

Restorative Blessings Worksheet

For the one of **me** who is _____, may I be _____.

For the one of **me** who is _____, may I be _____.

For the one of **my friend/loved one** who is _____, may they be _____.

For the one of **my friend/loved one** who is _____, may they be _____.

For the one of **my friend/loved one** who is _____, may they be _____.

For the one of **my friend/loved one** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the one of **my challenger/provocateur** who is _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.

For the ones of **all beings** who are _____, may they be _____.