

# Helping Hand



## Kids Love Hope Harbor!



BY DR. BOB WHIDDON, JR.

**W**e have known for a long time that Hope Harbor is a very successful family reconciliation program. Three years after graduation, 87% of our residents remain reconciled with their families.

This statistic comes from aftercare surveys with the parents of our residents.

This year we began a new tactic. We decided to survey the former residents themselves. We not only wanted to hear from those children who successfully completed our program, but also from those children that withdrew, for one reason or another, from our program before completion. The statistics were amazing.\* We found that the children who completed our

program gave high praises for our program and the staff that made it possible. We also found that even those children who did not complete our program had the same praises.

In the pages of this issue of the Helping Hand you will find the questions that we asked of the children and their answers. Rejoice with us as, once again, we are recognized for the great work we do with children.

As you donate to Hope Harbor, know that you are part of the success story here. We don't take funds from the government for the care of children at all. Only private individuals like you, and churches like the one you attend, support our work. Read and enjoy the results of the survey. May God bless you as you bless us in our work at Hope Harbor.

\* View the numbers on pages 6 & 7.



# A Model for Success

BY JENNIFER BRISTOW

**H**ope Harbor is an immersive trauma-responsive Family Reconciliation program built on a foundation of faith and excellence. Hope Harbor's program is unique in being Christ-centered, evidence-based, and comprehensively aimed at Family Reconciliation. Our program has developed gradually across the decades, in response to the changing needs of our society. The primary need we have identified at this time is a need for programs which not only care for children, but also work intensively with parents in order to assist the entire family in making changes that will result in lasting reconciliation. The current incarnation of our program is designed to address this need.

Our children come from a variety of backgrounds, but share significant exposure to Adverse Childhood Experiences—on average, residents have experienced 7 ACEs prior to admission. We serve every imaginable family configuration: two parent homes, blended families, grandparents raising grandchildren, guardianship configurations, and adoptive homes, whose children have experienced family disruption of some sort and subsequent difficulties at home, at school, and/or in the community.

In order to be admitted to our program, the family and child must be able to identify individual and family goals, and must be willing to work the program.

## OUR PROGRAM HAS 7 MAJOR COMPONENTS:

- Spiritual Life
- Residential Life
- On-Site Academy
- Evidence-Based Counseling
- Growing in Character model for children
- Intentional Hope model for families
- Admissions & Aftercare

### SPIRITUAL LIFE

The spiritual life of our program is the underpinning upon which the entire program is built, and it is inexorably tied to every program component. All staff members are faithful members of the church of Christ. Cottages attend all church services and engage in regular service projects, Bible study, and devotionals. Bible is taught as a mandatory class in the Academy. All staff intentionally model Christian life for the residents.

### RESIDENTIAL LIFE

Six youth live with each of our Residential Life Specialist couples. The cottage environment is designed to be structured, consistent, trauma-responsive and faith-based. The Residential Life Specialists are highly trained, and represent the heart of our program as they create the foundational environment which allows change to occur.

### ON-SITE ACADEMY

All residents attend our high-quality, accredited on-site school. Children who are struggling in other areas of life are frequently behind in school, as well, and the Academy provides responsive individualized instruction with low teacher:student ratios, allowing students the opportunity to remedy academic deficits with the help of our dynamic, committed certified teachers.

### EVIDENCE-BASED COUNSELING

All residents participate in individual, group and family counseling provided by our highly trained and licensed staff of Mental Health Specialists. Our consistent, in-depth counseling is evidence-based and provided from a Christian perspective. The counseling allows residents and their families to successfully work through past difficulties and current struggles while gaining the skills needed to navigate life and reconcile relationships. Counseling is directed toward both individual and family success, with the ultimate goal of family reconciliation. It is important to note that only evidence-based therapeutic modalities are utilized.

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## GROWING IN CHARACTER

Growing in Character is our Nine Step program for children. Progress is self-paced, cumulative, and focused on character development. Growing in Character stresses personal accountability and responsibility. Residents graduate when they have completed all nine Steps of the program, and are able to maintain their progress consistently.

## INTENTIONAL HOPE

Intentional Hope is the parent/guardian portion of the program. All financial aid for the program is dependent upon active participation in the Intentional Hope Program, which includes completing the Nine Steps, active participation in family counseling, responsiveness to staff requests, and regular pass time and family counseling. The focus of Intentional Hope is to facilitate the maintenance of the parent/guardian as the primary caregiver, rebuild relationships, and establish or re-establish healthy attachments while increasing skills, knowledge, and felt confidence. The nine steps of Intentional Hope mirror the resident program and provide opportunities to learn new skills, clarify family rules and goals, develop a family vision, and intentionally rebuild positive relationships. Parents who participate actively in Intentional Hope approach graduation with a hopeful optimism that they and their home are prepared for a successful reconciliation.

## ADMISSIONS & AFTERCARE

Admissions & Aftercare are the “before and after” prongs of our program, and are fundamental in preparing families to participate in the program, maintaining progress after the return home, and evaluating program effectiveness. Admissions focuses on providing families with accurate, clear information about program expectations while determining best fit. If our program is not a good fit, the Admissions & Aftercare Coordinator maintains an awareness of available resources and assists the family with appropriate referral(s) as needed. Aftercare provides counseling and case management services as needed, offers former residents a community, and conducts continuing program evaluation.

But what makes Hope Harbor work is more than just a collection of high quality services. Hope Harbor is, more than any one of its parts, a community and a stance with which we approach the work. As a community, we push one another forward and provide the supports needed to remain committed to and healthy within our difficult and challenging work, so that we remain focused on the children and families we serve. Hope Harbor is a stance from which we approach the work: A stance of continual, intentional hope; a stance of grace; a stance of high expectations; a stance of love born of God’s love for us and the value we find in God for ourselves, each other, and those we serve. Hope Harbor becomes for us the community in which we live out our faith in the most tangible of ways. “We loved you so much that we were delighted to share with you not only the gospel of Christ, but our very lives as well.”

**Restoring Hope. Transforming Lives. Reconciling Families.** Will you join us by supporting this great work? Donate, participate in one of our events, sponsor an event with your congregation, family or group, and tell your friends!



## HOPE HARBOR

*Gives*  
BACK

Offering free workshops to churches and community groups within a reasonable driving distance from the Tulsa Metro area. We have professionals on our staff to present a variety of workshops on topics that include:

- Building Healthy Marriages
- Parenting with Love & Logic
- How can I know when my child is ready for baptism?
- Managing Grief
- Estate Planning
- Understanding Trauma and Adverse Childhood Experiences
- Youth Mental Health First Aid\*

\* Material cost applies.

Contact Hope Harbor to  
Schedule your free workshop

# MEMORIALS & HONORS

## MEMORIALS

### LAVONNE ADAMS

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### MARVA DOWLER ADAMSON

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Bea Brazeal

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Cincinnati Ave. Church of Christ

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Rosalie O'Neal

### JACK A. BAIRD

Phillip Daniel

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### LEO & MABELL BOBSEIN

Rex & Nancy Bobsein

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Mr. & Mrs. Marvin Hodges

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# FROM APRIL 16, 2018 TO JUNE 15, 2018

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CHARLOTTE PLUM  
Jack & Zelma Pitts

JOHN PRYOR  
Jami Growney

BILL & SHERYL RAINWATER  
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Louisiana MO Church of Christ

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Annette Sears

VERLIN RICHARDSON  
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EMERY & MINNIE ROSER  
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FLOYD SCHROEDER  
Jayne W. Osgood  
Bob & Debbie Whiddon

WAYNE SCHWEIKHARD  
Bob & Sally Schweikhard

BEVERLY SCOTT  
Andy Scott

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ROBERT SMITH  
Bill & Lenora Hamrick  
Cincinnati Ave. Church of Christ

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Jayne W. Osgood

TONY STOCKTON &  
RUTH ANN STOCKTON  
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MELISSA STOGSDILL  
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Adams Blvd. Church of Christ

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David N. & Doylene F. Tompkins

BOBBY "JOE" TRAMMEL  
Jim & Janette Rogers  
James & Elouise Ogle  
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ROY WOODY  
Dwayne & Linda Anderson

DOROTHY NATION YOUNG  
Jim & Janette Rogers

## HONORS

JIM & DENISE BOHNSACK  
George & Bobbie Johnson

JENNIFER LOBLEY –  
HAPPY MOTHER'S DAY  
Nolan & Marla Lobley

SHARON MILLIGAN  
Henry & Ellan Milligan

BONNIE ROSS –  
HAPPY MOTHER'S DAY  
Marla Lobley

## MEMORIALS & HONORS

\* EVERY BLANK MUST BE FULLY COMPLETED IN ORDER TO USE YOUR GIFT AS A MEMORIAL OR HONOR GIFT

A MEMORIAL FOR  
 IN HONOR OF

\_\_\_\_\_  
\_\_\_\_\_

Name of person being  
memorialized or honored  
(PLEASE PRINT CLEARLY)

Send Acknowledgement To: (Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Given By: (Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

# BY THE NUMBERS

THE NUMBERS IN THIS SECTION WERE TAKEN FROM AFTERCARE SURVEYS OF 15 FORMER HOPE HARBOR RESIDENTS.

## CURRENT AGES

RANGE FROM 15-25 YEARS

*"IT HELPED ME BECOME  
THE PERSON I AM."  
~ CATHERINE, HOPE HARBOR GRADUATE*

**86.6%**  
graduated  
high school  
or are  
currently  
making  
passing grades.

*"MY TIME AT HOPE HARBOR PROBABLY SAVED MY LIFE AND  
I THANK MY FAMILY FOR CHOOSING THIS PLACE AND EVERYONE  
AT HOPE HARBOR FOR HELPING ME TURN MY LIFE AROUND."  
~ ASHLEY, FORMER RESIDENT*

*"IT  
TAUGHT  
ME THE  
IMPORTANCE  
OF  
FRIENDSHIP  
AND  
FAMILY."  
~ FORMER RESIDENT*

DO YOU HAVE POSITIVE PEER RELATIONSHIPS?

**100% YES**

WAS THE COUNSELING YOU  
RECEIVED BENEFICIAL?

**93.3% YES**

HAVE YOU CONTINUED TO SUSTAIN THE CHANGES YOU MADE AT HOPE HARBOR?

**100% YES,**  
some or all of them!

*"PLEASE PRAISE GOD FOR HOPE HARBOR BRINGING MY FAMILY CLOSER TOGETHER AND KEEPING ME ON THE RIGHT PATH AND GIVING ME THREE HANDSOME, HEALTHY AND SMART LITTLE BOYS."*

*~FORMER RESIDENT*

ARE THE THINGS YOU LEARNED AT HOPE HARBOR CONTINUING TO BE BENEFICIAL?

**93.3% YES!**

*"I THINK IT HELPED ME IN THE LONG RUN. THE CORE VALUES OF INTERACTION AND PATIENCE FOR SELF AND RELATIONSHIPS HAVE BEEN EXTREMELY VALUABLE."*

*~NICOLE, FORMER RESIDENT*

HAS YOUR FAMILY MAINTAINED THE CHANGES MADE AT HOPE HARBOR?

**80% YES!**  
some or all of them!

## BOARD OF DIRECTORS

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PO BOX 1047  
CLAREMORE, OK 74018

918.343.0003  
www.hopeharborinc.org



NOW WITH 3  
LOCATIONS TO  
SERVE YOU!

### CLAREMORE

316 W Will Rogers Blvd.  
Claremore, OK 74017  
918.923.4860

### BARTLESVILLE

208 E. 2nd St.  
Bartlesville, OK 74003  
918.876.6444

### ROGERS

2511 N. 2nd St. Unit 3  
Rogers, AR 72756  
479.340.1058



**THINKING OF DONATING? CARS, BOATS, RVs  
CONTACT CHRIS at 918.343.0003 ext 222 TODAY!**

# UPCOMING EVENTS

#### Sat. SEP 29TH

Hope Harbor Run for Hope  
5k and Fun Run  
Fun Runner \$20 • 5K Runner \$30  
Virtual Runner \$35  
8:30 AM • Hope Harbor 5K certified course at  
15025 E 380 Rd, Claremore, OK 74017

#### Sat. SEP 29TH

Fall Disc Golf Tournament  
Single Golfer \$35 • Foursome \$140  
8:30 AM • Joe<sup>2</sup> Course at Hope Harbor 15025 E 380 Rd,  
Claremore, OK 74017

#### Sat. SEP 29TH

Hope Harbor Open House and Fish Fry  
11:00 AM at Hope Harbor 15025 E 380 Rd,  
Claremore, OK 74017

#### Sat. NOV 3RD

Vision of Hope Gala : Hearts for Hope  
Tickets \$50  
5:00 PM • Double Tree Hotel at Warren Place  
6110 South Yale Avenue, Tulsa, OK, 74136

For More Details About Any of These Events visit [www.hopeharborinc.org](http://www.hopeharborinc.org)