CLASS SCHEDULE

8-9 am

Body Works w/ Dani
Rockwell

5-6 pm

Aquatics Program w/
Teresa Peterson



TUE

6-7 am	Yoga w/ Briana Lorenzini	
8:15- 8:45 am	Stretch for Life w/ Dawn Evans	
8:30- 9:30 am	Aquatic Program w/ Nancy Entzel	
9:00- 9:45 am	Morning Arthritis w/ Rachel Cure and Miranda Matschke	

WED

8-9 am

Body Works w/ Dani Rockwell

T

THU

6-7 am	Yoga w/ Briana Lorenzini
8:30- 9:30 am	Aquatic Program w/ Nancy Entzel
9:00- 9:45 am	Morning Arthritis w/ Rachel Cure and Miranda Matschke
5-6 pm	Aquatics Program w/ Teresa Peterson

FRI

8-9 am

Body Works w/ Dani Rockwell

