



Referral Facts for Rehabilitation Professionals

Synapse House **Engages, Empowers & Employs** individuals affected by brain injury and stroke through a Clubhouse Day Program and the Flour to Empower Social Enterprise Bakery. Synapse House is a non-profit organization accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for Community Integration.

What is a Clubhouse?

A community-based Day Program for persons with a brain injury or stroke following therapy. It is based on the Clubhouse Model that started in New York in 1943 by a group of individuals with psychiatric disorders who desired a place to go whenever they needed help, where they could be productive and contribute to a common cause. Clubhouses are based on one's remaining abilities, not their disabilities.

What Does Synapse House Offer?

Opportunities to utilize skills, be productive through and be part of a community! Clubhouse Members engage in real work that is needed to keep the Clubhouse alive and running.

Business Unit: phone reception, computer training, writing

Culinary Unit: meal preparation, grocery shopping

Employment Unit: work readiness, Supported Employment Program, job coaching, placement & extended job retention services

Wellness programs: healthy lifestyle education and exercise

Community Integration: outings and volunteer activities

Flour to Empower Bakery: our own social enterprise bakery

Who should attend?

We serve adults with acquired brain injuries including traumatic injury, stroke, brain tumor, cardiac arrest and progressive diseases affecting cognition such as Multiple Sclerosis.

- Person must be able to take their own medications.
- Person must not be at risk of wandering off.
- Person must be able to actively participate without agitation or aggression.
- Person must be able to handle personal needs in the bathroom unless accompanied by a caregiver. We may be able to provide assistance on a case by case basis.

How long can someone attend?

As long as you want! Membership is lifelong to provide vital long-term support. Members can return by simply picking up the phone. Note that funding sources, other than private pay, may determine the length and/or services provided.

What are the business hours?

Monday through Friday, 8:30am until 3:30pm.
We are closed on major holidays.

What are the Fees?

There are four forms of payment.

- Private pay – Please call for the rate schedule
- Department of Rehabilitation Services for Job Coaching and Supported Employment Program
- Workers Compensation Insurance
- Brain Injury Medicaid Waiver for those eligible

What about Transportation?

Transportation may be available. Please inquire about current routes and schedules.

Potential Benefits of Membership

- Transition from outpatient to community-based services
- Respite for families and caregivers
- Low-cost option compared to extended rehabilitation services
- High-quality rehabilitative accredited program versus in-home care
- Helps maintain or improve skills
- Reduces social isolation, provides a network of friends and support
- Opportunity to return to work
- Improves quality of life in a variety of areas

Refer New Members Today!

Contact our Admission Director for information and to schedule a meeting with Clubhouse tour.

877-932-1120

info@synapsehouse.org

www.synapsehouse.org

For many, the Clubhouse is the next step in transitioning from a patient back into the real world.

www.synapsehouse.org
www.flourtoempower.org

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