

Margaret (Meg) O'Connell-Duffy LMSW, CASAC-M

Education: BSW from Marist College and MSW from Adelphi University. Post Graduate Certificates in Substance Abuse, Expressive Arts and Trauma.

Previous Experience: Experience in an outpatient setting. Working with adolescents and adults through individual and group therapy. Assessment and treatment of the dually diagnosed clients.

Areas of Focus: Margaret's areas of focus are Anxiety, Depression, Trauma, Substance Abuse and Eating Disorders. Through the use of a variety of treatment modalities; CBT, Expressive Arts and Mindfulness techniques; a client centered approach is utilized to support clients through their therapy process.