



WELLNESS VISITS AT HOME

Flexible non-medical check-ins
personalized for each client

15 MINUTES

**Quick
Check-In**

30 MINUTES

**Wellness
Support**

1 HOUR

**Extended
Visit**

SUPPORT MAY INCLUDE

✓ General safety checks

✓ Friendly companionship

✓ Medication reminders

✓ Hydration or meal setup

✓ Routine and orientation prompts

✓ Observation of changes

✓ Light support activities

✓ Authorized-family updates

**VISIT LENGTH AND PRIORITIES
are selected in advance**

SCHEDULE A FREE CONSULTATION

HelpingOthersServices.org

Private Pay | By Appointment