



FREE CONSULTATION

30 minutes to discuss
your loved one's needs

Explore support options:

- Non-medical home care assessments
- Personalized care planning
- Home safety reviews
- IADL support: meals, light housekeeping & errands
- Wellness checks
- Transportation to appointments & outings
- Referrals to health professionals



**Let's talk about routines, concerns,
and helpful resources.**

Schedule your free consultation



Call or text: 315-630-3378



HelpingOthersServices.org

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