

WRAC



Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-9 AM BODY WORKS W/ DANI ROCKWELL	6-7 AM YOGA W/ BRIANA LORENZINI	8-9 AM BODY WORKS W/ DANI ROCKWELL	6-7 AM YOGA W/ BRIANA LORENZINI	8-9 AM BODY WORKS W/ DANI ROCKWELL
4-5 PM AQUATICS PROGRAM W/ TERESA PETERSON	8:15-8:45 AM STRETCH FOR LIFE W/ DAWN EVANS		8:15-8:45 AM STRETCH FOR LIFE W/ DAWN EVANS	
	8:30-9:30 AM AQUATICS PROGRAM W/ NANCY ENTZEL		8:30-9:30 AM AQUATICS PROGRAM W/ NANCY ENTZEL	
	9-9:45 AM MORNING ARTHRITIS W/ RACHEL CURE AND MIRANDA MATSCHKE		9-9:45 AM MORNING ARTHRITIS W/ RACHEL CURE AND MIRANDA MATSCHKE	
			4-5 PM AQUATICS PROGRAM W/ TERESA PETERSON	