

Education: DSW from Yeshiva University School of Social Work, MSW from Columbia University.

Previous Experience: Assistant Professor - Yeshiva University Wurzweiler School of Social Work, Adjunct Professor - SUNY at New Paltz and Orange County Community College, Director of Clinical Training - Pius XII Youth and Family Services. Social Worker/ Supervisor/Consultant - Outpatient Mental Health Clinics and Workplace settings.

Additional Training/Specialty: Family Therapy - Minuchin & Calapinto Couples. Therapy at Harvard University Seminar in Field Instruction. Research publications on a variety of topics. Presenter at International and National Conferences.

Committed to giving back to the community, Michele has been coined "Million Dollar Woman" for helping to raise millions of dollars for a variety of causes. She has often been selected as the chairperson for major events in our community as he has been a model leader in making events fun and successful. She has served on The Council of Social Work Women's Commission in Washington, D.C. and on the Board of Directors for The Community Foundation of Orange and Sullivan, the Eleanor Roosevelt Center at Val-Kill Kidz4Causes.com, and other boards.

She is listed in the Cambridge Who's Who Registry Among Executive and Professional Women, Who's Who of American Women, and Marquis Who's Who. Dr. Michele Winchester-Vega has been awarded:

2022-Marquis Who's Who
2021 -Catholic Charities' Community Champions Award
2019-Bobby Lahey Award for Volunteerism
2016-Safe Homes' Mildred Warren Good Neighbor Award
2016-NCPA Lantern Honor for Sustainability
2014-AFP Outstanding Fundraising Volunteer Award
2014-Corsairs Cup, Newburgh Rowing Club
2012-Athena Award, Dutchess County Chamber Foundation
2011-OC Tribute to Women of Achievement Bobbie Lahey Award
2010-National Association of Social Workers' Hudson Valley Division Lifetime Achievement Award

Published Books

Anxiety Stoppers Workbook for Kids-by Michele Winchester-Vega, DSW, LCSW, ACSW, Dr. Sharen Casazza, MD, Dr. Caroline Wright, PsyD, Corinne Varnavides, LCSW, SBL, SDL.
2024
Chicken Little, Come Out! The Sky Is Not Falling! Helping Children Express and Cope with Their Anxiety – by Michele Winchester Vega D.S.W. LCSW-R, August 25, 2020, Mango Publishing
Substance Misuse and It's Effects, An Anthology - by Michele Winchester-Vega, 2001, Copley Press
Are You My Sister? - by Winchester-Vega and Vega, 2013, Auric Information Packaging.

