



CONNECTICUT ICS YOUTH BOWLING

Coaching and Conduct Guidelines

INTERACTION WITH COACHES

Agency in Coaching: Every bowler has the right to decide whether or not they want coaching on any given day.

Declining Help: If you choose not to receive coaching on a particular day or from a particular coach, your decision will be respected. If you tell a coach that you don't want help, he or she will back off that week. Other coaches might ask, but no one will push help on any bowler who doesn't want it.

Accepting Help: If you want help, just say yes when asked! Please listen to the coach and do your best to apply the advice. If you don't understand or are having difficulty, let the coach know. There are many ways to accomplish the same goal.

Changing your Mind: You can always change your mind and ask for coaching if you'd previously said no, or vice versa.

Coaches' Commitment: Coaches will ask the bowlers each week if they'd like to receive help. Each coach understands that sometimes bowlers just want to have fun, or might prefer to work with one coach. Coaches will also:

- Listen to bowlers and work together to accomplish the bowler's goals.
- Be positive and supportive.
- Always respect a bowler's decisions about accepting help, and recognize that the choice can change from week to week or even game to game.

PRACTICING GOOD SPORTSMANSHIP

By following these simple standards, we can work together to ensure a fun, respectful, and competitive environment each Saturday where everyone can enjoy and excel in bowling:

- Treat all fellow bowlers with kindness and respect, just as you'd want to be treated.
- Ensure everyone feels included.
- Support your teammates and opponents alike, offering positive encouragement whether they are doing well or struggling. Never boo or give fellow bowlers a hard time.
- Celebrate your teammates' successes, work together, and offer encouragement if they are struggling.
- Whether you win or lose, do so gracefully. Acknowledge good performances from others and never boast or sulk.
- Observe proper bowling etiquette, such as lane courtesy, not distracting others, and respecting the house's rules, employees, and equipment.
- Always play by the rules and show respect for the decisions made by coaches and league officials.
- Set a good example as leaders for younger or less experienced bowlers, showing them how to conduct themselves both on and off the lanes.

We're happy that you're part of the Connecticut ICS Youth Bowling League and excited to watch you develop new skills and make new friends!