

I am a licensed clinical social worker in New York State I have been gifted with the ability to work with wonderful children, adolescents and families for over 24 years. I learn from those whom I have had as clients. I am a graduate of the University at Albany in New York State.

In that time span I have helped to continue uplifting and empowering others to be the best part of themselves and to work through struggles, stress and overwhelm. I have worked in the field of behavioral health for most of my career, focusing on children and adolescents. These are our most vulnerable.