

LEAH FALLOT, LCSW

Leah Fallot, MSW, LCSW, is a Licensed Clinical Social Worker who is committed to helping children, adolescents, and adults overcome obstacles in their lives. Leah graduated with a Bachelor's in Psychology from Oklahoma State University in 2010 and graduated with a Master's degree in Social Work from New York University in 2016.

Leah utilizes several scientific evidenced based techniques such as Cognitive Behavioral Therapy, Dialectal Behavioral Therapy, Exposure and Response Prevention, Solution Focused Therapy, and Person-Centered approach in both individual and family counseling services. Clients are empowered to find their path to purpose and healing and will be carefully guided to obtain necessary coping skills to achieve their personal goals and emotional stability in all areas of their life. Treatment approaches are personalized to address clients' needs.

Leah has clinical experience working with clients in areas including anxiety, depressive disorders, dual diagnoses, self-harm behaviors, self-esteem, OCD, peer relationships, caregiving, family conflict, work/life stressors, and adjustment disorders. Clients are offered a safe space to work towards their goals at their own pace. Whatever your need or struggle is, we can get through it together.