

# DAILY GRATITUDE

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TODAY I'M FEELING

POSITIVE AFFIRMATIONS

TODAY I'M GRATEFUL FOR

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

SOMETHING I'M PROUD OF

MORE OF THIS:

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LESS OF THIS:

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MY FAVORITE MOMENT OF THE DAY

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TOMORROW I LOOK FORWARD TO

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