

## Cardiac Arrest (Asystole) – 10.051

### TREATMENT:

Initiate High Performance CPR  
Perform HP CPR for 2 minutes  
If down time is less than 5 minutes, perform CPR until defibrillator is attached  
If Opioid Overdose is suspected, administer **Narcan** ASAP.

**1:10,000 Epinephrine 1mg IV/IO as soon as access is obtained.**

Continue HP CPR; check rhythm every 2 minutes

**1:10,000 Epinephrine 1 mg IV/IO, repeat every 3-5 minutes.**

### PEDIATRIC PATIENTS:

- A. Begin CPR and airway management.
- B. Administer **1:10,000 Epinephrine 0.01 mg/kg IV/IO**, repeat every 3-5 minutes.
- C. Consider and treat other possible causes. Obtain CBG.

### NOTES & PRECAUTIONS:

- A. If unwitnessed arrest, unknown downtime, and no obvious signs of death, proceed with resuscitation and get further information from family/bystanders.
- B. Consider OLMC for advice on continuing resuscitation.
- C. If history of traumatic event, consider Death in the Field protocol.
- D. **DO NOT** interrupt CPR when securing patient's airway.
- E. Studies have shown no superiority of ET vs Supraglottic airways for survival rates.
- F. Transport all post ROSC patients of suspected cardiac nature to SCMC-Bend unless patient needs to be stabilized immediately or not enough resources are available. If post ROSC 12-lead shows STEMI, **DO NOT** activate HEART 1; inform SCMC-Bend ED via HEAR or phone.
- G. Continued Epinephrine use after 3 rounds of Epi administration should have a prolonged administration interval (8-10 minute interval instead of 3-5 minutes).

### KEY CONSIDERATIONS:

Consider and treat other possible causes:

- Acidosis - **Sodium Bicarbonate 1 mEq/kg IV/IO.**
- Cardiac tamponade – Initiate rapid transport.
- Hyperkalemia – Treat per Hyperkalemia protocol.
- Hypothermia – Treat per Hypothermia protocol
- Hypovolemia – Treat with fluids per Shock protocol.
- Hypoxia – Oxygenate and ventilate
- Pulmonary embolus – Initiate rapid transport.
- Tension pneumothorax – Needle decompression.
- Tri-cyclic antidepressant overdose – **Sodium Bicarbonate 1 mEq/kg IV/IO**