

# *Biondi Medicine Professional Corporation*

465 Grand Ave. W. Chatham 519-352-3210

## **Consent for Procedure:**

**Procedure Name:** Vandenbos Procedure for Overgrown Toeskin

**Purpose of Procedure:** To remove overgrown and/or inflamed lateral nail fold skin and in doing so, most of the time, after 4-6 weeks of healing time, the problem is resolved and does not recur

**Possible Complications of Procedure:** Infection resulting in the need for antibiotics orally, IV and/or delayed healing time longer than than expected 6 weeks

**Adverse Outcomes Due to Procedure:** While never reported in the research, osteomyelitis is a theoretical risk which is an infection in the bone of the toe

**Alternatives to Procedure:** While not curative in most cases, nail plate avulsion, wedge resection and warm salt water soaking will result in temporary improvement in the symptoms of most patients prone to develop overgrown toeskin

### **Today's Date:**

I have had adequate time to consider the possible complications, adverse outcomes and alternatives to the Vandenbos procedure for the management of my overgrown toe skin and I would like to proceed with the surgery.

Signature:

Printed name:

Today's Date: