



MICROBLADING POST CARE INSTRUCTIONS

Immediately following your microblading procedure, you may notice that your brows look darker than what you expected; this is normal. The true color of your brows will heal much lighter than the color applied. The first day after your procedure, your skin will emit a yellowish liquid. This is lymph, your body's natural healing fluids. As your brows heal over the next 3-6 weeks, they commonly look darker, then lighter. You may notice flaking or scabs, and it may seem at some points during the healing process that your brows have faded away. Do not be alarmed! This is all part of the normal healing process. Please follow these aftercare instructions as closely as possible in order to achieve the best possible results.

If you have any questions, please feel free to **call or text me at any time**. My phone number is **801.882.2106**.

DAY 1

- Before bed the night of the procedure, wash hands thoroughly before gently washing your brows with unscented antibacterial soap. Pat dry with a clean, lint free cloth or paper towel and apply the healing ointment or balm provided to you.
- Sleep on a clean pillowcase or clean towel. Keep in mind that you might stain your pillowcase/ towel with the ointment or any residual lymph.
- If possible, sleep on your back in order to ensure that no pressure is applied to your brows while you sleep. (This can sometimes cause a partial loss of pigment.)

DAYS 2-7

Morning:

- Wash hands thoroughly.
- Do not get brows wet.
- Apply a thin layer of healing ointment provided to the treated area.
- Keep hair away from treated area to avoid infection.

Evening:

- Before bed, wash hands thoroughly.
- Do not get brows wet.
- Apply a thin layer of healing ointment provided to the treated area.
- If possible, sleep on your back.

After the 7th day, do not use the healing ointment. It is normal for the treated area to feel dry or itchy at this point. **Do not scratch or pick at the healing area** as this will cause incorrect healing. Scabs are a completely natural process and must be cared for. If you notice small scabs after the 7th day of healing, you may apply an unscented moisturizer or lotion to the treated area. This will minimize the itch and aid in the healing process.

THINGS TO AVOID WHILE HEALING

- Avoid getting your brows wet (saturated) for the first 7-10 days.
- Avoid sun exposure/tanning as this will cause your brows to fade.
- Avoid lake water and/or sea water as this can cause infection and/or fading.
- Avoid touching your brows with unclean hands as this can cause infection.
- Keep hair away from your brows to avoid infection.
- Avoid scratching and picking at your brows as this will negatively affect the healing process.

6 WEEK TOUCHUP

Don't forget to come back for your touchup appointment! This should be done to make sure your brows look their very best. **You may schedule your 6 week followup appointment online at www.InYourFaceEsthetics.com** or you may call or text me to book your touchup. *Please note that I only do touch ups Tuesdays through Fridays. No Saturday or Monday touch up appointment requests will be accepted.* Remember, your touchup appointment is free and will allow us to go darker/lighter or fill in any spots that may have faded. Please make sure there is a minimum of 4 weeks (but no more than 8 weeks) time between your initial procedure and your touchup appointment. This will ensure that your brows have had adequate time to heal. Touch ups need to be performed within 4-8 weeks after your initial appointment. Touch ups booked after 8 weeks will be charged the Extra Brow Touch Up fee.

If you have any questions or concerns, please let me know. I am happy to help!

Mandy Meltzer, LME
Call or Text: 801.882.2106
Email: InYourFaceUtah@gmail.com

THANK YOU FOR TRUSTING IN YOUR FACE ESTHETICS

I APPRECIATE YOUR BUSINESS AND REFERRALS!