ASAO

Elite

PERFORMERS

AUDITION GUIDE 2026

Who are the Elite Performers?

The Elite Performers are dancers enrolled in studio programs for additional opportunities outside of recreational class and performance, furthering our mission to share their passion for the arts through community outreach, public education, and creating an inclusive environment within our studio space and beyond. These programs are pay-to-participate with an audition required. Dancers must be enrolled in recreational classes at ASAO to be an Elite Performer, as well as maintain adequate technique and follow additional studio policies.

Elite Performer dancers are the ambassadors of ASAO Dance. You'll see action shots of the ASAO Elite Performers used in a variety of studio marketing media - from our seasonal emails to flyers and social posts. These boys and girls also participate in trends, national promotions and events, and often travel to represent our studio. You may also see Elite Performers volunteering on behalf of ASAO Dance at local events and fundraisers.

Our Elite Performer programs fall under two separate groups - the Community Troupe and the Competition Team. Each group has different costs, different opportunities, and different commitment expectations. All Elite Perofrmer dancers participate together in events such as the ASAO Open House, Media Day, the ASAO Elite Performer Holiday Party.

Community Troupe

ASAO Dancers on the Community Troupe meet a minimum of once weekly. These dancers create educational YouTube videos, read books for dancers, and have performed in a variety of local events. These dancers also do a lot of outreach tasks, such as making holiday cards for local assisted living facilities or creating art for dancers recovering from injury. These dancers are the heart of our studio.

Each season, the events we are invited to vary. Dancers have taught pop up lessons in local preschool classrooms, danced multiple fundraisers for Hospice of the EUP, performed on parade floats for many different holidays, entertained shoppers at local Farmer's Markets, and completed flash mobs with the National Dance Foundation.

We start the season with a tentative schedule, which often changes as events pop up in the area. Most of the events are in the first semester.

Competition Team

ASAO Dancers on the Competition Team meet a minimum of twice weekly - for technique conditioning and choreography training. These dancers train inside and outside of the studio, preparing routines to present before a panel of judges. Additional lessons involve nutrition education, showmanship, learning how to evoke emotion, and practicing etiquette for attending master classes.

Each season, the events we attend vary. Dancers have a minimum commitment based on which team they make during the audition (such as 3 competitions for the Sapphire Synergy Team, or 2 competitions for the Moonstone Motion Team). Parents may add more competitions and conventions for an additional fee. Available opportunities vary based on dancer age, experience level, and routine type.

We start the season with a tentative schedule, which may sometimes change if events sell out or have venue issues. Most of the events are in the second semester.

ASAO
All Styles, All Occasions

WHAT IS THE COST TO PARTICIPATE?

$25 Audition for Group - Waived for Parent Competition Team Audition
$10 for Solo Audition / $15 for Duo/Trio Audition

$150 Warm-Up
Warm-Ups may be used for more than one season if they are in pristine condition, unless the team votes to order a new design for all dancers in the new season. Warm-Ups are personalized with each dancer's name.

Participation in the Elite Performer Photo Shoot (Prices Vary)
Participation in Additional Competitions/Conventions (Prices Vary)

Additional Expenses:
Accessories & Props
Tights, Makeup, Hair Supplies, Undergarments, Shoes
Optional Elite Performer Merch

Travel Expenses are the responsibility of the dancer family. This may include fuel, lodging, and meals. Parents are responsible for booking accommodations. If a group rate is available, it will be shared with parents via email. Team meals are sometimes coordinated via Facebook Messenger.

COMMUNITY Troupe

$800

1 Event per Month Minimum
Weekly Training/Prep Course

Home Technique Program

COMPETITION Team

$1700 Mini Group
Costume & Registration for 2 Competitions
Weekly Choreography & Home Technique Program

$2000 Teen/Junior Group
Costume & Registration for 3 Competitions
Weekly Choreography & Technique Training

*Dancers MUST be a part of the group routine with good standing in attendance and effort to be eligible for an additional routine (which could be a solo, duo, or trio). Dancers must attend the audition for additional routines to be considered.

$750 Parent Group
Costume & Registration for 2 Competitions
Weekly Choreography

$1800 Solo Routine (Teen/Junior Age Only)
Costume & Registration for 3 Competitions
Weekly Choreography & 1:1 Training

$1200 Duo/Trio Routine
Costume & Registration for 3 Competitions
Weekly Choreography
Dancers are expected to make time for extra practice with duo/trio partners outside of scheduled rehearsal. Open studio time will be offered to all team members throughout the season.

FEES ARE DUE IN FULL BY SEPTEMBER 1, 2026. SUMMER FUNDRAISING OPPORTUNITIES ARE AVILABLE FOR ALL ELITE PERFORMERS!

ASAO
All Styles, All Occasions

PRICES ARE BASED ON 2027 FEES AT EACH SCHEDUELD COMPETITION

WHAT IS THE AUDITION PROCESS?

Group audition

Dancer Check In
- Verify Dress Code
- Make Sure Registration is Filled Out
- Collect $25

Learn Audition Routines
- Speed Learn Jazz Dance
- Speed Learn Ballet Dance
- Practice as a group

Strength & Flexibility Test
Skill Competency Test

Review Jazz & Ballet
- 5 Minutes with Friends
- 1 Time Each Dance with Coach

Perform for Judges



Solo audition

Dancer Check In
- Verify Dress Code
- Make Sure Registration is Filled Out
- Collect $10

Dancers improv to a variety of styles & perform the choreographed Ballet & Jazz routines individually.

Dancers may request a certain song to be played, dancers may request a specific style for solo.



Duo/Trio audition

Dancer Check In
- Verify Dress Code
- Make Sure Registration is Filled Out
- Collect $15

Learn Audition Routines
- Speed Learn Acro Dance
- Speed Learn Tap Dance
- Practice as a group

Review Jazz & Ballet
- 5 Minutes with Friends
- 1 Time Each Dance with Coach

Perform for Judges



All Styles, All Occasions

AUDITION PREP GUIDE

ASAO Dancer Reminder

Early is On Time

On Time is Late

Late is Left Behind

See on YouTube:

"Home Practice Guide for Elite Performer Auditions at ASAO"

What to Wear to Audition

No Bellies, Boobies, or Booties Showing

- Mini/Junior/Teen/Senior Gals -
  - Tights
  - Leotard with Adequate Coverage
  - Shorts or Skirt
  - Sports Bra (as Needed)
  - Shoes - Lyrical, Jazz, or Ballet
- Mini/Junior/Teen/Senior Guys -
  - Athletic Shorts or Sweatpants
  - Athletic Shirt
  - Dance Belt (as Needed)
  - Shoes - Lyrical, Jazz, or Ballet
- Adults - Appropriate Athletic Wear
- Proper Hygiene Necessary
- Hair Out of Face - Clean/Pulled Back

Choreography Retention

- Ballet Combination - Timing, Turnout, NO Sickling
- Jazz Combination - Sharpness, Level Changes, Weight Transfers

Strength Test

- Biceps Pushups - 10 for Minis / 20 for Teens
- Triceps Pushups - 5 for Minis / 10 for Teens
- V Sit - 45 sec Minis / 1 Min for Teens
- Lunge Circles - Proper Form, Arms in 2nd, Adequate Depth
  - 3 for Minis on Each Side
  - 5 for Teens on Each Side
- Releves - Adequate Height, No Sickling, Proper Alignment
  - 20 for Minis
  - 30 for Teens, then 10 one foot per side
  - Maintaining Form with Elevated Foot/Ankle/Knee

Improvisational Dance - in Multiple Styles

- Confidently Displaying Skills
- Exemplifying Musicality
- Showmanship Ability
- Creativity Ability

Dancers should expect to arrive early to receive their audition number and stretch before we begin. Auditions at ASAO are closed to obsevation.

All Styles, All Occasions

Skill Evaluation:

- Turn Competency
  - Clean Double Pirouette for Minis, Controlled Landing
  - Clean Triple Pirouette for Teens, Controlled Landing
- Kick Competency - Adequate Strength & Flexibility
  - 90 Degree Mini
  - 120 Degree Teen
- Jump Competency - Equal, Adequate Skill on Each Side with Proper Alignment and Crisp, Clean Arms/Epaulement
  - 5 for MInis
  - 8 for Teens (at least 4 turning)
  - Examples:
    - Passe Hop
    - Russian/Straddle
    - Single/Double Stag
    - Split Jumps
    - Pretzel
    - Axle
    - Firebird
    - Tilt
    - Renverse
    - C Jump / Cobra Jump
    - Barrel
- Leap Competency
  - 120 Degree Mini, Grand Jete & Saut de Chat
  - 180 Degree Teen, Grand Jete & Saut de Chat
  - Proper Alignment
  - Adequate Control of Upper Body
- Floorwork Competency
  - Rising & Falling Gracefully (without using arms)
    - Candlestick Banana
    - V Roll
    - Sphinx Roll
    - Spiral Twist
  - Pas de Bourre / Ball Change
  - Jazz Square/Vine/Pivot (Advanced /Reverse for Teens)
  - Jump Claps/Chasses with Opposition Forward/Backward

AUDITION SCHEDULE

Tuesday, June 9th, 2026

4pm - Optional Check In & Warm up
5pm - Minis (Age 5-7)
6pm - Juniors (Age 8-11)
7pm - Juniors Requesting a Solo
*Juniors May Receive a Callback to Audition with the Teen/Senior Group

wednesday, June 10th, 2026

4pm - Optional Check In & Warm up
5pm - Adults / Parents
6pm - Teens & Seniors (Age 12-18)
7pm - Teens & Seniors Requesting a Solo

Thursday, June 11th, 2026

4pm - Optional Check In & Warm Up
5pm - All Dancers Requesting a Duo/Trio



REGISTRATION REQUIRED

https://forms.gle/tu45ybhohkfdwEW18

$25 Audition Fee
Due in Person at Audition

All Styles, All Occasions

WHAT COMES NEXT?

RESULTS VIA EMAIL

Parents must review the judges' selections and reply via email with which routines they wish to commit to. This allows our staff to generate invoice totals, so dancers can fundraise accordingly.



PARENT ORIENTATION

FUNDRAISERS

MEDIA DAY

The schedule for these upcoming events will be in your dancer's offer email. We will do the best we can to accommodate all parents' availability based on your audition registration responses.



All Styles, All Occasions