

## SYNAPSE HOUSE

### 2026 INDIVIDUALIZED SERVICE PLANNING FORM – 6.01.E

Name:

Date:

Initial or Annual

- Synapse House works with you to develop the Individualized Service Plan (ISP)
- Begins at time of admission and is reviewed every 6 months and yearly.
- You may modify your plan as needed.
- To achieve the best outcomes, we recommend participating 2-3 times per week.
- This is your plan and your program. Active participation is required to make the changes you want.
- Discuss with our staff your concerns or ideas to better help you or if you want to change the direction of your plan.

#### What goals would you like to work on?

<b>Goal #1</b>	
<b>Goal #2</b>	
<b>Goal #3</b>	

What should we know about you?	
What should we know about your injury, stroke or condition?	
What steps do you want to take to meet your goals?	

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What are the areas of difficulty?	
What are your strengths?	
What are your abilities?	
What are your preferences? This may be related to your religion, beliefs, culture, or just your likes and dislikes.	
Any other medical history we should know? <b>Please keep us updated on any medication changes or medical condition changes.</b>	
Any psychological history to know or approaches we should take to make for your mental health & wellness?	
Who are the people in your support system or other social information to know?	
What information should we know about how you function in the activities you need to do?	
What kind of therapy or services did you have in the last 6 months?	
Are you in therapy now? If so, where and what kind? <b>Please notify us of any therapies you receive.</b>	

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<p>What is any health or safety risks? (i.e. medication side effects, seizure triggers, fall risks) <b>THIS CANNOT BE BLANK</b></p>	
<p>What can we do to reduce these risks? <b>THIS CANNOT BE BLANK</b></p>	

**Family & Caregiver Section**

<p><b>What goals do you want your family member to achieve?</b></p>	
<p>How can we help <b>you, the family members, or caregivers</b> on this journey? We want to set a goal each year to help support you.</p>	