



Synapse House

Services and Programs

Synapse House is a nonprofit organization dedicated to providing rehabilitative opportunities to those affected by brain injury and stroke.

Recovery from a stroke or a brain injury is a process that does not stop during a pandemic or at the time of hospital discharge. Recovery often takes significant time and is filled with ever-changing challenges; challenges that encompass multiple facets of one's self including physical capabilities, thought processes, the ability to communicate and emotional wellness. Many survivors must relearn how to be a parent or spouse again, live independently, pay the bills, get groceries and how to be part of the community, neighborhood and church. Recovery is also about acceptance and finding happiness again.

Synapse House, located in Elmhurst, Illinois, helps survivors of acquired brain injury and stroke regain social, physical, cognitive and vocational abilities. Our unique programs and services offer a variety of in-person and virtual activities designed to help survivors throughout their personal journey of recovery. Our programs and services:

**Clubhouse Program | Community Support Services | Employment Program
Therapeutic Program | Family Support Program**

*The Synapse House mission is to
Engage, Empower & Employ individuals affected by brain injury and stroke.*



Are you, or is someone you know, a survivor of traumatic brain injury or stroke?

Do you want to further your rehabilitation, maintain and strengthen skills you worked hard to develop?

Are you searching for a supportive community that knows and shares your struggles?

Do you need assistance preparing for work and finding employment ?

Do you want to feel good about your new life and make it meaningful?

If you answered “yes” to any of these questions contact Synapse House today!

877-932-1120 | info@synapsehouse.org



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Synapse House serves adults with traumatic brain injuries sustained in car accidents, falls or other traumas, strokes, aneurysms, seizure disorder, brain tumors, infections of the brain, hypoxic injuries due to lack of oxygen or those of a progressive nature such as early onset dementia.

All persons served at Synapse House are assessed utilizing standardized and informal evaluations. An Individualized Service Plan (ISP) is created directing care to achieve a long-term desired goal and short term goals that are set and reviewed frequently. We incorporate goals for quality of life, engagement within the family, community involvement and we build natural supports into these service plans so Members get the most out of these programs and services:

- **Clubhouse Program** - a model of care utilized internationally and for decades, empowers and lifts people by pairing the actual work of our organization with Member goals. Work is a therapeutic tool utilized to practice and relearn skills in a safe environment. In our Business and Culinary Work Units Members write newsletters and website stories on the computer, educate each other, conduct Member outreach, grocery shop, plan and prepare meals, and bake in our Flour to Empower Bakery. Our Clubhouse Program is in-person and virtual.
- **Community Support Services** - serves veterans with brain injury in the home, work place, community and virtually. This program's goal is independence with a focus on building social capital and enhancing quality of life. Funded for veterans who served post 9-11.
- **Employment Program** - aids and prepares individuals to return to work through job coaching and supported employment. We ensure Members are work-ready through close coordination with the Clubhouse and by addressing the barriers faced by brain injury and stroke survivors. Our staff can counsel individuals and families. Assessment and benefits education is available. Disability benefits are ever changing. Expert assistance can prevent costly mistakes. Primarily funded through the Department of Rehabilitation Services (DRS).
- **Therapeutic Program** - a powerful component of the recovery process. Virtual and in-person activities are lead by highly qualified staff and offer exercise options like boot camp, yoga, coordination, balance and movement. Individual and group sessions address needs such as cognition, work readiness, money management, communication and emotional wellness.
- **Family Support Program** - currently virtual and includes a Support Group, Book Club and assistance with benefits.

Synapse House has been accredited for Community Integration by CARF, Commission on Accreditation of Rehabilitation Facilities, an international, independent, non-profit accreditor of human service providers and networks.

Our program conforms to a set of internationally accepted standards, and activity is facilitated by a team of professionals skilled in Occupational Therapy, Exercise Physiology, Speech Pathology and Employment Coordination.

