



Guide to Recital Performance

Updated May 1, 2022

Is My Dancer in The Recital?

All dancers registered in performing classes have equal opportunities to be in a production, at various times throughout the year.

Dancers may be cut from a performance under the following conditions:

- Attendance (if the absences prevent the rest of the dancers from being able to complete the necessary lessons for the routine, or if the absentee clearly exhibits signs of overwhelming distress by being unprepared) *See Attendance Policies Signed with Registration for Class
- Missing Mandatory Rehearsal (including arriving late or leaving early)
- Inappropriate Classroom/Theater Behavior (dancers receive behavior etiquette lessons in classes and at rehearsals; parents causing extreme distraction or treating ASAO Staff/Dancers in a manner that causes distress to fellow students may also result in removal of your child from the production) *See Classroom Policies Signed with Registration for Class
- Lack of Preparedness (forgetting shoes, appropriate color tights, costumes, hair not done/makeup not applied as required for that particular performance) *See Communication Policies Signed with Registration for Class
- Overdue Invoices (these are emailed to parents, sent out via USPS, and sent home with dancers from class)
- Participation Agreements Not Signed (due to the lack of consistency in commitment, as well as changing details due to the ongoing pandemic, we ask that parents also sign the final details for each production in the Events section of your portal; this must be done by the deadline to submit our programs, t-shirt orders, and required staging numbers to the venue)
- Attitude: If dancers clearly display that they are uncomfortable or disinterested in what it takes to be in a performing art, they will not be required to perform. There is no penalty for opting out within the agreed timeline/deadline. Likewise, if dancer opt in but display extreme negativity during the event, they will be asked to leave and unable to participate. Refunds are not given past the registration deadline for performing events.

Non-Performing Classes (Classes NOT trained specifically for Recital Performance) Include:

- Technique (Levels 1-3)
- Grown Up & Me
- Adult Classes (Tap, Ballet, Fitness)
- Competition Team
- Community Performance Troupe
- Private Lessons

Attendance Policy for Review *Dancers in violation of attendance policies will receive notification via email.*

ASAO may cancel in person classes due to inclement weather. Class will take place virtually on days that travel is not safe, as determined by studio owner Ashley Burger. All dancers will have access to the online links in our Jackrabbit Dancer Portal. There will not be additional in person classes scheduled to make up for inclement weather closures unless the class needs additional time to rehearse in person for a performance. Additional rehearsals due to studio wellness/weather closure are no charge to the dancer/family.

Dancers and Parents will be notified via Text (if opted in), Email, and Dancer Portal Notification if the format of class is to change. Refunds are not given due to class structure change. Credits for performance fees will be given should your family pay for and later opt out of our shows.

Dancers may transition between in person and online courses as parents feel necessary to keep your family safe. **We recommend the students attend class in person on a regular basis in order to keep up with class progress.** Dancers may be permitted to make-up the missed class in a comparable class during the same week; alternate attendance must be pre-scheduled in the Dancer Portal. Make-ups must happen in the session they are missed and are limited to three per academic year. Makeup opportunities expire 2 weeks from the absence date and are not available if comparable classes are at capacity.

Dancers with more than 5 unexcused absences will be unenrolled. Dancers with more than 3 consecutive absences will be unenrolled. Excused Absences are defined as: Academic Obligation, Illness/Quarantine, and Family Emergency. It is the responsibility of the dancer to learn the material missed before returning to the next class. Private lessons are available at the cost of the family for those that fall behind. It is the responsibility of the dancer parent to notify the studio within 24 hours for the absence to be excused. **Studio communication should be via email only.**

Dancers absent from more than 3 classes from March-May will not be permitted to perform in the Spring Recital without private lessons, paid for by the Dancer family. The number of lessons required will be determined at instructor discretion based on dancer progress and readiness. Absenteeism in performance rehearsals is a great distress to the dancer and his/her class. Please do your best to utilize our virtual options if your dancer can not attend class in person during performance rehearsal season. Please plan ahead for vacations and other activities. **This is to keep training moving forward; dancers may be transferred to other levels of curriculum due to absenteeism.** Attendance is taken at each class. Good attendance is very important to each dancer's success, as well as the progress of the class. Please make every effort to have your child at class.

Our administration has opted to be very lenient with these policies this season. We recognize the difficulty transitioning back into regularly scheduled sports post-pandemic. As our classes are now working on performances again, please recognize that the above policies will be enforced going forward. Absenteeism causes instructors to have to repeat lessons; the studio curriculum is very progressive, and therefore creates disadvantage to those attending class regularly.

The 2022-2023 season will have amendments to the policies listed above and will be enforced regularly to create consistency and avoid confusion. Please plan accordingly as you think about your registration plans for next year. **THERE IS NO TOLERANCE FOR MISSING RUN THROUGH, REHEARSALS, OR PERFORMANCES.**

Practice Videos & Notes

Each week or so, as classes progress, instructors and assistants post practice videos on the ASAO YouTube channel. Our channel is programmed as a Kids' Channel, so it will appear when searched in the Kids' version of the app! Links to the YouTube playlist can be found under "View Resources" on the Dashboard of the Parent Portal. A link to the YouTube Channel is also available on the Current Dancers page of our website (www.ASAOdance.com). You'll see the heading "Social Media Links" with the YouTube Logo. Dancers are not expected to learn routines via YouTube, they are taught in class with the videos just to guide additional practice.

Schedule For Your Dancer

All schedules/communication are sent via email. Reminders are sent via text, for those that opt in during registration. You can change these preferences in your portal at any time. The portal access link is always available on the website. ASAO Dance features a company calendar accessible in the Announcements section of the portal, also on the ASAO Website, as well as by subscription to anyone interested/requesting with a Google account.

Hair & Makeup Class (Optional)

Monday, May 2, 2022 [\$5 at the Door Drop In Fee]

4pm Dancers Age 3-4 *Parent/Guardian Must Be Present

5pm Dancers Age 5-6 *Parent/Guardian Must Be Present

6pm Dancers Age 7-9 *Parent/Guardian Must Be Present

7pm Dancers Age 10-12

8pm Dancers Age 13+

We recognize that some of our dance parents may not be comfortable with makeup on younger dancers. Stage lights are very bright, and often wash out the facial features of dancers. At our annual (optional) Hair & Makeup Classes, we have a professional spotlight set up to take "before" and "after" pictures to see how much makeup is necessary to prevent washout. Adequate face makeup is required for our performing dancers.

Company Tutorial Video:

(<https://www.youtube.com/watch?v=748Lb4KogIA>)

ASAO Makeup Resources (Photo Shopping List):

(https://drive.google.com/drive/folders/1cw4TguZs0mLLdw_Qxft6V-Ra8J_3G49?usp=sharing)

Recommended Supply List (Brand Doesn't Matter)

(Hair)

Open Bobby Pins

Closed Bobby Pins

Hair Net

Optional - Sock or Bun Donut (Available in ASAO Boutique)

Hair Brush

Comb

Hair Spray or Gel

Pony Tail Holders

(Makeup)

Black or Brown Liner

Black or Brown Mascara

Brown Tones Eye Shadow

Pink Blush - Think Darker is Better

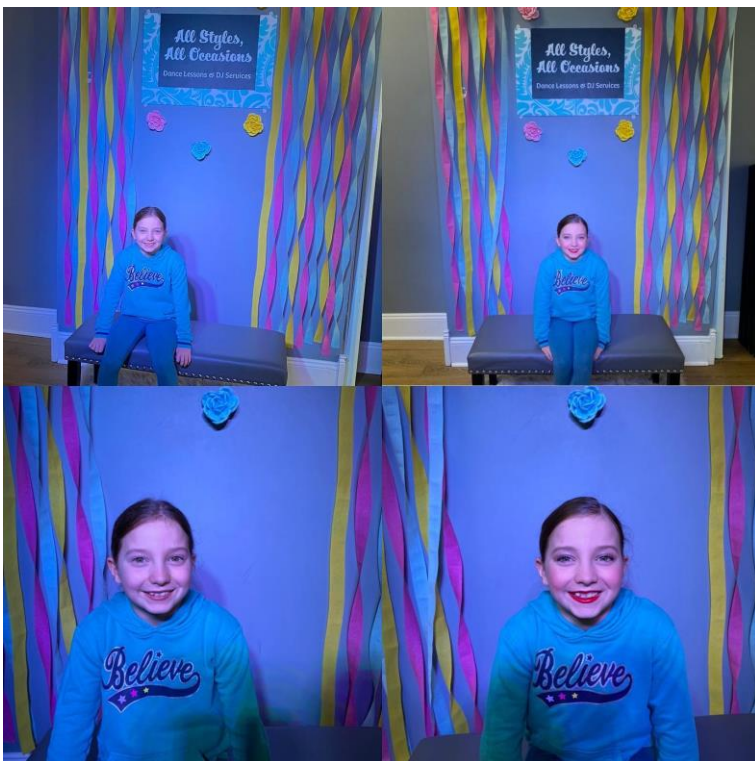
Makeup Brushes (Cheap is GREAT!)

Remover/Baby Wipes (especially for sensitive little ones for when we are done)

*Foundation/Highlight/Bronzer/Moisturizer/etc Teens are welcome to bring - but is not required or necessary. (False Lashes ONLY for Competition)

*Red Lipstick - Our company color is a deep red, most similar coca-cola can. Lip gloss won't be adequate.

"Drug Store Dupes" Found by ASAO Staff for Company Tutorial Video





Makeup Face Chart

Face: Primer

Foundation

Concealer

Translucent Powder

Bronzer & Contouring

Blush & Highlight

Eyes: Primer

Eyeshadow: 3 Colors

Light • Medium • Dark

Eyeliner: Crayon & Gel

• Crayon for waterline

• Gel for winged liner

Brow Pencil/Powder/Gel

Mascara

Lips:

Lipliner in shade close to lipstick color or clear + Lipstick

Other: Setting Spray • Fake Lashes

Don't forget to blend!



1. finish the first 4 steps of the eyes
2. fill in your eyebrows
3. apply foundation (don't forget the ears and to blend down the neck)
4. apply concealer (under eyes, on forehead, and on chin)
5. apply contour (cool color)
6. apply bronzer (warm color, apply in 3 shapes)
7. apply blush (rose or mauve color)
8. apply highlighter (cheekbones, temples, bridge of nose, under lip, eyebrow)
9. finish eyes
10. apply lipstick



Recital Pictures (Class Photos & Individual Portraits)

We do not have classes during Picture Week. Class photos are NOT at the regularly scheduled class times. Please find your dancer's photo time below. The ages listed are the names of the classes – that you would have registered for in September 2021. See the chart on the next page to confirm your dancer's class name. The colors listed are to help code the classes – they are NOT the color of the dancers' costumes.

Tuesday, May 3rd, 2022

4:30pm Age 3-4 Ballet (Pink)
5:00pm Age 3-4 Acro (Purple)
5:30pm Age 7-8 Ballet (Green)
6:00pm Ballet Level 1 (Copen)
6:30pm Age 7-9 Lyrical (Blue)
7:00pm Lyrical Level 1 (Coral)
7:30pm Ballet Level 2 (Maroon)
8:00pm Pointe (White)
8:30pm Ballet Level 3 (Silver)

Wednesday, May 4th, 2022

4:30pm Age 5-6 Ballet (Cerise)
5:00pm Age 5-6 Jazz (Turquoise)
5:30pm Age 7-9 Jazz (Indigo)
6:00pm Jazz Level 1 (Violet)
6:30pm Age 7-9 Tap (Orange)
7:00pm Tap Level 1 (Yellow)
7:30pm Acro Level 1 (Orchid)
8:00pm Acro Level 2 (Tangerine)
8:30pm Acro Level 3 (Emerald)

Thursday, May 5th, 2022

4:30pm Age 5-6 Acro (Periwinkle)
5:00pm Age 4-6 Tap (Red)
5:30pm Age 7-8 Intro to Acro (Royal & Mint)
7:00pm Tap Level 2 (Black)
7:30pm Jazz Level 2 (Lime)
8:00pm Lyrical Level 2 (Aqua)
8:30pm Modern (Teal)

Friday, May 6th, 2022

6:00pm Community Performance Troupe (Warmups & Black Leotards)
6:30pm ALL Elite Performers (Warmups & Black Leotards)
7:00pm Competition Team (Warmups & Black Leotards)
7:30pm Competition Team (Competition Costumes)

Your dancer should arrive 15 minutes early in their first costume of the day, with stage makeup complete. Miss Eliana will be at the top of the first set of stairs to help with questions, direction, and pass out any costumes that haven't been picked up yet. As dancers come up the second set of stairs, Miss Tanya will be in the reception area checking costumes and presentation. Hair should be in a neat, clean bun at the apex of the head (soft spot on a baby). **HAIR AND MAKEUP MUST BE DONE WHEN YOU ARRIVE, IN THE REQUIRED STYLING, TO BE INCLUDED IN THE CLASS PHOTOS.** Subtle ringlet curls and bangs are welcome, stud earrings are welcome, and nails may be painted (permitted it is not an obnoxious, drastic difference from the costume). Please check your email/portal for access to the Google Drive with step-by-step instructions for Hair & Makeup.

Bun Examples:

Single Twist Bun



Double Twist Bun



Donut/Sock Bun



Where to Place Bun



Miss Erin will be in the Boutique all 3 days of the event, there to assist with tights or parents wanting to shop for recital gifts. As a rule, ballet dancers wear "ballet pink" tights and all the rest wear "sunlight tan." If someone arrives in a different shade of tights that does not match the group, we will give them a new pair; parents are responsible for the cost of the tights. Likewise, if dancers arrive in ripped or stained tights. Please see the chart on page 6 to make sure you have the right shoes for the photos.

We'll take all dancers (without parents at first) at the listed class time for the group photo through the studio "In" door. Please be present even if you do not want to purchase a class photo, these go into our program (which is often a keepsake for our dancers). **Late dancers will not be in the group photo. DO NOT ARRIVE EXPECTING ASAO STAFF TO DO HAIR AND MAKEUP FOR YOU.** After class photo, they'll come down the hallway from the "Out" door and line up to re-enter for individual, sibling, friend, family, etc. photos. I recommend getting an individual photo taken even if you're not sure you want one (sometimes they are used for award presentations or press releases at the studio). Misty will keep them on file for a few months if you'd like to order more.

When re-entering the studio (for individual photos), dancers will need a photo form filled out with any packages you'd like to purchase. Eliana will have these at the check in desk with clipboards and pens. **Dancers need 1 form PER POSE.** That means for every costume, a new form. Payment is taken by Misty's staff when you enter for individual photos as they check the forms for completion and answer questions about packages. The form is attached for your review. ASAO does not handle any of the cash flow or pricing, this event is a collaborative service to our dancers as part of the recital experience.

Dancers will be posed by ASAO teachers Miss Jamie and Miss Maddy. Each class has a set pose that displays a move from their recital dance that emphasizes their technique in that style of dance. If you want an additional photo with a friend or family member, head out the "Out" door and jump back in line at the "In" door. After individual photos, they are good to change for the next class photo or head home.

Dance Portrait Order Form

Misty Sibbald Photography | 906.630.7351

PICTURE DAY IS COMING!

All Styles All Occasions

PACKAGES

Package #1 - \$55	Package #2 - \$45	Package #3 - \$35	Package #4 - \$25
(1) 8X10 (2) 5X7 (2) 3.5X5 (8) Wallets	(1) 8X10 (2) 5X7 (8) Wallets	(3) 5X7 (2) 3.5X5 (4) Wallets	(1) Digital Image With Print License (group or individual)
<i>DON'T FORGET TO ADD YOUR GROUP COMPOSITE SPORTS MATT!</i>			

ADD-ON ITEMS

#6 (8) Wallets \$12	#9 (1) 5x7 \$9	#11 (1) 8X10 Group Composite Plus individual portrait ~ Sports Matt \$26
#7 (4) 3.5x5 \$18	#10 (1) 8x10 \$21	#12 Button \$16
#8 (2) 4X6 \$11		

DANCER INFORMATION

Last Name _____
 First Name _____
 Phone _____
 Group Name _____

PAYMENT INFORMATION

☐ Cash \$ _____ ☐ Check # _____ ☐ Credit

Parent Name _____
 Phone _____
 Email _____

Please include exact payment only.
 Checks payable To: Misty Sibbald Photography
 Your order will be delivered to ASAO.
 Payment is due on picture day.

#	ITEM	PRICE	QTY	TOTAL
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
6% sales Tax Included		TOTAL ENCLOSED		\$

Thank you for your order!

OFFICE USE ONLY

IMAGE # _____ DATE _____
 NOTES

What Class/Level Is My Dancer?

ASAO Dance uses a Level system to disperse dancer enrollment by ability. Each summer, we develop new Levels and goals for each style of dance, based on staffing, number of dancers participating, supplemental training, developments in dance physiotherapy research, and new curriculums purchased. Dancers age 10+ (Age 7+ for Acro) attend a Level Assessment before they can register for a class to determine where they will be adequately challenged but not overwhelmed. Throughout the season, dancers discuss goals for that year and work toward specific skills in strength, flexibility, choreography development and retention, improvisational movement and creativity, jumps, leaps, kicks, turns, and floorwork. If a dancer meets that season's goals for the level, he or she placed in by Week 5, they are advanced to the next Level. If not, they work within the level they are placed until we redistribute goals and levels the next year.

Our curriculum for younger dancers is specific to physical development by typical age. Therefore, dancers under age 10 are initially registered by age, not level, because developmentally their bodies are typically at the same ability. When our enrollment fills for ALL our age group classes in September, we test all the younger dancers and moved those with highest ability up to a Leveled Class. This allows all of our dancers on the waitlists the opportunity to participate.

On the Dashboard of your Dancer Portal, each class your child is CURRENTLY registered for will be listed.

Level classes have additional rehearsals because the formations dancers move through are complex. Choreography is designed by ability and filled with special parts for skill accomplishments. When someone opts out of an event, their classmate dancers must learn new positions and different parts, so our routines look cohesive. Dancers in younger classes also have special parts based on where they stand. Attendance matters for partnering, placement, musicality, and uniformity in a routine- both in class and in performances.

It can be confusing to understand class names stating an age (since their dancers turn a year older throughout the season). Dancers do NOT change classes mid season - our curriculum is progressive. MANY of the dancers in the Age 5-6 class will turn 7 by the end of the year; that's why we set a specific date in the system for age at Registration (September 1, 2021). We have added a color chart to help parents confused by age of their dancer. This is NOT the color of your child's costume; it is a color selected at random in case you do not know what class your child attends based on his or her age.

Academic Year Class Offerings (September 2021 – May 2022)						
Typical Class Time	Class Name	Organized by	Class Color Code	Lead Instructor	Teaching Assistants / Skill Demonstrators	REQUIRED SHOES FOR PERFORMANCES
Saturday 11am	Age 4-6 Tap	Age by Sept 1, 2021	Red	Maddy	Brooklyn	Black Shiny Tap Shoes
Thursday 5:30pm	Age 7-9 Tap	Age by Sept 1, 2021	Orange	Maddy	Baylie, Kinley	Black Shiny Tap Shoes
Thursday 7:30pm	Tap Level 1	Skill Level 10+	Yellow	Maddy	Baylie	Flat Black Tap Shoes
Tuesday 4:30pm	Age 7-9 Ballet	Age by Sept 1, 2021	Green	Jamie	Eliana, Jasmine	Ballet Pink Flats
Tuesday 5:30pm	Age 7-9 Lyrical	Age by Sept 1, 2021	Blue	Jamie	Eliana, Hope	Tan Gore Jazz Boot
Thursday 4:30pm	Age 7-9 Jazz	Age by Sept 1, 2021	Indigo	Jamie	Bella, Jasmine	Tan Gore Jazz Boot Black Gore Jazz Boot for Boys
Thursday 6:30pm	Jazz Level 1	Skill Level 10+	Violet	Jamie	Jader, Bella, Jasmine	Tan Gore Jazz Boot Black Gore Jazz Boot for Boys
Saturday 9am	Age 3-4 Ballet	Age by Sept 1, 2021	Pink	Beth	Brooklyn, Maddie, Sophie	Ballet Pink Flats
Saturday 10am	Age 3-4 Intro to Acro	Age by Sept 1, 2021	Purple	Beth	Brooklyn, Hope, Jasmine (Maddie – Virtual)	Tan Gore Jazz Boot
Monday 4:30pm	Age 5-6 Ballet	Age by Sept 1, 2021	Cerise	Ashley	Ariana, Kinley, Sophie	Ballet Pink Flats
Monday 5:30pm	Age 5-6 Jazz	Age by Sept 1, 2021	Turquoise	Ashley	Ariana, Kinley, Maddie	Tan Gore Jazz Boot
Monday 6:30pm	Ballet Level 2	Skill Level 9+	Maroon	Ashley	-	Ballet Pink Flats - Split Sole
Monday 7:30pm	Pointe	Assessment	White	Ashley	-	Professionally Fit Pointe Shoes – Ballet Pink
Monday 8:30pm	Ballet Level 3	Skill Level 9+	Silver	Ashley	-	Ballet Pink Flats - Split Sole
Friday 6:30pm	Lyrical Level 2	Skill Level 10+	Aqua	Ashley	-	Closed Toe Lyrical Half Soles with Strap
Friday 7:30pm	Modern	Assessment	Teal	Ashley	-	Closed Toe Lyrical Half Soles with Strap
Tuesday 6:30pm	Ballet Level 1	Skill Level 9+	Copen	Ashley	Jasmine, Hope	Ballet Pink Flats
Tuesday 7:30pm	Lyrical Level 1	Skill Level 10+	Coral	Ashley	Hope, Jasmine	Tan Gore Jazz Boot
Tuesday 8:30pm	Acro Level 3	Skill Level 7+	Emerald	Ashley	Tanya, Erin, Darryl	Open Toe Half Soles Black Gore Jazz Boot for Boys
Friday 4:30pm	Jazz Level 2	Skill Level 10+	Lime	Ashley	-	Tan Gore Jazz Boot Black Gore Jazz Boot for Boys
Saturday 1pm	Age 5-9 Intro to Acro	Age/Saturday Availability	Mint	Ashley	Jasmine (Limbering), Hope (Tumbling), Kinley (Strength), Brooklyn (Flexibility), Bella (Balance), Maddie (Conditioning)	Open Toe Half Soles
Wednesday 4:30pm	Age 5-6 Intro to Acro	Age by Sept 1, 2021	Periwinkle	Ashley	Bella (Balance), Jasmine (Limbering), Hope (Tumbling), Jader (Strength), Gabriella (Flexibility), Brooklyn (Conditioning), Brianna (Virtual)	Open Toe Half Soles or Tan Gore Jazz Boot
Wednesday 5:30pm	Age 7-8 Intro to Acro	Age by Sept 1, 2021	Royal	Ashley	Bella (Balance), Jasmine (Limbering), Hope (Tumbling), Jader (Strength), Gabriella (Flexibility), Brooklyn (Conditioning), Brianna (Virtual)	Open Toe Half Soles Black Gore Jazz Boot for Boys
Wednesday 6:30pm	Acro Level 1	Skill Level 7+	Orchid	Ashley	Bella (Balance), Jasmine (Limbering), Hope (Tumbling), Jader (Strength), Gabriella (Flexibility)	Open Toe Half Soles Black Gore Jazz Boot for Boys
Wednesday 8:30pm	Acro Level 2	Skill Level 7+	Tangerine	Ashley	Jasmine, Tanya, Erin	Open Toe Half Soles Black Gore Jazz Boot for Boys
Friday 8:30pm	Tap Level 2	Skill Level 10+	Black	Ashley	-	Flat Black Tap Shoes

Costuming

Costumes are selected by Miss Ashley & Miss Tanya for each class, based on budget, availability, artistic message/aesthetic through the song, and Youth Protection Advocates in Dance standards for age-appropriateness. Each dancer is measured in the fall and tries on their costume when they arrive in the spring, Miss Tanya and parent volunteers add appliques, rhinestones, adjust straps, and take in parts accordingly. Boys' costumes are custom made to match the class outfit. All of this is included in each dancer's costuming fee.

Costumes must be kept in top quality shape for your dancer to participate in our picture week and production. Please do not allow children to play in their outfits, and keep them out of reach of pets. Hair pieces and props stay at the studio and will be put on for photos as well as side stage (no risk of losing them). Parents are responsible for having clean tights without rips in the proper class color, as well as the correct style and color shoe for each class/dance on Picture Day & Recital Days. Stop by the ASAO Boutique if you need help or color matching!

Costumes go home the week before recital pictures. Dancers with more than 1 costume will be sent with a thin garment bag. Personalized, high quality, Champion-brand garment bags are available in the ASAO Boutique. Dancers that have fluffy tutus (like the green and purple pictured here) should hang them upside down. If your family does not have a steamer, hang the dress in your bathroom during hot showers and pull at the tulle after.

Undergarments for Costumes / Changing Backstage

Dancers will be expected to change IN THEIR DRESSING ROOMS. We will not have time to run to a closed bathroom, hide behind window curtains, or jump into closets at the Recital. Dancers with quick changes (meaning less than 4 minutes to change outfits) will do so in pop-up tents on the side of the stage (not visible to the audience). We carry quite a few options in our ASAO Dancewear Boutique that dancers can wear under their costumes to help with comfort.

Underwear: Some dancers go without underwear at all. Our youngest dancers often do, or I recommend making sure the seam of their underwear is up under their leotard and secured in place with their tights. As they progress to 2nd grade or so, they tend to get a little nervous about others seeing their underwear. Personally, I did not like the feeling of tights without underwear (and don't get me started on the fear of Mother's Nature's monthly visit). "Seamless cheekies" were the best option for me as a middle school/high school dancer. Full coverage in the front, and as much as possible in the back was a better option for my and my parents' comfort level. Cheekies will have more coverage in the back than a string style thong.



Nude Leotards: When dancers' bodies are changing (typically in middle school), they often struggle with the idea of multiple dancers changing in the same room. Many dancers use a "nudeie" (skin tone leotard without seams) or a "meshie" (skin tone bra and underwear connected by mesh in the middle like a leotard). This way the sensitive areas or undergarments do not show. Always look for **seamless** options when shopping for these things.



Bras: Sometimes it takes a few products to get the right coverage amount or skin tone. If it looks too far off (like her favorite ripped and stained white bra or a skin tone that really doesn't match), I do have those hard conversations before we hit the stage, and have dancers remove those pieces as needed for a uniform team look. When dancers are ready for a supportive bra, we can match their skin tone with a material that works well in their costumes and has clear/nude straps on the back and over the shoulder. Pictured Below: Cami, Racerback, Bandeau, Unlined, Padded, and Clear Straps in Cami vs. Halter



Sensory/Budding Dancers: Bodily changes also often bring discomfort for parents when things start to look different up top. If you do not feel comfortable putting your dancer in a bra yet, and the layers of the nudie leotard are not comfortable, we also carry full body tights (from the feet to shoulder straps) that work great for newly blossoming dancers. "Stickies" are another great option to just cover nipples and make them appear flat. Mesh leotards help with itchy costumes as well. Full body tights are available in kids and adults sizes, (although only adults are pictured here) and in both the required tan and pink studio colors.



Like in most sports, there are supportive options for males. In our industry, the male equivalent to a bra is called a "dance belt." This holds everything in place to protect your dancer during partnering or when their pants pull in different directions while doing backbends. Compression Shorts work great too.



Please feel free to reach out to me with any further questions you may have regarding your dancer's comfort and changing body. I'm more than happy to help.

Recital Week Scheduling

Sunday, June 5th, 2022

Recital Parent Volunteer Meeting 6:30pm-8:30pm

Receive T-Shirts, Review Tasks & Schedule

*Please Sign Up with Ashley by May 29th, 2022 so she can make the volunteer diagram/duty list.

Monday, June 6th, 2022 Tech Rehearsal Day (Dancewear)

Head right into the theater when you arrive. Dancers wear regular dance class attire (in proper dress code for their classes) and practice routines on the stage, finding out where to stand and practicing their entrances/exits. ASAO & LSSU Staff test lighting and sound to finalize programming for the production. Please arrive 20 minutes early and stretch, prepared to get on stage when Miss Ashley calls your class! Each dancer may bring 2 guests, who are welcome to take pictures/video. Please do not use flash as we are testing lighting and be aware of noisy/distracting guests. We have a lot to accomplish, and do not want to keep dancers too late into the evening.

4:00pm Age 3-4 Ballet (Pink) "I See The Light"

4:20pm Age 3-4 Acro (Purple) "If I Had Magic"

5:00pm Age 7-8 Ballet (Green) "Fireflies"

5:20pm Ballet Level 1 (Copen) "You Are the Magic"

5:40pm Age 7-9 Lyrical (Blue) "Once Upon a Time"

6:00pm Lyrical Level 1 (Coral) "Welcome to Wonderland"

6:20pm Ballet Level 2 (Maroon) "Willow"

6:40pm Pointe (White) "My Mother Told Me"

7:00pm Jazz Level 2 (Lime) "Fly Away"

7:20pm Ballet Level 3 (Silver) "Dream On"

8:00pm Acro Level 2 (Tangerine) & Acro Level 3 (Emerald) "To the Pirate's Cave"

Tuesday, June 7th, 2022 Tech Rehearsal Day (Dancewear)

Head right into the theater when you arrive. Dancers wear regular dance class attire (in proper dress code for their classes) and practice routines on the stage, finding out where to stand and practicing their entrances/exits. ASAO & LSSU Staff test lighting and sound to finalize programming for the production. Please arrive 20 minutes early and stretch, prepared to get on stage when Miss Ashley calls your class! Each dancer may bring 2 guests, who are welcome to take pictures/video. Please do not use flash as we are testing lighting and be aware of noisy/distracting guests. We have a lot to accomplish, and do not want to keep dancers too late into the evening.

4:00pm Age 5-6 Ballet (Cerise) "Second Star to the Right"

4:20pm Age 5-6 Jazz (Turquoise) "D.R.E.A.M."

4:40pm Age 7-9 Jazz (Indigo) "Do You Believe in Magic"

5:00pm Jazz Level 1 (Violet) "Wild Things"

5:20pm Age 7-9 Tap (Orange) "Mr. Sandman"

5:40pm Tap Level 1 (Yellow) "Jabberwocky"
6:00pm Age 5-6 Acro (Periwinkle) "Hey Now"
6:20pm Acro Level 1 (Orchid) "The Power of the Dream"
6:40pm Age 4-6 Tap (Red) "Smile Big"
7:00pm Age 7-8 Intro to Acro (Royal & Mint) "Ever Ever After"
7:20pm Tap Level 2 (Black) "Sweet Dreams"
7:40pm Lyrical Level 2 (Aqua) "Lost Boy"
8:00pm Modern (Teal) "Once Upon A Dream"

Wednesday, June 8th, 2022 *Run Through Day (Dancewear, Hair & Makeup Done)*

Dancers check in at the West Concourse (long hallway on the left side of the theater). Dancers wear regular dance class attire (in proper dress code for their classes) and practice routines on the stage, getting a real time experience of the show order with all continuous entrances/exits (no pauses). Each dancer may bring 2 guests, who are welcome to take pictures/video. Please do not use flash to not distract the dancers, keep in mind we have a wide range of students with all abilities, and want to keep our show as fun as possible for everyone. Guest tickets will be given at check-in when the dancer is dropped off, as well as a pickup ticket for dancers.

We will run the show through 2 times. This will allow ASAO staff to practice how quickly they need to get to the stage after their dances to help younger classes, so they can do so confidently the next day. Volunteers will also get a realistic perspective as to the high intensity of the backstage fun! It is strongly recommended dancers have hair and makeup performance ready for practice purposes,

3:30pm – Staff & Volunteer Check In
4:00pm – Dancers in Level 2-3 classes Check In (Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black)
4:30pm – Dancers in Level 1 classes Check In (Yellow, Violet, Copen, Coral, Orchid)
5:00pm – Dancers in classes Orange, Green, Blue, Indigo, Royal, Mint Check In

We should be finished at 9pm, should everyone arrive on time and there be no major mishaps.

Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle are excused from this rehearsal – Rest Up!

Thursday, June 9th, 2022 *(Costumes, Hair & Makeup Done)*

Dancers check in at the West Concourse (long hallway on the left side of the theater). Dancers arrive in their costume if they only have one and can wear regular dancewear / bring their costumes if they do not yet know which dance is first. All dancers will be getting a real time experience of the show order with all continuous entrances/exits (no pauses). Each dancer may bring 2 guests, who are welcome to take pictures/video. Please do not use flash to not distract the dancers, keep in mind we have a wide range of students with all abilities, and want to keep our show as fun as possible for everyone. Guest tickets will be given at check-in when the dancer is dropped off, as well as a pickup ticket for dancers.

We will run the show through 2 times. This will allow volunteers to know how long they have when little ones get the contagious "have to go potties." This day is treated like a sold-out show! Please read the next section of this guide for a thorough account of what happens backstage.

3:30pm – Staff & Volunteer Check In
4:00pm – Dancers Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black classes Check In
4:30pm – Dancers in Yellow, Violet, Copen, Coral, Orchid, Orange, Green, Blue, Indigo, Royal, Mint classes Check In
5:00pm – Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle Check In

Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle will be taken to the Pickup Hallway after the first show concludes. Parents MUST have a pickup ticket to access this hallway. These dancers should finish at 7pm, should everyone arrive on time and prepared. Please be patient as little ones will not move quickly when we are corralling them from the dressing room to the pickup hallway. All other classes/colors should be finished at 9pm, should everyone arrive on time and there be no major mishaps.

Friday, June 10th, 2022 *Opening Night – Show #1!*

Dancers arrive in their first costume of the show. All guests must purchase tickets for this performance through the LSSU Box Office. Online Sales begin May 10, 2022. Operations follow the same protocols as dress rehearsal for drop off, all dancers will be eligible for pickup at the same time. We bring the youngest dancers out first.

5:00pm – Staff & Volunteer Check In
5:30pm – Dancers Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black classes Check In
6:00pm – Dancers in Yellow, Violet, Copen, Coral, Orchid, Orange, Green, Blue, Indigo, Royal, Mint classes Check In
6:30pm – Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle Check In

Saturday, June 11th, 2022 *– Show #2!*

Dancers arrive in their first costume of the show. All guests must purchase tickets for this performance through the LSSU Box Office. Online Sales begin May 10, 2022. Operations follow the same protocols as dress rehearsal for drop off, all dancers will be eligible for pickup at the same time. We bring the youngest dancers out first.

11:00am – Staff & Volunteer Check In
11:30am – Dancers Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black classes Check In
12:00pm – Dancers in Yellow, Violet, Copen, Coral, Orchid, Orange, Green, Blue, Indigo, Royal, Mint classes Check In
12:30pm – Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle Check In

Dancers have a short break for lunch, then check in for *Show #3*! Families often picnic on the university campus or make reservations/plans ahead of time. Please do not let dancers eat in their costumes and be cognizant of the type of food they are having between shows (dairy & grease don't go so well with performance anxiety). Dancers arrive back at the theater in their first costume of the show (with any touchups to hair and makeup done by parents). All guests must purchase tickets for this performance through the LSSU Box Office. Online Sales begin May 10, 2022. Operations follow the same protocols as dress rehearsal for drop off, all dancers will be eligible for pickup at the same time. We bring the youngest dancers out first.

4:00pm – Staff & Volunteer Check In

4:30pm – Dancers Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black classes Check In

5:00pm – Dancers in Yellow, Violet, Copen, Coral, Orchid, Orange, Green, Blue, Indigo, Royal, Mint classes Check In

5:30pm – Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle Check In

Sunday, June 12th, 2022 – Show #4!

Dancers arrive in their first costume of the show. All guests must purchase tickets for this performance through the LSSU Box Office. Online Sales begin May 10, 2022. Operations follow the same protocols as dress rehearsal for drop off, all dancers will be eligible for pickup at the same time. We bring the youngest dancers out first.

12:00pm – Staff & Volunteer Check In

12:30pm – Dancers Maroon, White, Silver, Aqua, Teal, Emerald, Lime, Tangerine, Black classes Check In

1:00pm – Dancers in Yellow, Violet, Copen, Coral, Orchid, Orange, Green, Blue, Indigo, Royal, Mint classes Check In

1:30pm – Dancers in classes Pink, Purple, Red, Cerise, Turquoise, Periwinkle Check In

Theater Etiquette

Family Members & Friends

- Arrive on Time! It is considered disrespectful and distracting to cross the audience during a song. Guests should wait in the doorways for a transition when dancers are entering/exiting the stage.
- There is no food or drink allowed in the theater.
- Please save all conversations for after the show.
- Theaters can be chilly, bring layers.
- There is absolutely NO audience photography or videography permitted, please be respectful of those around you and give your full attention to the dancers. We will take care of capturing the moment for you.
- Clap for everyone! Each dancer has put so much work into the performance you are there to see. However, please avoid shouting, cowbells, and blow horns. We want to keep the experience enjoyable for all patrons and especially our dancers with special abilities.

Dancers & Volunteers

- It is MOST important to be both prepared and on time. There are many moving parts and schedules to consider when producing a live production.
- Stay nourished with healthy choices and hydrate before heading to check in.
- Remain quiet backstage – even in the dressing rooms, your noise will carry to the stage.
- Listen & respond quickly to instruction from stage managers – your safety is our number 1 priority!
- It is common to repeat back time cues, like when the director says “Five Minutes until Curtain,” dancers often say, “Thank you five!” to show you’ve heard correctly.
- If you can see the audience, they can see you! Let’s stay back behind the caution lines on the side of the stage. We want the audience to be able to focus on the dancers performing. Likewise, if your backstage manager has not come to get you – you should remain in your dressing room. We will NOT forget you!
- Try so hard not to bump into the curtains! It will cause a big ripple effect and be very visible!
- Dirty Pointe Shoes get slippery. Wear socks or warm up booties over them to keep safe backstage.
- Remember – All drama MUST remain ON STAGE. Do your best to be positive!

Backstage Operations

Dancers & Volunteers will check in at the West Concourse Hallway (closest to the bathrooms out front). Here we will verify dancers are bringing ONLY dance supplies – think JUST COSTUMES, SHOES, AND WATER - backstage. ASAO will not be responsible for toys or electronics under ANY circumstance. If your dancer is late – he or she is NOT ELIGIBLE to participate. For the safety of all and lack of conflict (after years of experience) NOTHING else is to go backstage beyond what is necessary.

At Drop-Off, Parents will receive a pickup ticket for dancers. At the conclusion of the show, ASAO Staff will collect these tickets at the hallway and bring dancers there for pickup.

Audience members' tickets will be taken at the East Concourse Hallway (closest the main entrance) by ASAO Staff. Tickets can be purchased online through the LSSU Arts Center Box Office or at the box office window in person.

Teen Dancers check in the earliest. After check-in & stretching, they will escort all dancers 12 and under from the Check In desk to their dressing rooms - color coded and divided by age & number of costumes. Each group of dancers in a dressing room will have 2 adults assigned to supervise and assist with changing. These colors were selected before our classes were color coded and have nothing to do with class colors. Each group has chairs in it with dancers' names on them – Dancers are expected to stay in their chair circle so ASAO staff can find them when it is time to go on stage. Dancers should eat & potty BEFORE checking in.

Here is a rough estimate of how the dressing rooms are organized:

Yellow Room: Age 3-6 (1) Costume

Pink Room Group 1: Elem-Mid Kids (3+) Costumes

Pink Room Group 2: Elementary Kids (2-3) Costumes
Pink Room Group 3: Elem-Mid Kids (1-2) Costumes
Pink Room Group 4: Middle Schoolers/High Schoolers (1) Costume
Blue Room: Level 3 High School Dancers
Orange Room: PreTeen/ Teen Girls (2-6 Costumes)
Green Room: Boys

Each dressing area will have a tub with coloring supplies, dairy-free/dye-free/gluten-free snacks, and water. Parents are responsible for feeding their children before events, but we want to be prepared just in case. Pink & Yellow rooms will have movies playing. One parent volunteer will be responsible for running kids to the bathroom. There is a potty schedule & costume changing order located in the dressing area binder, we try not to ask kids if they must go when backstage – because inevitably they will all want to. Parent volunteers are also asked to keep the dressing areas clean, but ASAO staff will deep sanitize after rehearsals and shows. Kids are expected to change in their chair circles - the whole room is the dressing room. We run a quick production, so going to private areas will not work for efficiency. Kids are aware of this!

Our backstage coordinator will go to each dressing room and collect dancers 2 songs before they go onstage. Then a volunteer outside of the stage entrance will check costumes, tights, and hair pieces in the hallway (this area is still backstage). Miss Tanya and Miss Beth will line dancers up in the curtain areas of the stage, and usher them out of the wings after they perform. A second backstage coordinator is in charge of making sure dancers are escorted back to their dressing rooms immediately. Dancers with less than 2 songs to change will be changed on the side of the stage; they are responsible for pre-setting their costumes each show – as practiced during the dress rehearsal. Quick Change Managers will have a clipboard that outlines the number of costumes per kid, and specifically when to help them change. Miss Erin will oversee telling the theater staff when to start each song, so no performance number begins unless all dancers are ready.

During Intermission & when the production concludes, a parent volunteer will be making sure parents/guests do not go down the West Concourse Hallway; another assigned volunteer will make sure no theater guests pass the doors that go backstage at the East Concourse Hallway during those time frames. Miss Erin will cover the boutique sales in the Lobby during those times. Should a dancer rip or forget tights, Miss Erin will provide them, and Miss Ashley will bill the parent accordingly.

At the end of the show, all dancers are brought to the stage for a final bow. Then Miss Ashley will inspect each of their dressing rooms to see that all costumes and shoes are packed up and ready to go, before bringing them in small groups (youngest to oldest) to the West Concourse Hallway with a megaphone. Miss Tanya will let parents with pickup tickets into the hallway and we'll pass their children back to them.

On Sunday, after the last show, Miss Erin will collect the volunteer shirts at the boutique window. Please do not toss them to her sooner - we want to make sure we get all of the shirts back and records who they came from properly. Each parent receives a \$25 boutique gift card per show volunteered (permitted you follow through and turn in your shirt/fanny pack). If duties are not followed properly, gift cards will not be distributed.

Packing Your Dance Bag

Dancers Under Age 6 Just Water, Costume, Spare Tights, Shoes

Dancers Age 7-9 Above Items + Deodorant, Hair Supplies, Warmups for Backstage (realizing they may not come home – we are not responsible for lost items)

Dancers Age 10+ Above Items + Book, Notebook/Pen, Makeup Supplies, Band-aids, Sewing Kit/Extra Ribbons for Pointe, Toe Pads, Leg Warmers, Show Order Notes, Quick Change Notes, Quiet Activities for Self (like homework)

PLEASE DO NOT SEND MAKEUP OR SNACKS WITH YOUNG DANCERS

NO MEDICATION ALLOWED – TAKE CARE OF THESE ITEMS OUTSIDE OF STAGE AREA

Parent Volunteers

Parent Volunteers are needed for the following:

- Ticket Taking
- Ushers
- Bringing Dancers to Stage
- Returning Dancers to Dressing Rooms
- Quick Changing Side Stage
- Entertaining in Dressing Rooms
- Assisting Dancers with Changing in Dressing Rooms
- Potty Runs – with Attention to Time so Dancers are not Missing Their Dances
- Stage Management
- Prop Management
- Runners – to cover stations for parent volunteers to see their kids onstage

Each volunteer post is run very specifically to keep things moving smoothly. As a director, I prefer a prompt, relatively short recital. Dancers get bored and hungry when waiting backstage – so we do not want them there any longer than need be. Parent volunteers must stay at their "post" and will not be permitted to supervise sections/rooms their dancers are in. This assists with performance anxiety, **it is not negotiable**. Parent volunteers MUST attend a training meeting to review safety operations and are expected to be present for each day of show week 2 hours before each performance/rehearsal. Volunteers are given a bright yellow shirt that helps dancers to quickly find their "safe" helpers (as opposed to university staff that might not be part of our backstage operation). These shirts are to be turned in after the weekend; to incentivize shirt return, we will be giving boutique gift cards when shirts are obtained.

Action Photography

Photos will be taken by A Cut Above the Rest Productions. Guests are prohibited from photography during the production for the safety of dancers and integrity of the action shots we are paying to receive. Action Photos are posted to the ASAO Website for parent download after we receive edited finals.

Pre-Order DVDs, Blu-Rays, or Flash Drives

Videography and Photography are not permitted by audience members during the ASAO Dance Recitals. We hope to make sure our videos are top-quality without interference of camera or cell phone flashes/being held in the air. Your dancers deserve your full attention during their performance, as well as appropriate theater etiquette they have studied for months!

DVD \$10

Blu Ray (higher quality) \$15

Digital Copy on Flash Drive (highest quality) \$30

Videos should be ready for pickup within a few weeks. Additional charges apply if you'd like them mailed to you. Please include how many of each you'd like to purchase in an email to ASAOdance@gmail.com or stop by the Boutique window during intermission.

Love Notes in the ASAO Program

DANCER LOVE NOTES

To All of Our Dancers,

It has been a fantastic first year. We are so proud of how each of you have grown and improved, and thankful that each of you chose to learn from us! Remember that today is about how much fun we've had together, not about how great we do on stage. Shine bright, our stars!

-Miss Ashley & Mr. Darryl

Abigail Gaynier

Dancing is the closest thing to magic; mom and dad are so proud of all the magic you bring to the stage! Great job Big Poppa! 🌟

Arloa Gaul

Dear Arloa, your spirit always sparkles with joy but especially when you dance. We love you! Uncle Elliot, Aunt Beth, Jace, Audrey and Mya

Arloa Gaul

Our dearest Child of the King Arloa. Continue to twirl, dance and shine on today and always. Love you so much, your Bop and Grandpa

Aubrey Gaynier

Mom and Dad are soooooo proud of you for all of your hard work and all of the time and energy you have poured into this year's dance performance! 🌟

Elisia Voris

"Take more chances. Dance more dances." Nothing is out of reach when you put your heart into it. - Auntie Kendra

Elisia Voris

Elisia, we are so proud of you! Thank you for always making us laugh. Keep dancing, little star. We love you! Love, Mommy & Daddy

Edyn and Ava Nettleton

We are so proud of your dedication and determination. May you always remember to take more chances, dance more dances, and follow the music of your heart. We love watching you perform. Love you both...Mom & Dad.

Harrison Brady

Harrison Odin, we love you more than life. We are so proud of you Brother Bear! Love, Dad, Mom, and Kinley

Harrison Brady

Harrison - Gram and Opa Papa are so proud of you! We love you very much! Keep being a star!

Deadline: SATURDAY, MAY 28TH

Our production programs are often treasured keepsakes, they can be printed out like yearbooks and filled with signatures by friends. One of the sections is dedicated to love notes from parents/family members. Attached is our program from a previous year as an example.

Love Notes are sold at \$10 each; we don't have a limit to the number of words. Feel free to send along to friends or family members that may want to participate! Email your submission to ASAOdance@gmail.com and you will receive an invoice. Invoices not paid by May 28th will result in those notes being deleted from the program.

Gifts For Dancers/Teachers

Flowers this season will be for sale by P.S. Gardens at the Arts Center before shows and during intermission. Mrs. Scheffler can accept cash, check, and Venmo. It is considered customary to gift dancers with a boutique after a performance.

ASAO Boutique has a stock of special items, such as socks, sweatshirts, jackets, teddy bears, foot care items, and more!

Teachers, Assistants, and Skill Demonstrators are allowed to accept gifts from students.

What I'm Still Confused?

You are welcome to email the studio at ASAOdance@gmail.com. Messages are answered each night after classes. ASAO Dance Facebook page messages are also checked each night after classes. Replies to our studio-wide texting software come to the director's email.

Please do not encourage your children to reach out to the studio themselves. We are having issues with younger dancers texting instructors/receptionists about non-studio issues. Please respect staff boundaries with their personal social media. If a dancer contacts the studio email or phone number, we will reply with a cc' to the parent on file.

Our utmost goal is to create a positive environment that allows creative expression to flourish. We chose to develop an academic-style program to bring a new level of arts education to our community, filled with opportunities for all ages and abilities. I greatly appreciate the staff and dance families dedicated to fostering this vision!