

Garden of Hope Scholarship
&
Wall2Wall Designs LLC
Presents



About us : A Garden of Hope Scholarship, Inc.

Agency History and Mission: We are a non-profit organization that focus on girls grades 8-12. We offer a leadership development program utilizing key components for preparation, success, intervention, exploration, and awareness for middle and high school girls. We provide a safe environment where teen girls can come and learn strategies to become confident leaders and contributing members of society. GOH has grown tremendously in the number of girls we serve our life enhancing community service projects, mentoring and leadership workshop sessions. Our program is targeting middle and high school girls. Our community service, we feed the homeless we pack 1k-2k lunches for meals on wheels. We fill up our local rescue mission pantry with dry foods and can goods. We have lots of team building. We hold them accountable to academic excellence. We provide various workshops such as vision board party. Teaching them how to write their own vision, and to set tangible goals and with the help of the mentors, we get these goals accomplished. We also have an etiquette class and financial literacy workshop. Where we cover all aspects of financial literacy. We have career day where we do resumes and mock interviews and we have various professionals come in to speak with them. We have self-esteem class. And how to locate your inner beauty. We provide a Self-defense class. We provide tutoring sessions for those below academic standings. Courses do vary based on the needs of the girls. Mission Statement: Garden of Hope, Inc. provides empowerment programs to young women to enhance their lives. We provide life skills and leadership development training that will help girls develop into confident women through education, life skills training and career exploration opportunities. We provide several workshops such as Financial literacy, Etiquette, Beauty, Writing our visions and so much more. We provide vital life skills through direct instruction, opportunities for career exploration, field trips and role-playing; this in turn will help foster personal growth and development. Teen girls in our high school program come from various high schools within the USA. In addition to meeting regularly, the teens enjoy occasional outings and field trips. Vision: We envision a world in which all girls and young women, regardless of race, ethnicity, income level or social status, are nurtured and empowered to reach their fullest potential. Goals: ▪ To increase the number of young women in leadership roles ▪ To increase the number of young women entering post high school education programs, either technical, apprenticeship, community college, college or employment. ▪ To increase access to professional mentors and opportunities ▪ To build self-esteem, critical thinking skills, financial literacy skills, and provide opportunities for community involvement and volunteer work. There are four primary measurable objectives we have outlined for the girls that are a part of our mentoring program. Each one is comprised of: 1) Positive Self-Esteem Growth- this may seem hard to measure tangibly, but we measure the development by monitoring the decision-making pattern of the mentee. A model of imperfect judgment calls usually shows evidence of adverse self-esteem. These bad decisions lead to promiscuity, prostitution, substance abuse, self-abuse, and lack of self-respect. The only way to overcome the source of what led to such behavior is to raise the self-image and improve the filter for which one sees themselves and the rest of the world. We have developed a comprehensive Self-esteem Growth Program comprised of interactive teachings and workbooks designed to identify areas of vulnerability and to raise self-awareness. 2) Relational Management- Teens participate in a one on one relationships that are emotionally supportive with adult women mentors who are showing interest in the youth's time and activities. The mentors also provide opportunities for the girls to learn and grow through experiences learned during monthly outings. Those whom struggle with low self-esteem often find themselves in one or two categories when it comes to relationships. They are often labled as loners and don't feel as if they have friends or family that really "gets" them, or they have friends or family of whom are all negative influencers. Our Relationship Management Program is designed to help our girls identify the type of relationships they have in their life. This examination includes both interpersonal relationships and intrapersonal relationships, sexual relationships, and even some family relationships. We teach the importance of communicating effectively and how it is crucial to

the success of our teen's future career. Mastering this skill makes it easier to interact with friends, parent, teachers and other adults. Teens will enhance their communication skills through role playing, skits, elevator speech introductions, round table discussions and other fun activities. We all need wholesome, balanced relationships in our life, and the mentors from Garden of Hope, Inc. are there it helps fill in some of the relational gaps in the life of the girls in our program. 3) Health and Wellness Program- physical health is a critical component of a person's overall well-being. Poor health tends to bleed over into all facets of a person's life and can pose a multiplicity of problems. Our Health and Wellness Program focuses on proper nutrition, exercise, breast cancer awareness, and the underlying issues that lead to both obesity and anorexia. Having the physical physique of a fashion model doesn't necessarily mean you're healthy. Our health and wellness approach is much more profound than surface level. We will seek to help our participants not just "look" good but feel good holistically. 4) Leadership Development Program- being a leader doesn't necessarily mean being a manager or being someone's boss. Being a leader is all about being led. An effective leader is one that is driven by a set of universal principles and practices. These principles produce predictable outcomes. To the contrary, being led by your emotions could lead you to a rollercoaster life. Our emotions are not principle-based. They are often feeling based. Our Leadership Development Program is a series of interactive workbook-based teachings on true leadership in combination with association opportunities with various business, community, and sports leaders. We teach from a reference point of principles that have predefined positive results. Business, community, and some sports celebrities alike will have the opportunity to share with our girls and spend time with them in various capacity. Needs Statement: Young girls need local leaders to look up to and emulate. When a girl has a crisis and needs someone to turn too, her mentor needs to be in the community, ready and able to respond. Too often program managers assume that leaders or mentors must be university students or young professional women imported from communities that are better off. These young women may be motivated and caring, but they do not provide an anchor of leadership within a disadvantaged community. Girls have fewer opportunities, compared with boys, to meet same-sex friends, make new friends, and interact with mentors. Several surveys assessing girls' social networks have indicated that girls do not have the same social opportunities as boys do. The presence of a network of young female leaders (and a safe space that they regularly occupy) implicitly and explicitly challenges the power structure within a community and lends a strong female voice to decision making structures in the community. Most poor communities are devoid of strong public female leadership— either old or young women—or venues in which women can meet. Creating leadership opportunities for girls and young women has the power to alter the positions of girls and women in the community and empower them to claim their rights. There are girls with leadership potential in every community in the world. Girls with leadership potential are an extremely valuable resource for the poorest communities because they have the potential to serve as leaders and mentors for other girls. The benefit of building girls' leadership abilities in these communities is three-fold. It provides heroes and role models for young girls, empowers and strengthens older girls, and challenges outmoded community norms. Program Narrative: Garden of Hope, Inc. provides all the "essentials" for girls to discover their potential through our specifically designed program; empowering young girls in high-risk environments. Inside every girl lies something hidden; an unseen potential waiting to be discovered. Garden of Hope, Inc. curriculum fosters a caring environment supported with mentors and peers; cultivating the meaning of "sisterhood." Workshops are designed around mentorship, career planning, volunteerism and education. Each workshop is complete with opportunities for youth to tap in to their potential through self-reflection and self-expression, which allows girls to develop independence and self-esteem. They get to make "choices" and feel empowered through their experiences in self-guided one-on-one experiences with mentors. Our Program & Curriculum creates the opportunity for an experiential learning experience; whereby a girl's learning is determined and controlled by her and emphasizes a girl's perspective. This enables girls to access their personal feelings of confidence, fulfillment, sense of purpose, and belonging from within. Our curriculum promotes a healthy self-image. It teaching daily habits and a positive lifestyle that benefits a youth's self-

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esteem and empowers a purpose driven individual. Garden of Hope, Inc. incorporates developmental assets using a skill building approach through workshops youth learn essential skills in the areas of education, wellness, intention, and community. The Garden of Hope, Inc. program prepares youth to live life to their full potential through a positive approach. Garden of Hope, Inc. is building thoughtful, purpose-driven youth across all socio-economics and provides girls in high risk environments, with a road map for success; throughout their lives. We have develop visual goals, identify a clear road map, and are provided tools they will use with practical daily application. Girls will connect with their hearts and find inner strength to develop their own “identity, inspirations, and passions.” Our volunteers and leaders teach a positive mindset. This allows young girls to learn early on how to turn their dreams into their reality. The core program themes are self-awareness, self-management/self-respect and empowerment. Inspiring Leaders and Mentors engage tween and teen’s interests by using the philosophy of empathy, compassion and active listening. While sharing appropriately, girls feel loved, supported and a part of a group they can call their “own.” Girls graduate our programs with a passion for life, showing the world what they can do!

Workshop Curriculum:

Workshop 1: Self-Awareness and Appreciation of Strengths
This workshop is designed to:

- Enhance self-awareness of the innate strengths and skills of each individual
- Explore passions and talents, character strengths and core values to relate to real life
- Discuss what happiness means in well-being terms
- Teach individuals how to use self-knowledge as a platform for establishing a ‘happy life’.

Workshop 2: Empowering Female Role Models
This workshop is designed to:

- Encourage individuals to think about who inspires them
- Discuss which character strengths they admire in people and for what reason
- Think about who or what mirrors their goals and to think about their own potential
- Explore successes, failures and hard work of empowering female role models from close family friends, historical figures to world leaders.

Workshop 3: Goal Setting and Positive Direction
From age 10 and throughout adolescence represents an important stage of life when it comes to self-discovery. The journey from childhood to adulthood involves a great deal of questioning, observation and ‘trying out’ of new ideas and ways of being. It is an exciting stage of life but also confusing – on the one hand we want to do the right thing by others but at the same time it is vital to work out our own wishes, goals and dreams. This workshop is designed to:

- Empower individuals to find own direction by determining individual beliefs, values and direction
- Be a lively and helpful introduction to the process of goal setting and direction
- Encourage to look inward for inspiration to set positive goals and consider the steps to achieve each goal

Workshop 4: Media Messaging and Gender Stereotyping
People can create or manipulate messages to target specific audiences – this is particularly relevant to the representation of girls and women in a variety of media. As humans we have an evolutionary need to fit into a group and find our tribe, but is equally important that we understand that it is not necessary to sign up for everybody’s tribe. If our decisions are based on self-awareness, combined with media-savvy awareness – we stand a better chance of finding the right tribe for us. This workshop is designed to:

- Explore the meaning of ‘media’, ‘gender’ and ‘stereotype’ in order to develop knowledge filters which act as a defense against manipulative messaging that helps individuals make own choices
- Enhance self-awareness rather than simply conforming to stereotype to help make better choices that are based on one’s own core values

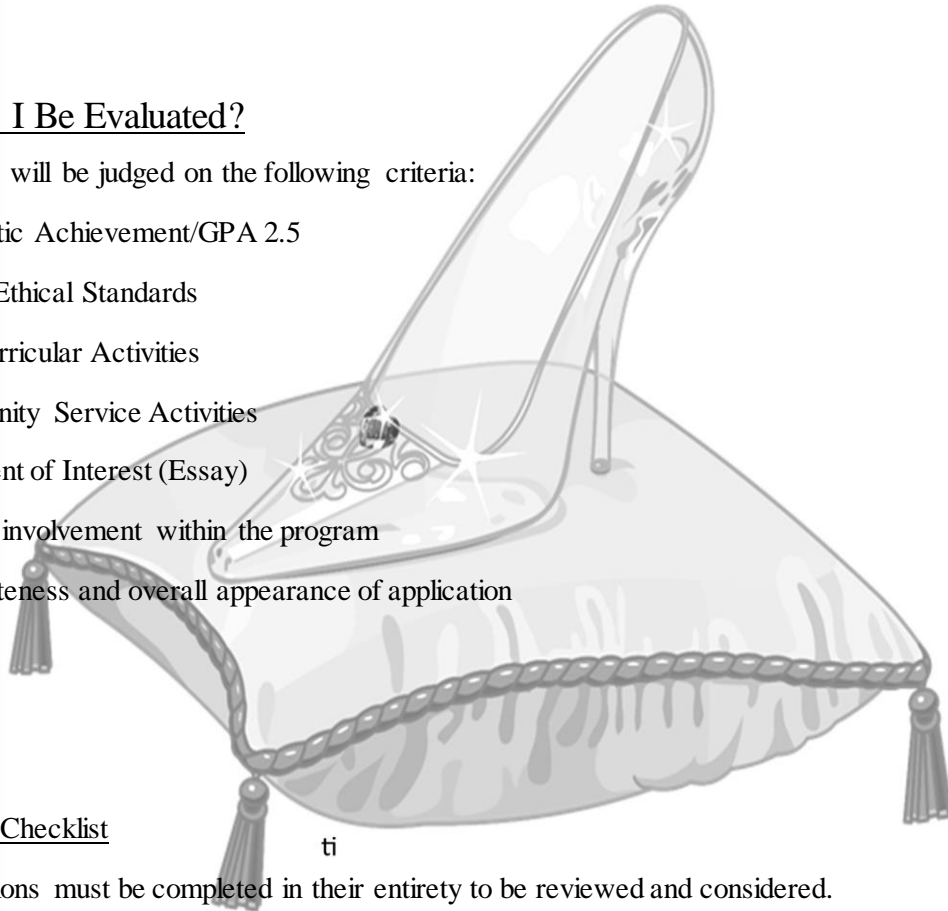
Evaluation Process:
It is important for Garden of Hope, Inc. to ensure that the programs we are providing our delivering measurable results. In order to ensure we are delivering results we have several measurement tools. First and foremost we utilize both qualitative and quantitative analysis. This means data collection, surveys, observations, mentee reports and reports by teachers. We have a file folder on each girl enrolled in the program. This folder contains report card information, vital contact information, teacher contacts and an initial program application. Additionally we ask the girls to provide program feedback, through surveys, one-on-one mentoring discussion sessions and pre- and post-testing evaluations, to measure what they have learned.

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A Cinderella Story

How Will I Be Evaluated?

Applications will be judged on the following criteria:

- (1) Scholastic Achievement/GPA 2.5
- (2) Strong Ethical Standards
- (3) Extracurricular Activities
- (4) Community Service Activities
- (5) Statement of Interest (Essay)
- (6) Overall involvement within the program
- (7) Completeness and overall appearance of application



Application Checklist

All applications must be completed in their entirety to be reviewed and considered.

Applications must be typed. Before submitting your application, please be sure that the following items in the checklist below are enclosed.

- One (1) Original COMPLETED application package
- One (1) Official Transcript (seal of the school, and in a sealed envelope)
- Required Typed Statement of Interest (Essay)
- Application Fee of \$50 (Check, Money Order, or Cash)
- Image Release Form

Prospective Debutante Application

Candidate Information

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (H) _____ (Mobile) _____

Participant's Email: _____

(An active email address is required)

Parent/Guardian Information

Parent(s)/Guardian(s) Name _____

Address: _____

City _____ State _____ Zip Code _____

Telephone: (H) _____ (Cell) _____ (W) _____

Parent(s)/Guardian Email Address: _____

Parent(s)/Guardian(s) Name _____

Address: _____

City _____ State _____ Zip Code _____

Telephone: (H) _____ (Cell) _____ (W) _____

Parent(s)/Guardian(s) Email Address: _____

Academic Profile

High School _____ Grade _____ GPA _____

Prospective Colleges _____

Intended Major/Concentration _____

Special Accommodations

If selected, do you have any special needs that we need to be aware of? Yes No

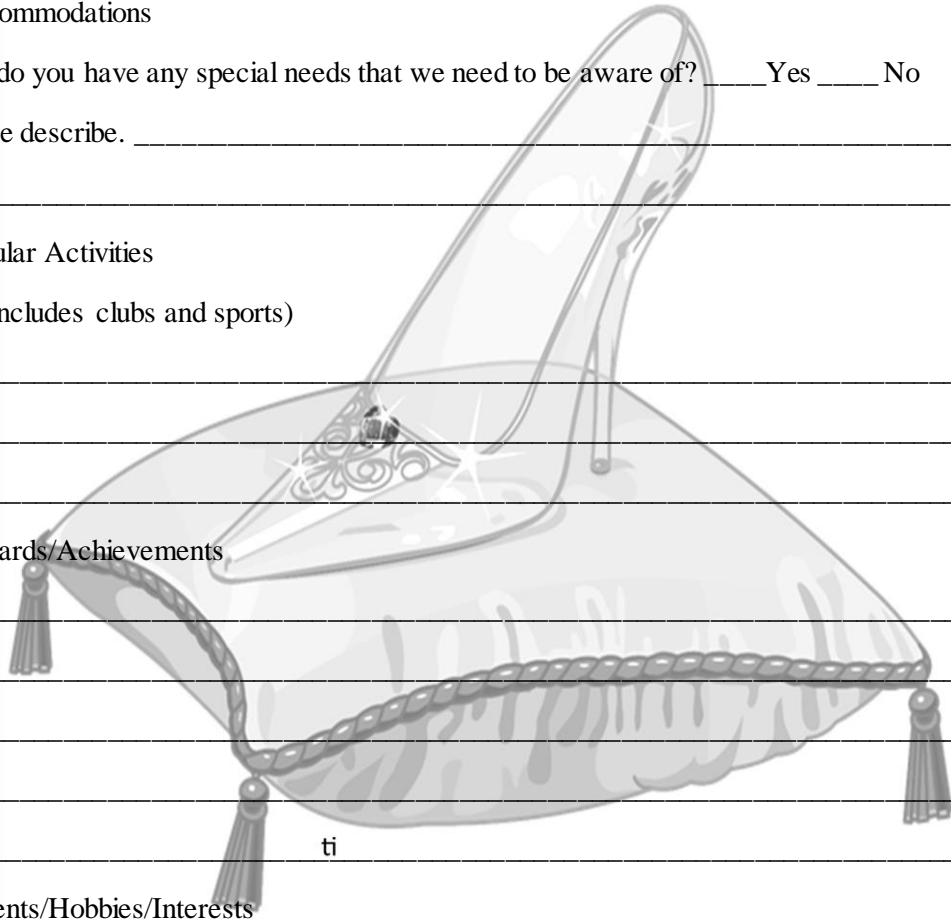
If yes, please describe. _____

Extracurricular Activities

Activities (includes clubs and sports)

Honors/Awards/Achievements

Special Talents/Hobbies/Interests



Community Involvement

Community Service/Civic/Volunteer Activities (Please list and include years of participation.)*

Religious-based Activities*

* Please use an additional sheet of paper, if necessary.

Employment

Are you currently employed or involved in Sports? ____ Yes ____ No

If yes, how many days/hours a week do you work? _____

Additional Information

Emergency Contact

Name

Relationship

Contact Number

Statement of Interest

Please provide a typed essay discussing what it means to you to be a debutante, why you would be an asset to the program and your future career goals. Your statement should be between 100 words or more. If you provide this statement on a separate document, please include your name and email address at the top of your statement.

Acknowledgements and Signatures

Candidate

My signature below confirms that I have provided truthful and complete information in this application and that I understand that I may be contacted if there are questions or concerns about my application package.

Candidate's Signature: _____ Date: _____

Parent/Guardian

If selected, I give my daughter permission to participate in the 2019 Cinderella Story Ball. I understand that it will be my financial responsibility to provide the fees necessary to cover the cost of my daughter's participation and meet all deadlines in order to meet proper inclusion in all debutante materials. This includes a non-refundable \$50 application fee. I further acknowledge that my daughter will only be eligible for a scholarship award if she meets the minimum 3 mandatory team community service events, meets with her mentor at least 3 times, and makes all practices for the ball commitment.

Parent/Guardian's Name (Printed): _____ Date: _____

Parent/Guardian's Signature: _____ Date: _____

Participation Certification Form

Wall2Wall designs LLC retains the right to exercise exclusive control, regarding the participation of any applicant in the 2019 Debutante Program by declining an applicant's participation, withdrawing the privilege of participation, or by further declining any participant's continued participation in the Debutante Season, including the culminating event, the Cinderella Debutante Ball.

By signing this form, the candidate certifies and affirms the truthfulness of each of the following statements. To the extent the candidate is unable to certify to each of the following statements, the candidate may submit an explanatory statement that will be reviewed by the Sponsors while considering the candidate's application.

_____ I am neither married, nor have I ever been married, nor will I become married prior to the date of The Debutante/ Cinderella Ball, the culminating event of the 2019 Debutante Season.

_____ I am not currently pregnant nor have given birth to a child. I also will not become pregnant prior to the date of the Cinderella Debutante Ball, the culminating event of the 2019 Debutante Season. Should I become pregnant, I understand that Sponsors, in their sole discretion, may withdraw my privilege to participate in any remaining activities of the 2019 Debutante Season.

_____ I have not been convicted of a criminal violation (other than traffic violations) nor have I ever been the subject of any other violation of a rule or policy that reflects poor moral character. Further, I have not been arrested.

_____ I will not use illegal drugs or alcohol while participating in the 2019 Debutante Season.

_____ I am neither the subject of a pending suspension or expulsion, nor have I ever been suspended or expelled from any school for any reason.

_____ In the event of a change of circumstance after the date of this certification regarding any matter contained herein, I will immediately notify the 2019 Debutante Committee members of the details of any

such matter, with the full understanding that the Sponsors retain the exclusive rights, at any time, to decline my participation for failure to adhere to all participation criteria.

_____	_____
(Applicant Signature)	(Parent/Guardian's Signature)
_____	_____
(Applicant's Printed Name)	(Parent/Guardian's Printed Name)
_____	_____
(Date)	(Date)

Image Release Form

I grant to Wall2Wall Designs LLC the right to take photographs, videos, or other visual media of me and my property in connection with the 2019 Debutante Season, including the culminating event and The Cinderella Ball. I authorize Sponsors, its assigns and transferees to copyright, use and publish the same in print and/or electronically.

I agree that Sponsors may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

I have read and understand the above.

Signature _____

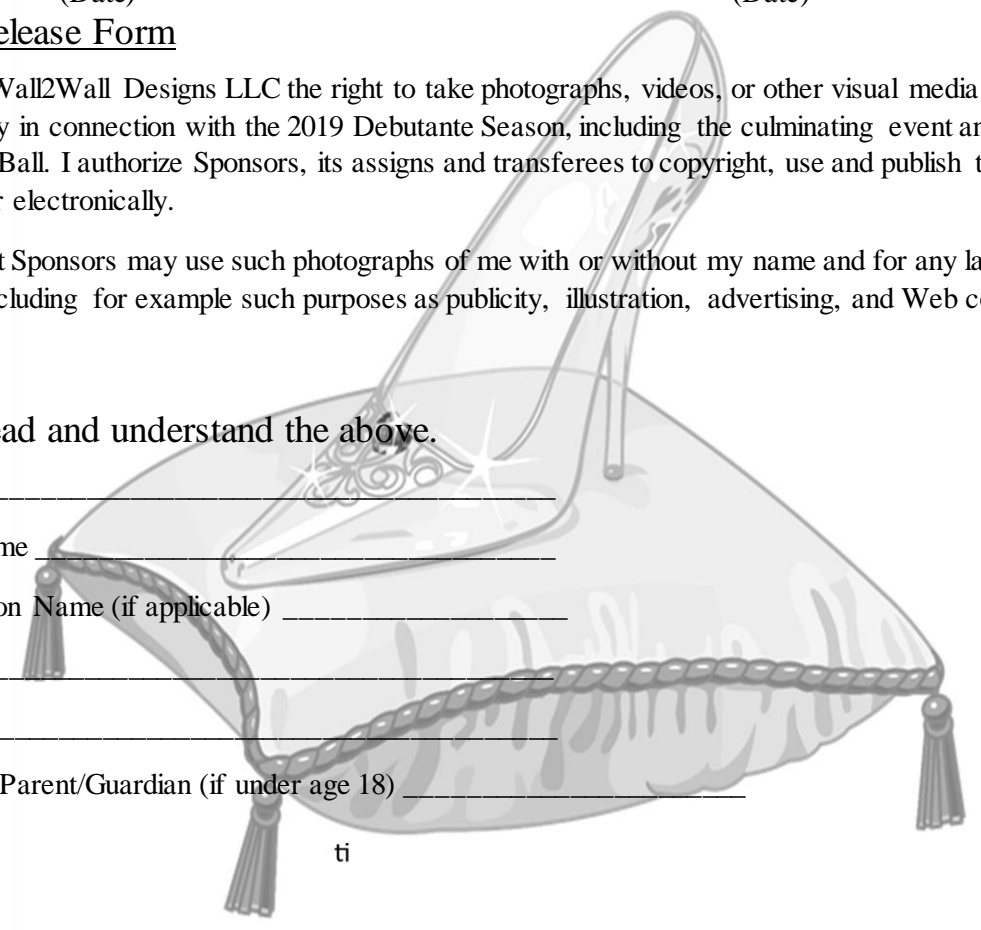
Printed name _____

Organization Name (if applicable) _____

Address _____

Date _____

Signature, Parent/Guardian (if under age 18) _____



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