

I will die of...
I imagine in this practice...
Imagining my death, I feel...

Physical

creating comfortable, safe,
and healing environments

Emotional

honoring feelings and
relationships

Mental

legacy, purpose, and
life review

Spiritual

honoring beliefs and
practices

Practical

honoring the body
after death

What's
true now?

What's
mine to do?

What do
I want?

Holistic End-of-Life Plan

for conscious living and conscious dying

Women of the Water

WomenoftheWater.com