

Inspired by Ilona

NAVIGATING INVISIBLE GRIEF

A Panel Discussion on Pregnancy Loss and Infertility

TUESDAY NIGHT • DECEMBER 1ST, 2026 • 8:00 PM

at Congregation Shomrei Torah, 19-10 Morlot Avenue, Fair Lawn, NJ

EXPERT INSIGHTS ON PROCESSING REPRODUCTIVE
TRAUMA, HEALING AND SUPPORTING OTHERS

Featuring



Esther Rollhaus MD

Reproductive Adult and Child Psychiatrist, with particular interests in women's mental health, in fertility and pregnancy loss, and peripartum mental health



Aimee Baron MD

Founder and Executive Director of I Was Supposed to Have a Baby (IWSTHAB), transforming how the Jewish community supports people facing infertility and loss through mental health support, resources, and a nurturing space



Shira Billet PhD

Shira Billet is Assistant Professor of Jewish Thought and Ethics at JTS. She lectures widely on topics related to Jewish thought and ethics — including parental grief and pregnancy loss

LIVESTREAM AT: WWW.INSPIREDBYILONA.COM

The Bravman family is honoring Ilona's blessed memory with this educational series.

For questions, visit inspiredbyilona.com

