

Education: I earned my master's from Adelphi University with a concentration in adolescent and family therapy. Postgraduate, I attended multiple clinical workshops and became certified in several evidence-based family treatment models. Working with several modalities has allowed me to utilize my experience to work with youth and families from many walks of life. I have also worked with individuals throughout this process and have worked with many folks who have had trauma experiences.

Previous Work Experience: I have spent upwards of a decade working with children and families throughout Orange County to promote permanency and children safely staying with their families. With time and experience, I was able to start two clinical preventive programs within the county. I have provided supervision to clinicians around engagement and clinical trainings. I took some time to join administration for multiple agencies, until I decided to go full time with the practice to provide meaningful therapy for the community.