



Services & Pricing:

1. Death & Resurrection Doula Services:

- End of life planning and organization, grief, & legacy work \$55/hr.
- Companionship, respite, community engagement, spiritual support, *non-medical* comfort care, vigil planning, light-duty meal preparation & housekeeping \$45/hr.
- Sitter Fee \$30/hr.
- *See the following pages on my Ethics & Professionalism for more details on doula care for the patient and family.*

2. End-of-life planning with Laurel: Individuals & Families \$55 & \$75/hour

- Are your **Advance Directives** up-to-date? Complete a **Living Will**, stating your end-of-life treatment wishes. Choose a **Health Care Power of Attorney**, the representative who agrees to state your wishes on your behalf when you are not able to. *Find the best forms to document your wishes. Ensure your directives are distributed and accessible.*
- **Peace-of-mind planning.** Have you considered your best options for living well as you age? What will it cost? Aging in place or planning a move requires family communication and organization. *Attain physical, spiritual, emotional, and financial well-being. What should you do now to prepare for a healthy future?*
- **Legal Protection.** Find the right referrals. *I refrain from giving legal & financial advice.*
- **Family discussions.** Review end-of-life plans to create peace of mind for the whole family.

3. Coaching with Laurel: Individuals & Families \$55 & \$75/hour

- **Legacy Projects.** Our personal stories hold the power of God's redeeming work in creation; *legacy projects are becoming a beloved part of doula care.*
- **Grief Coaching:** Explore loss inside God's greater plan for healing, hope, and New Creation.

4. End-of-Life planning & education for Non-Profits & Businesses: \$125-150/hour

*Inquire about packages for services. *All Sales Final. Unused hours do not expire. Hours can be transferred.*

What is a Death & Resurrection Doula?

Professionalism & Ethics

The role of the Death & Resurrection Doula is designed to support the patient and family by offering education about the physical process of dying while providing non-medical comfort care, emotional, and spiritual support. Doulas foster patient autonomy by helping individuals clarify and communicate their values and preferences and encouraging clear and compassionate communication among family members, caregivers, and licensed professionals involved in the patient's care. Death & Resurrection Doula services are a reflection of the love of God and the hope of resurrection.

Doulos is an ancient Greek word meaning servant or one devoted to another. In the Christian tradition, servanthood is rendered in Christ by faith. Service is the heart of doula work. An end-of-life doula is a non-medical practitioner trained to assist in the dying process through comfort care. Through holistic practice, meeting physical, emotional, and spiritual needs, a doula helps families and communities care for someone who is dying.

An end-of-life doula is increasingly recognized as an important presence in the dying process, enhancing quality of life at the end of life. After a century of outsourcing death care to hospitals and funeral homes, many individuals are returning to the desire to die at home, and families are once again stepping into the role of caregivers for the dying. The support of a trained end-of-life doula can profoundly transform this experience for everyone involved. By offering education, emotional support, and compassionate presence, doulas help bring deep purpose to the dying process—lightening caregiving burdens while strengthening families and communities.

A doula is not classified as a home care attendant and does not administer medical services. The **value** of a Death & Resurrection Doula lies outside of both the necessary personal care and medical care at the end of life.

No regulations on time and visits: A doula is not regulated by an insurance reimbursement structure. A doula can stay with a family throughout the entire end-of-life process, which often begins before and lasts longer than hospice services.

Community engagement: A Death & Resurrection Doula incorporates support from the faith community. What other needs need to be met? Housekeeping, food service, visitation, respite care, prayer chains, and more.

Doula care services: Advance care planning support, legacy projects, and life reviews have become popular doula services. Hiring a Christian doula gives these tasks a refreshing, spiritual importance. The gospel message impacts end-of-life caregiving, allowing joy and sadness to be embraced. Regret or the need to clear up estranged relationships may haunt dying people and people they love, but God’s unlimited grace and forgiveness provide the way forward.

Non-medical comfort support: Doulas ensure the highest dignity of the patient and peace of mind for the family. As death draws near, families and patients may experience moments of fear or uncertainty. A doula offers calm presence and compassionate support.

Vigil & after-death support: Doulas help with preparations for the death vigil, a dynamic time of waiting and expectation for Christians. Once a death has occurred, the funeral displays the family and community's faith in God and their commitment to the deceased human being. After-death support is limited to emotional, spiritual, and informational presence, not physical body care or funeral direction.

Ethics & Code of Conduct

The highest ethical standards are required for a Death & Resurrection Doula. Every patient and family served is unique and services will be tailored to their individual needs, providing comfort care through non-medical physical, emotional, and spiritual support.

There are **certain limits** to the scope of what a doula can offer in care and a professional Death & Resurrection Doula may carry insurance. No medical or clinical caregiving tasks are permitted. This includes administering medication, checking vital signs, wound care, or incontinence care. Legal advice is also outside of a doula's scope of practice.

A doula is trained to provide education related to advance planning goals, so that patients can make informed decisions about their care. A doula will observe and identify non-clinical concerns related to comfort and environmental needs offering companionship, organization, and assistance with basic activities of daily living.

A Death & Resurrection Doula may not engage in any form of **discrimination** based on race, creed, socioeconomic status, or gender. No form of **sexual relationship or harassment**, physical or verbal, is permitted between a doula and a patient, family, or community member. Any form of **dishonesty or fraudulent behavior** is unacceptable. A doula must uphold a patient and family’s **confidentiality** to the highest degree. This means there is no sharing of financial, medical, or personal information unless there is permission. This includes **social media posting** of any sort, even if names and photos are omitted.

Autonomy and **dignity** are essential for someone with a terminal illness. A doula shall not usurp the choices available to someone, but with competence and service, a doula may offer informed perspectives to best maintain a dying person’s needs are met.

A Death & Resurrection Doula must offer patients and families **reasonable availability of service** and a **reasonable pricing structure**.

What Christians Believe about God and His Creation:

- God is the Creator of the Universe. He is a Trinitarian God who is Father, Son, and Holy Spirit.
- Human beings are created by God in His Image.
- Death entered the world through the sin of Adam, and this affects every single human being (Original Sin).
- In Jesus Christ, God has atoned for the sin of humanity on the cross.
- God justifies sinners because of Jesus; good works provide no salvation.
- God requires fundamental dependence upon His free gift of salvation. *Justification by grace through faith alone* is the basis of salvation before God.
- God commands all human beings to “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength” and to “Love your neighbor as yourself” (Mark 12:30-31, NIV).
- **Jesus Christ will return again.** The dead will be raised and those who believe in Jesus will be with Jesus: “Then comes the end, when he hands over the Kingdom to God the Father, after he has destroyed every ruler and every authority and power. For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death” (1 Cor. 15:24-26, NRSV).

A Death & Resurrection Doula may not require individuals or families to adhere to the Christian faith. Individuals of any belief—Jewish, non-Christian, or otherwise—can confidently hire a Death & Resurrection Doula knowing they will receive compassionate and professional support with or without religious discussion. For the Christian doula, faith provides the foundation and strength for service in every way.