# CLASS A: Cardiac Arrest/Poisoning, Hydrogen Cyanide, Tricyclic Antidepressent OD

PROTOCOL(S) USED IN: Cardiac Arrest protocols, Crush Injury/Entrapment, Hyperkalemia, Poisoning & Overdose, Hydrogen Cyanide Exposure

## PHARMACOLOGY AND ACTIONS:

- A. An alkalotic solution which neutralizes acids found in the blood.
- B. Acidosis depresses cardiac contractility, and the cardiac response to catecholamine and makes the heart more likely to fibrillate.

# **INDICATIONS:**

- A. To treat wide complex arrhythmias in:
  - a. Tricyclic Antidepressant OD
  - b. Suspected Hyperkalemia
  - c. Sodium Channel Blocker OD/effect
- B. Suspected Hyperkalemia

## **CONTRAINDICATIONS: None**

#### SIDE EFFECTS AND NOTES:

- A. Should not be infused concurrently with catecholamine or calcium. Use separate line or separate with saline flush.
- B. Sodium bicarbonate has not been shown to improve cardiac arrest outcomes and should not be used indiscriminately except in cases of suspected cardiac arrest secondary to TCA overdose or hyperkalemia.

# **ADULT DOSING:**

Cardiac arrest- 1 mEq/kg IV/IO initially followed by 0.5mEq/kg every 10 minutes

# Tricyclic Overdose- 1 mEq/kg IV/IO

(If patient exhibits arrhythmias or a widening QRS complex)

Hyper K/Crush Injury- 50 mEq IV/IO.

# PEDIATRIC DOSING:

All Indications: 1 mEq/kg IV/IO