

SCIENTIFIC EXERCISE APPROACH TO SCOLIOSIS

SEAS - 3-Day Professional Course

COURSE DATES	November 17-19, 2026
LOCATION	Lakewood, NJ - Exact venue TBD
COURSE FEE	\$900

THE PROGRAM

A three-day professional course covering scoliosis assessment, the SEAS approach, active self-correction, SEAS exercises, double curves, clinical cases, patient demonstrations, and practical application.

DAY 1 - NOVEMBER 17, 2026

TIME	SESSION
9:00-11:00 AM	Scoliosis: Basic Concepts & SEAS Approach
11:00-11:15 AM	Coffee Break
11:15 AM-1:00 PM	RX Assessment & Clinical Assessment
1:00-2:00 PM	Lunch
2:00-4:00 PM	Active Self-Correction: Theory & Practice
4:00-4:15 PM	Coffee Break
4:15-6:30 PM	Active Self-Correction in Practice

DAY 2 - NOVEMBER 18, 2026

TIME	SESSION
8:30-11:00 AM	Self-Correction & SEAS Exercises: Theory and Practice
11:00-11:15 AM	Coffee Break
11:15 AM-1:00 PM	Self-Correction: Clinical Cases & Practice
1:00-2:00 PM	Lunch
2:00-4:00 PM	Double Curves: Clinical Cases & Practice
4:00-4:15 PM	Coffee Break
4:15-6:30 PM	Double Curves: Clinical Cases & Practice

DAY 3 - NOVEMBER 19, 2026

TIME	SESSION
8:30-10:15 AM	SEAS Exercises & Scoliosis Manager
10:15-11:00 AM	Exam
11:00-11:15 AM	Coffee Break

11:15 AM-12:15 PM	Patient 1
12:15-1:15 PM	Patient 2
1:15-1:45 PM	Lunch
1:45-2:00 PM	Clinical Cases
2:00-4:00 PM	Patient 3

REGISTER

<https://theraera.com/>

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