



Services & Pricing:

1. Death & Resurrection Doula Services:

- End of life planning and organization, grief, & legacy work \$55/hr.
- Companionship, respite, community engagement, spiritual support, *non-medical* comfort care, vigil planning, light-duty meal preparation & housekeeping \$45/hr.
- Sitter Fee \$30/hr.
- *See the following pages on my Ethics & Professionalism for more details on doula care for the patient and family.*

2. End-of-life planning with Laurel: Individuals & Families \$55 & \$75/hour

- Are your **Advance Directives** up-to-date? Complete a **Living Will**, stating your end-of-life treatment wishes. Choose a **Health Care Power of Attorney**, the representative who agrees to state your wishes on your behalf when you are not able to. *Find the best forms to document your wishes. Ensure your directives are distributed and accessible.*
- **Peace-of-mind planning.** Have you considered your best options for living well as you age? What will it cost? Aging in place or planning a move requires family communication and organization. *Attain physical, spiritual, emotional, and financial well-being. What should you do now to prepare for a healthy future?*
- **Legal Protection.** Find the right referrals. *I refrain from giving legal & financial advice.*
- **Family discussions.** Review end-of-life plans to create peace of mind for the whole family.

3. Coaching with Laurel: Individuals & Families \$55 & \$75/hour

- **Legacy Projects.** Our personal stories hold the power of God's redeeming work in creation; *legacy projects are becoming a beloved part of doula care.*
- **Grief Coaching:** Explore loss inside God's greater plan for healing, hope, and New Creation.

4. End-of-Life planning & education for Non-Profits & Businesses: \$125-150/hour

*Inquire about packages for services. *All Sales Final. Unused hours do not expire. Hours can be transferred.*