

JULIANNE SCHECK, LMSW

Education: BSW from Mercy College and MSW from Fordham University

Previous Experience: Julianne has experience working in outpatient and inpatient settings, providing individual treatment through psychosocial assessments and devise treatment plans. Julianne has worked with those who experience a dual diagnosis of mental health and addiction. Julianne has also provided crisis intervention assessments to those in the community seeking to be connected to a higher level of treatment.

Areas of Focus: Throughout life's journey, there are many paths, some more challenging than others. Julianne is a Licensed Master Social Worker who has professional experience working with young adults and adolescents experiencing anxiety and depression, stressors attached to relationships, work/life/school balance, and self-confidence. Julianne's therapeutic approach is a person-centered approach of openness and engagement, focusing on each client's strengths as well as concerns. She works to meet clients where they are and give them the tools to get to where they want to be emotionally and psychologically.