

# TLUPS

## Student Enrichment Program

**TLUPS SEP 2023**



- **Learn**
- **Experience**
- **Reflect**

# **WELCOME TO TRANSITIONS LAB UNIVERSITY PREP SCHOOL'S SEP PROGRAM**

TLUPS Student Enrichment Program (SEP) is designed to provide students an engaging and stimulating experience where they will learn in a variety of settings and across a diverse group of subjects..

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# TLUPS SEP

LEARN

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EXPERIENCE

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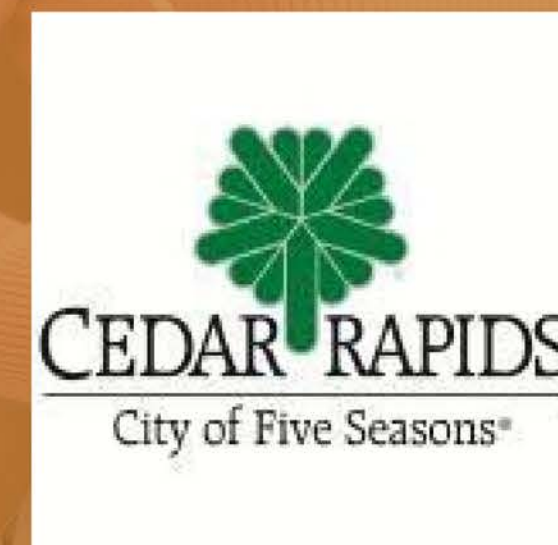
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REFLECT

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Student Exchange Program (SEP) is proposed to be offered in partnership with the City of Cedar Rapids, the State of Iowa, the University of Iowa, UI Tippie School of Business, The Iowa Writer's Workshop, a local school district, and a host of businesses across the region to support in collaboration of this program.

SEP is an academic enrichment program where a participant gets an opportunity to **LEARN** in an American classroom, **EXPERIENCE** what they learn in the field, and then have an opportunity to **REFLECT** on their learning and experience with trained academics.





SEP participants spend two weeks attending classes in an American high school, attend several workshops and training programs, travel to cities, visit museums, tour businesses, spend time on University campuses, and engage with business, political, and academic leaders.

Transition Lab University Prep School is the exclusive world wide partner in this program. We believe students with solid academic achievement and with a global mindset are going to be highly coveted in the future. Participating in SEP is a great step towards a successful future. **Welcome!**







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**""I am so grateful for my SEP experience. I have found that all the workshops and seminars helped me be prepared for what I would face as I came to university here in the U.S. I felt considerably more prepared than my peers at University, many of whom got overwhelmed.."**

**"Going on my SEP trip to America was life-changing for me and my newly made friends. I came back confident in my direction and in my focus, and importantly felt sure I had all the tools to be successful."**





# SEP Introduction

Student Enrichment Program (SEP) is a program where international students will attend a top American school (participating schools have been screened for top academic reputations) to have a lifelong and unique experience--social, cultural, and learning experience in America.

This is a school/group program where a group of 10-12 students and a chaperone would travel to the U.S., specifically to Cedar Rapids, IA and spend 10-12 days here.

The participants will spend 17.5-20 hours learning in the designated school. They will also attend several programs (internships, volunteering, etc) field visits (museums, theaters, and historical places of interest).

As in any enrichment program, participants are given proper accommodation, structure, food--basically they stay in a designated hotel, under the guidance of trained staff. Participants will have shadow buddies (school students). Cedar Rapids and Iowa are very safe and all SEP staff, volunteers, and teachers are trained and certified.

This program is important for any young high school student (in India, China, etc) and this is a key piece in helping to prepare them for eventual university experience. So this is a university prep as well as a prep to become a global citizen.



# SEP Introduction cont'd.

SEP programs are encouraged by top universities around the world as several academic research studies have proven that enrichment programs provide participants the necessary tools to navigate the mine fields of international university education later in life, and drastically reduce attrition rates compared to peers who did not have an SEP experience. This is one reason why many top secondary schools such as Harvard, Oxford, and Yale ask their applicants to their undergraduate schools if they have had an SEP experience.

N NS Chandra, Academic Director & Designated School Official for SEP



Education and university admissions coach N NS Chandra has been leading organizations working with hundreds of students, guiding them, counseling and consulting in several areas including university admissions in the United States.



# TLUPS SEP INSTRUCTORS



**ALPHONCE O'BANNON** – IA certified education counselor, Mr. O'Bannon has years of international business experiences as well as almost two decades of working with international students. Al is a passionate leader and inspires students to find their passions and purpose and then connects them to key resources to see their dreams realized.

**"KERRY CROWELL** –With over three decades in both corporate and private business world, Mr. Crowell brings a wealth of experiences to share with students. A seasoned business consultant, Kerry brings special expertise in digital marketing and advertising as well as overall business operations.





# TLUPS SEP INSTRUCTORS



**TIAJA "TJ" BUTLER – TJ is a certified teacher in Iowa and has experience working with middle school and high school students with a focus on preparing them for life beyond high school---whether that is college prep, readying for career, or pursuing an entrepreneurial dream**



# TLUPS SEP SPEAKERS

**The SEP program brings in a variety of guest speakers to share their insights and knowledge across a variety of subjects. Some examples are:**

- Faculty from the University of Iowa, Coe College, and Mt. Mercy University
- CEO's and Executives from leading national corporations.
- Local and State politicians and legislators.
- Admissions counselors from universities.
- Leaders from venture capital fund based in Iowa.
- International Studies students from nearby universities.



# Testimonials

**The President of Times group of Education and an SEP parent, M.V. Reddy** says *"Top rated schools in Iowa are participating in this program. The program is designed with a great balance of academics,, business, theatre, social, and co-curricular activities."*

**G V Surya Kiran and Saritha, SEP parents:** *"When a child travels abroad with a new group of peers, it is a challenging experience both for them and their parents. Pragnya reached back after the program, we found a new confidence in her. The child within her inner self had been enriched."*

**Padmaja, mother of Aryan, SEP student:** *"I was so thrilled with how he bonded with his shadow buddy from the U.S. Even before he went to America they had begun bonding and now even after his return they have maintained their friendship. His shadow buddy really helped him adjust to a new environment and I can see the confidence he has gained from the experience."*



# SEP SAMPLE COURSES OFFERED

## Workshops

Writing and English (with University of Iowa)  
Research Introduction for HS Students  
Civic Engagement & Political Theory  
Developing a Global Mindset

## Training

Health & Wellness  
Public Speaking and Discourse  
Swimming, basketball, rock climbing-YMCA Programs  
Basic 1st Aid & CPR Introduction-American Red Cross

## Tours, Conversations, Engagements

City Tours  
University Visit  
Museum Visits  
Business Tours and job shadows

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**Due to Cedar Rapid's location, students will have the opportunity to schedule visits to world class museums, galleries, and aquariums in Chicago as well as spend ample time at the University of Iowa**





# Sample Itinerary

**\*SAMPLE ITENERARY:** SEP participants and chaperone arrive in Cedar Rapids on a Sunday and will spend 10 days and 11 nights in Cedar Rapids, IA.

**During the time in Iowa, SEP participants will :**

- **Attend a local school with an assigned shadow buddy and be involved in all the school activities.**
- **Attend workshops, training programs, seminars, and participate in various activities.**
- **Individual evaluations, appreciation letters & certificates are given in an award ceremony**

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# **WORKSHOP 01: LANGUAGE ARTS WORKSHOP**

## **Reading, Writing, & Listening**

Purposeful Reading, Writing, and Listening instruction presents a manageable way of exploring literary development, including oral language, spelling, vocabulary, word study, fluency, and comprehension. SEP students will learn under the guidance of skilled craftsmen and will learn with guidance from tools from the world-renowned Iowa Writer's Workshop.. Students will learn through both independent exploration as well as group writing collaborations.





## **WORKSHOP 02: CIVIC ENGAGEMENT WORKSHOP**

### **Politics, History, & Economics of the American way.**

Civic engagement can take many forms--from volunteerism, political engagement, electoral participation, to business and community involvements. In this workshop, civic engagement is looked at in the context of its history in the U.S. and how various events have shaped the American political and civic landscape. Particular time is spent looking at the current landscape and discussing the myriad of factors heavily influencing the current American civic, political, and municipal landscape.





# WORKSHOP 03: RESEARCH INTRODUCTION FOR HS STUDENTS

This special workshop is focused for high school students who are interested in research, pursue careers in research, and for those interested in secondary programs like IB (international baccalaureate). The program delivered explores research methodology, fundamental statistics and detailing, and brushing up the logical, analytical





## **WORKSHOP 04: DEVELOPING A GLOBAL MINDSET**

### Preparing to Be a Successful Global Citizen

This workshop focuses on the many things associated with developing a truly global mindset. In order for students to be successful in the future they will need to be comfortable working with many types of individuals, regardless if they ever plan on working or studying abroad.

Workshop will explore:

- What is a global mindset and why is it important?
- Where does culture fit in the academic success equation?
- Preparing for cultural adjustment when studying abroad.
- Cultural Intelligence Quotient (CQ) - Developing self-awareness





## **WORKSHOP 05: CIVIC ENGAGEMENTS - POLITICS, HISTORY AND ECONOMICS OF MODERN WORLD**

The following workshop will provide attendees with the knowledge and understanding of civic and community engagement by complaining co-curricular and interests. The training sets out expectations that trainees will be informed about. The include theories of citizenship, democratic participation, civil society, and social action, familiar with their local community, and cognizant of ways in which the local, national and global are linked.





# **SEMINAR 01 DEVELOPING A HABIT OF LEADERSHIP**

The workshop will equip students with the tools to identify their strengths and understanding the meaning of power so that they can ultimately determine the leadership skills that they possess.

Attendees will use a detail course to determine that power lies in the decisions they make. Attendees will use this time to develop leadership plans and set goals for themselves to improve their leadership skills





# SEMINAR 02 PREPARING FOR UNIVERSITY

The following seminar will equip young adults with the skills needed in order to flourish in their college/university such as:

- Understand the significance of preparing for the transition to university.
- Familiarize students with the challenges and opportunities of higher education.
- Develop essential skills and strategies to thrive academically and socially in university.
- Explore resources and support systems available at universities.
- Provide guidance on the college application process and college readiness





# **SEMINAR 03 CAREER PLANNING FOR 21ST CENTURY**

- The following seminar will equip students with the resources needed to flourish in today's economy, the seminar will include basic information on what the 21st century consist of in different societies and how they can flourish in today's aconomy





# **TRAINING 01:**

## **DINING ETIQUETTES TRAINING**

The following training will equip trainees with the fundamental table manners of a successful etiquette dinner, this course covers the fundamentals of

- place settings
- holding utensils
- good posture
- appropriate conversation.

In this class, trainees will also learn how to navigate menus, utensil usage, posture, communication, and departure.





## **TRAINING 02:**

# **VOLUNTEERING ENGAGEMENT**

The training will be done in 3 modules that will equip trainees.

- The first module will cover initiating the framework and engagement planning; this module will cover the application of volunteer-center framework and engagement.
- The second module will cover intake and outreach opportunities; this module addresses targeted recruitment concepts and consider potential audiences.
- The third module will cover Equating volunteered with a foundation for evaluating volunteer engagement and equipping them with the correct foundation to evaluate volunteer engagement.



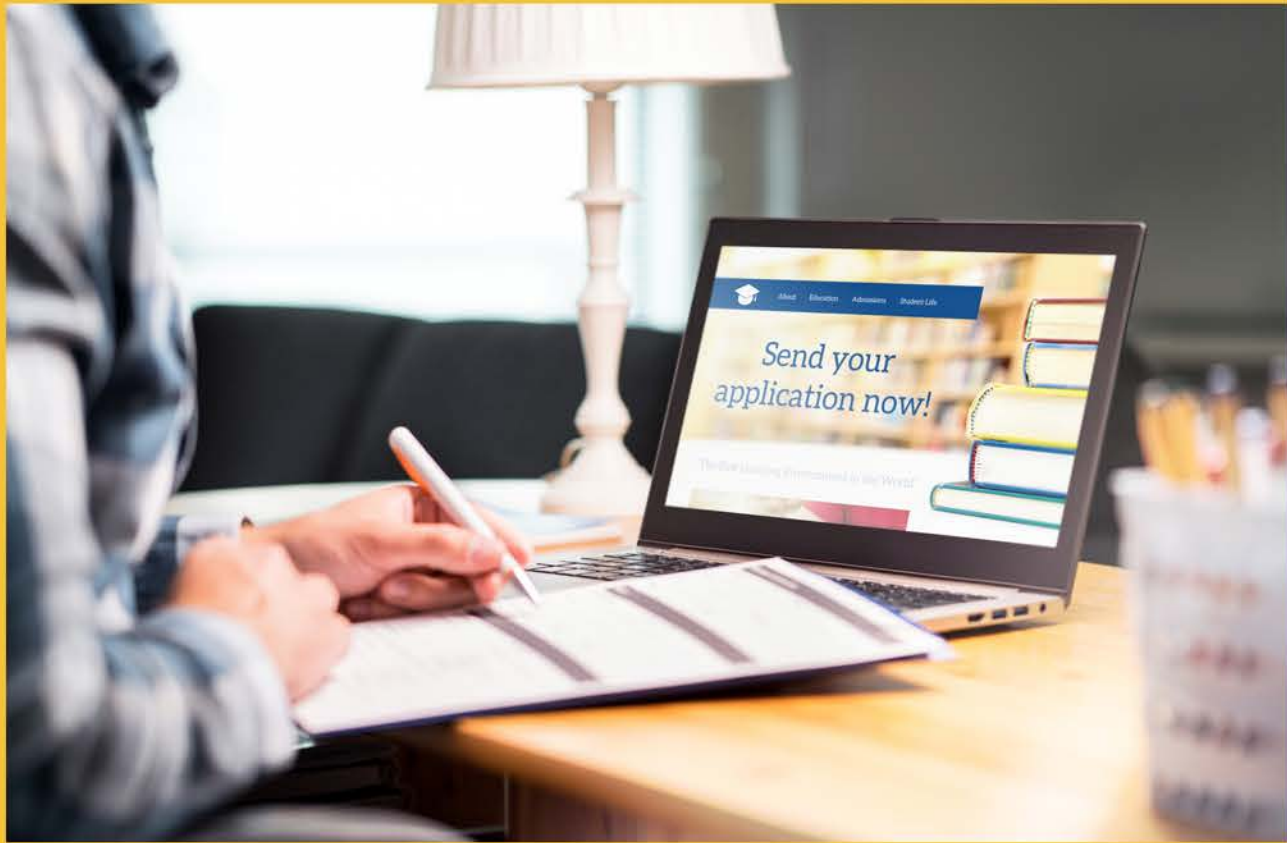


# **TRAINING 03:**

## **REFLECTIVE WRITING/COLLEGE APPLICATION ESSAY WRITING TRAINING**

During reflective writing training, participants learn various techniques and strategies to engage in reflective writing effectively. They are guided to examine their experiences and thoughts in a structured manner, exploring the underlying meaning and significance behind their experiences. Through this process, individuals can develop a better understanding of themselves, their values, and their reactions to various situations.





# **TRAINING 04:**

## **GRANT WRITING, FUND RAISING - WORKING/INTERNING WITH NOT FOR PROFITS**

The following training will equip attendees with skills that will help with grant writing and proposals. The training will include information on how to identify if the grant is the right fit for your program and how to go about creating a detailed 'need' statement that will ensure flourishing outcomes of partnership





# **TRAINING 05:**

## **PREPARING AND SUBMITTING RESEARCH PROPOSALS TO CONFERENCES, JOURNALS AND FOR FUNDING**

The following training will provide attendees with the tools needed to write a successful business proposal. It will equip attendees with employee development knowledge on performance gaps, and knowledge of desired learning objectives and the targeted audience for their program.





## **TRAINING 06:**

# **BASIC FIRST AID AND CPR ADMIN TRAINING FROM RED CROSS**

The following training will provide the trainees with Red Cross CPR fundamentals and how to successfully equate CPR procedures when needed



# SAMPLE SEMINARS & TRAININGS

- **American Customs**
  - Everything from dining etiquette to common figures of speech and habits
- **Career Planning**
  - Understanding proper networking, planning, and skills development to build a plan for success.
- **Entrepreneurship**
  - Learn about vetting ideas, securing partners and capital, and hear firsthand stories of entrepreneur journeys.
- **Preparing for University**
  - Ways to build habits for success as you transition to university.
- **Developing a Habit of Leadership**
  - Leadership is natural to some, but can be learned by all.
- **First Aid & CPR**
- **Personal Financial Literacy**
  - Investing, saving, & management of financial resources



# APPLICATION & SELECTION

The application process for SEP starts with students filling out a form collecting basic information such as name, school, what do they study? Parents, etc.

Students are asked a few questions:

*What are you interested in SEP?*

*What is your purpose and what do you hope to gain from the experience?*

Some students will write an essay, while others may only answer with a few sentences.

Based upon applications, the Admissions Committee will offer spots to SEP candidates.





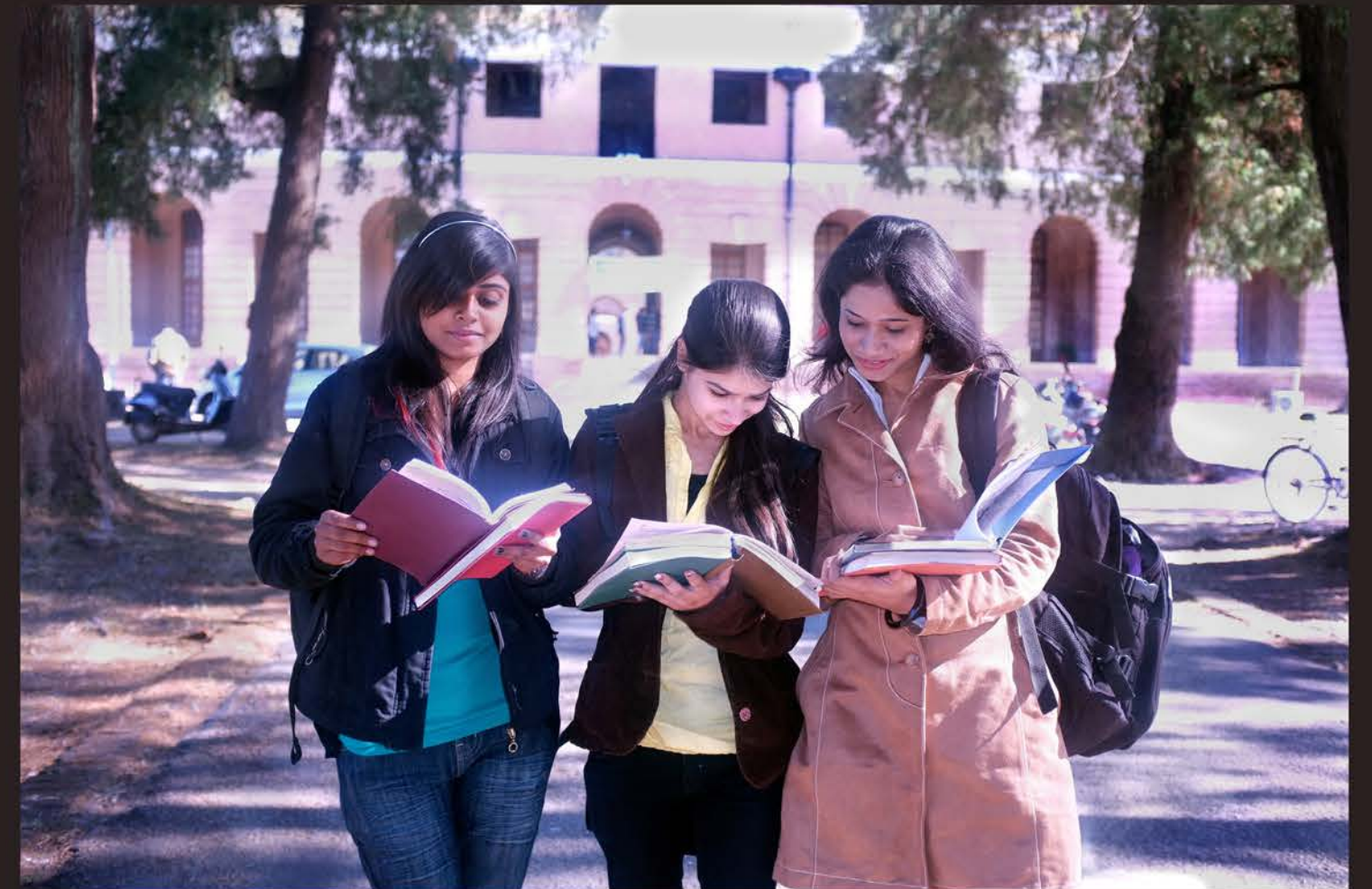
# SEP SELECTION

Once students are accepted into the SEP program they will be required to complete two assessments:

1. Reading Assessment
2. Writing Assessment
3. Students will also complete a Research Aptitude Test  
(required for high school students)

Documents will be collected and verified:

1. Immunizations are up to date.
2. Parental consent forms signed.
3. Travel insurance in place.



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# ABOUT CEDAR RAPIDS, IOWA

Cedar Rapids is the second largest city in Iowa and is only 20 minutes from the world renowned University of Iowa in Iowa City.

Home to Collins Avionics as well as General Mills and Quaker Oats, Cedar Rapids has become known throughout the midwest as a hub for start-up businesses and a place where businesses of all kinds can thrive.

Cedar Rapids is just 3.5 hours from Chicago and 4 hours from Minneapolis, or St. Louis for easy excursions.





# ABOUT THE UNIVERSITY OF IOWA

Just down the road from Cedar Rapids is the University of Iowa, one of the top public universities in America. Home to the world famous Iowa Writer's Workshop and the Tippie School of Business, UI also is a leading research university with world leaders in astrophysics, laser research as well as across many medical disciplines due to being home to one of the largest teaching hospitals in the world, the University of Iowa Hospitals and Clinics.

Annually, over 3,000 international students pursue degrees from the University.





# THANK YOU FOR ATTENDING!

Questions?

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