

# About Us

Recovery from a stroke or a brain injury is an ongoing process. Recovery often takes significant time and is filled with ever-changing challenges that encompasses multiple facets of one's self including physical capabilities, thought processes, the ability to communicate and emotional wellness. Many individuals must relearn how to be a parent or spouse, live independently, pay the bills, get groceries and how to be part of the community and the workplace. Recovery is also about acceptance and finding happiness again.

**Synapse House, located in Downers Grove, Illinois, helps individuals with acquired brain injury and stroke regain social, physical, cognitive and vocational abilities.**

What makes Synapse House unique is that our programs are specifically designed to meet the many complex needs of individuals with neurological disorders. No two brain injuries are the same and no journey of recovery can be.

Synapse House is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) in:

- Community Integration
- Community Employment Services: Employment Supports
- Community Employment Services: Job Development



Our programs conform to a set of internationally accepted standards, State regulatory guidelines, best practices and are facilitated by a team of professionals skilled in Occupational Therapy, Exercise Physiology, Speech Pathology and Employment Coordination.

**ENGAGE, EMPOWER AND EMPLOY  
PERSONS WITH  
ACQUIRED BRAIN INJURY**



**synapse  
HOUSE**



For more information or to set up a tour,  
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Visit us on: Facebook, Twitter, LinkedIn  
and Instagram



Synapse House serves adults with traumatic brain injuries acquired through accidents, falls or other traumas, strokes, aneurysms, seizure disorders, brain tumors, infections of the brain, lack of oxygen or progressive conditions, such as early onset dementia.

Following a person-centered assessment, we create a plan of care to achieve desired goals and maximize function. We incorporate goals for quality of life, engagement within the family and community involvement.

**ENGAGE    EMPOWER    EMPLOY**



## Clubhouse Program

Utilizing an internationally recognized model of care, the Clubhouse program empowers and lifts people by pairing the actual work of our organization with Member goals. Work is a therapeutic tool used to practice and relearn skills in a safe and encouraging environment.

In our Business and Culinary Work Units, Members write newsletters and website stories on the computer, educate each other, conduct Member outreach, grocery shop, plan and prepare meals and bake in our **Flour to Empower Bakery**. Field trips provide opportunities to actively engage with our community. Members participate in daily exercise classes in our KNZ gym. The Clubhouse Program is funded through private pay fees, workers' compensation and the Brain Injury Medicaid Waiver.

## Community Support Services

Serves veterans with brain injury in the home, workplace and community. This program's goal is independence with a focus on building social capital and enhancing quality of life. Funding is available for veterans who served post September 11th.

## Employment Services & Work Readiness

Aids and prepares individuals to return to work through job coaching and supported employment. We ensure Members are work-ready through close coordination with the Clubhouse and by addressing the barriers faced by brain injury and stroke survivors. Funding is available through the Department of Rehabilitation Services (DRS).



## KNZ Gym - Neurofitness

Provides challenging exercise, led by highly qualified staff, specifically designed for those with neurological impairments. Exercise and accessible equipment address coordination, balance, strength, endurance and mobility. Group exercise is held daily, both in person and virtually. Circuit classes and personal training sessions are also offered.

## Family Support

Evaluates our family's journey through an assessment of need and the impact of caregiving. Through these assessments, goals are designed to improve engagement within the family and the home, build natural support and to address issues specific to the family members. Synapse House recognizes the critical role our families play in the recovery process. To further support our families, we offer a virtual book club and family friendly meet-ups in the community.

## Transportation

Synapse House provides limited transportation and can also aid individuals in obtaining and utilizing accessible Paratransit options.