pastor Theresa A. Roberts.



Things to Do in Beaufort

Shopping

[Beaufort Station Shopping](#)

[Downtown Shops](#)

Explore Downtown Beaufort

[Learn More About Downtown Beaufort](#)

Beaches

[The Sands](#)

[Hunting Island State Park](#)

[Lands End Beach](#)

Activities

[Beaufort Events](#)

[Attractions](#)

Places to Eat Nearby (less than a mile from hotel)

Chick-fil-A, Wendy's, McDonald's, Cook Out, Five Guys, Chipotle, Outback, Ocha Indeed, Chick N Boba, Mexican, El Don, Poncho's Tacos, Bordertown BBQ, Jimmy John's, Firehouse Subs, Subway, Dunkin Donuts, Starbucks, Zaxbys, KFC, Taco Bell, Bricks on Boundary,





Register *now* for BTMP 2027

Becoming The Perfect Me Conference 2027
November 5-7 2027
Columbia, SC

Visit www.TheresaARoberts.com to register for
all future events.

*For booking please email
TheresaARobertsMinistries@gmail.com*



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attending the
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