

Methylprednisolone (Solu-medrol ®) – 20.245

CLASS: A

PROTOCOL(S) USED IN: Anaphylaxis, Respiratory Distress

PHARMACOLOGY AND ACTIONS:

- A. Methylprednisolone is a synthetic steroid that suppresses acute and chronic inflammation. In addition, it potentiates smooth muscle relaxation by beta-adrenergic agonists.

INDICATIONS:

- A. Severe allergic reaction or Anaphylaxis
- B. Moderate/Severe Asthma or COPD
- C. Croup

ADULT DOSING:

Anaphylaxis, severe allergic reaction, COPD, Asthma--
125 mg slow IV/IO push or IM

PEDIATRIC DOSING:

Anaphylaxis, allergic reaction, Croup, Asthma--
2 mg/kg slow IV or IO push or IM to a maximum of 125 mg