



CONFERENCE AT A GLANCE

Day 1			Friday, September 20	
Day 2	Pre-Conf 9:00 9:30 10:45 Conferer 2:00 3:00 5:00 6:00 6:30 8:00	Greetings & Networking Leadership Training Part I Leadership Training Part II	Apollo Night of Worship is a semi formal all black affair. Saturday, September 21	
Pay 3	6:30 7:15 8:30 9:00 10:00 11:00 11:45 12:30 1:00 2:00 4:30 6:30 7:15	Morning Glory Breakfast Morning Worship VIP Session with Pastor The Concurrent Session II Concurrent Session III Lunch Vendor Expo Concurrent Session IV Concurrent Session VI Dinner Q&A Panel Discussion Worship Service	resa Roberts Wear your conference t-shirt today. After each concurrent session, enjoy our 15 minute vendor segments by visiting Jones Building. Sunday, September 22	
	6:30 7:15 9:00 9:30 10:15 11:30	Morning Glory Breakfast Room Checkout Morning Worship Closing Keynote Lunch		



WWW.THERESAAROBERTS.COM

Letter from Conference Host - Pastor Theresa A. Roberts

Dear Esteemed Conference Participants,

As the date for our much-anticipated conference, "Becoming the Perfect Me," draws near, I am filled with immense excitement and gratitude for your decision to join us on this transformative journey. We are about to embark on a path of self-discovery, growth, and personal development that promises to be nothing short of life-changing.

This conference is a unique opportunity for all of us to assess ourselves, identify areas for improvement, and take concrete steps towards becoming the best version of ourselves. It's a time for reflection, growth, and a deep dive into the question, "Why Don't People Like Me?" My book by the same title will be a valuable resource during this journey, providing insights and guidance to help you on your path to personal excellence.

Throughout the conference, you can expect to experience moments of deliverance, breakthroughs, and the launch of your next chapter in life. It's a chance to shed old habits, limiting beliefs, and anything that has been holding you back. Together, we will embrace change and new beginnings with open arms.

I urge you to make the most of this opportunity to invest in yourself. Give yourself permission to be intentional about your personal growth and development. When you do, you'll find that God will meet you right where you are, guiding you towards your true potential.

Additionally, I encourage you to invite a friend to join us on this incredible journey. Together, we can create a supportive community of like-minded individuals, all dedicated to personal growth and self-improvement.

Thank you for choosing to be a part of my annual conference, "Becoming the Perfect Me." Your presence and commitment to your personal growth are truly appreciated, and I cannot wait to grow and learn alongside you.

Get ready to transform, to evolve, and to become the perfect you. Our journey together is about to begin, and I couldn't be more excited!

See you at the conference!







WWW.THERESAAROBERTS.COM

VISION

I am a teacher with a deep calling to reach those who have felt lost or broken by past traumas. My heart is to help restore hope and reignite determination, guiding others to see their challenges as stepping stones to wisdom. Together, we will transform pain into power, embracing the strength that comes from rising above failure.

MISSION

I believe, as written in Jeremiah 1:5, that before I was formed, He knew me and before I was born, He sanctified me and she ordained me to be a prophet to the nations. I was known, loved, and set apart for a purpose even before my birth. My mission is to share my journey openly, using counseling, coaching, mentoring, and events to inspire and uplift. I strive to create a space where everyone, regardless of their past or background, feels seen and supported. Through my work, I hope to empower others to lead, ensuring that this mission of healing and growth continues long after I am gone.



WWW.THERESAAROBERTS.COM





Theresa A. Roberts' life is a testament to resilience, purpose, and growth. Born and raised in Chicago, Illinois, she is the eighth of twelve children in a large, close-knit family. Despite growing up in a stable household, Theresa faced challenges that profoundly shaped her journey. An incident in her childhood left lasting emotional scars, compelling her to develop an inner strength and survival strategy that would influence her life's path.

Theresa's journey of self-discovery began with a question many struggle to answer: "Am I ready to learn who I am?" She has had to confront her fears, weaknesses, and internal wounds to move beyond mere survival. These experiences fueled her desire for something more, leading her to seek success, not just in her career but in her journey toward becoming the best version of herself.

Theresa's life work, captured in her teachings on personal development from her series Becoming the Perfect Me, is rooted in helping others recognize that genuine growth comes from understanding strengths and weaknesses. This yearlong process was designed for women who were called to live with purpose, not merely survive. Drawing from her struggles and triumphs, Theresa guides others through journaling and reflection, encouraging honesty and transparency as they embark on their journeys toward self-acceptance and perfection—not perfection without flaws, but perfection in the pursuit of being the best they can be.

In her professional life, Theresa holds degrees in Computer Information Services and Computer Business Management. She leveraged her technical expertise as a Telephony Support Analyst for over 23 years, managing million-dollar projects and servicing numerous clients. However, her passion for service extended far beyond her career. As the Founder and Director of Love House Learning Academy and Co-Pastor of Love House Ministries alongside her husband of 39 years, Apostle Randy Roberts, Theresa has dedicated herself to enriching the lives of her community.

Love House Ministries, based in Beaufort, South Carolina, stands as a beacon of hope, offering various outreach programs that serve people of all ages and backgrounds. Theresa and Randy have impacted countless lives through initiatives like the Community Bowling Center & Laser Tag Arena, affordable aftercare, senior day programs, and community support events. Their influence extends beyond the church walls, making a tangible difference in the community through their charitable efforts.

Theresa's past and present life profoundly reflects the journey toward self-acceptance. From her struggles to her public service, she has shown that becoming the "perfect me" is not about erasing flaws but embracing them as part of the unique purpose for which she was created. Through her faith and resilience, Theresa continues to inspire others to find strength in their vulnerabilities and to live fully in their purpose. This message of resilience and hope is shared with her three beloved daughters: Ashley, Megan, and Chelsea.



WWW.THERESAAROBERTS.COM

Meet the Conference Speakers



Prophetess Andrea "First Lady J" Johnson, a Spelman and Emory graduate, co-founded The R.O.C. Church in Charleston with her husband, Bishop Lance T. Johnson, Sr. Married for 25 years with two children, she is an ordained minister, prophetess, and former educator. First Lady J oversees women's ministry, serves as Church Administrator, and directs their nonprofit, Partners for a Better Community. An author of three books, she also runs DP Sweet Moments Desserts, blending faith and entrepreneurship. Passionate about serving both in ministry and the marketplace, she helps others grow in their faith and purpose.



Cesiley "Ces" Hage, born in Beaufort, South Carolina, serves as a worship leader at Love House Ministries under Apostle Randy Roberts and Pastor Theresa Roberts. She began leading worship at 12 and holds a degree in Ministry Studies with a focus on Worship Leadership and Vocal Training from Hillsong College. Dedicated to creating spirit-filled worship experiences, Cesiley is passionate about welcoming all people to encounter God's love, grace, and freedom. She is driven by a desire to see people set free and walk in their purpose, especially those often seen as "undeserving" of a place at the table.



Pastor Davina L. Coleman is a Leader in Me Coach and Consultant for Franklin Covey, Vision Execution Coach, former elementary and high school principal, youth pastor, international speaker, and bestselling author. She created a system to help others achieve their visions in her Amazon #1 New Release workbook, Embracing Genesis. With over fifteen years of educational experience, she started as a middle-grade math teacher, became an instructional coach, and served as a Title I principal. Holding master's degrees in educational leadership and teaching, Davina lives by her mission: "Vision realized. Take steps. Initiate movement." Davina is currenlty pursuing a Doctorate of Educational Leadership.



Dr. Janet Adams, originally from Cleveland, Ohio, holds a Master's in Cosmetology and was a certified instructor at Kent State University. After owning two salons, she moved to Atlanta and earned a Bachelor's in Education from Georgia State University. Passionate about alternative medicine, she obtained a Doctorate in Naturopathic Medicine from Clayton School of Natural Healing and certification in Advanced Iridology. Dr. Adams has conducted research globally and is certified in Reflexology and Sclerology. She teaches Iridology, conducts health seminars nationwide, and has co-hosted the radio show Here's To Your Health. Dr. Adams is also a published author.



Pastor Joshua Toles, a Knoxville native, served 23 years as a Sergeant Major in the U.S. Marine Corps before embracing his calling to ministry. Now an Associate Pastor and Worship Leader at Love House Ministries in Beaufort, SC, he is passionate about nurturing spiritual growth and mentoring songwriters. Currently pursuing a degree in Christian Studies at Liberty University, Joshua also plans to continue his education in professional counseling. He is writing original worship music and hopes to release an album soon. A devoted family man, Joshua enjoys music, baking, and spending time with his wife, daughter, and new born son..



WWW.THERESAAROBERTS.COM

Meet the Conference Speakers



Pastor Kaffee Stallings-Ray is a prophetic minister with a Seer's anointing and a profound gift of discernment. She leads intercessory prayer teams and mentors others to flow as God has designed them. Overseeing two intercessory teams at Love House Ministries, she also connects with apostolic and prophetic prayer groups. Her ministry focuses on Kingdom principles and equipping believers to identify their purpose. A speaker and teacher, Pastor Ray is the founder of Paga' Kingdom Prophetic Ministries. She holds a B.S. in Nursing from Tuskegee University and an M.A. in Healthcare Administration, currently serving at Naval Hospital Beaufort.



Pastor Michelle Rouche is a dynamic entrepreneur, Marketing Executive, author, speaker, and Founder of She Is International and Editor-in-Chief of *She Is Magazine*. A proud Savannah State University alumna with deep roots in Savannah, Georgia, she currently resides in San Antonio, Texas, with her husband, Brian. She specializes in assisting first-time buyers as a realtor and real estate advisor. A devoted wife, mom, and "Lolli" to her grandchildren, Michelle is passionate about empowering women to dream big and shift their mindsets. Her impactful message encourages others to embrace new thoughts and build new dreams, leaving a lasting impression.



Minister Robin Turner is passionate about using her faith to encourage and heal others. A wife, mother, mental health therapist, and substance abuse counselor, Robin works at Rappahannock Juvenile Detention Center and leads group therapy at Rappahannock Regional Jail. She holds a bachelor's degree in psychology from the University of Maryland and a Master of Social Work from Arizona State University. Married to Lt. Col. Tywan Turner, Sr. for 22 years, they have two children, Tywan Jr. and Aliyah. Robin enjoys quilting, gardening, hiking, and spending time with their dog and goats in her free time.



Coach Roshonda "Ro" Coleman is a driven real estate professional inspired by a 2013 Keller Williams meeting in Atlanta to obtain her license and join the team. Known as a real estate problem solver, Ro excels in dynamic environments, consistently achieving success. She actively engages in strategic economic policy and personal empowerment initiatives, serving on boards like the DeKalb Chamber of Commerce and the DeKalb Workforce Investment Board. She is passionate about leadership development and is a Quantum Leap Instructor and Wealth Building Chair for the KW Southeast Region Social Equity Task Force. Her motto: "When you have a choice to sit it out or dance, I hope you dance."



Dr. Suze Principal, a Doctor of Physical Therapy and Board-Certified Specialist in Orthopedics, leads Principal Physical Therapy. With a focus on personalized care, Dr. Principal works closely with each client to develop tailored treatment plans to improve strength, balance, mobility, range of motion, and endurance and alleviate joint pain. Her highly skilled services are designed to help clients regain function and return to a normal lifestyle.



WWW.THERESAAROBERTS.COM

Day 1

Friday, September 20

Pre-Conference Workshop

Greetings & Networking 9:00-9:30 Jones Building Room 3
This is a RSVP event. Meet and greet pre-conference participants.

Pastor Theresa Roberts: The Birther

9:30-10:30 Jones Building Room 3

Jeremiah 1:5 "Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations. But Who was the Birther? This course will discuss the topics and purpose of the Birther.

Pastor Theresa Roberts: It's When You Heal

10:45-11:45 Jones Building Room 3

When you heal it will allow you to be restored to a place of "whatsoever" with God. Until healing takes place, you walk with the restriction of prevention. But It's when you heal, this is the place of discussion we will dive deep into.

Vendor Expo Setup & Registration

Vendor Setup

2:00-4:00 Jones Building Auditorium

Vendors are welcome to setup and prepare for vendor opportunities.

Registration & Vendor Expo

3:00-5:00 Jones Building

Participants are welcome to register and visit vendors.

Dinner

5:00-6:30 *Dining Hall*

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.

Evening Service

Doors Open & Vendor Expo

6:00-6:30 Jones Building

Doors open for conference participants. Please take a moment to visit vendors.

Apollo Night of Worship

6:30-7:30 Jones Building Auditorium

Enjoy the worship and celebrating our conference host in this semi formal all black event. Bring your smiles for the conference official photo opportunity.

Worship Service

7:30-8:00 Jones Building Auditorium

Join in the worship experience of song and dance.

Pastor Theresa Roberts: General Session

8:00-9:45 Jones Building Auditorium

Are You Trustworthy or are you secretly awaiting to betray others? Chapter 20 in "Why Don't People Like Me? Talks about how we all have the ability to understand betrayal, but we don't realize how much betrayal has the ability to kill our trust in people.



WWW.THERESAAROBERTS.COM

Day 2

Saturday, September 21

Morning Prayer 6:30-7:00 Water Fountain Join Pastor Kaffee Ray for intercessory prayer.

Breakfast

7:15-8:30 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.

Morning Worship 8:30-9:00 Jones Building Auditorium

Join in the worship experience of song and dance.



VIP Session with Pastor Theresa A Roberts: Covenant "Keeping it Active"

9:00-10:15 Jones Building Room 3

Learning what is a covenant, when it is activated, and how it can be broken. This course will take you on a deep dive into covenant principles and the benefits of the promises of God that are rightfully owed to you.

Concurrent Sessions I 9:00-9:45



Lady Andrea Johnson: Do You Seek Affirmation or Confirmation?

Jones Building Auditorium

Join us for a powerful session that delves into the importance of affirming yourself and others to do good works, rather than seeking confirmation from those around you. Discover how knowing your purpose and identity in God can provide you with the strength, peace, and determination to navigate life's challenges and be a shining light for His glory. Embrace the power of self-affirmation and faith in God to guide you towards becoming the perfect version of yourself.



Pastor Joshua Toles: The Introvert In Me

Jones Building Room 1

In this session, attendees will learn how to harness the strengths of introversion, such as deep thinking and listening skills, to excel in their purpose. Join Pastor Joshua to embrace and celebrate the introverted aspects of your personality, and learn how to thrive in becoming the perfect you.



Coach Roshonda Coleman: Give Me My Money Back- Unleash Financial Bondage

Jones Building Room 2

In this session, participants will learn strategies for breaking free from financial constraints and reclaiming control over their money. From identifying and addressing limiting beliefs about money to developing a solid budgeting and savings plan, attendees will leave empowered to take charge of their financial future. Join Wealth with Ro to learn how to unleash yourself from financial bondage and build a more secure and prosperous future in becoming the perfect you.



WWW.THERESAAROBERTS.COM

Day 2

Saturday, September 21

Vendor Expo

9:45-10:00 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.

Concurrent Sessions II 10:00-10:45 Pastor Michelle Rouche

Pastor Michelle Rouche: Check Yourself Before You Wreck Yourself Jones Building Auditorium

Who gon' check me Boo? Sheree Whitfield (RHOA) uttered those now iconic words. I admit I had to use Google because I've never actually seen the show. It's what you say to someone who threatens to check you or put you in your place. What happens when Holy Spirit checks you? So glad you asked...



Pastor Kaffee Ray: Creating a Legacy Jones Building Room#1

It is God's desire that there are footprints of our existence before leaving earth. God desires we each live a life that is intentional, purposeful, and prosperous. God has given us five foundational keys necessary in creating a legacy.



Minister Robin Turner: Post Traumatic Healing: Coming from Triggered to Renewed

Jones Building Room #2

In this class, we will identify triggers that cause anxious thinking, understand where they come from, recognize the thought pattern, and replace it with the Truth.

Vendor Expo

10:45-11:00 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.



Pastor Davina Coleman: Birthing a New You: Embracing Self-Awareness to Fulfill Your Purpose



Jones Building Auditorium In this transformative session, we will dive deep into the inner workings of your mind to uncover the strengths that drive you forward and the hidden saboteurs that hold you back. This session will equip you with tools to break free from self-

sabotage and align with your true purpose. Join us as we journey within to unlock the power of self-awareness and take the next step toward birthing the next version of you. IMPORTANT: Take assessments prior to joining the session.



Lady Andrea Johnson: Do You Seek Affirmation or Confirmation? Jones Building Room#1

Join us for a powerful session that delves into the importance of affirming yourself and others to do good works, rather than seeking confirmation from those around you. Discover how knowing your purpose and identity in God can provide you with the strength, peace, and determination to navigate life's challenges and be a shining light for His glory. Embrace the power of self-affirmation and faith in God to guide you towards becoming the perfect version of yourself.



WWW.THERESAAROBERTS.COM

Day 2

Saturday, September 21



Pastor Joshua Toles: The Introvert in Me Jones Building Room 2

In this session, attendees will learn how to harness the strengths of introversion, such as deep thinking and listening skills, to excel in their purpose. Join Pastor Joshua to embrace and celebrate the introverted aspects of your personality, and learn how to thrive in becoming the perfect you.

Lunch

11:45-12:45 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk

Vendor Expo

12:45-1:00 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.

Concurrent Sessions IV 1:00-1:45

Dr Janet Adams: Is Your Gut Controlling You? (Part 1 of 2)

Jones Building Auditorium

In this enlightening conference session, delve into the intricate relationship between the gut microbiome, brain function, and personality traits. Explore the impact of dietary decisions on gut bacteria balance, disease development, and cognitive well-being. Gain valuable insights into how nurturing your gut health can positively influence your overall physical and mental wellness.



Jones Building Room 1



In this transformative session, we will dive deep into the inner workings of your mind to uncover the strengths that drive you forward and the hidden saboteurs that hold you back. This session will equip you with tools to break free from self-sabotage and align with your true purpose. Join us as we journey within to unlock the power of self-awareness and take the next step toward birthing the next version of you. IMPORTANT: Take assessments prior to joining the session.





Who gon' check me Boo? Sheree Whitfield (RHOA) uttered those now iconic words. I admit I had to use Google because I've never actually seen the show. It's what you say to someone who threatens to check you or put you in your place. What happens when Holy Spirit checks you? So glad you asked...

Dr. Suze Principal: Divine Connections- Understanding the Purpose of People in Your Life Jones Building Room 3



In this transformative session, we'll explore the divine design of relationships to understand the roles people play in our lives. Come learn the importance of assessment and boundaries in healing, and how to apply these principles to your personal and spiritual connections. Join to discover how to identify God-ordained relationships, set healthy boundaries, and fulfill your purpose with greater clarity.



WWW.THERESAAROBERTS.COM

Day 2

Saturday, September 21

Vendor Expo

1:45-2:00 Jones Building Auditorium

During your break, stop by to see our vendors and check out our vendor spotlight in the auditorium.

Concurrent Sessions V 2:00-2:45

Dr. Janet Adams: Is Your Gut Controlling You? (Part 2 of 2)

Jones Building Auditorium

In this enlightening conference session, delve into the intricate relationship between the gut microbiome, brain function, and personality traits. Explore the impact of dietary decisions on gut bacteria balance, disease development, and cognitive well-being. Gain valuable insights into how nurturing your gut health can positively influence your overall physical and mental wellness.



Pastor Kaffee Ray: Creating a Legacy Jones Building Room 1

It is God's desire that there are footprints of our existence before leaving earth. God desires we each live a life that is intentional, purposeful, and prosperous. God has given us five foundational keys necessary in creating a legacy.



Coach Roshonda Coleman: Give Me My Money Back-Unleash Financial Bondage Jones Building Room 2

In this session, participants will learn strategies for breaking free from financial constraints and reclaiming control over their money. From identifying and addressing limiting beliefs about money to developing a solid budgeting and savings plan, attendees will leave empowered to take charge of their financial future. Join Wealth with Ro to learn how to unleash yourself from financial bondage and build a more secure and prosperous future in becoming the perfect



Dr. Suze Principal: Divine Connections- Understanding the Purpose of People in Your Life

Jones Building Room 3

In this transformative session, we'll explore the divine design of relationships to understand the roles people play in our lives. Come learn the importance of assessment and boundaries in healing, and how to apply these principles to your personal and spiritual connections. Join to discover how to identify God-ordained relationships, set healthy boundaries, and fulfill your purpose with greater clarity.

Dinner

4:30-6:30 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Šea's front desk

Q&A with Panel

6:30-7:15 Jones Building Auditorium

Join all speakers in the auditorium for a question and answer session.

Worship Service

7:15-8:00 Jones Building Auditorium

Join in the worship experience of song and dance.



WWW.THERESAAROBERTS.COM

Day 2

Saturday, September 21



Pastor Theresa Roberts: The Threshing Floor

8:00-9:45 Jones Building Auditorium

Give your tears purpose, lay them down, humble yourself and allow God to do the work on the Threshing Floor.

Day 3

Sunday, September 22

Morning Prayer

6:30-7:00 Water Fountain

Join Pastor Kaffee Ray for intercessory prayer.

Breakfast & Checkout

7:15-9:15 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk. If you need to checkout of your rooms, please do so at this time.

Morning Worship

9:30-10:15 Jones Building Auditorium

Join in the worship experience of song and dance.



Pastor Theresa A Roberts: I'm Taking His Place

10:15-11:45 Jones Building Auditorium

You can not be carnal and walk in sacred places, God has handed you a portion of His anointing and it comes with expectancies. Stand in position and take your place.

Lunch

11:45-1:00 Dining Hall

Registered participants lodging at Epworth by the Sea, all meals are included. If you are not staying on site, you must purchase all meals through Epworth by the Sea's front desk.





Connect on Facebook



@BecomingThePerfectMe



@roshondakwrealtor



@phyllissmart



@michelle.rouche



@tamekia.green.1



Register of BTMP 2025

Becoming The Perfect Me Conference 2025 September 5-7, 2025 Savannah, GA

Visit www.TheresaARoberts.com to register for all future events.

For booking please email TheresaURobertsMinistries@gmail.com



WWW.THERESAAROBERTS.COM



Thank you for attending the Becoming the Perfect Me Conference 2024!