ASAO Dance

Recreational Class DRESS CODE

Age 0-6 Classes



GALS
- Any Color Leotard
- Any Color Skirt for Ballet
- Any Color Shorts for Acro/Jazz/Tap

GUYS
- Any Color Athletic Wear
- No Words/Pictures/ Emblems

Age 7-9 Classes



GALS
- Black Leotard
- Any Color Skirt for Ballet/Lyrical
- Any Color Shorts for Acro/Jazz/Tap

GUYS
- Black T-Shirt
- Any Color Shorts/Pants
- No Words/Pictures/ Emblems

Level Classes



GALS
- Black Leotard
- Black Skirt for Ballet/Lyrical
- Black Shorts for Acro/Jazz/Tap/Modern
- Black Leggings allowed for Tap/Jazz

GUYS
- Black Colored Athletic Wear
- No Words/Pictures/ Emblems

Dance Shoes

Tap Shoes



- Black (Shiny for 5-6 & 7-9, Flat for Levels 1-2)
- Pull on or Tie is dancer preference.

Ballet Shoes



- Neutral/Ballet Pink
- Full or split sole based on foot flexibility
- Canvas or leather dancer preference.

Jazz, Lyrical (Age 7-9), & Acro (Age 3-6) Shoes



- Gore Boot (tan for girls, black for guys)
- Leveled Lyrical Class will wear Closed 1/2 Sole with Strap.

Acro (Level 1-3) & Modern Shoes



- Black Gore Boot (Guys)
- Closed 1/2 Sole with Strap or Clean Dance Socks (Gals).



TIGHTS
- Ballet Pink for ballet class, Light Suntan for all other classes.
- This is to articulate musculature, not skin tone. If a darker tan is preferred, please let the ASAO Boutique know and it can be ordered.



SPORTS BRAS
- Sports bras worn for performances that show outside of the leotard must be matching in color or nude.
- Not required for typical class days, but available for purchase to wear with costuming.



HAIR
- Age 0-6: All hair up neatly.
- Age 7-9 & Levels: Bun or tight braid.

GENERAL GUIDELINES
- Dancers must be in uniform to participate in classes.
- Warm-up clothes are permitted but must be taken off when the dancer is "warm." Warm muscles will be determined by the instructor.
- Underwear is allowed with tights, especially for younger dancers. Bras with clear/nude straps are not required for typical class days, but available for purchase to wear with costuming.
- Instructors are trained in tactful ways to discuss undergarments and to assist dancers with clothing choices as needed.
- If your dancer has other activities before or after class, bring a change of clothes in their dance bag.

BOUTIQUE
- All required and recommended items can be appropriately fitted and purchased through the ASAO Boutique, but are not required to be purchased from us.
- Items may also be purchased elsewhere.

SAFETY & MODESTY
- Only in Hip Hop classes are baggy clothes or regular street clothes permitted. In all other styles of dance, form fitting items are required so instructors can see dancers' bodies to ensure proper technique and to spot stunting safely.
- Outfits that display bellies, booties, or boobies are not allowed in ASAO Dance classes. Dancers will be asked to add layers or provided with a covering to borrow if needed.

Train. Perform. Inspire.