



Medications Considered Safe During Pregnancy

Headache

Tylenol
Benadryl

Heartburn

Pepcid
Tagamet
Tums
Prilosec

Cold/Allergies:

Chlortrimeton
Claritin
Robitussin Plain
EmergenC
Mucinex
Benadryl
Zyrtec
Rhinocort

Nausea:

Vitamin B-6 10-25mg 3-4 times a day
Unisom 25mg tablet, ½ to 1 tablet at night

Constipation

Colace
Milk of Magnesia
Miralax
Metamucil

Gas:

Simethicone

Diarrhea:

Imodium
Kaopectate

Hemorrhoids:

Dermoplast
Witch Hazel
Preparation H
Tucks Pads

Iron Supplement

Slow Fe