

Education: Leah Fallot, MSW, LCSW, is a Licensed Clinical Social Worker who is committed to helping children, adolescents, and adults overcome obstacles in their lives. Leah graduated with a Bachelor's in Psychology from Oklahoma State University in 2010 and graduated with a Master's degree in Social Work from New York University in 2016.

Previous Experience: Leah has experience working with clients in a variety of settings including school systems, foster care settings, and outpatient substance abuse. Leah utilizes several scientific evidenced based techniques such as Cognitive Behavioral Therapy, Dialectal Behavioral Therapy, Exposure and Response Prevention, and Solution Focused Therapy in both individual and family counseling services. Clients are empowered to find their path to purpose and healing and will be carefully guided to obtain necessary coping skills to achieve their personal goals and emotional stability in all areas of their lives. Treatment approaches are personalized to address clients' needs.

Areas of Focus: Leah has clinical experience working with clients in areas including anxiety, depressive disorders, dual diagnoses, self-harm behaviors, self-esteem, OCD, peer relationships, care giving, family conflict, work/life stressors, and adjustment disorders. Clients are offered a safe space to work towards their goals at their own pace. Whatever your need or struggle is, we can get through it together,