

### Instances of Coercive Control from 2017/18 Survey of Male Victims of Partner Abuse

These are specific examples contributed by survey respondents within the optional text comments. Note that these numbers do not indicate the prevalence of these abuses within the surveyed population as text comments were optional and left only by a subset of respondents, nor did they necessarily list all the abuses to which they had been subjected. The six broad Categories are each broken down by a number of specific abuses.

<b>Category: Directly Controlling / Restricting</b>	<b>180</b>
Habitually misused joint funds, or failed to contribute despite being able to do so, or failed to pay bills due to spending money on herself instead	36
Isolated you from friends and family	30
Prevented you from leaving the room or the house	18
Tried to get you to hit them or other goading	16
Unfairly controlled how much money you could have or how you spent it, or critical of your earnings even though you worked full time	15
Took control over your everyday life, where you could go, who you could see or talk to, what you must wear	15
Monitored your letters, phone calls, emails, texts or social media	13
Monitored your time / monitored everything you did	11
Controlled how housework or childcare was done, or refused to do their share of it	10
“Controlling” (non-specific)	7
Locked you out of the house	4
Forced you to give up work, education or volunteering due to threats or making false allegations to get you sacked	3
Enforced rules or activities which humiliated you	2
<b>Category: Psychological Abuse</b>	<b>201</b>
Habitually belittled you, shamed you, making you feel worthless	55
Manipulation / emotional or psychological abuse	42
Gaslighting / identity attack	25
Intimidating / bullied / destroyed your property / verbal abuse	17
Loss of capacity to think clearly or to address the abuse	15
Habitually hyper-critical	14
Attacked you in your sleep or when in bath	8
Sent malicious emails/texts, or other use of IT to abuse	6
Had to “walk on eggshells” all the time	5
Routinely prevented you from sleeping	5
Repeatedly prevented your access to transport	5
Felt obliged to hide bruises, etc, or otherwise conceal evidence of the abuse	4
<b>Category: Threats</b>	<b>76</b>
Threatened you or the children (e.g., by wielding a knife)	33
Constant fear or feeling powerless	16
Attacked/abused the children	10
Threatened to kill you	8
Needing to flee or lock yourself in a room to escape	6
The constant threat of random violence “out of the blue”	3
<b>Category: Use of Children as a Weapon</b>	<b>138</b>
Actually prevented you from seeing your children	65
Threatened to prevent you seeing your children, or fear thereof	34

Turned your children against you by convincing them, falsely, that you were wicked (parental alienation)	32
Attacked whilst holding a child (hence defenceless)	7
<b>Category: False Allegations</b>	<b>183</b>
Actually made false allegations against you	149
Used other agencies against you (police, courts, charities, social workers)	23
Threatened to make false allegations against you	11
<b>Category: Sexual Issues</b>	<b>23</b>
Sexually controlling	10
Openly had sex with other partners	7
“Raped” (if that word used), or serious sexual assault	3
Mocked your sexual prowess or made you engage in sexual acts against your will	3
<b>TOTAL</b>	<b>801</b>

