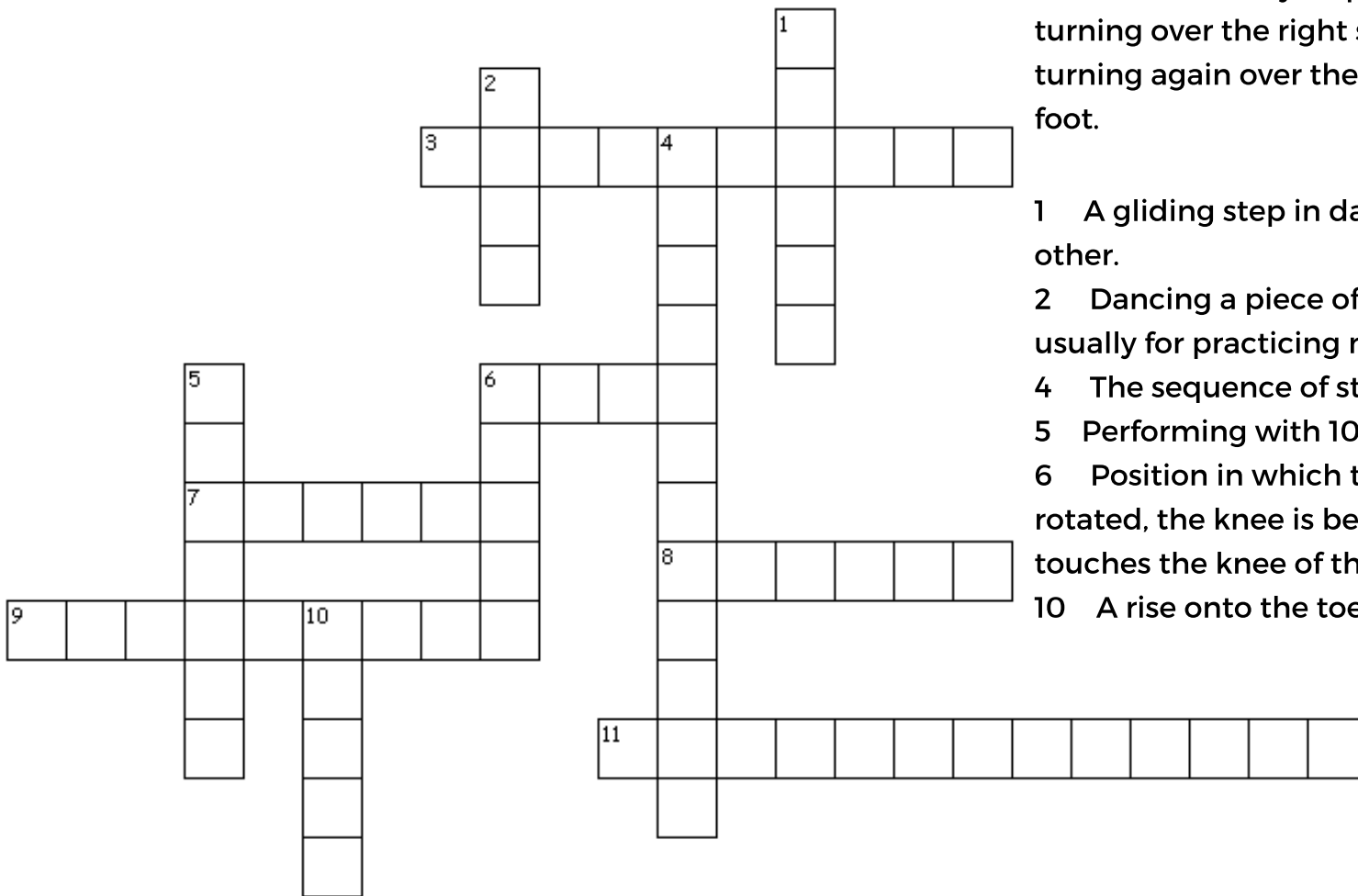


dance terms crossword puzzle



ACROSS

- 3 Two quick changes of weight from one ball of the foot to the other.
- 6 A movement in which a dancer bends the knees and straightens them again, usually with the feet turned out and heels firmly on the ground.
- 7 How high or low your body gets.
- 8 A rise or spring onto the toes from plié.
- 9 An act of spinning on one foot, typically with the raised foot touching the knee on the supporting leg.
- 11 Performed by stepping to second position right, turning over the right shoulder to step left, and then turning again over the right shoulder to return to the right foot.

DOWN

- 1 A gliding step in dance in which one foot displaces the other.
- 2 Dancing a piece of choreography with less energy, usually for practicing musicality, timing, and other tools.
- 4 The sequence of steps and movements in dance.
- 5 Performing with 100% of your energy.
- 6 Position in which the hip is abducted and externally rotated, the knee is bent, the foot is pointed, and the toe touches the knee of the stance limb.
- 10 A rise onto the toes.

