

Education: Lori received her Bachelor's degree in social work at Marist College and a Master's degree in social work at Fordham University. She is a Registered Licensed Clinical Social Worker and a Certified Case Manager.

Previous Experience: Lori has worked as a social worker in a medical/psychiatric setting in an acute care hospital. She has experience and specialized training in public health issues, working with the geriatric population, as well as, palliative care and end of life issues. Lori also has experience working with clients struggling with substance abuse and crisis intervention.

Areas of Focus: Finding a therapist you can trust and feel comfortable with is half the battle. Lori's goal is to create a non judgmental and safe place where you can discuss even the most difficult and uncomfortable topics. When someone experiences trauma or severe life stressors, it is not uncommon for their lives to unravel. She has a passion for bringing healing to those who have been through a stressful experience. Lori strives to help clients find healthy perceptions of themselves and strengthen their relationships so they can know themselves as peaceful, whole and safe. She knows that no single approach is right for everyone and so Lori has been trained in a range of modalities including Cognitive Behavioral Therapy (CBT), Grief Therapy and Strength Based Theory.