



BRENTWOOD PUBLIC LIBRARY EMBARKS ON RENEWAL PROJECT

Renewal includes new building with more space for community programs, materials



The Brentwood Public Library (BPL) has launched an expansion/renewal project that will provide more space for community programs, meeting spaces, technology services, and adult and youth materials at a new facility in the heart of Brentwood.

In response to the growing popularity of its programs and a 2022 survey of library patrons, the BPL Board of Trustees considered further renovations of the existing 7,000 square-foot space at 8765 Eulalie, building a new facility, or purchasing an existing building. After much consideration, the Board has authorized a contract to purchase a two-story building at 2201 S. Brentwood Blvd., just two blocks from the current library location, that has ample space to meet the requests of library patrons for more community gathering space, more parking, more technology services, and outdoor spaces. With renovations and additions, the building will encompass 15,000 square feet over its two floors.

For the past several years, BPL has rented space at the Brentwood Community Center, Brentwood Parks or at other off-site locations to hold programs as the meeting spaces in the current library are too small to meet demand. The Children's Room is often filled to overflowing during popular programming, and the existing meeting room only holds 10-12 adults comfortably. With increased spaces for meetings, programs

and materials, the new building would eliminate the extra expense for space rentals and bring all BPL programming to one central location.

On April 2, BPL will ask residents of Brentwood to approve a 21-cent tax levy increase to both purchase the building and renovate the interior from an office building into a public library. BPL is selling certificates of participation for this project and will require 16 cents to retire the bonds within 25 years. The remaining 5 cents is necessary for increased operating expenses in the new facility, which is twice the size of the current leased space. Currently, Brentwood residents pay 20 cents per \$100 of assessed valuation for BPL. The additional 21 cents per \$100 of assessed valuation will give the library \$8 million to pay for the new building, renovations and additional operating expenses. BPL will use \$1 million of its existing funds toward the project.

The current library will remain operational throughout construction of the new facility.

"We are excited to expand the Brentwood Public Library and offer more to our beloved community," said Gina Gibbons, director of the Brentwood Public Library. "Patrons love our warm, cozy space at City Hall, but they have also asked for more space to meet, to study, to read, to use our computers, and even to have some outdoor space. This building will

offer space for everyone and is just a block from Brentwood Middle and High Schools."

"We believe this is the right time for us to expand the Brentwood Public Library," said Ed Wright Jr., president of the Brentwood Board of Trustees. "We are excited to be part of what I call the Brentwood Renaissance. In recent years, the Brentwood community has supported and seen improvements along its commercial corridor, renovation and new construction of its schools, and the creation of an exciting new Brentwood Park." The library will partner with the Brentwood Historical Society for rotating displays and events.

BPL will hold several information sessions before the April 2 election throughout the city at ward meetings, PTO meetings, and at other opportunities. Please visit www.brentwoodlibrarymo.org for fact sheets and additional information.

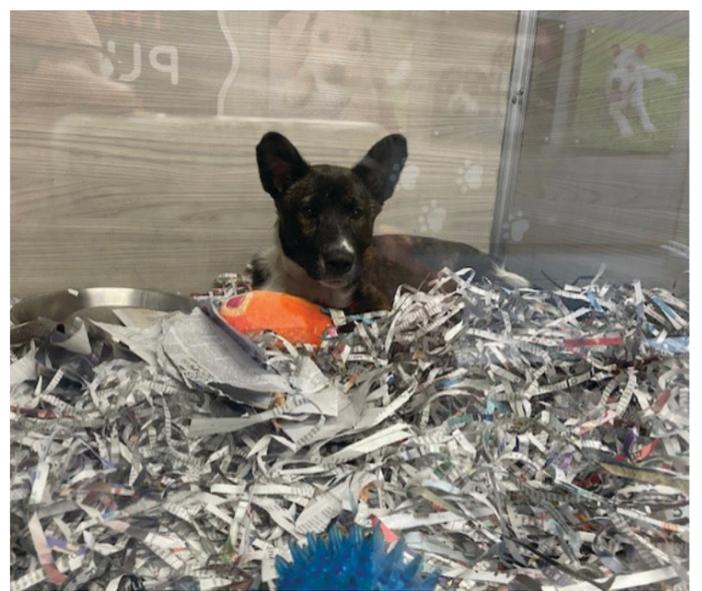
Brentwood Public Library is working with Arcturis for building renovations and Stifel for the financing.

History of the Brentwood Public Library

The Brentwood Public Library opened on Sept. 18, 1938, at 2815 Brentwood Blvd. In 1951, Brentwood residents approved a library bond issue, from which the current library was established at 8765 Eulalie. The library was remodeled in 2004. The Brentwood Public Library is managed by a nine-member Board of Trustees.

APA Thanks the Pulse for Donating Overruns of Newspapers

Keith, Joyce, Eric and everyone: This is where the old Pulses go. Thanks! You make an enormous difference! *Editor: Thank you Thomas Kinealy for picking them up once a month!*





BRENTWOOD SCHOOL DISTRICT

Board of Education Announces New Superintendent of Schools



The Brentwood School District Board of Education voted on Jan. 30 to hire Dr. Amy Zielinski as the district's next superintendent of schools, effective July 1, 2024. Dr. Zielinski currently serves as the Assistant Superintendent of Curriculum and Instruction in the Ladue School District.

"Dr. Zielinski was a clear frontrunner in an excellent pool of applicants, with a proven track record as the instructional leader of a well-respected school district," said Lindsay Spencer, Brentwood Board of Education president. "Dr. Zielinski's enthusiasm and commitment to excellence is evident, and we are confident in her strong leadership abilities that will continue to place Brentwood as one of the top performing school districts in Missouri."

Dr. Zielinski brings 22 years of educational experience to her new role at Brentwood, including 12 years in school administration. She began her career as a middle school and high school social studies teacher, and later served as Dean of Students and Instruction at Brittany Woods Middle School in the School District of University City, and Director of Professional Development in the Fox C-6 School District.

As Assistant Superintendent of Curriculum and Instruction in Ladue, Dr. Zielinski oversees the district's teaching and learning efforts, including curriculum development, instructional design and coaching, data analysis, assessment and professional learning. She led the creation of the district's Comprehensive School Improvement Plan and worked closely with school and district administrators to develop an instructional framework that provides meaningful feedback to teachers on classroom best practices.

Dr. Zielinski also facilitated districtwide diversity, equity and inclusion work and led the creation of the Catalyst program, a collaborative effort between the Brentwood, Clayton, Ladue and University City school districts that offers innovative programming to help high school students find their passions, develop their skills and explore postsecondary pathways.

"I am extremely passionate about education and helping all students succeed academically, socially and emotionally," said Dr. Zielinski. "I love meeting new people, building relationships and developing community partnerships that enhance the academic and extracurricular opportunities available for our students. Together, we can celebrate our achievements and take pride in the positive impact we are creating in the Brentwood community and beyond."

Dr. Zielinski earned her doctorate in educational leadership from Maryville University. She also holds a master's degree in educational administration from Southwest Baptist University, a master's degree in curriculum and instruction from the University of Kansas, and a bachelor's degree in history and secondary education from Rockhurst University. She and her husband, Rob, have three children - Dominic, Cecilia and Benjamin.

District leaders are currently organizing opportunities for the community to engage with Dr. Zielinski as she prepares for her role as the new superintendent of schools. More information will be shared in the coming weeks.

Brentwood Superintendent Search Background

The Brentwood School District Board of Education began its superintendent search last fall, hiring Ray and Associates, Inc. to facilitate the process.

Before conducting interviews, the board closely analyzed community feedback from various stakeholder groups, including students, staff, families and community members. This feedback was gathered during nine in-person and virtual focus groups and an online survey.

More than 30 individuals applied for the position, and the board conducted its interviews in January.



Kindergarten Registration for the 2024-25

Calling all Class of 2037 families! Kindergarten registration for the 2024-25 school year begins Tuesday, Feb. 20. Brentwood offers free full-day kindergarten at both Mark Twain and McGrath elementary schools.

In accordance with Senate Bill No. 572, a student must be 5 years old before the first day of August to attend kindergarten. Students may only be registered by a parent or court-appointed legal guardian.

Early registration helps us identify our needs for the upcoming school year, so please share this information with your family, friends and neighbors. If you need assistance in determining your student's school, please call 314-962-4507.

Kindergarten registration packets for the 2024-25 school year are available on our website at brentwoodmoschools.org/kindergarten. Completed packets, as well as any required documentation, can be dropped off at your student's school on Tuesday, Feb. 20 from 8 a.m. to 5 p.m. After the first day of registration, packets and documentation will be accepted during regular school hours.

Senior Citizens Brunch Set for Thursday, March 28

Community members are invited to attend the Brentwood School District's annual Senior Citizens Brunch on Thursday, March 28 from 9-10:30 a.m. in the Brentwood middle and high school cafeteria. This FREE event includes a breakfast buffet, student entertainment and updates from district leaders.

Designated parking will be available on the north side of White Avenue between High School Drive and St. Clair Avenue. Attendees are encouraged to use the cafeteria entrance on White Avenue, which is located near the former main entrance of Brentwood Middle School at 9127 White Ave.

Please contact Kate Hastings at 314-962-4507 or khastings@brentwoodmoschools.org before Friday, March 15 to RSVP for the event.

If you need transportation, please contact the City of Brentwood MAGIC Bus at 314-581-4842 to make a reservation before Friday, March 1. Space is limited and reservations are accepted on a first-come, first-served basis.

Alumni Panel Inspires Postsecondary Pathways

Last month, Brentwood High School welcomed back nine graduates from the Class of 2023 to participate in an alumni panel about their first semester of college. Our current juniors and seniors had an opportunity to learn more about postsecondary life, including academic expectations, time management and making connections on campus.

The Class of 2023 submitted 254 applications to 108 colleges and universities nationwide, and earned more than \$4.5 million in scholarships. Students selected 24 different schools to continue their academic careers, including the University of Southern California, the University of Michigan and Saint Louis University.

"Hearing firsthand from our alumni about their ambitions and achievements in their first semester of college reaffirms the impact of a Brentwood High School education," said Emily Diaz, BHS college and career advisor. "It's not just about getting into college. It's about thriving throughout your postsecondary journey, and we are proud to have played a part in their college and career readiness."



BRENTWOOD SCHOOL DISTRICT

Senior Citizens Brunch

**Thursday, March 28
9-10:30 a.m.
Brentwood Middle and High School Cafeteria**

Join us for food, friends and fun at our annual Senior Citizens Brunch!

Designated parking will be available on the north side of White Avenue between High School Drive and St. Clair Avenue.

Contact Kate Hastings at 314-962-4507 or khastings@brentwoodmoschools.org before **Friday, March 15** to RSVP for the event.

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THE SCIENCE OF GUINNESS WORLD RECORDS OPEN NOW AT CITY MUSEUM

Open now open through April 14 at City Museum, The Science of Guinness World Records reveals the secrets behind some of the most astonishing GUINNESS WORLD RECORDS™ to ever be set.

Spread across 5,000 square feet in City Museum's Architecture Hall, the exhibit will let guests achieve the amazing as they break records across the multiple stations by learning how bodies react, focus, and endure.

"The exhibition was really inspired by the success of The Science of Ripley's Believe It Or Not," said Guy Labine, Chief Executive Officer of Science North. "We've seen firsthand that people all over the world are hungry to be challenged, to be wowed, to expand their ideas about what human beings can actually do. We knew almost immediately that we were onto something big."

Certain to be an experience to remember for a lifetime, The Science of Guinness World Records will leave visitors astonished as they discover exactly what goes into accomplishing the seemingly impossible. How does one develop the ability to do 36 consecutive pull-ups, using only their pinky fingers? What does it take for someone to create the world's smallest stop motion film? What possesses someone to learn how to solve not one but three Rubik's Cubes simultaneously?

The Science of Guinness World Records is co-produced by Science North, one of Canada's largest and most respected science centers, and Ripley's Entertainment, the entertainment and edutainment company founded by the great Robert Ripley.

"Our record holders are simply the most incredible people you're ever going to meet," says John Corcoran, Director, Traveling Shows & Guinness World Records Attraction Development. "They defy belief and they often seem to defy physics and the nature of spacetime itself. But of course, what they're really defying is our limited sense of what a person can do with enough time, enough practice, and enough dedication."

"What we're hoping to do with The Science of Guinness World Records is to show people that as shocking as these accomplishments are, it's not magic. It's science. If one person can achieve the incredible, so can you. We want to inspire people of all ages to throw out their limiting beliefs and push themselves to achieve what the world tells them is impossible."

The Science of Guinness World Records is included with General Admission or a Member Pass and operates during normal museum hours. City Museum is located at 750 N. 16th Street, St. Louis, MO 63103; 314-231-2489. Visit citymuseum.org for more information. Follow City Museum on social media @citymuseum.

City Museum is home to the following amazing things:

World's Largest Pencil – measures 76 feet in length and weighs a staggering 22,500 pounds and is a true number two pencil

World's Largest Seesaw – measures 82 feet in length and is in storage at City Museum

World's Largest Tennis Racket – measures 50 feet and 3.07 inches in length and 16 feet and 8.6 inches wide and is in not displayed due to its state of deterioration

World's Tallest Man, Robert Wadlow, was the spokesperson for the International Shoe Co which is the building in which City Museum resides

St. Louis is also home to many GUINNESS WORLD RECORDS, including:

First Olympic Gold Medal – The first time gold medals were awarded to Olympic champions was during the 1904 Olympic Games held in St. Louis, USA. Prior to this, gold had been considered too expensive, so the winner of an event had received a silver medal and the runner-up a bronze, while there was no medal at all for third place. The last time gold medals were made from solid gold was at the Stockholm Games in 1912, following which the medals were cast in silver and coated in 6 g of gold.

Tallest Commemorative Monument – The tallest monument is the stainless-steel Gateway Arch in St. Louis, Missouri, USA, completed on October 28, 1965 to commemorate the westward expansion.

Largest Image of a Human Brain – Took place in St. Louis (all USA) at Busch Stadium in St. Louis, Missouri, USA, on 28 April 2018 during an Alzheimer's Disease awareness event.

Most Home Runs in a World Series Baseball Game – The Major League Baseball (MLB) record for most home runs hit in a World Series includes Albert Pujols (Dominican Republic) playing for the St. Louis Cardinals (USA) in Game 3 of the 2011 World Series against the Texas Rangers (USA) on 22 October 2011.

Should You Get a Veteran ID Card?



The VA is offering a free Military ID Card as a way to give all honorably discharged veterans proof of service regardless of era or time in service as ordered by Congress.

A valid ID card is proof of service that may be required to receive special benefits from private firms as a "Thank you for your service". Perks like free meals, parking spots and discounts at many retailers. Accept a bit of gratitude when it's offered as it's nice getting respect for your service to your country. It's easy to apply, log on to VETS.GOV and create an account. Then scan and upload your DD-214 form and your photograph. It's that easy and you've earned it.



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PRISM THEATRE COMPANY SEEKS SUBMISSIONS FROM LOCAL PLAYWRIGHTS FOR THEIR THIRD ANNUAL FESTIVAL OF NEW WORKS

Prism Theatre Company is now seeking submissions for new works from local artists for "Spotlight on... Being You Festival of New Works." As a new twist on our annual Festival of New Works, for this year's Spotlight On... Prism is seeking a variety of pieces that feature the voices and perspectives that make up our community.

From January 31st-February 29th, 2024, Prism is accepting submissions of original works of various types, including but not limited to: short plays, monologues, dances, original songs, performance art, spoken word poetry, etc.).

All submissions must be received by 11:59 p.m. CST on Thursday, February 29th, 2024. Visit our website for full submission guidelines and instructions.

Prism's search for original works in our region will culminate with the third annual festival of new works this May. The festival will feature some of St. Louis' favorite performers alongside exciting emerging artists from the community.

Festival Description:

What makes you, YOU? Everyone has a story to tell and a unique voice with which to tell it. What does it mean to use your voice to tell stories that matter, to make a difference, to leave your mark on the world? Have you created a piece of art that showcases your voice and tells your story? As a new twist on our annual Festival of New Works, for this year's Spotlight On...Being You we are seeking a variety of pieces that feature the voices and perspectives that make up our community.

Raise your voice and share your story (short, plays, monologues, dances, original songs, performance art, slam poetry, etc.) as we shine a light on the beautiful perspectives that make up our community.

ABOUT PRISM THEATRE COMPANY

Prism Theatre Company is the brainchild of Trish Brown and Joy Addler, St. Louis-based theatre-makers and longtime collaborators.

Trish Brown, a professional director, actress, and theatre educator, has directed regionally, as well as in Canada. She is a proud associate member of SDC, the Stage Directors and Choreographers Society. She holds an MFA in Directing from the Chicago College of Performing Arts at Roosevelt University and worked professionally in Chicago for a number of years before returning to the St. Louis area. A process-based, ensemble director, Trish is trained in and utilizes a number of acting methods in her work while specializing in the Michael Chekhov technique. She is a founding member of The Moving Dock Theatre Company, a Chicago-based company dedicated to the actor's creative process through the use of the Chekhov technique. Theatre education is also a passion of Trish's and she has taught in regional arts programs such as COCA in St. Louis and Hinsdale Center for the Arts in Chicago. She is now a Professor of Theatre at Principia College. Her educational productions have won numerous recognitions, including two Best Production for the State of Illinois awards from the Kennedy Center American College Theatre Festival. Trish also loves directing film and coaching actors for stage and screen.

Joy Addler is a St. Louis area stage manager, company manager, and nonprofit professional. A proud graduate of The Conservatory of Theatre Arts at Webster University, Joy has a BFA in Stage Management and is currently pursuing her Master's degree in Nonprofit Management. She is also a member of the Actor's Equity Association. Joy spent four years as the Performing Arts Manager for Variety the Children's Charity of St. Louis, where she managed an array of inclusive performing arts programs for children with disabilities. Currently, she works as the Event Coordinator for the Undergraduate Programs Office at the Olin Business School at Washington University. She also works as a freelance stage manager throughout the St. Louis area.

Addler and Brown began work on Prism Theatre Company in December 2019 in a pre-pandemic world. The company was a long-time dream of these partners who wanted to provide a home for artists from all walks of life to shine, especially women. "As members of the St. Louis theatre community, and in talking to our friends in the community, we noticed a gap in the opportunities for women to really be at the forefront," says Joy Addler, Prism's Managing Director. "We want to provide a safe space for the voices of women to really shine and take center stage." Though the company's mission puts women at the forefront, men are also an important part of Prism's work. "We love all artists and welcome men into Prism, as actors, technicians, directors, designers, and Board members. Nothing at Prism is exclusionary," says Trish Brown, Prism's Artistic Director.

Theatre artists who are interested in joining Prism's Board of Directors or Company may contact Prism at prismtheatrecompany@gmail.com. Prism invites actors to like us on Facebook for access to audition details for the festival and for future productions.

Prism Theatre Company seeks to champion the voices and stories of women from all walks of life, giving emerging artists a platform to showcase their work with seasoned professionals. We produce both new and classic works in an atmosphere of inclusivity, where artists can come together to explore our common humanity. Prism is creative collaboration, without the cliques.

Learn more about Prism on our website, Instagram, and Facebook.



thanks you

JANUARY 2024

Rock Hill Public Library would like to thank the generous library patrons and community members who have donated to our Buy-A-Brick fundraiser so far!

We couldn't have completed the library patio without your support! By sponsoring this project, you have helped us create an outdoor space for library programs and community use, and helped us contribute to a better rainwater environment. On behalf of Rock Hill Public Library, thank you for your commitment to reading and the well-being of our children and our community.

Tad Fry
Jaclyn Nakamura
Carolyn Guss
Kari Ferguson
Thomas Smith
Brett Simmons
Josh & Jordan Klekamp
Julia Lohmeyer
Jennifer Stringer
Erin Noble
Trainwreck Saloon
Lori Hubbard
Hannah O'Rourke

Shelley Dieterichs
Linda Lemen
Bonnie Newell
Sharon Knuckles
Marjorie Silbey
Linda Grossglauser
Rosemary Hensley
Wanda Hilliard
Alesha Turney
Bryan Snyders
Anonymous

Beckner Painting & Contracting
Teresa Friedman
Wayne Erickson
Beth Heinen
Emi Lampman
James Delgado
Laurie Duhon
Meleah Rush
Ms. Foley's Class
Linda Shantz
Janet Bickel
Brian Wetzel
Maud Jeanty
Ryan Shortal



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SAINT LOUIS ZOO ANNOUNCES NEW 'ANIMALS AGLOW' LANTERN FESTIVAL

Dozens of towering lanterns in wildlife shapes will give the Zoo a new glow this spring.

The first-ever Animals Aglow lantern festival will bring a dazzling spectacle of lights to the Saint Louis Zoo. More than 60 larger-than-life Chinese lanterns and interactive light displays in the shape of plants and wildlife will illuminate paths throughout the Zoo in this nighttime event.

Guests can stroll through the Chinese Dragon Corridor tunnel, pose with dozens of giant glowing animals and play with interactive displays like the Moonlight Swings or color-changing Star Stepping Pads.

Event dates and ticket prices

Animals Aglow will be open 6:30 to 9:30 p.m. Wednesdays through Sundays March 13 to May 5, 2024.

Tickets go on sale Jan. 31 and can be purchased online at stlzoo.org/animals-aglow. Free admission for children under age 2.

- Price for Wednesdays-Thursdays—\$16.95/Member, \$20.95/Non-member
- Price for Fridays-Sundays—\$19.95/Member, \$23.95/Non-member
- April 7 Sensory-Friendly Night for individuals with sensory sensitivities: \$16.95

"We are thrilled to bring this entirely new immersive experience to St. Louis," said Michael Macek, Saint Louis Zoo Director. "It's a celebration of wildlife, Chinese culture and the artistry of lantern making."

Admission to Animals Aglow includes access to the Zoo's Emerson Dinoroarus exhibit and nightly Chinese cultural performances. The event will feature traditional handicrafts for purchase and food specials including pork steam buns, firecracker chicken, dumplings in chili crisp broth and taiyaki (a Japanese fish-shaped cake.)

This event was created in partnership with Tianyu Arts & Culture, Inc., an international event design and manufacturing company headquartered in Zigong, Sichuan, China. Artisans with Tianyu make the lanterns by hand by weaving thousands of LED lights over metal frames before covering the structures in colorful silks.

Note: Animals will not be viewable, and no animal buildings will be open during this event.

More Information

For more information, visit stlzoo.org/animals-aglow. Follow the Zoo on Facebook, Instagram and Twitter and post photos of the event using the hashtag #StLZoo.

Groups of 15 or more may receive a discount rate on tickets when purchased and paid for in advance. See stlzoo.org/animals-aglow for details.

Parking is free on both Zoo parking lots during the event. Lots are filled on a first-come, first-served basis and may reach capacity. If lots are full, limited street parking within the boundaries of Forest Park is also available for free. The Zoo will close to the public at 5 p.m. Doors reopen at 6:30 p.m. for the event.

Reminder from Brentwood Police Department: Leash Your Dog



The Brentwood Police Department has received several complaints of dogs being left off leash in unsecured yards or on walks in our neighborhoods.

We remind our residents there is a leash law in place for the safety of our residents and our pets, and we will be enforcing the law if we are alerted to additional violations.

Please be respectful of your neighbors and of other pets – make certain you leash your dog on walks or while otherwise unsecured.

CITY OF BRENTWOOD, MISSOURI PRELIMINARY COMBINED STATEMENT OF REVENUES, EXPENDITURES AND CHANGES IN FUND BALANCES ALL GOVERNMENTAL FUND TYPES FOR THE PERIOD ENDED DECEMBER 31, 2023

FUNDS	GENERAL	CAPITAL IMPROVEMENTS	ECONOMIC DEVELOPMENT	STORM WATER AND PARK IMPROVEMENTS	SEWER IMPROVEMENTS
REVENUES					
Taxes	\$ 12,143,499	\$ 3,025,393	\$ 3,638,472	\$ 3,554,415	\$ -
Licenses and Permits	2,065,535	-	-	-	-
Intergovernmental	267,072	29,286	-	7,448,804	-
Charges for Services	435,996	-	-	1,329,175	-
Fines and Forfeitures	381,981	-	-	-	-
Investment Income	242,575	156,154	147,497	130,465	-
Assessments	-	-	-	-	132,839
Miscellaneous	447,203	39,577	-	49,481	-
TOTAL REVENUES	15,983,861	3,250,410	3,785,969	12,510,340	132,839
EXPENDITURES					
Current:					
Administration	1,043,397	-	-	-	-
Police	4,302,780	-	-	-	-
Fire	2,857,935	-	-	-	-
Street	1,403,046	-	-	-	-
Sanitation	721,623	-	-	-	-
Planning & Development	546,034	-	-	-	-
Storm Water, Parks and Recreation	-	-	-	1,387,979	-
Community Services	158,422	-	-	-	-
Legislative	108,862	-	-	-	-
Judicial	194,575	-	-	-	-
Municipal Operations	1,989,181	-	-	-	-
Library	-	-	-	-	-
Sewer Lateral	-	-	-	-	112,914
Capital Outlay	-	2,762,136	-	23,302,659	-
TOTAL EXPENDITURES	13,325,874	2,762,136	-	24,690,638	112,914
Transfer in (out)	(726,073)	(961,348)	-	1,465,485	(18,300)
Debt Service:					
Principal retirement	-	228,676	1,160,000	1,029,829	-
Interest and fiscal charges	-	151,451	1,411,337	1,649,108	-
TOTAL DEBT SERVICE	-	380,127	2,571,337	2,678,937	-
GRAND TOTAL EXPENDITURES	13,325,874	3,142,263	2,571,337	27,369,575	112,914
EXCESS REVENUES OVER (UNDER) EXPENSES	1,931,915	(853,201)	1,214,632	(13,393,749)	1,625
OTHER FINANCING SOURCES(USES)	-	-	-	-	-
FUND BALANCES JANUARY 1, 2023	8,410,126	5,430,059	4,143,339	28,705,628	161,555
FUND BALANCES DECEMBER 31, 2023	\$ 10,342,041	\$ 4,576,858	\$ 5,357,971	\$ 15,311,879	\$ 163,180

STATEMENT OF CHANGES IN GENERAL OBLIGATION DEBT PAYABLE

ISSUE	2017 C.O.P. ADVANCED 2009 REFUNDING	2018 C.O.P. MANCHESTER RENEWAL PROJECT	2019 C.O.P. MANCHESTER RENEWAL PROJECT	CITY HALL/LIBRARY C.O.P. 2014 REFUNDING	PARKS & REC C.O.P. 2014	FIRE LEASE PURCHASE 2020	SANITATION LEASE PURCHASE 2021	PARKS & REC REAL ESTATE LOAN 2023
INTEREST RATES	2.00-3.50%	3.00-4.00%	3.50%	2.00-3.50%	2.00-3.50%	1.45%	1.39%	5.49%
ORIGINAL AMOUNT OF ISSUE	\$ 5,105,000	\$ 43,390,000	\$ 41,770,000	\$ 788,545	\$ 5,070,000	\$ 341,924	\$ 212,000	\$ 1,500,000
BALANCE OUTSTANDING AT JANUARY 1, 2023	4,985,000	42,100,000	39,095,000	85,000	1,130,000	57,523	71,153	-
ISSUED DURING YEAR	-	(15,000)	(1,160,000)	(85,000)	(560,000)	(57,523)	(71,153)	(69,829)
RETIRED DURING YEAR	(15,000)	(400,000)	(1,160,000)	(85,000)	(560,000)	(57,523)	(71,153)	(69,829)
BALANCE OUTSTANDING AT DECEMBER 31, 2023	\$ 4,970,000	\$ 41,700,000	\$ 37,935,000	\$ -	\$ 570,000	\$ -	\$ -	\$ 1,430,171

I, Michelle DePew, Finance Director, City of Brentwood, Missouri certify the above statements are true and in agreement with records on file, DECEMBER 31, 2023.

Michelle DePew

Michelle DePew, Finance Director

Brentwood School News *Continued from page 2*

Engineering Ingenuity on Display at BMS



Brentwood Middle School seventh graders have been working in teams to design, build and program robot dragsters. This hands-on activity is part of the school's Project Lead The Way course, which explores the science behind mechanical systems, energy transfer, machine automation and computer control systems.



Students used the VEX Robotics platform to create dragsters capable of both acceleration and precision, traveling at top speed for 20 feet and stopping as close to the finish line as possible. After weeks of work, students put their machines to the test in head-to-head competitions as part of the school's annual Robot Drag Race.



"This project is more than just mechanics - it's about engaging students in authentic, interactive learning experiences to solve real-world problems," said Sarah Pfeifer, BMS engineering technology teacher. "Seeing our students work together to make their ideas a reality highlights the importance of collaboration, creativity and critical thinking in developing future innovators."



Congratulations to the team of Christian C., Mike K. and Elliot N. for winning this year's competition!

Career Day Sparks Imaginations and Aspirations



More than 20 business professionals shared their experiences and insights about their respective fields during Mark Twain West Elementary School's inaugural Career Day on Friday, Jan. 26.



From mechanical engineering to paranormal investigation, this event showcased a variety of career options, offering students a first-hand look at how the skills they are learning in the classroom can be applied in the real world. All of the featured professionals had direct connections to the Mark Twain West community.



"Our students are never too young to start thinking about their passions and exploring potential career pathways," said Samija Halilovic, Mark Twain West school counselor. "We appreciate all the volunteers who took the time to connect with our students and share their inspiring stories."

Elementary Schools Crown Spelling Bee Champs

After nine exhilarating rounds and more than 20 competitors, Aidan T. has been crowned this year's McGrath Elementary School Spelling Bee champion. The fourth grader displayed some serious linguistic skills and conquered the championship round by spelling "jeopardy."

At Mark Twain West Elementary School, Aadi B. earned bee bragging rights in a thrilling competition that spanned 15 rounds and featured 17 competitors. The fourth grader solidified his status as a phonetic phenom by spelling "defoliant" in the championship round.

"Spelling helps build a strong foundation for effective written and verbal communications," said Kelsey Grammer, district English language arts coordinator. "It's exciting to see our students embrace the beauty of language and the joy that comes with mastering the written word."

Congratulations to all of the elementary school spelling bee participants on a job well done!



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Verlo Mattress® Reveals New Store Open in Brentwood

Verlo Mattress, America's fastest-growing direct-to-consumer mattress franchise, today announced it officially opened the doors to Brentwood's new Verlo Mattress store located at 2539 South Brentwood Boulevard on Thursday, February 1.

Verlo Mattress' store concept is highly unique - every mattress purchased is made right here in the St. Louis area, tailored to the individual customer to fit their own sleep needs, and sold at a factory-direct price, cutting out the middleman-associated markup.

Owned and operated by local franchisee Stieg Nystrom, the new 3,200 square-foot store, offers high-quality and hand-made custom mattresses, pillows, adjustable bases and other sleep products.

"We're proud to be expanding within the Brentwood market," said Dirk Stallmann, President of Verlo Mattress. "Verlo Mattress is experiencing growth across America because people recognize the high quality of our sleep products. We are excited to continue that legacy in Brentwood."

The new Brentwood Verlo Mattress is open Monday to Friday 10:00 a.m. to 8:00 p.m., Saturday 9:00 a.m. to 5:00 p.m. and Sunday 10:00 a.m. to 4:00 p.m.

To learn more about Verlo Mattress, please visit verlo.com or follow on Facebook and Instagram.



ST. LOUIS WORKING WOMEN'S SHOW
 Friday to Sunday - February 16-18, 2024
 St. Charles Convention Center



"Little House On The Prairie." Alison will make multiple appearances all weekend and will sign autographs, take pictures with fans and sign copies of her popular autobiography, Confessions of a Prairie Bitch.

Special features at this year's show include the Wine & Spirits Garden with samples from Missouri wineries, Pampered in Paradise offers hair styling experiences. On the Main Stage, the Working Women's Game Show returns with Bingo, Closer to the Price, Face Off and Feud. The Maker's Market with quality handmade items and the Make-It & Take- It Classes return in 2024. Fan favorite creator Jim Davis from Holiday Home Creative will be presenting Make-It & Take-It classes and celebrity guest Alison Arngnim will join him in the fun. Projects will include wreaths and door hangers. Tickets are \$15 and include all of the materials and in-person instructions. Make-It & Take-It tickets are available online at www.wssonline.com.

New for 2024 is the Chef's Corner, a creative, new cooking experience. This completely fresh cooking stage presents an intimate table with the chef as he prepares new recipes. Participants will learn a new skill and get a taste of what he cooks. Seating will be limited, so attendees are encouraged to arrive early to secure a seat. The Chef's Corner is sponsored by Food Service Consultants, Inc. and is presented by Chef D. Scott Phillips and friends. Also new in 2024 is The Beauty Box, an interactive experience with demonstrations, makeovers, hair styling and other self care entertainment. The Beauty Box is sponsored by Healthy Hair Solutions and is presented by Tendai Morris.

The St. Louis Working Women's Show takes over the St. Charles Convention Center, 1 Convention Center Plaza, St. Charles, MO. Show hours are: Friday, 11 a.m. - 6 p.m.; Saturday, 10 am - 6 p.m.; and Sunday, 11 a.m. - 5 p.m.

Sign up for show emails at www.wssonline.com. Follow the show on Facebook @WorkingWomensSurvivalShow.StLouis and follow the social media hashtag #ultimategirlsdayout



BRENTWOOD SCHOOL DISTRICT

CALLING ALL CLASS OF 2037 FAMILIES!

Kindergarten Registration for the
2024-25 School Year Begins:
Tuesday, February 20, 2024

Brentwood offers **FREE** full-day kindergarten at both Mark Twain and McGrath elementary schools. Students must be **5 years old before the first day of August** to attend kindergarten. Early registration helps us identify our needs for the upcoming school year, so please share this information with your family, friends and neighbors. If you need assistance in determining your student's school, please call **314-962-4507**.

Our kindergarten registration packet can be downloaded at **brentwoodmoschools.org**. Parents and caregivers must have a valid driver's license or state-issued photo ID, as well as **one** current document from **LIST A** and **two** current documents from **LIST B**, to register a kindergarten student for the 2024-25 school year.

LIST A

One required

LIST B

Two required

- **Mortgage Statement**
- **Property Deed**
- **Real Estate Tax Bill**
- **Homeowners Policy**
- **Residential Lease Agreement**
*must be signed and updated annually

- **Unpaid Utility Bill**
- **Credit Card or Bank Statement**
- **Voter Registration Card**
- **Personal Property Tax Bill or Receipt**
- **Paycheck Stub**
- **Insurance or IRS Tax Statement**
- **Social Services, Social Security or other legal documents issued by local, state or federal courts**

KINDERGARTEN REGISTRATION

TUESDAY, FEBRUARY 20, 2024

8 A.M. to 5 P.M.

Mark Twain Elementary School

2350 St. Clair Ave.
Brentwood, MO 63144
314-962-0613

McGrath Elementary School

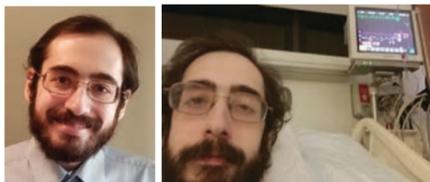
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Brentwood, MO 63144
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www.brentwoodmoschools.org

Aspiring Scientist Struck Down by Disease Hopes to Return to Science



Left photo was taken just before Michael entered graduate school at the University of California in Davis, California to begin working on a Ph.D. in Applied Physics. On the right is of Michael in a recent hospital stay, after 15 years of chronic illness.

Aspiring Scientist Struck Down by Disease Hopes to Return to Science

Michael A. Mandel, a graduate of Ladue High School. Michael is a 37-year-old man whose aim was to become a scientist who invented new medical devices to improve people's health. Michael has an unusual story to tell about serious chronic illness and chronic pain. Finding the help that he needs has meant everything to him. Affording it is another story.

After graduating with honors from Beloit College, Beloit, Wisconsin in both Physics and Chemistry, he was courted by 6 University Ph.D. programs in Physics. They each offered him a "full ride", all expenses paid plus a stipend for working as a Teaching Assistant. He accepted one at the University of California at Davis and began his studies of Applied Physics for a Ph.D. Only to be debilitated with a very unusual case of Crohn's Disease that doesn't respond to any of the standard medications. Michael was like a jet airplane that was taking off at super speed only to be struck down before reaching cruising altitude.

Now 15 years later, Michael has continued to be very sick with a case of Crohn's which still has not responded to any of the traditional treatments. As a result, doctors had nothing else to offer him. He has traveled to the Mayo Clinic in Rochester, Minnesota twice, to Cedar Sinai Medical Center in Los Angeles, and to the Inflammatory Bowel Center at the University of California at San Diego Medical Center, all to no avail. The disease continues unabated and has caused continual damage to his digestive system forming lesions, strictures, and scar tissue that contributes to ongoing pain.

Michael has also been in chronic pain these last 15 years. Doctors have often told him that they do not believe that he could be suffering as much as he reports. However, Michael has said that the constant pain makes functioning at all very difficult, has taken a toll on his mood, his relationships, and prevents him from finishing his Ph.D. or taking on any meaningful work. Experiencing such pain takes away his appetite. He is now malnourished and dangerously underweight, sleep-deprived, mostly in bed, and unable to participate in the mainstream of life. He reports suffering around the clock.

As you can imagine, Michael is a very bright guy, and he loves science dearly. He



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Contact us at admin@stl-scfk.com or call 314-695-4331

hasn't given up on returning to the Ph.D. program where after 15 years he is still considered on medical leave. He dreams of completing this degree and going on to help other people by designing new medical devices that would help improve people's health. Michael has found many people who have been supportive of his plight and have done as much as they can for him. He says that he wants to finish his degree. Then he can go on to return the help he has been given by working in science to design machines that will benefit medical care for those who need it.

Fortunately, Michael has now found several doctors who have discovered that he suffers from a rare condition where pain medications don't help him very much. As a result, doctors he has seen have refused to believe he was in so much pain that the allowed dosage of pain medication was of little help to him in alleviating the pain that he was experiencing. Michael now has treatment and medication prescribed for him that have begun to help. However, these are not covered by insurance. Finally, he found treatment and medications that are helping but are unaffordable for him while living on only a small amount of Social Security Disability Insurance monthly.

Recently, though, Michael is delighted to have gotten the attention and help from a very successful National Patient Advocate, Lisa Berry Blackstock (<https://app.umbrahealthadvocacy.com/advocate/lisa-berry-blackstock>), who helps patients all over the U.S. and Canada.

Ms. Blackstock is determined to help Michael. She has begun a fundraising campaign for Michael nationally where she hopes to bring in over \$300,000 to pay for the new medical treatment and medication. These new doctors are planning more treatment with the hope that Michael can eventually return to the life that he planned for himself.

As a survivor of chronic pain herself, Ms. Berry Blackstock is passionate about helping Michael get the help he needs now that he finally has doctors who know how to treat him.

Michael has a rare case of Crohn's Disease that has been causing his pain. His case is unusual and defies most treatments. Life has been tough for Michael. He has been unable to work and only functions with difficulty. He is mostly homebound and presently requires daily help to care for him.

Michael has many people rooting for him and supporting his efforts to return to normality in life. Many people say that he has an amazing drive to survive. Michael says that he hopes that he can inspire people who are suffering to also have hope that they can overcome adversity in their lives.

Michael's supporters are trying to spread the word and elicit help from the St. Louis Community. This is a fundraiser that will not only help Michael but will hopefully provide another dedicated scientist to the world who wants to work to improve the health of everyone.

Michael's parents are very involved and are currently covering what Michael needs to

survive and hopefully thrive, but they are of retirement age and have to spend down their retirement savings to do so. This fundraiser is intended to help Michael and to remove this tremendous burden for his caring parents.

This fundraiser is listed on GoFundMe sponsored by Lisa Berry Blackstock, a National Patient Advocate for Michael Mandel. Ms. Berry Blackstock hopes that people reading this will consider helping Michael by sharing his need and this link for GoFundMe. Donations are welcomed at <https://gofund.me/2f18beeb>

Submitted and written by Linda Pevnick, MSW, LCSW

Reminder from Brentwood Police Department: Leash Your Dog

The Brentwood Police Department has received several complaints of dogs being left off leash in unsecured yards or on walks in our neighborhoods.

We remind our residents there is a leash law in place for the safety of our residents and our pets, and we will be enforcing the law if we are alerted to additional violations.

Please be respectful of your neighbors and of other pets – make certain you leash your dog on walks or while otherwise unsecured.

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BRENTWOOD PUBLIC LIBRARY

Balance Barre for Seniors

**THURSDAY, FEBRUARY 15
 10:00-11:00 AM**

Improve your balance and independence through dance!

Balance Barre consists of combinations of modified barre exercises and stretches.

No dance experience is necessary.
 Free. For ages 50 and up.

REGISTRATION REQUIRED. Call (314)963-8689 to register.

Held at the Brentwood Community Center (2505 S Brentwood Blvd, Brentwood, MO 63144).

CRAFTABILITY

FRIDAY, MARCH 22 AT 10:00 A.M.

STORY TIME
 ARTS & CRAFTS
 PLAY

Craftability and Easterseals volunteers craft with preschool age kids and their caregivers.

Held at The Brentwood Community Center.

Want to register? Call the library or e-register through our website's online calendar of events.

easterseals Midwest

LEARN TO DJ

WITH DJ CHRIS BROWN & DJ WHIZ

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Instructors DJ Chris Brown and DJ Whiz will guide you to greatness and teach you everything you need to know about the art of spinning vinyl and DJing for yourself or a crowd.

**KIDS AGES 8+ MARCH 11
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REGISTRATION REQUIRED

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Chloe's Lunar New Year
 A Sweet New Year for Ren
 PLAYING WITH LANTERNS
 Grumpy New Year
 FRIENDS ARE FRIENDS FOREVER
 The Nian Monster

POKÉMON Valentine's Scavenger Hunt

February 1 - 15 during library hours

Stop in and try to find all the Pokémon hiding throughout the library. Catch them all and win a treat! Grab a scavenger hunt sheet from the front desk.

Toddler Story Time

**Tuesdays at
 9:30 a.m.**

30-minutes of songs, stories, and bubbles. Best for preschool ages, but open to all children and families.

Free. No registration required.

children's yoga

Thursdays at 9:30 a.m.

Children's Yoga is presented by Complete Harmony Yoga for Youth.

Bring a yoga mat or towel.

Classes are great for children ages 3-5, but open to children of all ages.

Free. No registration required.

**March 5
 at 6:30
 p.m.**

Ask for a copy at the circulation desk.

Newcomers are always welcome and no registration is required.

The Book of Delights
 Essays
ROSS GAY

BRENTWOOD BOOK CLUB
 Held at the Brentwood Community Center (2505 S Brentwood Blvd)
 brentwoodlibrarymo.org

POM POM ANIMALS

Monday, February 26 at 6:00 p.m.

Create a cute pom pom animal at this hands-on class. For children and families. Registration is required to attend.

BRENTWOOD PUBLIC LIBRARY

VITALITY STRETCH YOGA

**THURSDAY, MARCH 7
 10:00-11:00 AM**
 (REOCCURS MONTHLY)

Our certified yoga instructor guides the class through chair stretches, postures and flows.

Free. For ages 50 and up.

REGISTRATION REQUIRED. Call (314)963-8689 to register.

Held at the Brentwood Community Center (2505 S Brentwood Blvd, Brentwood, MO 63144).

February is Recognized as National Children's Dental Health Month

Importance of establishing early habits to maintain oral health

The American Dental Health Association annually reminds the public that oral health matters at all ages because it is key to overall health and wellbeing. Interestingly, tooth decay is noted as the most common childhood chronic disease, and cavities do occur in baby teeth. Parents and caregivers are encouraged to begin modeling healthy habits at a young age, by teaching children to prioritize brushing and flossing, as well as nutrition.

"Families can make tooth brushing a regular, enjoyable activity to share," explains Poonam Jain, BDS, MS, MPH, professor and vice dean for clinical affairs and advanced dental education, A.T. Still University-Missouri School of Dentistry & Oral Health. "The goal is for parents and caregivers to inspire children to adopt lifelong habits at home for oral healthcare."

Suggested best practices at home include:

- Brush teeth in the morning and the evening for two minutes, that's twice a day with toothpaste containing fluoride.
- Brush gums gently and all the way to the back of the mouth.
- Brush the tongue from the back to the front.
- Make tooth brushing fun with colorful brushes, accompanied by favorite songs or rewarding with special books afterwards.
- Floss once a day if the child is old enough to understand flossing.

"Brush daily as a family," emphasizes Dr. Jain. "It's the best investment for a healthy mouth and a healthy body. And, don't forget to establish a dental home for your child by visiting a dental office no later than 12 months of age, followed by regular visits for cleaning and an oral exam."

The St. Louis Dental Center, located at 1500 Park Ave. in the Lafayette Square neighborhood, is a state-of-the-art 79,000-square-foot clinical education facility with 93 dental chairs. Dental care is provided for the St. Louis community by Affinia Healthcare dentists and staff and A.T. Still University-Missouri School of Dentistry & Oral Health (ATSU-MOS-DOH) faculty and dental students. To learn more about St. Louis Dental Center services and schedule an appointment, call 314.833.2700. Please visit stldentalcenter.org or [Facebook.com/stldentalcenter](https://www.facebook.com/stldentalcenter).

BLACK HISTORY MONTH AT CITY MUSEUM

"Blessed by the Ancestors" is a captivating new art exhibit that celebrates the rich artistic talent of Black artists hailing from St. Louis.

The exhibition is included with City Museum admission and is open now through March 3 in celebration of Black History Month.

"Blessed by the Ancestors" serves as a powerful testament to the cultural heritage and creative brilliance within the local Black community. Showcasing a diverse range of artistic expressions, the exhibit explores themes such as identity, heritage, resilience, and the profound connections between the artists and their ancestors.

Curated by artist Brock Seals, this collection includes paintings, sculptures, mixed media pieces, and other forms of visual art that reflect the unique perspectives and experiences of the featured artists. Visitors to the exhibit can expect to encounter a vibrant tapestry of storytelling through art, each piece contributing to a larger narrative that pays homage to the ancestry that has shaped and inspired the artists.

From bold and thought-provoking pieces that challenge societal norms to evocative works that celebrate the beauty of Black culture, "Blessed by the Ancestors" aims to provide a platform for local artists to share their voices and contribute to the ongoing dialogue around representation in the art world. The exhibit not only serves as a showcase of talent but also as a space for reflection and connection, fostering a sense of community pride and appreciation for the artistic heritage of St. Louis.



The St. Louis Battlehawks 2024 Season Announced! Home Opener at The Dome on April 6

Explore St. Louis is thrilled to welcome the St. Louis Battlehawks back to The Dome at America's Center for their 2024 season. In the newly formed United Football League (UFL), the St. Louis Battlehawks aim to put on a great show for fans – and hopefully break attendance records again this spring! The UFL season kicks off on March 30, and the St. Louis Battlehawks play their first home game on April 6.

The schedule:

- Saturday, March 30, at Detroit, 3 p.m.
- Saturday, April 6, vs. Arlington, 7 p.m.
- Sunday, April 14, at San Antonio, 2 p.m.
- Saturday, April 20, vs Memphis, 11:30 a.m.
- Sunday, April 28, at D.C., 11 a.m.
- Saturday, May 4, vs. Houston, 2 p.m.
- Saturday, May 11, at Birmingham, 3 p.m.
- Sunday, May 19, vs. D.C., 11 a.m.
- Saturday, May 25, at Arlington, 11 a.m.
- Saturday, June 1, vs. San Antonio, 3 p.m.

ARRIVAL FROM SWEDEN: "THE MUSIC OF ABBA" SUNDAY, APRIL 14, 2024 at 7:30 PM

ARRIVAL from Sweden "The Music of ABBA" will perform all the greatest hits from the iconic supergroup on Sunday, April 14 at The Factory at The District.

Show time is 7:30 p.m. (doors open at 6:30 p.m.). Tickets are \$69.50 and \$39.50. Tickets go on sale this Friday, February 9 at 10 a.m. and can be purchased online at Ticketmaster and TheFactorySTL.com.

ARRIVAL from Sweden "The Music of ABBA" is the absolute best and most authentic ABBA show there is. Featuring the powerhouse hits such as "Dancing Queen," "Mamma Mia," "Does Your Mother Know," "Take A Chance," "SOS," "The Winner Takes It All," "Super Trouper," "Money Money Money," "Waterloo," "Honey Honey," "Fernando," "Chiquitita," "Knowing Me Knowing You," "Thank You For The Music," "Lay All Your Love On Me," "Gimme Gimme Gimme" and many more are delivered with such accuracy that it's hard to believe that it's not the real ABBA on stage. This production has all the features a great ABBA show needs with flashy costumes, talented musicians, and breathtaking singers. For more information, visit: www.themusicofabba.com.

Located at 17105 North Outer 40 Road, just off Interstate 64/40 at the Boone's Crossing exit, The Factory at The District is the newest addition to the vibrant entertainment scene in St. Louis, and offers complimentary, well-lit parking for all events. For more information, visit www.thefactorystl.com or www.stevelitmanpresents.com.



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Louis "Chip" Obert

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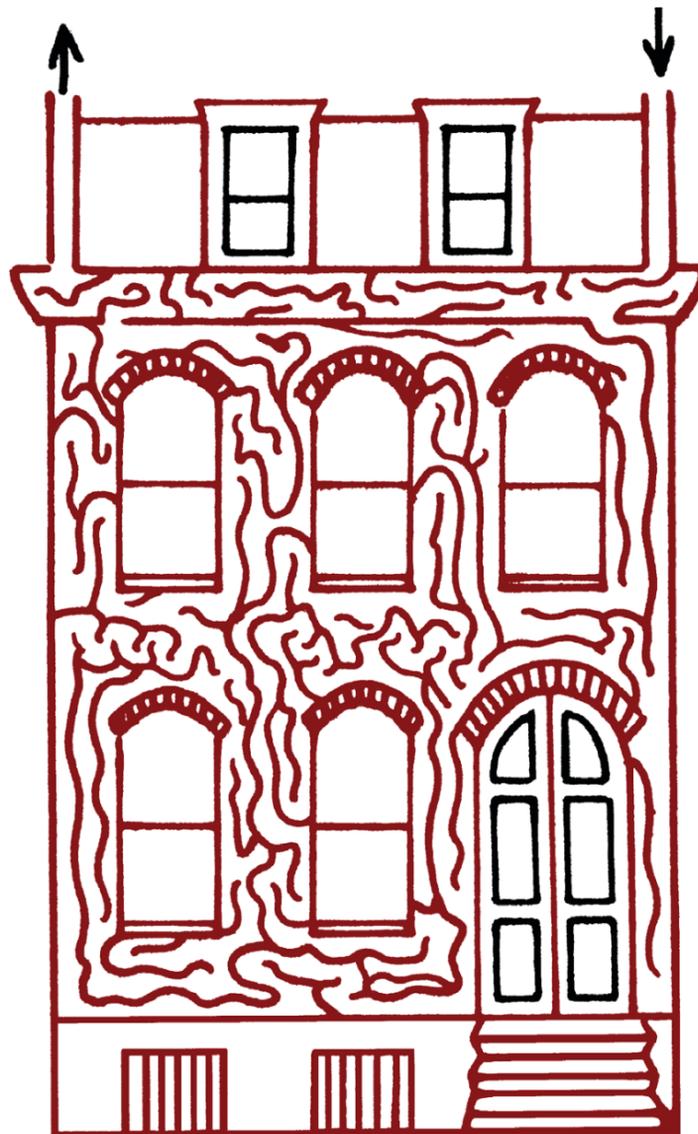
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Ever since singer, songwriter, and adventurer Rick Schuler wore his first pair of round glasses at age 13, the murmurs begin. It was undeniable, he looked like John Denver.

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Joey's Mazes

by Joey Barzantny
mazesbyjoe.com



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INSIDE BASEBALL

By Rob Rains of StLSportsPage.com

Riley O'Brien, Ryan Fernandez join Cardinals' bullpen competition after once almost walking away from baseball

With so many new pitchers arriving in Jupiter, Fla., as spring training gets underway for the Cardinals, there will no doubt be a time when they will try to get to know one another.

When Riley O'Brien and Ryan Fernandez strike up a conversation, they likely will quickly learn they have something in common to talk about.

O'Brien, obtained from the Mariners, can tell Fernandez about how he thought about quitting playing baseball when he was in junior college. Fernandez, selected by the Cardinals from the Red Sox in the Rule 5 draft, can respond by telling O'Brien how he had the same thoughts when he was about to finish high school.

Thinking about then, and how nearly a decade later, both are now in a major-league spring training camp, probably will produce a laugh or two.

"No chance," O'Brien said in a telephone interview about the odds of that happening after he almost stopped playing in 2015. "That's why this whole experience has been cool. I've been grateful for every day and not taken anything for granted."

Fernandez, who arrived in Jupiter last week, has the same attitude.

"I woke up this morning, walked out of my apartment, the weather felt great and I was like, 'Dude, I'm going to play baseball for fun, for money,'" Fernandez said. "This is awesome."

"It's not that I wouldn't have believed it (as a high school senior) but for me in my head, it would have been far-fetched for sure."

"I am as grateful as I can be."

Both O'Brien and Fernandez have come a long way since wondering if baseball could, or would, be a part of their future.

"You can't figure it out in a mid-week scrimmage"

For O'Brien, who turned 29 on Tuesday, it was his coach at Everett Community College in Washington who urged him to keep playing. For Fernandez, 25, it was his parents, Rafael and May-Lin, who didn't want him to stop as he was finishing high school in Tampa, Fla., in 2016.

Neither has any idea what they would be doing now if they had followed through on the idea of not playing baseball back then.

"I always kind of had a passion for baseball; it was always something I was good at," O'Brien said. "It never really felt like there was anything else I wanted to do. I always kind of felt like baseball was the only option."

"It probably should have gotten to that point where I was thinking about other stuff, but it was that thought that I was trying to push away because I didn't want to accept that baseball could be running its course. I did give it some loose thought, and nothing really stood out as much as wanting to continue my baseball career."

Levi Lacey was O'Brien's coach at Everett.

"I remember some of those conversations," said Lacey, now an area scout for the Texas Rangers. "I remember him kind of doubting his ability. I specifically remember a day at practice, in the middle of the week. Back then Riley's command struggled and he got on the mound and didn't get locked in. He was just really scattered but his stuff was really good."

"We had high expectations for him and I love him as a human, and I just went off. I yelled, 'Riley, you are the best player on this field and the only one who has a chance to play in the big leagues out of everyone on this field. You can't figure it out in a mid-week scrimmage?' He was looking at me like a deer in the headlights."

"I kept going. 'Riley, did you hear what I said?' You are the only one here who has a chance to play in the big leagues. You've got to get locked in.' It was a mid-week scrimmage and he was doubting himself."

Lacey thought at the time that O'Brien, whose grandfather had played in the major-leagues, was at a point where he might walk away from the game but that maybe his message at practice that day served as a wakeup call.

"He turned the corner mentally," Lacey said. "He just kind of questioned if he was good enough. Honestly there was no doubt in my mind that I thought he was. He just hadn't figured out how to do it yet. But I wasn't going to give up on him."

Lacey had played at the College of Idaho, an NAIA school in Caldwell, Idaho, and his coach was still there. A phone call led to the school deciding to give O'Brien a chance to pitch there the next year.

"I definitely always wanted to keep playing," O'Brien said. "It was one of those things that I kind of looked at, and realistically there weren't many opportunities, but in my head

giving up or not playing baseball was not really an option.

"I was just kind of pushing that thought away and when the College of Idaho called it felt like my second chance and I wanted to make the most of the opportunity and I'm thankful I did."

"I told the coaches there I needed to re-start and do what I needed to do to get the ball over the plate and kind of go from there. They were very supportive of that and helped me out and it kind of took off from there."

After a solid junior season, O'Brien got some interest from scouts during a pro day in the fall of his senior year. Then came the game that O'Brien believes changed his future.

"We were playing Lewis-Clark State, the best team in our conference, and I wasn't supposed to start that game," O'Brien said. "Before we left the hotel I was told I was starting. There were a lot of scouts there watching Lewis-Clark."

"I hit 95 and the highest velo I had before that had been 92. That's where I met the Rays' scout who ended up following me the rest of the season and then drafted me."

The Rays used their eighth-round pick in the 2017 draft on O'Brien, sending him on a professional odyssey that has taken him from the Rays system to the Reds and Mariners on his way to the Cardinals, a journey that has already included two games in the majors – a start for the Reds in 2021 and a relief appearance for the Mariners in 2022.

"I definitely want to get some more," O'Brien said. "It doesn't feel like I'm done yet."

Lacey doesn't think so either.

"He's so much stronger now because he dealt with the adversity," Lacey said. "He's like, 'Now if there is an obstacle in front of me I can get through that.' He created that himself ... He kept working. He knew he was going to get through it."

"I admire the young man. He makes me happy every time I see him. He's the proof that even if someone else doesn't believe in you, just keep grinding and give yourself a shot."

O'Brien continues to be thankful for how Lacey motivated him and provided the springboard to his future.

"He was definitely hard on me, but that's how he was with everyone," O'Brien said. "He always made it clear I had potential and he always had my back and was willing to help me out."

"My God, I'm such a bad player"

Like O'Brien, Fernandez had moments when he wondered if playing baseball was going to be part of his future after graduating from high school.

"There was a point coming out of high school," Fernandez said. "I hadn't gotten any offers from any colleges. My high school coach talked to the coach at Hillsborough Community College and they reached out and wanted me to go to a tryout."

"I was sitting at home and I was like, 'My God, I'm such a bad player. Community college is where the bad kids go ... I'm never going to get anywhere with this.' I was thinking about quitting but my parents, being my parents, they didn't let me do that ... I probably had it (the thought of quitting) in the back of my head for a week but once I had that talk with my parents I got back to baseball."

"They love me and they knew I could do better than that, so I gave it a shot. I went to the tryout, did really well and the school gave me a full ride."

Fernandez had a good freshman season, realizing that the community college level still was stacked with good players, many of whom he thought could have played in Division I

except they were looking for a chance to get drafted sooner.

"After that year was when I really started taking it seriously," Fernandez said. "I started working out in the gym, started to throw harder and perform better. I got attention, and then got drafted."

The Red Sox selected Fernandez in the 23rd round in the 2018 draft, and he spent the next five seasons, missing the Covid-canceled 2020 season, quietly advancing through the Red Sox system, reaching Triple A in 2023.

"I was never the guy getting all the attention," Fernandez said. "I was always just a guy who was under the radar, getting by, good enough to get to the next level but never sticking out. I think having my whole life and career of not sticking out helped me stay humble and keep working hard."

"I feel like when I was younger if everyone was telling me 'I'm the best' or whatever maybe I would have got complacent and not really worked hard because if you feel like you're the best, you don't have to get any better."

Fernandez, like O'Brien, believes the opportunity with the Cardinals is coming at a good time in his career.

"Every year is a learning curve," he said. "You always learn what you need to do for the next season. I'm just going to go out there and do what I do best."

Competing for a job in the majors

O'Brien and Fernandez are joining what promises to be the most hotly contested competition in the Cardinals' camp this spring, trying to win a spot in the bullpen. They were two of the five right-handed relievers acquired from outside the organization this winter with three holdovers from last season also in the camp. Including the four lefthanders who are back after pitching in relief for the team last year, there will be at least 12 pitchers vying for one of eight spots.

Fernandez, who is in his first big-league spring camp, is in a slightly different position as a Rule 5 draft selection. He will either have to be on the active roster or injured list the entire season or be offered back to the Red Sox.

He doesn't want that status to affect his approach to the competition.

"At the end of the day I'm just going to compete to try to stay up there, whether it's because of the Rule 5 draft or not," Fernandez said. "My situation really isn't going to change; I'm still going to be trying to be the best pitcher I can possibly be."

Fernandez split the 2023 season between Double A and Triple A for the Red Sox, collecting 67 strikeouts in 54 innings combined between the two levels.

O'Brien spent all of last season in Triple A with the Mariners, where he earned 15 saves and posted a 2.29 ERA while striking out 86 batters in 55 innings.

"My goal is to go out there and pitch the best that I can and hope everything works out," O'Brien said. "I think last year I kind of made some adjustments halfway through the season that kind of helped me be more consistent with my mechanics. I took that right into the offseason and kept pounding away at it. I feel like I'm in a really good spot."

Fernandez thinks he is too. If he needs any extra motivation once the camp officially opens and the games begin, he knows where it is going to come from.

His father, Rafael, died in 2021.

"It was definitely a blessing to have my parents behind me," Fernandez said of his decision to keep playing. "My dad was probably the biggest driver. So now, it's like I've got to keep that going, just to make him proud."

Follow Rob Rains on Twitter @RobRains

MEN ARE FROM MARS—WOMEN ARE FROM VENUS LIVE!

10th Anniversary Evolution Tour Revamped for 2024!

THE WESTPORT PLAYHOUSE FEBRUARY 14-18

Celebrate the 10th anniversary of the Off-Broadway sensation, Men Are From Mars – Women Are From Venus LIVE! starring Amadeo Fusca. Performances run over Valentine's weekend Wednesday, February 14 through Sunday, February 18 at The Westport Playhouse.

This uproarious show, a seamless blend of theater and stand-up, has been revamped for 2024. Expect a delightful, light-hearted comedy inspired by John Gray's New York Times #1 best-selling book. Eric Coble, the original writer, and director Mindy Cooper are back to inject new life into the script, ensuring its relevance and resonance with today's audiences.

Moving swiftly through a series of vignettes, the one-man fusion of theatre and stand-up covers everything from dating and marriage to the bedroom. Performance times are February 14-16 at 7:30 p.m.; February 17 at 2 p.m. & 7:30 p.m.; and February 18 at 2 p.m. Tickets may be purchased through MetroTix at www.metrotix.com or by calling 314/534-1111. Additionally, tickets will be available at The Westport Playhouse box office one hour prior to show time. All seats are \$67. Use promo code MARS to save half-off.

Men Are From Mars – Women Are From Venus LIVE! is more than just the book. This hysterical show will have couples elbowing each other all evening as they see themselves on stage. Sexy and fast paced, this show is definitely for adults, but will leave audiences laughing and giggling like little kids! When Mars and Venus collide, the adventures are earth-shatteringly hysterical.

Cheese, Please, for those Pearly Whites!



February is **National Children's Dental Health Month** — a time to recognize the importance of prioritizing oral health at an early age. St. Louis District Dairy Council annually celebrates this month with school nurses and dental health professionals by providing resources that highlight the beneficial role of calcium-rich dairy foods in oral health. This February, the organization is distributing 500 dental health posters and 4,000 toothbrushes to school nurses in eastern Missouri and southern and central Illinois.

Cheese takes the spotlight when it comes to oral health. This dairy food is a great source of calcium and phosphorus, both of which strengthen teeth. The protein in cheese builds up the enamel in teeth, helping prevent cavities. Cheese is also a great way to finish a meal or snack. The act of chewing cheese stimulates saliva production, which helps clean teeth.

Because the main ingredient of cheese is milk, cheese is packed full of the same nutrients that milk has to offer, including many vitamins and minerals. "Cheese is the No. 2 source of calcium in the diet, coming second only to milk," said Maggie Cimarolli, a registered dietitian with St. Louis District Dairy Council. "Because of this, cheese helps keep bones and teeth strong. Cheese also provides high-quality protein, the nutrient that provides energy, and helps build and repair muscles."

Another unique quality of cheese is that it is low in lactose, allowing many individuals who are lactose-intolerant to enjoy this dairy food. Lactose is the sugar naturally found in milk and dairy foods. During the cheese-making process, the whey (the liquid where the lactose is stored) is removed from the cheese. The removal of the whey results in the removal of the majority of the lactose. This allows those with lactose-intolerance to enjoy a great source of calcium and protein, without the addition of digestive discomfort.

Celebrate with cheese!

Created over 8,000 years ago, cheese made its way to the United States in the early 17th century. More than 2,000 different kinds of cheese exist across the world, 300 of which are available in the United States. Today, cheese is categorized into eight varieties, including pasta filata, fresh soft, semi-soft, semi-hard, hard, soft-ripened, blue-veined and processed. With so many different varieties, textures and flavor profiles, cheese pairs well with almost every food, and has become a staple in many American households. According to the USDA, Americans consumed approximately 42 pounds of cheese per person in 2022.

It's important to note that cheese can be enjoyed not only during the month of February, but year-round. Whether enjoying a charcuterie board at a family gathering, cheese on top of a sandwich or salad at lunch, or refueling at the end of a sports game, the nutrient profile of cheese offers benefits for everyone.

"Individuals should be striving to get three servings of dairy every single day," Cimarolli said. "By adding 1 ½ ounces of cheese to a meal or snack throughout the day, an individual is consuming a serving of dairy, allowing them to get closer to that goal."

For more information on the benefits of cheese, visit www.stldairyCouncil.org or contact Maggie Cimarolli at 314-835-9668 or MCimarolli@STLDairyCouncil.org. Follow St. Louis District Dairy Council on Facebook and Instagram at [STLDairyCouncil](https://www.facebook.com/STLDairyCouncil).

The St. Louis District Dairy Council (SLDDC) is a nonprofit nutrition education organization funded by local dairy farmers. Since 1932, SLDDC has served 131 counties in central/southern Illinois and eastern Missouri as the go-to educational resource and advocate for the role of dairy foods as part of a healthful diet. As The Nutrition Education People, we are proud to spread knowledge to local communities, bridging the gap between local dairy farmers and consumers. The staff is comprised of professionals with experience in nutrition, food service management, education and communication, and we take pride in delivering engaging programs throughout the communities we serve.



Gouda Mushroom Soup

Warm your heart and belly this February with Gouda mushroom soup! Rich with creamy broth and hints of caramel flavors, you can easily fall in love with this soup.

Prep Time: 30 minutes
Yield: 6 servings

Ingredients:

- ½ cup butter
- ½ cup all-purpose flour
- ½ tsp. pepper
- ½ tsp. ground allspice
- 1 container (32 oz.) chicken broth
- 1 cup milk
- ½ cup heavy whipping cream
- ½ pound sliced fresh mushrooms
- 3 garlic cloves, minced
- 2 cups shredded smoked Gouda cheese
- Chives and smoked paprika for garnish

Directions:

In a large saucepan, melt butter over medium heat. Stir in the flour, pepper and allspice until smooth. Gradually add in broth, cream and milk. Bring to a boil. Add mushrooms and garlic. Reduce heat. Simmer 5 to 6 minutes or until mushrooms are tender. Add cheese. Cook and stir until melted. Garnish with chives and paprika, if desired.

HOME SWEET HOME

DID YOU KNOW WE ARE OPEN ON THE FIRST SATURDAY OF THE MONTH?

You asked and we answered. Donors have been asking for a weekend option for donating household items to our warehouse, and we finally figured out a way to make it happen!

To accommodate Saturday donation drop-offs, we are open on the **FIRST SATURDAY** of every month. Stop by between 9am and 12pm, and drop off your linens, dressers, or kitchen tables. If you can fit it on a truck or a van - we can take it. We will have two movers available to help you unload your vehicle and volunteers to help sort all donations coming in!



Money Management Conversations Worth Having with Your Teen

By: West Community Credit Union

Most teenagers probably won't leap at the prospect of learning about personal finance on their own. That's why it's important to take the time to teach them smart money management from the jump. To get the conversation started, here are some topics worth discussing to help your teen foster a successful future.

Set financial goals together

Putting away money every month requires discipline and is a great skill to practice at an early age by regularly stashing away some cash for a future goal. Crunch the numbers with your child to determine how much needs to be saved each month to hit their savings goal by a certain date.

Sign them up for a Teen Checking account

There is no better way to learn than by doing, so bring your teen down to the credit union to open their very own checking account. Teen Checking is the perfect way for kids, 13- 17 to learn how to save and spend, and it has all the tools needed to securely manage money, plus the parental guidance and controls to help you monitor their transactions.

Protect and manage their account together

Go over the features of Mobile Banking together so they know how to securely manage their accounts from their phone. Be aware of and use the custom real-time account alerts and debit card controls available to the both of you. You can:

- Set debit card spending limits.
- Choose real-time account alerts for logins, transfer activity, and balance.
- Control their debit card with purchase alerts, merchant limits, and card lock/unlock feature.
- Easily set up one-time or automatic transfers for allowance, school functions, apps, gaming, etc.

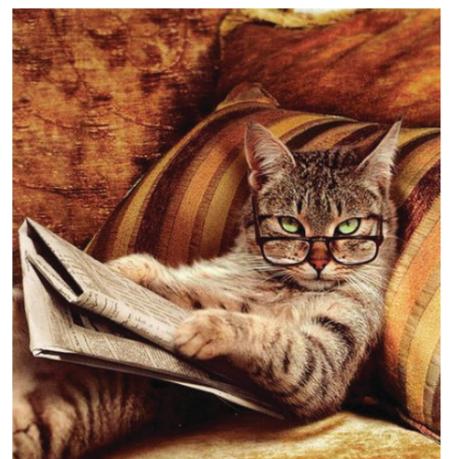
Preach the importance of financial security

Kids need to understand early how to keep their accounts safe and secure. Make sure they understand that people can use what they post on social media against them. Share personal stories of people you know that have had their identity stolen. Tell them not to share information about where they bank, or post pictures that contain debit or credit card information online. And inform them that their financial institution will NEVER ask for account details over text or email.

Start a successful financial future today! For more information about Teen Checking or to open an account for your 13 to 17 year old kid(s), contact Member Services with West Community Credit Union at 636.720.2495 or visit us online at westcommunitycu.org.

When you are through with this newspaper, please put it in its place.

Recycle it or donate it to your local animal shelter.



February 2024 Events at Richmond Heights Memorial Library!

8001 Dale Avenue Richmond Heights, MO 63117
314-645-6202 • Richmondheightslibrary.org



All Month Black History Month Scavenger Hunt | Ages: 5 and up
Find twelve bios of important Black Americans hidden throughout the library.

All Month At Home Family Book Club | pickup begins Feb. 1 | Ages: 8 and up
We Are Family by LeBron James and Andrea Williams. Kits include book, discussion questions, and snacks

Feb. 1 Lunar New Year Grab-n-Go Kits for Children and Teens | while supplies last
Celebrate the Year of the Dragon with special take-home kits featuring a paper lantern and a flying dragon. Please register.

Feb. 1 Black History Month Friendship bracelet kit | while supplies last | Age: 6+
Please register!

Feb. 4 Annual Lunar New Year Celebration! | 2:00 PM and 7:00 PM | All age
An afternoon and evening of family fun: calligraphy, Kung Fu, dance, baby dragon parade and children's chorus

Feb. 8 Kids in the Kitchen - Make Nachos! | 4:00 PM Ages: 6-12
Kids will practice measuring, chopping, and stirring tasty mixtures to create a cheesy vegetarian snack

Feb. 8 Virtual Authors Live! Presents Tessa Bailey | 7:00 PM | Adult
Discusses her latest hit *Fangirl Down*

Feb. 10 Saturday Stories: Lunar New Year | 10 AM, young children and caregivers

Feb. 13 The Artful Adult | 6:30 PM | Adults Hand-sewing as mindfulness

Feb. 14 Mid-day movies: Best in Show | 1:00 PM Ages: Adults

Feb. 20 Teen Activity Kit | Ages 12-18
Succulent plants!

Feb. 20 Virtual Authors Live! Presents Jason Mott | 3:00 PM | Adult
Discusses his latest hit *Hell of a Book*

Feb. 21 Black St. Louis Author Event | 6:30 PM | All ages
Calvin Riley explores the rich history of African Americans in St. Louis

Feb. 23 Virtual Authors Live! Presents Kim Scott | 1:00 PM | Adult Discusses her latest hit *Radical Candor*

Studio: TESLA | STEM for Middle Schoolers
Every Friday afternoon beginning Feb. 9 | 3:30 PM
PAWS for Reading Beginning Readers thru Gr. 6
Tuesday, Feb. 6 and Monday Feb. 12 | 4:00 PM

Storytime Schedule: Every Monday at 10:00 AM, Pajama Storytime: Tuesday, February 27 at 6:30 PM

Register for Library events:

- on our site at richmondheightslibrary.org/events
- by calling 314-645-6202
- in person at the Library

MISSOURI BOTANICAL GARDEN FOCUSES ON EDUCATION FOR BLACK HISTORY MONTH

The Missouri Botanical Garden will honor Black History Month with special activities throughout February that will highlight the rich historical contributions of Black people to plant science, horticulture, botany and society.

On Wednesday mornings, the Garden will host different activities focused on education and sharing stories in the Lelia J. and David N. Farr Auditorium in the Jack C. Taylor Visitor Center. More details are below:

Wednesday, February 14: 9 a.m. to 11 a.m.

Learn about Edmond Albius, who discovered the technique still used today to pollinate vanilla when he was 12 years old but was never compensated for his contribution to this multi-million-dollar industry. The Garden's Education team will share his story with engaging activities and takeaways.

Wednesday, February 21

At 9 a.m. Tyrean "Heru" Lewis of Heru Urban Farming will share his latest endeavors to further his mission of transforming the community's access to quality wholesome food.

At 11 a.m., the Garden will screen the documentary "High on the Hog," which highlights the history of foods native to Africa and foods that came to the U.S. through the Transatlantic Slave Trade and are still part of our current food selections.

Progressive Emporium will provide a book display of black plant scientists, horticulturists, botanists and agriculture.

On Saturday, February 24, the Garden will culminate its Black History Month observance with a market featuring Black retail vendors. The Sunshine Cultural Arts Center Dance Troupe, led by Sylvester "Sunshine" Lee, will present a traditional African performance that espouses the core principles of their organization, which is in alignment with the values to empower the African-American community. The market opens at 11 a.m. in the Farr Auditorium.

All activities are included with Garden admission. Admission is free for St. Louis City and County residents before noon on Wednesdays and Saturdays.

For additional information, including the Garden's hours and admission prices, please visit mobot.org.

The Missouri Botanical Garden's mission is "to discover and share knowledge about plants and their environment in order to preserve and enrich life." Today, 165 years after opening, the Missouri Botanical Garden is a National Historic Landmark and a center for science, conservation, education and horticultural display.



Scimitar-Horned Oryx Reclassified from "Extinct in the Wild" to "Endangered"



Earlier in December, the International Union for the Conservation of Nature (IUCN) Red List reclassified the scimitar-horned oryx from "Extinct in the wild" to "Endangered."

This accomplishment was due to the collaborative partnerships with organizations around the world, including the Environment Agency-Abu Dhabi (EAD), Fisheries and Sustainable Development representing the Government of Chad, Sahara Conservation, the Smithsonian's National Zoo and Conservation Biology Institute, the Zoological Society of London, the Saint Louis Zoo, The Royal Zoological Society of Scotland, Fossil Rim Wildlife Center, and more.

The scimitar-horned oryx was recognized as extinct in the wild in 1991. Unfortunately, this was not the only species under threat of extinction in the region, so as early as 1989 zoos worldwide came together to bring awareness around the plight of the endangered species of the Sahara and begin recovery and reintroduction programs utilizing their expertise in breeding and animal care. The Saint Louis Zoo was the incubator and U.S. base of operations during the development of the Sahara Conservation Fund and one of 21 zoos supporting its core operations. In 2007, the Saint Louis Zoo helped organize the repatriation of zoo-born scimitar-horned oryx and addax into fenced reserves in Tunisia.

The reintroduction project in Chad began in 2016 to grow a healthy and self-sustaining population in its natural habitat. During the reintroduction process, telemetry collars were placed on many of the oryx to track the herd's location. There were 285 oryx reintroduced into the wild in Chad, with herd number increasing to more than 600 scimitar-horned oryx, with multiple second-generation births!

Although there is an improvement in the species' conservation status, some of the threats still exist and sustained efforts are still required to ensure the oryx's long-term survival in the wild.

The scimitar-horned oryx is a flagship species for an entire community of desert wildlife, plants and habitats. Its restoration and the related protection of its environment have had immensely positive benefits for other species, such as addax, dama gazelles and carnivores. There is still a lot of work to be done!



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Richmond Heights, MO 63117
314-645-6202
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with
guest speaker & drum performance by:

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RESTAURANT REVIEWS

By Kevin McCarthy

World Class Gourmet Dining With An Ozarks History Lesson

Over the years we have had the opportunity to dine in many world famous gourmet restaurants around the world. We just had the most unique fine dining meal we have ever experienced right here in St. Louis.

Three time James Beard nominee, Chef Rob Connoley's Bulrush Restaurant is a one-of-a-kind culinary experience. The menu is based upon years of deep research into the historical cuisine of the Ozarks. Items come from indigenous peoples, slave's traditional cooking, and European immigrants that settled in the region.

Vegetables and meats are grown, and raised locally and the vegetables, fruits and seeds actually come from seed stock purchased from a now defunct seed store from the 1840's! Your diner will include many stories about the history and ingredients of each dish.

Dinner seatings are on a timed reservation basis. When we arrived we were given a complimentary welcome beverage. It was a warm Collard potlicker with a touch of rosemary, orange and beets. It was a very refreshing amuse bouche. The hostess will also take a Polaroid picture of you for a souvenir at no charge.

Everyone is seated around an open kitchen area and given individual warm napkins to clean your hands and fingers. The kitchen is a model of efficiency. Chef and his three assistants move about in a spotless, quiet display of their skills. No one is yelling instructions, there is no rattling of dishes or pots and pans. I have only seen this dedication to the craft in one or two other kitchens. Notably the world famous restaurant of Joel Roubuchon.

I ordered a Chef's curated drinks package which is \$55 additional, but well worth it. They also offer a non alcoholic curated package at a lesser price. You may also order your favorite beverages ala carte.

Our seven course meal began with a nod to biscuits and gravy. Chef explained the three types of gravy found in the Ozarks, milk gravy, red-eye gravy and chocolate gravy found in northern Arkansas. This was a one bite dish made with Oyster mushrooms, milk gravy, fried Missouri black bean tempeh, Blueprint coffee, dark chocolate and a poached quail egg. It was melt in your mouth ecstasy.

While a one bite dish may sound like this would be a tapas meal, that is certainly not the case. This meal was a perfectly sized fine dining experience.

The next item was grits, carrot parnisse, carrot mousse, house farm cheese, thyme oil, bacon, hen of the woods mushrooms and yogurt. This was an incredible combination of flavors that came together in buttery smooth deliciousness. The wine for this dish was a French Cave de Lugny LesCharmes Chardonnay Macon, 2021.

Next came fermented turnip mousse, roasted beets, pawpaw passion fruit vinaigrette with bulls blood microgreens, buttermilk, yaupon tea all served on a piece of steamed brown bread. Absolute perfection! The wine for this item was a French Commanderie de le Bargemonenrose', 2022.

People of the Ozarks canned summer fruits to have during the winter. After the fruit was eaten they were left with the juices, or potlicker, that often turned into vinegar and they found a use for that. It was called potlicker vinegar pie, or pastor's pie. If your pastor stopped by your home, you could add some sugar to the juices and quickly make this, and a cup of coffee to serve him. Ours came with a marshmallow fluff and collard pringles. It was so simple, yet so delicious. The beverage for this item was a Black Walnut wheat beer from Piney River Brewing of Bucyrus, MO.

The next item was venison, raised in Florissant, with creamed spinach, mushroom duxelles encrusted in duches potato. WOW, it was amazing. The beverage for this course was Glasgow Blend Scotch, Camus Cognac, VS, Boomsa Herbal Liquor, feral cherry syrup and black walnut orgeat. I have found my new favorite cocktail

Next up was roasted duck breast with millet, and green cabbage with a red wine and black currant sauce. This was perfection on a plate. The wine for this item was a French Mas des Volques Esus Rouge Rhone, 2019.

Our final item was an acorn miso crème brulee, with an acorn financier, brown butter custard and Missouri black bean ice cream on a base of crumbled chocolate. This was a perfect finish to an incomparable meal.

A final surprise came as Chef Connoley gave everyone a box of his own gooey butter cake to take home for breakfast the next day.

Be advised that the menu very often changes due to the availability of fresh and foraged ingredients.

In addition to an incredible dining experience, Chef Connoley wants you to know that all of their locally grown ingredients are organically raised. The kitchen is zero-waste. All scraps become sauces, fermented drinks, and in rare cases, food waste is sent to compost. They work with a number of local farms to raise the rare produce that they've documented to 1841. All of the staff is paid a fair wage in conjunction with our all-inclusive prices. The prices you see on the menus are inclusive of tax and hospitality.

Chef Connoley also works with the Normandy School District helping train high school students for a culinary career, giving them the ability to earn a fair wage with benefits and more.

BulRush is open Thursday through Sunday. They are located at 3307 Washington Ave., just east of the Fox theater.

Treat yourself to an evening of world class dining experience right here in St. Louis that is well worth the price of \$115 per person, which includes all taxes and gratuities. Make your reservation at www.bulrushstl.com



Hand Napkins



Biscuit and Gravy



Grits and Carrots



Roasted Beets



Acorn Creme Brulee



Vinegar Pie



Corned Beef & Cabbage with Carrots and Potatoes

Ingredients

2-4 lbs. Corned beef brisket (flat or point cut) (with seasoning packet that is included)

1 white onion, sliced (this is optional but good!)

2 lbs. red or gold potatoes (or a mixture of both!) Peel them if you'd like!

3 carrots sliced thick

2 garlic cloves peeled

1/2 head cabbage cut into thin wedges

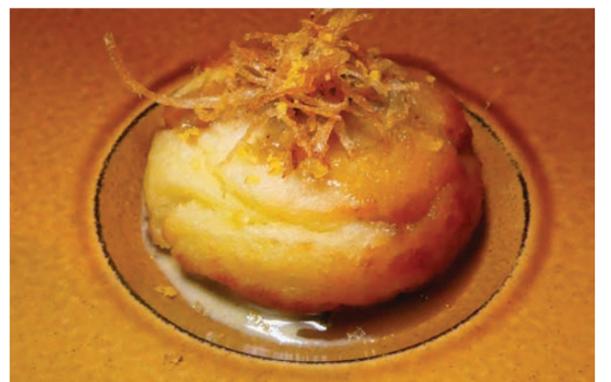
1 1/2 cup water

For serving:

- parsley for garnish
- melted butter for potatoes if desired
- horseradish or stone-ground mustard

Instructions

- Add the sliced onion to the slow cooker.
- Rinse your corned beef and pat dry. Add to your slow cooker. Sprinkle over the included seasoning packet.
- Add your baby potatoes on top of the roast. If your potatoes are larger you can halve them to ensure they get tender. Add the carrots and garlic.
- Pour over the water. Add cabbage now if you want ultra-tender cabbage. Otherwise wait to add it until the last 2 hours.
- Place the lid on the slow cooker.
- Cook on HIGH for 5 hours or LOW for 8 hours total. (Add the cabbage during the last 2 hours). You may have to rearrange things into the pot to get the cabbage to fit (or cut your cabbage thinner).
- Remove the meat onto a cutting board and slice into strips.
- Serve the meat with potatoes, carrots, and cabbage.
- Drizzle melted butter over the potatoes if desired. Serve with horseradish mustard or stone ground mustard.



Venison



Duck Breast

The Price Is Right Live™
WEDNESDAY, MARCH 20 at 7:30 PM

The Price Is Right Live™ hosted by Todd Newton, makes a triumphant return to St. Louis on Wednesday, March 20 at The Factory. Show time is 7:30 p.m. (doors open at 6:30 p.m.) Tickets are \$79.50, \$59.50, \$49.50, \$29.50. Tickets go on sale this Friday, January 19 at 10 a.m. and can be purchased online at Ticketmaster and TheFactorySTL.com.

The Price Is Right Live™ is the hit interactive stage show that gives eligible individuals the chance to hear their names called and “Come On Down” to win. Prizes may include appliances, vacations and possibly a new car! Play classic games just like on television’s longest running and most popular gameshow...from Plinko™ to Cliffhangers™ to The Big Wheel™ and even the fabulous Showcase. Playing to near sold-out audiences for more than 20 years, the Price Is Right Live™ has entertained millions of guests and given away more than 15 million dollars in cash and prizes. If you’re a fan of The Price Is Right™ on TV, you’ll no doubt love this exciting, live (non-televised), on-stage version of the show!

Located at 17105 North Outer 40 Road, just off Interstate 64/40 at the Boone’s Crossing exit, The Factory at The District is the newest addition to the vibrant entertainment scene in St. Louis, and offers complimentary, well-lit parking for all events. For more information, visit www.thefactorystl.com or www.stevelitmanpresents.com.

Steve Litman Presents PAULA POUNDSTONE
Friday, May 17, 2024 at 8 PM at
The Sheldon Concert Hall

The hilarious Paula Poundstone returns to The Sheldon Concert Hall on Friday, May 17, 2024. Show time is 8 p.m. Tickets are \$55 and \$50, and go on sale Friday, January 19 at 10 a.m. online at MetroTix, or by calling MetroTix at 314-534-1111. Tickets are also available one hour before show time at The Sheldon box office.

Paula Poundstone is a standup comedian, author, and podcaster. She regularly plays theaters across the country, hosts a weekly podcast, Nobody Listens to Paula Poundstone (the comedy podcast), and is a regular panelist on NPR’s Wait, Wait...Don’t Tell Me.

Poundstone has starred in several HBO specials, including “Cats, Cops and Stuff,” which nabbed a cable ACE award for Best Comedy Special. She was the first female comic to host the White House Correspondents Dinner. She filmed live coverage of the 1992 Democratic and Republican National Conventions and the Presidential Inaugural for “The Tonight Show with Jay Leno” and at the 93rd Emmy Awards. Poundstone has starred in two television series, both entitled The Paula Poundstone Show. Paula’s second book, “The Totally Unscientific Study of the Search for Human Happiness,” was one of eight semi-finalists for the Thurber Prize For American Humor; the audiobook was one of five finalists for the AUDIE award for Audiobook of the Year. Poundstone has released five albums and is featured in several documentaries and compendiums noting influential comedians of our time.

Put Your Best Foot Forward
at

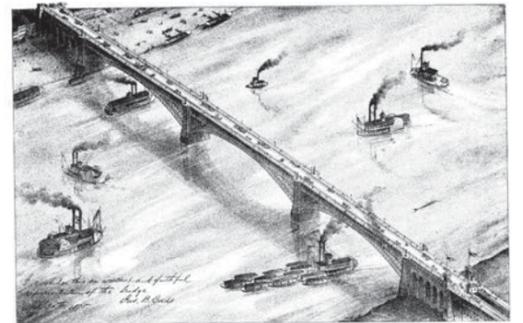
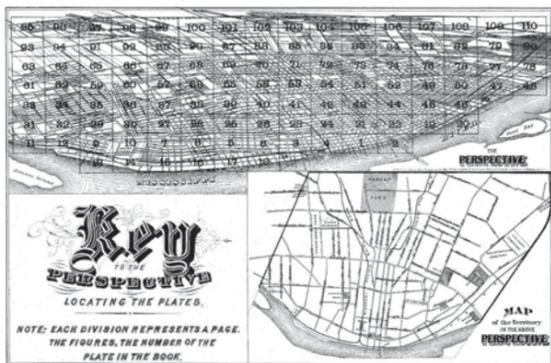
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www.brentwoodshoerepair.com
 email: brentwoodshoerepair@hotmail.com



Pictorial St. Louis A Topographical Survey Drawn in Perspective A.D. 1875

This is a reprint of the 1971 version of the original book. The book was painstakingly scanned from the original in my collection. Each page is reproduced in high resolution and coil bound so the pages lay flat while viewing. Printed on 12” x 18” high quality acid free paper. A nice edition to your historical book collection. Perfect coffee table book as people are attracted by the cover art.

PICTORIAL ST. LOUIS: The Great Metropolis of the Mississippi Valley A Topographical Survey, Drawn From Perspective 1875.

Illustrations by Camille N. Dry and designed & edited by Rich. J. Compton.

Over 220 pages of illustrations and descriptions of life in St. Louis in the late 1800’s. The preliminary drawings for this work were made early in the spring of 1874. After a careful consideration of the subject, it was determined to locate the point of view so that the city would be seen from the southeast, believing that to be the most advantageous in all respects. Accordingly, the point of site was established on the Illinois side of the river, looking to the northwest, and at sufficient altitude to overlook the roofs of ordinary houses into the streets.

A careful perspective, which required a surface of three hundred square feet, was then erected from a correct survey of the city, extending northward from Arsenal Island to the Water Works, a distance of about ten miles, on the river front; and from the Insane Asylum on the southwest to the Cemeteries on the northwest.

Every foot of the vast territory within these limits has been carefully examined and topographically drawn in perspective, by Mr. C. N. Dry and his assistants, and the faithfulness and accuracy with which this work has been done an examination of the pages will attest. Absolute truth and accuracy in the representation of the territory has been the standard and in no cases have additions or alterations been made unless the same were actually in course of construction. In a few cases, important public and private edifices that are not yet finished are shown completed, and as they will appear when done.

All the buildings within the limits of the survey in July, 1875, are shown; and a very large number of those executed or commenced since that date have been also introduced, the pages having been constantly corrected up to the last possible moment before publication.

This book is available from Gene-Del Printing for \$75.00. Please call Keith at 314.962.4750 or email him at keith@genedel.com. You may also stop by our office at 9019 Manchester, 63144 in Brentwood to view the book.

Brentwood Board of Aldermen Minutes

PARTIAL BOARD OF ALDERMEN
REGULAR MEETING MINUTES, Tuesday,
January 2, 2024

ROLL CALL

Roll Call – 6 of the 8 members were present:

- Alderman Plufka - Present
- Alderwoman Tice - Present
- Alderman Wegge - Present
- Alderwoman Sims - Present
- Alderman Lochmoeller – Absent
- Alderman Gould - Present
- Alderwoman Harter – Present
- Alderman Erger - Absent

Other staff members present for the meeting included: Kevin O’Keefe (City Attorney), Whitney Kelly (Planning and Development Director), Michelle DePew (Finance Director), Eric Gruenenfelder (Director of Parks and Recreation Bola Akande (City Administrator), and Kelle Silvey (Deputy City Clerk).

PUBLIC HEARING

A. Public Hearing for the Lot Consolidation, Conditional Use Permit, and Site Development Plan for L’Arche St. Louis Paula Kilcoyne, Executive Director of L’Arche, has submitted Lot Consolidation, Conditional Use Permit and Site Plan Approval for an Adult Day Care Facility and Group Home at 9445-9441 Litzsinger Road.

Mayor Dimmitt Gavel opened the hearing. Director Kelly stated that the CUP for the text amendment was approved by Planning and Zoning Commission. She noted that the applicant was present if there were questions.

Alderwoman Harter recused herself from any vote as her family member sits on their Board. The Mayor gavel closed the hearing.

MAYOR AND ALDERMEN REPORTS

A. Mayor David Dimmitt – Wished everyone a Happy New Year. He noted that the filing for the April Municipal Election has closed, and all the Aldermen are running unopposed. He offered congratulations.

CONSENT AGENDA

- A. Standing Committees Reports
- B. Warrant Lists - Operating Funds and Expenditures from the 2019 Series Certificates of Participation Proceeds (COP)
- C. Approval of Meeting Minutes from December 12, 2023
- D. Approval of Meeting Minutes from December 18, 2024
- E. Resolution No. 1484 - A Resolution Approving The Selection And Nomination Of Certain Individuals To Serve As Successor Members Of The South Hanley Road Community Improvement District Board Of Directors.

Motion was made by Alderman Plufka and seconded by Alderwoman Sims to approve the Consent Agenda. Roll Call:

Motion carried by a vote of 6 (yes) to 0 (No).

NEW BUSINESS

A. Bill No. 6484 - An Ordinance Repealing Ordinance Nos. 2725, 3132, And 3398, And Authorizing A New Conditional Use Permit And Site Development Plan For An Adult Day Care Facility And Group Home At 9445 Litzsinger Road For L’arche St. Louis First Reading

City Attorney O’Keefe did the first reading of the Bill. Director Kelly was available for questions.

Alderman Gould noted this only goes to Planning and Zoning (P&Z) and is not needed to be reviewed by Architectural Review Board (ARB). Director Kelly confirmed this, noting that two of the three ARB members sit on the P&Z Commission as well.

The second reading will take place at the January 16th Board of Aldermen meeting.



Mayor
David Dimmitt

Ward 1



Alderwoman
Nancy Parker Tice



Alderman
David Plufka

Ward 2



Alderwoman
Sunny Sims



Alderman
Brandon Wegge



Municipal Judge
Patrick Dignam

Ward 3



Alderman
Jeff Gould



Alderman
Steve Lochmoeller

Ward 4



Alderwoman
Sharon Harter



Alderman
Sullivan Erger

B. Bill No. 6485 - An Ordinance Amending The Brentwood Property Maintenance Code Pertaining To The Obligation To Maintain Vegetation Within Adjacent Right-Of-Way First Reading

City Attorney O’Keefe did the first reading of the Bill.

Director Kelly was available for questions. She stated that the Public Works Committee met on this, noting that most residents are in compliance, but for the few who may not, they wanted to clean up the wording.

Alderman Plufka noted he liked the Ordinance.

The second reading will take place at the January 16th Board of Aldermen meeting.

CLOSED MEETING

- A. Legal - RSMo 610.021 (1)
- B. Real Estate - RSMo 610.021 (2)
- C. Personnel - RSMo 610.021 (3)
- D. RSMo 610.021 (12) Sealed bids and related documents, until the bids are opened; and sealed proposals and related documents or any documents related to a negotiated contract until a contract is executed, or all proposals are rejected;

The Mayor stated that pursuant to RSMo 610.021 Sections 1, 2, & 12, he would entertain a motion to move to closed session.

Motion to move to Closed Session was moved by Alderman Plufka and seconded by Alderwoman Tice. Roll Call:

Alderman Plufka - Yes Alderwoman Tice - Yes

Alderman Wegge - Yes Alderwoman Sims - Yes

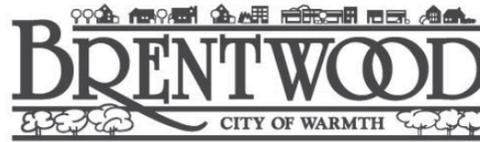
Alderman Gould – Yes Alderwoman Harter – Yes

Motion carried by a vote of 6 (yes) to 0 (No).

ADJOURN

With no further business, the Mayor adjourned the meeting at 7:10 PM.

This meeting was livestreamed on YouTube and recorded. The recording will be made available on the City’s YouTube channel.



CITY OF BRENTWOOD
2348 SOUTH BRENTWOOD BOULEVARD
ELECTION DAY – TUESDAY, APRIL 2, 2024

THE FOLLOWING CANDIDATES HAVE FILED for THE APRIL 2, 2024 ELECTION

(FILING DATE CLOSED ON DECEMBER 26, 2023)

ALDERMAN – WARD 1: (2-Year Term)

NANCY PARKER TICE Incumbent 2301 Parkridge Ave.

ALDERMAN - WARD 2: (2-Year Term)

SUNNY SIMS Incumbent 2016 Spanish Dr.

ALDERMAN - WARD 3: (2-Year Term)

JEFF GOULD Incumbent 2517 Mary Ave.

ALDERMAN – WARD 4: (2-Year Term)

SULLIVAN ERGER Incumbent 1727 Redbird Cove

ALDERMAN – WARD 4: (1-Year Term)

SHARON HARTER Incumbent 9133 North Swan Circle

Lefton Family Takes Ownership of Psychological Associates



Siblings Jeff, Cindy and Brad Lefton announced they have taken ownership of Psychological Associates (PA), a company co-founded by their late father Dr. Robert Lefton and the late Dr. Victor

Buzzotta in 1958. The siblings are now sole co-owners of the consulting company that improves business performance through its leadership and talent development services.

The company's new single-family ownership consists of a 25-person team, with Dr. Lefton's granddaughter Jessica Lefton being promoted to Director of Marketing and Communications. Dr. David Rowan was also promoted and named Head of Learning & Development. Former partner Ann Buzzotta, daughter of the late Dr. Buzzotta, plans to form her own Hawaii-based business.

"This news is meaningful because it ensures the continuity of our family's 65-year-old business," said co-owner Cindy Lefton. "It is important to us that we honor our father's legacy by carrying it forward."

PA plans to introduce several improvements to their services in the upcoming year: a new online platform to enhance coaching engagements through personalized resource sharing and progress tracking; a streamlined assessment process that allows consultants to spend more time on operational job fit and less time on report writing mechanics; and the web-based "Q4 Compass" client portal for real-time status updates throughout the client assessment process.

"The Lefton family is fully aligned with Psychological Associates' focus on world-class solutions," said PA's CEO Clay Hildebrand. "Recent investments in our people and technology, underscored by the Lefton's commitment to our success, make our organization well-positioned for the future."

Pictured from left to right are Psychological Associates co-owners Jeff, Cindy, and Brad Lefton.

Psychological Associates

Psychological Associates helps clients select, develop, and retain their best leaders, enabling them to build exceptional organizations. Its exclusive Q4 Dimensional® Model of Behavior™ – an industry-renowned structure that categorizes observable actions into understandable groupings – inspires high performance while attaining comprehensive results. Consulting capabilities include talent assessment, leadership development, succession planning, people analytics, and executive coaching. Founded in 1958, Psychological Associates is headquartered at 8000 Maryland Ave. in Clayton, Mo. For more information, call (314) 725-7771 or visit www.q4solutions.com.

St. Louis Area Diaper Bank Hosts Fourth Annual Bloody Mary Brunch



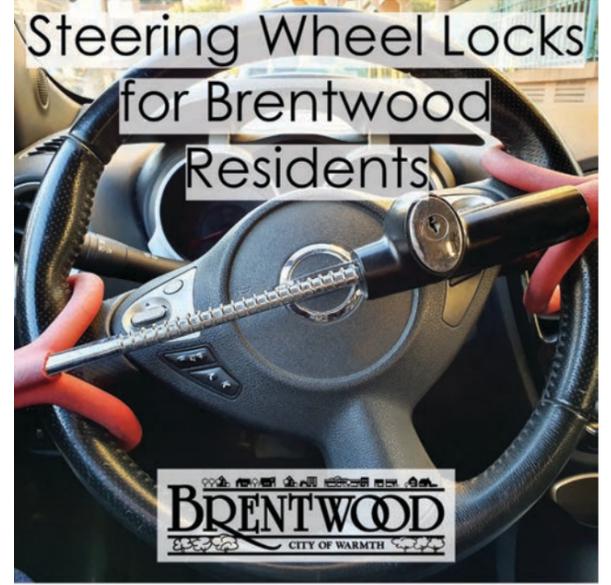
The St. Louis Area Diaper Bank will hold its fourth annual Bloody Mary Brunch on Sun., March 24 from 11 a.m. to 2 p.m. at its headquarters located at 6141 Etzel Ave. The event, open to those 21 years of age and older, will feature a Bloody Mary and mimosa bar plus light brunch. Tickets are \$60 per person, and all monetary donations will support the Diaper Bank's period supply program, which helps nearly 35,000 girls and women annually with period kits.

Attendees will have the interactive opportunity to count, sort, and pack period supply kits for local school partners. Other activities include raffles, a glitterati photo station, and a brief presentation about the agency's efforts to end period poverty in St. Louis.

The period supply program distributes period supplies through community partners and advocates for the elimination of "period poverty". In 2024, 900,000 period supplies will be distributed in St. Louis, with 20,000 period supplies allocated each week. Two-thirds of low-income women in St. Louis cannot afford menstrual hygiene products, with 46% of low-income women having to choose between food and period supplies.

The St. Louis Area Diaper Bank, founded in 2014, provides diaper and period supply access to the region's low-income families and raises community awareness about the causes and consequences of diaper need and period poverty. The nonprofit is a member of the National Diaper Bank Network and its sister organization Alliance for Period Supplies, a nationwide nonprofit dedicated to eliminating diaper need and "period poverty" in America. The period supply program ensures access to menstrual hygiene products, which allows full participation in daily life with dignity.

For more information about the Bloody Mary Brunch or to donate, call (314) 624-0888.



Brentwood Police Department received a donation of steering wheel locks and is offering them free of charge to Brentwood residents. If you are interested, they can be picked up at Brentwood City Hall. Supplies are limited. First come, first serve.

Questions, call City Hall at 314.962.4800
Keep your car protected!

Famous Storyteller at Saint Mary Magdalen



Our children got an extra special treat today! Internationally known story teller, Bobby Norfolk, came and told some amazing stories. If you haven't heard of him before, we highly recommend looking him up. He was extremely entertaining for all of our kids from jk3-8th grade!

Apex Restaurant & Market Solutions Celebrates Nonprofit Partnership

Sedalia, Mo. Meals on Wheels marks its one-year alliance with the corporate food service company.

Apex Restaurant & Market Solutions recently celebrated its one-year anniversary of partnering with Sedalia, Mo. Meals on Wheels. Apex provides the nonprofit with free warehouse space and supplies food at a reduced price through its alliance with Tyson Foods.

The Meals on Wheels Sedalia branch is located at 2311 W. Main St. in Apex's central Missouri office. The nonprofit's volunteer workforce delivers approximately 70 daily meals to seniors, the homebound and handicapped individuals, offering a comprehensive solution that includes a meal, a friendly visit, and a safety check.

Janice Engles, Director of Operations for the Sedalia Meals on Wheels, said recipients receive a "hot lunch for \$4 Monday through Friday. We do not receive state or federal money and depend entirely on meal payments and local financial support to serve our customers."

Last year St. Louis-based Elite Cuisine and Kansas City's Superior Vend-All merged to become Apex Restaurant & Market Solutions, the largest independently owned corporate food service company based in Missouri with offices in St. Louis, Kansas City, Colorado, and Iowa. Superior Vend-All partnered with the Sedalia Meals on Wheels for three years prior to the merger.



Pictured is a group of local realtors who help deliver meals. The nonprofit also has volunteers from 12 local churches, Smith Cotton High School Class of 1969, Duke Manufacturing, and the Harley Owners Group.

Apex Restaurant and Market Solutions

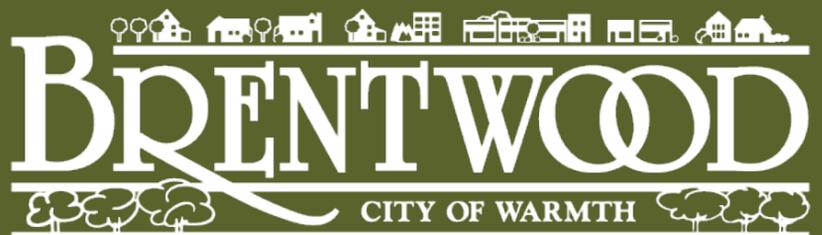
Apex has more than 270 micro markets located in office and manufacturing facilities across Missouri, Colorado, and Iowa. These convenient self-checkout markets offer employees a wide selection of healthy food and quality beverage options. Approximately 10% of Apex's micro markets are hybrid facilities, which feature a chef-prepared hot food component available for purchase. Apex also offers Elite Cuisine, its flagship culinary experience that handles all corporate dining and catering services. For more information about Apex Restaurant & Market Solutions, call (866) 607-4400 and visit www.apexrefresh.com.

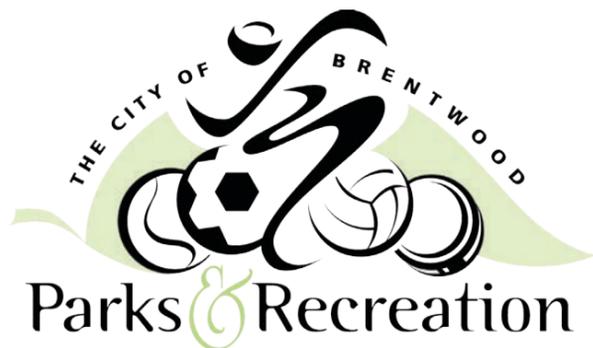
Choose how to connect with the City of Brentwood.

Hello, Brentwood Community Member!

The City of Brentwood provides information and connects with the community through a variety of communication channels. Choose the tools you prefer to use to find City of Brentwood updates, news, events and more. Choose how you wish to stay connected and informed.

Connect with City of Brentwood's communication channels here

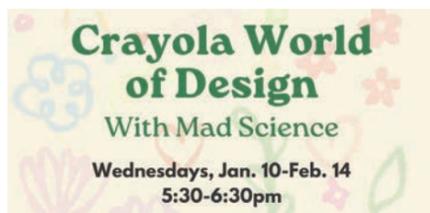




Drop off the kids and have a night out! Children will have the opportunity to eat dinner, watch movies, play games, and go ice skating. Each night has a unique theme.
 Dates: Fridays, Dec. 1, Jan. 12, Feb. 9, March 1, April 5
 Time: 5:30-9:30pm
 Ages: 5-10
 Location: Brentwood Community Center
 Price: Res. \$25/Non-Res. \$30
 Activity Number: 945100, 145100



It was the week before St. Patrick's Day and all the little kids were stirring around to build traps to catch the little green guys that come on March 17th! Will your participant find a pot of gold?
 Saturday, March 9, 10am-12pm
 Location: Brentwood Community Center
 Ages: 5-10
 Price: Res. \$25/Non-Res. \$37 per child
 Activity Number: 145111



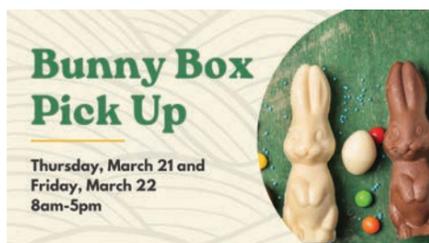
Take a journey to the farthest reaches of the imagination while learning the rainforest, Mars, and a futuristic city! Use the design thinking process to solve real-world problems in these different environments. Experiment with Crayola® products and many art techniques like sculpting, collage, and mixed media. Discover design careers like graphic design, fashion design, urban design, and board game design.
 Dates: Wednesdays, Jan. 10-Feb. 14, 5:30-6:30pm
 Location: Brentwood Community Center
 Ages: 6-10
 Price: Res. \$100/Non-Res. \$125 for 6 weeks
 Activity Number: 145106



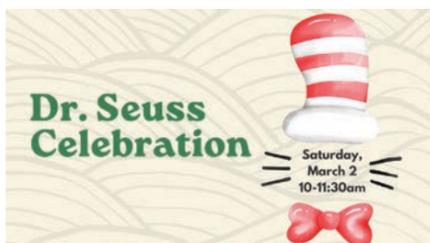
This isn't your ordinary clover hunt - look around Brentwood Park for a little luck of the Irish. Leprechauns have dropped off some special clovers! This hunt is for adults only! Participants should bring flashlights to look for clovers filled with treats, prizes and clues for a Pot of Gold! Meet at the Brentwood Park Pavilion.
 Dates: Friday, March 8
 Time: 6:30-8pm
 Location: Brentwood Park, 2924 Brazeau Ave.
 Ages: 21+
 Price: Res./Non-Res. \$35 per person
 Activity Number: 145112



A pirate has captured a princess and is headed to Brentwood Park. Come dressed as pirate or a princess and enjoy an afternoon of crafts, dance party, cooking and a light lunch. This is a parent-child class. Children should be registered. One parent can accompany more than one child. Meet at the Brentwood Park Pavilion.
 Saturday, Feb. 24, 9-10:30am
 Location: Brentwood Community Center
 Ages: 3 and up
 Price: Adults - Res. \$12/Non-Res. \$15 per person
 Child - Res. \$6/Non-Res. \$9 per child
 Activity Number: 145114



The Easter Bunny has made some very special boxes for the community. Each box will include: all the fixings for a very special Bunny breakfast for a family of 4 on his special day, craft projects for 2 children and egg dye. Emails will be sent out when boxes are ready for pick up.
 Dates: Thursday, March 21 and Friday, March 22
 Time: 8am-5pm
 Location: Pickup at Brentwood Community Center
 Price: Res. \$30 per family
 Activity Number: 145113



Read a book, make a snack, celebrate the author of Cat in the Hat! This is a parent-child class. One adult can accompany more than one child. Only children need to register.
 Saturday, March 2, 10-11:30am
 Location: Brentwood Community Center
 Ages: 3-6 with parent
 Price: Res. \$15/Non-Res. \$22 per child
 Activity Number: 145110



Join us for a FREE community egg hunt! There are 10,000 eggs to be found and plenty of candy and prizes to discover!
 Dates: Saturday, March 23
 Time: 9-10am
 Location: Brentwood Park
 Price: Free



WALTER MITTENS
 MALE, NEUTERED, 3

Walter Mittens can be shy and would appreciate a quiet place until he feels safe. Once he feels safe he enjoys head scratches, pets and chasing shadows. He would be best in a quiet home with older children.



MISSY
 FEMALE, SPAYED, 5

While we gather all the details about this adorable companion, why not give us a ring at 314.645.4610 to uncover the secrets of their playful personality, their favorite treats, and the special quirks that make them one of a kind?



BRENDA
 FEMALE, SPAYED, 1 yr 2 mo

Meet Brenda, a young, vibrant soul full of life and love. Her personality is a delightful mix of sweet, playful, and funny. She's smart too, quickly picking up on commands and tricks. She has played well with other dogs at the shelter.



DAISY
 FEMALE, SPAYED, 2

Daisy loves spending time with her human friends. If you're looking for a loyal companion who will always be there for you, she's your girl. Daisy is ready to share her love and friendship with a forever home!



ZEBRA CAKE
 FEMALE, SPAYED, 6 months

Meet Zebra Cake, the purrfect blend of sweetness and sass! This fabulous feline is as unique and delightful as her name suggests, with a striking coat pattern and a personality to match.



CASSIUS
 MALE, NEUTERED, 1 yr 2 mo

Meet Cassius, the charming and spirited dog ready to bring some excitement into your life! Cassius is a bundle of energy and love. His vibrant personality and playful demeanor makes him a delightful addition to any loving family!



AURORA
 FEMALE, SPAYED, 2

Meet Aurora! Her personality is a blend of sweetness and curiosity that will brighten your days. Come help her find her forever home today!

For Adoption Information, Call 314.645.4610



Mosaics Fine Art Festival Seeks Artists for 29th Annual Event

Artists must apply for the juried outdoor festival by the March 31 deadline.

Mosaics Fine Art Festival recently opened the application process for its 29th annual event to be held Fri., Sept. 13 through Sun., Sept. 15. Only 100 artists will be invited to showcase and sell their wares at this exclusive juried event. The application deadline is March 31, and notification of acceptance will take place May 5.

The family-friendly event, which is free and open to the public, will be held along several blocks of North Main St. in Historic St. Charles, Mo. where more than 30 restaurants and over 75 shops are located.

A distinguished panel of jurors will select artists based upon their original work in a variety of media categories including clay, drawing, glass, leather, metal, pastel, oil/acrylic, photography, printmaking, sculpture, watercolor, and wood. A total of \$5,000 will be awarded to the top nine artists.

Mosaics Fine Art Festival features live musical entertainment, a Children's Village Creation Station for hands-on art experiences, the Mary Hediger Memorial Art Shop for Kids where children ages 14 and younger can buy professional artwork, and the Joyce Rosen Founder's Scholarship art display where emerging high school artists showcase their work. The Artists for Adoption Pet Pavilion is open to families interested in adopting pets from Stray Paws Adoptables.

The Mosaics Fine Art Festival is a nonprofit organization that showcases local and regional artists while educating the community's children and adults in how art can enhance their lives. The festival features a wide array of artwork produced by a mix of emerging, mid-career, and established artists in all media. Artists can apply before the March 31 deadline at <https://www.zapplication.org/event-info.php?ID=11842>. For more information, call (314) 406-2067 or visit <http://www.stcharlesmosaics.org>.

Drake's Restaurant Coming to Richmond Heights



A restaurant that loves beer and a bar that loves food. Over 20 craft beers on tap, big burgers and the freshest sushi in town. Your go-to for lunch, dinner and late-night, Drake's is a free-wheeling, fun-loving kind of joint. A place to hang out and let your hair down. A place to let yourself go a little. Come play!

NOW HIRING!

Now Hiring! Apply online or at our in-person hiring trailer at 8135 Dale Ave Monday-Saturday 9am-8pm and Sunday 12-6pm.

the
pulse
314.962.4750
www.genedel.com

West Community Credit Union Employees Spent The Columbus Day Holiday Volunteering



While our branches are closed on the Federal holiday, Columbus Day, our entire staff still put in the work to serve our communities. Our team broke up into 7 different groups and volunteered their time with our community partners at the Veterans Community Project, KidSmart, Marygrove, Nurses for Newborns, Stray Rescue STL, the Women's Safe House, and Friends of the Mid-Missouri Fisher House in Columbia.

From our Team Members

"Doing things like this all together outside our four-walls in the office really strengthens our bonds as partners. Thinking we are really doing something big for our community really feels fulfilling."

"I am proud to work for a company that gives back to the community!"

"It's a great feeling of accomplishment. Serving someone other than yourself."

"It is wonderful to give back to the community and work together as a team."

"I loved being a part of this experience, and I'm so happy and proud to be part of an organization that does so much for our community. I am looking forward to next year!"

Longtime TV News Anchor Randi Naughton Launches New Podcast

MORE TO SAY WITH RANDI NAUGHTON

Interesting Conversations with Interesting People

St. Louis-based radio and TV personality Randi Naughton is kicking off 2024 with the launch of a new podcast, "More to Say with Randi Naughton: Interesting Conversations with Interesting People."

With the first two episodes debuting on Tuesday, January 16, the podcast will feature a mix of guests from the world of entertainment, sports, literature, health & wellness, and philanthropy. Produced by SPOT Content Studios in St. Louis, new weekly episodes of "More to Say" can be found wherever you get your podcasts.

The first roster of guests includes world-renowned sports broadcaster Bob Costas, New York Times best-selling author and health and fitness guru Dr. Ian Smith, original MTV VJ and current host of Sirius Radio's "80s on 8," Alan Hunter, and two-time Tony Award-winning actor/musician Norbert Leo Butz.

"During my 40-year broadcast career, I have honed my skills to make it a more casual, easy conversation, rather than an interview," said Naughton. "I feel like I can talk to anyone. I was always limited to short interview times on TV...three minutes or less. This gives me a chance to do a deep dive in conversation with my guests and let it breathe."

Naughton began her broadcast career in the early '80s in Buffalo NY, working in local radio and TV news. After moving to St. Louis, she worked as a sports reporter/anchor for much of the '90s, before moving to the AM anchor desk at FOX-2 News (KTVI-TV) where she spent 30 years delivering the topics of the day. She has interviewed countless celebrities, sports figures, authors, world leaders and change makers. Naughton stepped away from the anchor desk in July 2022 and continues to run her own voiceover and narration business with clients worldwide.

For sponsorship opportunities or to suggest an interesting guest idea, please e-mail randi@randinaughton.com.

For more information about Naughton, the podcast, and her other talents, visit www.randinaughton.com. Follow Naughton on X, Instagram, Threads and TikTok.



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

1-15-24 to 1-21-24

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	2
Robbery /Car-Jack	0
Assaults	1
Peace Dist -Domestic- Misc	14
Calls for Mental Health	1

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	0
Destruction of Property	1
Frauds & ID Theft	1
Larceny - Shoplifting	7
Larceny - From Vehicle	0
Stolen Vehicles	2
Trespassing	1

Weapons Related	
Utilized/Taken	0
Recovered	0

Auto Accidents	
	11

Patrols	
Building & Business Check	110
Schools	44
Parks - Misc	46

Notable CFS	
Alarm Calls	10
Animal Related	1
Assist FD & etc ..	33
Check Welfare/Notification	9
Contact Another Agency	24
Motor Assist	9
Police Community Relations	0
FLOCK/LPR/RADAR-FTY	7
Solicitors	2
Suspicious Person/Vehicle	8
Traffic Control/Details	6
Traffic Stops	12
Vacation Checks/Close Watch	12
Fireworks	0
ARREST	
Prisoner Conveyance	1
Adults	4
Juvenile	0
ARREST TYPE	
FTA/Fugitive	1
Original Non-Traffic	3
Original Traffic	0

Miscellaneous CFS	
	19
Minus Arrest/Types/Weapons	-8
Total Calls For Service	394



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

JANUARY 2024

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	2
Robbery /Car-Jack	1
Assaults	2
Peace Dist -Domestic- Misc	38
Calls for Mental Health	7

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	1
Burglary - Business	0
Destruction of Property	3
Frauds & ID Theft	10
Larceny - Shoplifting	46
Larceny - From Vehicle	5
Stolen Vehicles	6
Trespassing	11

Weapons Related	
Utilized/Taken	3
Recovered	0

Auto Accidents	
	54

Patrols	
Building & Business Check	547
Schools	168
Parks - Misc	273

Notable CFS	
Alarm Calls	63
Animal Related	5
Assist FD & etc ..	132
Check Welfare/Notification	27
Contact Another Agency	73
Motor Assist	19
Police Community Relations	0
FLOCK/LPR/RADAR-FTY	12
Solicitors	3
Suspicious Person/Vehicle	41
Traffic Control/Details	24
Traffic Stops	94
Vacation Checks/Close Watch	40
Fireworks	0
ARREST	
Prisoner Conveyance	4
Adults	22
Juvenile	0
ARREST TYPE	
FTA/Fugitive	9
Original Non-Traffic	13
Original Traffic	1

Miscellaneous CFS	
	79
Minus Arrest/Types/Weapons	-48
Total Calls For Service	1790



Dad's Cookie Company

"Family Owned And Operated Since 1938"

3854 Louisiana Avenue, St. Louis, MO 63118

Stop By And Visit Us At Our Old Style Retail Bakery Shop!

Dad's Cookie Company, the home of...
Dad's Original Scotch Oatmeal Cookies™ and
other fine treats

www.dadscookies.com

Send a Gift Box of Dad's Cookies or a tin packed with gourmet treats to anyone in the continental United States online, or by mail, fax, or telephone.

Store Hours: 9 AM to 5 PM Mon. - Sat.
 VISA / MASTERCARD / DISCOVER / AMEX

Email: calldad@dadscookies.com
 Website: www.dadscookies.com

Phone: (314) 772-3662
 Fax: (314) 772-5863

Here's just some of the places where you can find Dad's Original Scotch Oatmeal Cookies™:

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 Cafe Manhattan
 Crown Candy Kitchen
 Dierberg's Markets

Freddie's Market
 Hanlen's Fine Meats & Catering
 Hanneke's Market

Kenrick's Meats & Catering
 Mateker's Meat & Seafood Shop
 Mom's Deli

Schnuck's Markets
 Straub's Markets
 ...AND MANY MORE!

Stop by Ted Drewes and get a "Tedad's" Concrete, or a Frozen Custard Sandwich made with Ted Drewes Vanilla Custard between two Dad's Original Scotch Oatmeal Cookies!

If you can't find them where you shop, ask them to carry Dad's Original Scotch Oatmeal Cookies™!



Deadline 1st Monday of each month
Published 2nd Monday of each month

314-962-4750

PULSE NEWS SERVICE

9019 Manchester, Brentwood, MO 63144

pulse@genedel.com

www.genedel.com

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Sue McCarthy - Travel Destinations

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Readers are advised that some "work-at-home" ads or ads offering informing on jobs, government homes, or vehicles may require an initial investment. We urge you to investigate the company's claims thoroughly before sending any money and proceed at your own risk.

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GIVE A LIFELINE...

Donate Your Old Cell Phone

**Cell Phones for Safe Homes program
raises funds through phones**

Drop off your used cell phones at the Gene-Del Printing/Pulse Newspaper office to be recycled through Lydia's House "Cell Phones for Safe Homes" fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by this location:

- Gene-Del Printing (9019 Manchester Rd.)

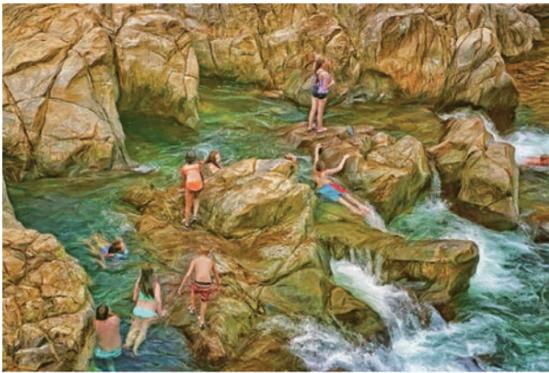
If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Ellie Lorenz at (314) 771-4411 ext. 116 or elorenz@lydiashouse.org.

About Lydia's House

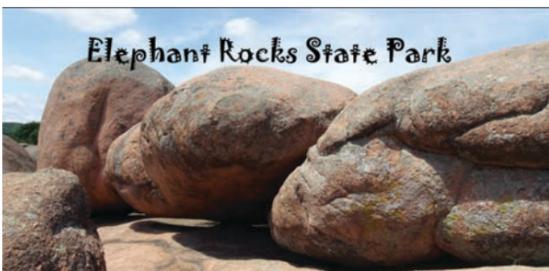
Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

Web: www.lydiashouse.org Email: info@lydiashouse.org Connect: Find us on Facebook, Follow us on Twitter

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Johnson Shut-Ins



Johnson Shut-Ins and Elephant Rocks are 15 minutes apart

U.S. Travelers' Top Ten Travel Tips

- ➔ Take all the travel documents required for the countries you are visiting, as well as identification for your U.S. reentry. U.S. citizens need passports to reenter the country by air. Go to the State Department's Travel Resources website for destination information.
- ➔ Declare everything you bring in from abroad, even if you bought it in a duty free shop.
- ➔ Be cautious when buying something from street vendors. The merchandise may be counterfeit and/or unsafe and you may have to surrender it when you return home.
- ➔ Items brought abroad for personal use or as gifts are eligible for duty exemptions. If you are bringing them back for resale, they are not eligible for duty exemption.
- ➔ Be aware of U.S. prohibited merchandise, such as ivory, tortoiseshell products, and counterfeit items.
- ➔ Many foreign-made medications are not approved for United States use and are not permitted in the country. When traveling abroad, bring only the medication you will need. Make sure the medication is in the original container.
- ➔ Travels to and from Cuba - Before departing on your trip, check the latest information for the full list of prohibited and restricted items on the Department of the Treasury's Sanctions Programs and Country Information website, as well as other related government resources.
- ➔ Before bringing food to the United States, please check the list of prohibited items. All live animals, birds and bird products may be restricted, quarantined or require certification.
- ➔ CBP officers can inspect you and your belongings without a warrant to enforce U.S. laws.

For more information, read the CBP brochure Know Before You Go Pocket Guide, Publication #0198-0215. Request printed copies on the CBP Publication Catalogue page.



TRAVEL

By Sue McCarthy

2023 Year-end Travel Review

It is that time of the year again when I let you know where we have traveled the last year. One of our travel friends suggested if we recap where we were last year they might plan on visiting those same places. You will recognize some of the destinations from my monthly column. We also took two trips for family visits this year to Texas.

So, here goes: Your trip doesn't have to be to an exotic destination. Visiting friends and family in another destination gives you the opportunity to see some local museums, parks or attractions. Two of our trips last year were to visit family in Denton and Houston, Texas. These were for a high school graduation and a travel conference in San Antonio.

A stop in Houma, LA to see the shrimp boats and Hot Springs, AR to see the famous Bath House Row. If we had enough time on our way back home we thought about stopping at the Crater of Diamonds State Park nearby. It was too close to sunset so we did not stop, and 2 weeks later a man found a 7.46k brown diamond!!! I think we need to go back and find "our" diamond.

Local trips offered us many places to visit too. We went to Carlinville, IL to see the "million dollar courthouse", the Cannonball Jail and the custom Sears catalog houses. Other local visits were to Lincoln's New Salem and the Lincoln Museum in Springfield, IL.

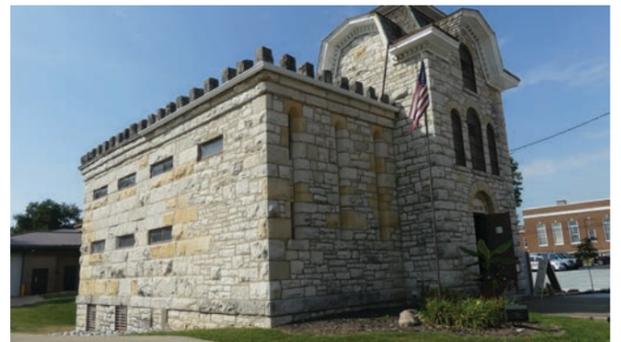
We spent a weekend at Conner Prairie and the Indiana Children's Museum. Another weekend trip was to Saint Genevieve, MO and nearby Kimmswick, MO.

Closer to home was the Commemorative Air Show at Spirit of St. Louis airport in Chesterfield; historic Elsay's Landing and Aeries Winery in Grafton, IL.

There are many places to see in the St. Louis and St. Charles vicinity. Take time in 2024 and see where you can visit that is close.



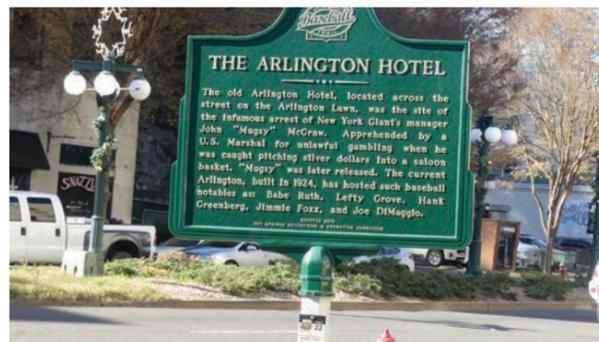
Air Show - Chesterfield



Cannonball Jail - Carlinville



Cemetery



Historic Arlington Hotel



Houma Got Bait



Million Dollar Courthouse



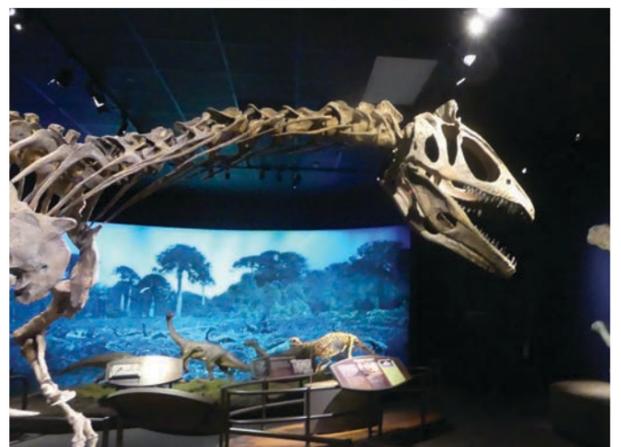
San Antonio



Sears Kit House - Carlinville



San Antonio Festival



San Antonio Museum

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