

# WINTER Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8-9 AM</b> Body Works w/ Dani Rockwell	<b>6-7 AM</b> Yoga w/ Briana Lorenzini	<b>8-9 AM</b> Body Works w/ Dani Rockwell	<b>6-7 AM</b> Yoga w/ Briana Lorenzini	<b>8-9 AM</b> Body Works w/ Dani Rockwell
<b>4-5 PM</b> Aquatics Program w/ Teresa Peterson	<b>7-8 AM</b> Aquatics Program w/ Ginger Weaver		<b>7-8 AM</b> Aquatics Program w/ Ginger Weaver	
	<b>8:15-8:45 AM</b> Stretch for Life w/ Dawn Evans		<b>8:15-8:45 AM</b> Stretch for Life w/ Dawn Evans	
	<b>8:30-9:30 AM</b> Aquatics Program w/ Nancy Entzel		<b>8:30-9:30 AM</b> Aquatics Program w/ Nancy Entzel	
	<b>9-9:45 AM</b> Morning Arthritis w/ Rachel Cure and Miranda Matschke		<b>9-9:45 AM</b> Morning Arthritis w/ Rachel Cure and Miranda Matschke	
			<b>4-5 PM</b> Aquatics Program w/ Teresa Peterson	

