

## **ERIN P. CORCORAN, PSY.D.**

Clinical Supervisor for  
Children and Adolescent  
Services

Education: PsyD in Clinical Psychology from Massachusetts School of Professional Psychology, MA in Psychology from New York University, and a BA in Psychology from Binghamton University.

Previous Experience: Dr. Corcoran is a licensed clinical psychologist with who offers individual and group psychotherapy to children, adolescents, adults, and their families. She has extensive experience working with a broad range of psychological concerns. She is trained in Dialectical Behavioral Therapy (DBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Collaborative Problem Solving. Dr. Corcoran uses a flexible, eclectic, non-judgmental, client-centered approach to ensure that every client will receive his/her/their own individualized treatment. She works with individuals dealing with anxiety and mood disorders, issues with self injury, questioning identity, trauma, relationship problems, and divorce. When working with adults, Dr. Corcoran sees people who feel stuck as they try to carve out a career path or seek out and maintain intimate relationships.

Areas of focus: Through therapy, she creates a safe and supportive space where fears and destructive behaviors can be overcome, where the impact of trauma can be faced and explored, and where clients can begin to re-establish a sense of safety and connectedness in the world. In treatment, problematic relationship patterns - past and present - are addressed, as well as providing clients with skills to manage the immediate challenges faced. Dr. Corcoran uses this integrative approach to create a safe environment where, together, she and the client can wade through uncertain waters at a pace that is right for the client.