



Volume 43, Number 1

# the pulse

newspaper



January, 2019

Your Neighborhood Newspaper Since 1977

## NEWSLINE

### Sharing 105 Years of Secrets for a Long, Healthy Life

If you want to live a long, healthy life, take advice from someone who would know, such as Lenore Morrison who recently celebrated her 105th birthday at Richmond Terrace a Lutheran Senior Services community. Of course, Lenore is happy to share her secret: Always want more knowledge.



This isn't only Lenore's secret to longevity but also how she lives her life, she's always wanting to learn more, be more, and see more. One example of this is what she notes as her proudest accomplishment in her life – graduating from Webster University. She knew, and was at times reminded by her father, that her family was investing in her future by sending her to college. Lenore took this seriously and studied hard.

Over 105 years, Lenore has experienced more than many can imagine. She credits the telephone as the most impressive invention because of how it's improved communication. Even though she's seen a lot, Lenore still wishes she would have traveled more – another testament to her desire for life-long learning.

She counts her happy marriage as one of her accomplishments, adding that a happy marriage is all about marrying the right man and having a good attitude. Her husband's favorite reply to requests around the home was also helpful, "Go ask your Mother!"

Lenore marked her 105th trip around the sun with a celebration at Richmond Terrace, her home in Richmond Heights. But when asked what she wanted for her birthday, Lenore had two requests, "Peace and quiet."

### Barbara Jane Walrond Gill

Barbara Gill, Brentwood, Missouri passed away peacefully on Jan. 1, 2019. She was the eldest child of Thomas and Ann Walrond and sister to Tom, Bob, and Jerry. She attended primary, middle and high school in the St. Louis area and graduated from Maryville College with a Bachelor of Science Degree.



In 1959 she married Joseph Edward Gill and moved to Brentwood in 1961. There they raised their 3 children, Tom, Mike (Pam), and Susie (Jeff). Grandmother to Erick (Lauren), Danny, Gary, Jessica and Joey, and a Great-Grandmother to Carter.

Barb was President of the Rotary Anns, President of the Brentwood Historical Society, Maddenfest (Brentwood Days) Committee-History Exhibit and Game Booths, Conference on Education, Missouri School Boards Association, Missouri Historical Society, Mark Twain Mothers Club, Mark Twain P.T.S.O., and Brentwood School Board Member from 1977-1983.

She was also a devout member of the St. Mary Magdalen Parish and served as an usher for 25 years. As well as all these things she also worked at the Mental Health Association, The Missouri Committee for the Humanities, and Monsanto. She worked until she was 80 years old and was a 48 year breast cancer survivor.

She was so many things to so many people, but she will always be remembered for her kind heart and helpful spirit. She will be sorely missed by her family and friends. Barb was a great friend to The Pulse staff.

## Brentwood Middle School Service Projects COMPLETED!



Every student at Brentwood Middle School participated in two service learning opportunities on their last day of school before winter break. They packaged ingredients and supplies for 48 complete meals that were delivered to Operation Food Search, an organization that distributes food to community partners in Missouri and Illinois. Students assembled ingredients for meals suggested by Operation Food Search that included Asian Stir Fry, Tuna Noodle Bake, Pizza dinner, Spaghetti dinner, Chili, and Chicken and Biscuit Bake.

The second service project was creating care kits to be distributed to people who are homeless. Donations from Brentwood Dental Group, Dierbergs, Walgreens, and Drury Inn, along with items purchased by the school were assembled into 90 care kits containing socks, water bottles, granola bars, cheese cracker packages, tissues, toothbrushes, toothpaste, flossing picks, bandages, chapstick, lotion, combs, and cough drops. Students colored notes of encouragement to include in each care kit. These were delivered to Peter and Paul Community Services shelter in Souland, which provides housing and supportive services to people who are homeless.



## Brentwood Youth Choir Goes A-Caroling



On a rainy evening in December after their last day of school before winter break, students in the Brentwood Youth Choir went door to door caroling to homes around Brentwood Middle School spreading Christmas cheer and collecting donations for the St. Louis Christmas Caroling Association. For 106 years, this association has been distributing caroling donations to metro St. Louis agencies that serve children. The youth choir was formed to help celebrate Brentwood's centennial in 2019 and will be singing at some of the centennial festivities throughout the year.

## Inside This Issue...

- 3...10 People to Watch in 2019
- 8...Brentwood Trivia Night
- 9...Workplace Violence Prevention Training
- 12...Brentwood Bound - Building a Bright Future



## Brentwood Mourns Moeckel/Kasten Family

*Our sincere condolences go out to the Moeckel and Kasten families for the senseless loss of their loved ones.*

### Jane Mary Moeckel

**October 26, 1957 - December 29, 2018**

Moeckel, Jane Mary (nee Campbell), longtime resident of St. Louis, Mo. area, died unexpectedly December 29, 2018, along with her dear daughter, Kate Kasten and dear grandchildren, Jonathan and Zoe.

She was preceded in death by her loving mother, Ellen (Buzz) Beverly Campbell and father, Charles Wise Campbell, Sr. She is survived by her dear son, Robert Charles (Casey) Moeckel of Perdido Key, Florida; her dear brother Charles "Chuck" Wise (Mary) Campbell, Jr. of St. Louis, Mo.; dear nieces, nephews and grandchildren and countless friends across the country.



Jane was born on October 26, 1957 in St. Louis, Mo. Early in life, she and her family moved to Hannibal, Mo. for a brief time before returning to Brentwood.

She graduated from Brentwood High School in the class of "76" and afterward, attended Fontbonne College. During these early years, Jane formed her "first of many" circle of friends.

Jane approached each day with a smile and positive outlook. She was a great communicator with an ability to quickly establish a personal connection with people. She had a knack for making everyone feel special. These gifts served her well as she spent most of her career in the retail sector, including her family's nursery with brother Chuck. Together they enjoyed caring for the plants and flowers. Mostly, they loved that the nursery became an afternoon gathering place, where customers and friends would share a laugh and good cheer! Most recently, she was in the cosmetic industry. Throughout her life, Jane collected several more circles of friends and super-charged each one with her love.

Jane made sure her book of life was full, never turning down an adventure! Especially if it involved travel (especially Florida and NY), the sun, a beach or pool, cocktails and of course, friends and more friends! She had a contagious laugh, playful nature and always had fun wherever she went!

Above all, she cherished her children and absolutely treasured time with her beautiful grandkids, Jonny and Zoe. They knew her as "Mama Jane" and her face would light up when she heard them call her name! It was her time with them when she shined the brightest and smiled the biggest!

Perhaps Jane's greatest gift to all of us was her ability to interconnect her many circles of friends - she was the glue for her "extended family". Although our time with her was much too short, we will never forget her "sparkly" personality and will always be "glued" together by our memories of sweet Jane.

Visitation was Sunday, January 6 at Collier's Funeral Home, 3400 N. Lindbergh Blvd. St. Ann, Mo. 63074. The service was Monday, January 7, 10:00 A.M. at Collier's Funeral Home followed by a procession to Jefferson Barracks National Cemetery. Memorial contributions may be given to the Brentwood Alumni Association or St. Louis Zoo.

### TOPS Meetings in Brentwood

Did you make a New Years resolution to lose weight? We can help to encourage you toward that goal. TOPS 0149, meeting in Brentwood, is a chapter of TOPS International, a non-profit organizations dedicated to inspire and encourage you to work toward a specific weight set by a medical professional, and to maintain that loss once achieved. TOPS is affordable with low annual fees and monthly dues. A magazine with encouraging articles is included. Confronting the scale on a weekly basis is helpful in promoting a continual weight loss. Recognition is given for those with best loss on a weekly, monthly and annual basis. Locally, TOPS meets on Wednesday at the Brentwood Congregational Church, 2400 S. Brentwood Blvd.(lower level off Eulalie). Weigh-in stars at 5:30PM and meeting is over by 7:00PM. We invite interested individuals to visit one time free of charge. Further information about TOPS can be found at [www.tops.org](http://www.tops.org).

We are a small, friendly group in Brentwood and would welcome new people (male, female, teen or pre-teen) to strive for progress as we Take Off Pounds Sensibly together!

### Kate Elizabeth Kasten August 26, 1979 - December 29, 2018

Kasten, Kate Elizabeth (nee Moeckel) Friday, December 29, 2018. Beloved wife of the late Kory A. Kasten. Dear mother of the late Jonathan Douglas and Zoe Jane Kasten. Dear daughter of Frederick Moeckel and the late Jane Mary Moeckel; Dear sister of Robert Charles (Casey) Moeckel.

"Big Love" may be a recent motto for the Kasten family, but for Kate Elizabeth (Moeckel) Kasten, big love has always come naturally to her. On the night Kate was born, August 26, 1979, she brought joy and love to her grandparents as she was the first grandchild on both sides of the family. Her bright smile and adorable blonde curls caught the attention of everyone she met. Her loving spirit drew family and friends to her in droves. Family gatherings meant big love and hugs and Kate looked forward to traditions, like Christmas dinners at Grandma Peggy's house with all the aunts, uncles and cousins. Summers at Grandma Buzz's condo in Florida with her family. When Kate was 7 years old, her parents adopted her smart and spunky little brother, Robert.



An instant bond formed between them and she became his protective older sister.

Rob learned about big love from Kate and he eventually became her protector too - "her seaweed eater", as she lovingly called him.

Kate had big love for her friends too. Childhood besties and adult girlfriends all felt a sisterhood with Kate.

From fashion shows with Molly to day trips and vacations with the neighbor families. Kate shared her big heart, infectious laugh and fun loving spirit with all. Simple times like baking Christmas cookies with her girlfriends to weekend excursions at the lake with friends, gave Kate limitless opportunities to show her love for her friends.

When Kate married Kory, her ability to express even more love exploded.

Together, they opened their hearts and home to friends and family, with no limits. If you needed a place to stay, the Kastens welcomed you in. If you wanted a place to hang out on a Saturday, they provided food and fun. If a shoulder to lean on was what you needed, Kate and Kory were there for you - no hesitation, no stipulations - just big love there for you!

Soon the blessing of children entered their lives as Kate and Kory welcomed their two sweet children, Jonathan and Zoe. Kate poured her big love into these kids as was evident by the joy and friendship Jon and Zoe brought to their own friends and classmates. Fun loving and fearless - caring and smart, describe both children. Each year, all of their friends and classmates (and all of the parents too), were invited to a big birthday party for Jon and Zoe at Suson Park. Games, food and prizes for all, but most of all smiles, hugs and love were abundant. All the Kastens made sure that guests had a wonderful time and felt the big love. Despite the suffering with cancer that Kory experienced throughout most of the kids lives, and the struggle it was for Kate to support her husband, they both refused to deny their children the joys of childhood. Summer vacations to Florida, annual stops at Graceland, Christmas parties and school programs - all the typical family fun was had by this loving family. After the passing of Kory, Kate continued to make awesome memories with her children, once on a trip to Legoland in California. The other on a special trip with Grandpa Rick and Great-Grandpa Forrest to Branson.



Jonathan will be remembered for superhero costumes, Monstero concerts, lego constructions and video gaming. Zoe was a field hockey player since she was 3 years old, a trampoline expert and crafter. As big brother and little sis, they shared a big-love bond that encouraged and sustained each other through the fun times and the tough times. Truly the world is a better place because of the Big Love legacy of the Kasten family. Honor their lives by following their example: love family, love friends - Big Love to All!

Memorial Visitation was Sunday, January 6, 2019 at Colliers Funeral Home 3400 N. Lindbergh Blvd. St. Ann. Memorial Service was Monday, January 7, St. John Lutheran Church 15800 Manchester Rd. Ellisville, Mo. 63011

Interment: Jefferson Barracks National Cemetery 2900 Sheridan Rd. St. Louis, Mo.

In honor of Jon and Zoe Kasten, and in lieu of flowers, donations may be given to the Harris Elementary School 2800 Old Muegge Rd. St. Charles, Mo. 63303.

Mr. Tyson Plumlee, principal, can be reached at 636-443-4700. These donations will help provide funding for field trips and many other activities.

## Compare Our CD Rates

Bank-issued, FDIC-insured

6-month **2.40%** APY\* Minimum deposit \$1000

1-year **2.50%** APY\* Minimum deposit \$1000

2-year **2.80%** APY\* Minimum deposit \$1000

\* Annual Percentage Yield (APY) effective 01/04/2018. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

Call or visit your local financial advisor today.



**Jennifer L Scholle**  
Financial Advisor

8824 Manchester Road  
Brentwood, MO 63144  
314-968-3783

[www.edwardjones.com](http://www.edwardjones.com)  
Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING

**Deadline for next Pulse  
issue is February 4**





# INSIDE BASEBALL

By Rob Rains of  
StLSportsPage.com

## 10 People To Watch in 2019

As we say our final goodbyes to 2018, we do so with a hope that 2019 will be a much better year on the St. Louis sports scene.

In the past 12 months, we saw our town's two major-league franchises, the Cardinals and Blues, both fail to make the playoffs. That was only the second time that happened in the same year since 1979.

Both teams also changed coaches during the season. The only other time that happened in the same year was in 1978.

So as we look ahead to 2019, here is our annual list of the 10 most important people to watch in St. Louis sports this year. Hopefully these individuals, listed in alphabetical order, will ensure that area sports fans do not suffer a repeat of what they watched last year.

**Jeff Albert** – The Cardinals' new hitting coach arrives from Houston and will be charged with the responsibility of improving the team's offense. One of the ways he can do that is by helping his hitters develop a better recognition of the strike zone, hoping to reduce the number of strikeouts. His work with youngsters such as Harrison Bader and Tyler O'Neill could be a key to the team's overall success this season. Albert also worked with Matt Carpenter during his years in the Cardinals' farm system before he was hired away by the Astros.

**Doug Armstrong** – The general manager of the Blues fired another coach, Mike Yeo, after the team's poor start this season. Unless the roster of players he has filled with trades and free agent signings starts to establish more success, sooner or later the pressure should begin to mount more on Armstrong than on whoever is coaching the team at the moment. Failing to make the playoffs again this season might leave the Blues' ownership with no choice but to find a new person to put in charge of the team's operations.

**Matt Carpenter** – He knows where he is going to hit in the Cardinals' lineup, the place where he wants to hit. He knows he is going to play third base, and even if it is not his best position, he is happy to play there because he knows adding Paul Goldschmidt makes the Cardinals a better team. Now the question for Carpenter is can he avoid disappearing for two months of the season, like he did in April and September last season. A consistent performance out of the leadoff spot from Carpenter would greatly improve the team's offense.

**Dexter Fowler** – If this list was ranked first to 10th instead of in alphabetical order, Fowler might be listed as the most important person in St. Louis sports in 2019. The Cardinals say they are committed to him playing right field despite his horrible season in 2018, so much so they didn't really make a serious run at signing Bryce Harper. Will Fowler prove to be worthy of that faith? His singular performance will play a major role in how much success the Cardinals have this season.

**Paul Goldschmidt** – Whether or not Goldschmidt can become the face of the Cardinals that the team has lacked since Albert Pujols left after the 2011 season will depend on if 2019 is his only season in St. Louis. He is the best player the Cardinals have had on their roster since Pujols left, and signing him to a contract extension before he can become a free agent should be the top priority on John Mozeliak's to-do list this season.

**Carlos Martinez** – This could be the most important season of Martinez's career. Limited by injuries in 2018, Martinez was used as a late-inning option near the end of the year to try to keep him on the field, but he is projected to return to the Cardinals' rotation this year. Can he make it through the year in that role, especially if the Cardinals find themselves needing a closer again? How Martinez performs this season, in whatever capacity, could be a determining factor in whether his future includes staying in St. Louis.

**Yadier Molina** – One of the most used phrases in sports when discussing a player's advancing age is that Father Time is undefeated. He may have found a worthy opponent in Molina, who seems to not only refuse to age but refuse to concede playing time to whoever is the Cardinals' backup catcher. Can he do it again this season? The Cardinals certainly seem to be counting on that being the case, hoping Molina can stay healthy and productive for at least one more season.

**Alex Reyes** – There might not have been a more disappointed player on the Cardinals in 2018 than Reyes, their best pitching prospect for each of the last few years. Recovered from Tommy John surgery that forced him to miss all of 2017, Reyes returned in 2018 to pitch a total of four innings before getting hurt again. Making it through this season without another injury has to be Reyes' primary goal, and if he can do that, then capitalizing on his talent should follow – whether he is used out of the bullpen to try to limit his innings or as a starter.

**Mike Shildt** – The Cardinals got a quick idea of what Shildt could do as the manager when he took over the team in mid-season last year, but now he gets to start fresh in spring training. Shildt earned this opportunity by his work last season, and his years of preparation in the Cardinals' farm system. Nobody will work harder or be more prepared, and it will be up to the players to follow Shildt's leadership if they hope to end a three-year absence from the postseason.

**Tom Stillman** – The owner of the Blues cannot be happy with his team's performance. Who pays the price for their disappointing play? How involved will Stillman get in making decisions that could affect the team for years to come – concerning the general manager, the coach, or by trading away key veteran players. Stillman has given Doug Armstrong almost carte blanche authority to make decisions in recent years, but maybe this is the year that he steps in and takes more control over personnel moves.

Follow Rob Rains on Twitter @RobRains

*So as we look ahead to 2019, here is our annual list of the 10 most important people to watch in St. Louis sports this year. Hopefully these individuals, listed in alphabetical order, will ensure that area sports fans do not suffer a repeat of what they watched last year.*

## Recycling Challenges and Changes

Single-stream recycling is experiencing challenges due to increased stringent standards overseas and increasing recycling costs. When waste processor Resource Management closed its recycling center in October 2018, the City of Brentwood had to find an alternative materials recycling facility. Brentwood's Board of Aldermen approved an agreement with Republic Services so the City can continue to offer single-stream, curbside recycling to Brentwood residents.

### How to Recycle Responsibly

Contamination in recyclable materials led China to impose stricter policies on the materials it would accept. This policy change raised costs for recycling processors. Residents can help sustain single-stream recycling services by knowing what to put in the recycling bin and what to leave out of the recycling bin.

**DO Add to the Recycle Bin:** Paper, Flattened Cardboard, Plastic Bottles and Containers, Glass Bottles and Jars, Metal Food and Beverage Cans, Food and Beverage Cartons. Keep these items loose (not bagged), clean and dry to avoid contamination.

**DON'T Add to the Recycle Bin:** Plastic Bags and Film, Styrofoam, Sharps and Needles, Food Waste, One-Time-Use Disposables (such as plastic straws and utensils, batteries, household hazardous waste and yard waste).

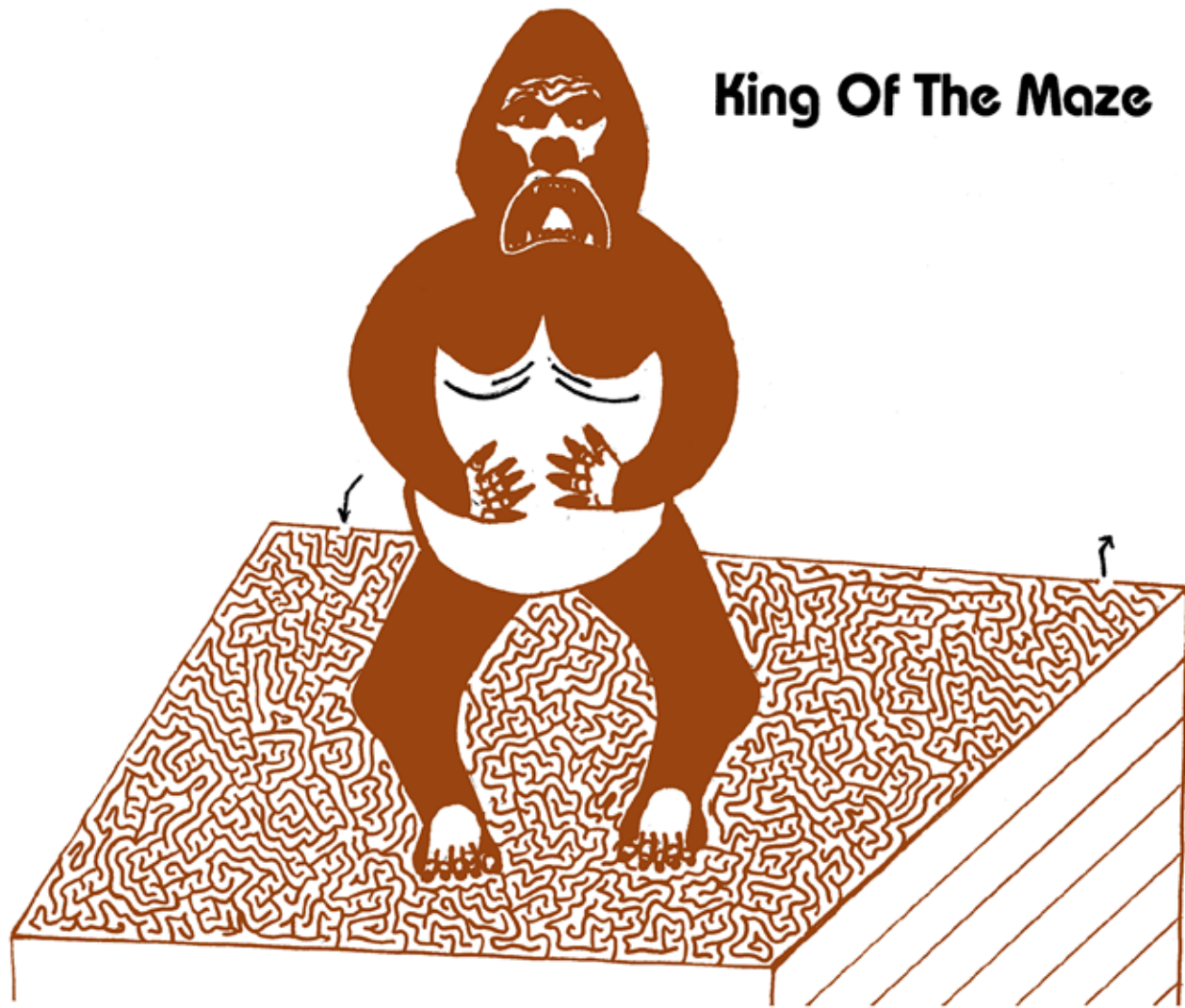
Visit [stlcityrecycles.com/database](http://stlcityrecycles.com/database) to find out where to recycle or donate unwanted items not on the "DO" list.





# Joey's Mazes by Joey Barzantny

mazesbyjoe.com



## WEST COMMUNITY CREDIT UNION EARNS MISSOURI QUALITY AWARD

West Community Credit Union was named a recipient of the 2018 Missouri Quality Award by the Midwest Excellence Institute (MEI), designed to honor exemplary organizations for their achievements in performance excellence.

West Community Credit Union was recognized for its Business Process Management system, rigorous metrics, disciplined leadership, passionate workforce, and outstanding community service. Through their engaged workforce, the credit union provides customized service and solutions to enrich members' lives and help communities thrive. As a result, it has experienced outstanding financial performance.

"We are committed to our mission of being our members' life-long financial partner," said Jason Peach, President and CEO. "Commitment to learning and innovation are cornerstones of our core values and are ingrained in our culture."

To be eligible for the Missouri Quality Award, West Community Credit Union submitted a 50-page application responding to the Malcolm Baldrige Excellence Framework involving leadership, strategic planning, customer and employee engagement, and a variety of other factors that drive improved performance.

Award applications are evaluated by a team of trained examiners individually, then in team consensus, and is culminated by a week-long site visit to verify and clarify information contained in the application.

"We are honored after years of improving our processes to have the opportunity to show the communities we serve how we have used the Baldrige framework to further enhance our organization's quality and performance," stated Peach.

Award winners were recognized at the MQA Awards Banquet on November 15 in Columbia, MO.

### About West Community Credit Union

West Community Credit Union is a full-service, not-for-profit financial cooperative serving more than 25,000 members and businesses in St. Louis County, St. Charles County and Boone County. The credit union has offices in O'Fallon, Brentwood, Kirkwood, Lake Saint Louis, Florissant and Columbia, MO. For more information on banking products and services, call (636) 720-2400 or visit [www.westcommunitycu.org](http://www.westcommunitycu.org).



## Dad's Cookie Company

"Family Owned And Operated Since 1938"

3854 Louisiana Avenue, St. Louis, MO 63118

Stop By And Visit Us At Our Old Style Retail Bakery Shop!



**Dad's Cookie Company, the home of...**  
**Dad's Original Scotch Oatmeal Cookies™ and**  
**Sweets & Treats of St. Louis™ Gourmet Popcorn and Treats**

# www.dadscookies.com

Send a Gift Box of Dad's Cookies, a Tin of Gourmet Popcorn, or a tin packed with gourmet popcorn and treats to anyone in the continental United States online, or by mail, fax, or telephone.

Store Hours: 8 AM to 5 PM Mon. - Sat.  
 VISA / MASTERCARD / DISCOVER / AMEX

Email: [calldad@dadscookies.com](mailto:calldad@dadscookies.com)  
 Website: [www.dadscookies.com](http://www.dadscookies.com)

Phone: (314) 772-3662  
 Fax: (314) 772-5863

*Here's just some of the places where you can find Dad's Original Scotch Oatmeal Cookies™:*

Baumann's Fine Meats  
 Cafe Manhattan  
 Crown Candy Kitchen  
 Dierberg's Markets

Fields Foods  
 Freddie's Market  
 Hanlen's Fine Meats & Catering  
 Hanneke's Market

Kenrick's Meats & Catering  
 Ladue Market  
 Mateker's Meat & Seafood Shop  
 Mom's Deli

Schnuck's Markets  
 Shop 'n Save Markets  
 Straub's Markets  
 ...AND MANY MORE!

**Stop by Ted Drewes and get a "Tedad's" Concrete, or a Frozen Custard Sandwich made with Ted Drewes Vanilla Custard between two Dad's Original Scotch Oatmeal Cookies!**

*If you can't find them where you shop, ask them to carry Dad's Original Scotch Oatmeal Cookies™!*





# CRUISE ON OVER HERE TO ALTAIR FOR A CUBAN FIESTA!

**REFRESHMENTS AND FUN**

LEARN ABOUT CRUISING ON NCL TO HAVANA, COLORFUL HISTORY AND ARCHITECTURE, BRIGHT CLASSIC CARS, UNIQUE CULTURE!

OUR TRUSTED PARTNER NORWEGIAN CRUISE LINE LEADS THE INDUSTRY IN CRUISES TO CUBA. MEET CLARENCE!

AND HOW DOES "ALL-INCLUSIVE" AND "FREE DRINK PACKAGE" SOUND?

**THURSDAY, JANUARY 17, 2019  
6:30 PM**

THE LIVING ROOM AT ALTAIR TRAVEL  
2025 S. BRENTWOOD BLVD, ST. LOUIS, MO 63144

**SPACE IS LIMITED, SO PLEASE CALL  
314-968-9600  
ASAP TO RSVP**



Your Altair advisors are standing by to grab up space for you on these wildly popular cruises to Cuba, but we have a bonus for you:

**Discover Cuba with our dear friend, KTRS' Farmer Dave!**

Meet him at our Fiesta, and consider cruising with him!

**May 27-31, 2019**

Aboard the Norwegian Sun  
Free Open Bar and more free amenities!

**Starting at just  
\$1150 per person\***



\*double occupancy, cruise only. Includes fuel charges, port charges, and government taxes (subject to change by the cruise line). Also includes roundtrip transfers, gratuities, and mandatory Visa fee. Not included: airfare, insurance, excursions and items of personal nature.



**CALL ALTAIR TRAVEL & CRUISES**

**314.968.9600**

39 YEAR HISTORY

EXPERIENCED, PERSONALIZED, SUPERIOR SERVICE YOU CAN TRUST!  
2017 - TOP 10 PRESIDENT'S GOLD CIRCLE AWARD RECIPIENT FROM ENSEMBLE TRAVEL

ALTAIRTRAVEL.COM | CHATWITHPAT@ALTAIRTRAVEL.COM | ALTAIRTRAVELCRUISES



# Saint Mary Magdalen Catholic School

*A Foundation in Christ through...  
Formation, Learning, Witness & Service*



**OPEN HOUSE**  
Sunday, January 27, 2019  
10:00 AM - 12:30 PM  
Pre-K 3 & 4 through 8th Grade  
Children's Liturgy 9:30 AM  
Free Pancake Breakfast & School Tours  
[www.stmmschool.com](http://www.stmmschool.com) 314-961-0149

## *Top Reasons to choose Catholic Schools*

- ~ Catholic Faith and Academic Excellence
- ~ Partnership with parents in faith formation
- ~ We instill the value of service to others
- ~ Emphasis on moral development and self-discipline
- ~ 99% high school graduation rate & 85% of our graduates go to college





The **Brentwood Historical Society** wants to honor Brentwood residents who have lived in Brentwood for 75 years or more.

At a special ceremony, we will recognize anyone who has **lived in Brentwood for 75 years.**

We will honor **the oldest resident** and the **resident who has lived in Brentwood the longest.**

If you, a family member or friend meet this criteria, contact:  
**The Brentwood Historical Society** at: [bwdhistsoc@yahoo.com](mailto:bwdhistsoc@yahoo.com)

The ceremony will be held at the **Board of Aldermen** meeting on **Tuesday, February 19th • Brentwood City Hall**



For all centennial events and updates, to volunteer, donate or to sponsor an event, please visit:

**Brentwood100.org**



#Brentwood100  
 #BrentwoodMo100

**Breihan Malecek Petersen & James**

Excellence in Real Estate



**Your Brentwood Area Real Estate Specialists**



Steve Breihan | 314/753-1899  
 Steve@SteveandCarolyn.com

Carolyn Malecek | 314/956-9405  
 Carolyn@SteveandCarolyn.com

Erik Petersen | 314/610-2318  
 Erik@SteveandCarolyn.com

Lizz James | 314/307-4232  
 Lizz@SteveandCarolyn.com



**SteveandCarolyn.com**

You want the best for them. Every day. So do we.



At Richmond Terrace, we feel that older adults deserve the very best we can give them. So that's what we strive for. Every day.

- Beautiful, inviting living and gathering spaces
- Delicious, chef-prepared meals
- Warm, caring staff for assistance when you need it

Make the most of every day! Call 314.646.8000 x 207 today to schedule your personal tour of *Richmond Terrace*

A LUTHERAN SENIOR SERVICES COMMUNITY



**RICHMOND TERRACE**  
 LUTHERAN SENIOR SERVICES

1633 Laclede Station Rd.  
 Richmond Heights, MO 63117  
[RichmondTerraceLiving.org](http://RichmondTerraceLiving.org)



**BRENTWOOD CENTURY FOUNDATION** presents:

*“Through the Years”*

# TRIVIA NIGHTS

**Saturday, Jan. 26, 2019**  
**St. Mary Magdalen Gym**

**Doors Open at 6:00 p.m. • Trivia Starts at 7:00 p.m.**

**Table of (8) \$200**

Check out the **Events page** at **Brentwood100.org** for reservations and more information.

**Beer, wine and soda will be provided** (Must be 21 & over)

**Outside food and beverage are welcome.**

**Reservations are required! Space is limited and tables are going fast!**

For reservations or questions, Contact Dan at **314-713-1742** or **events@brentwood100.org**

*Proceeds from this event will benefit:*



**The December 5th Fund<sup>SM</sup>**  
**www.december5th.org**

**Sponsored by:**



*For all centennial events and updates, to volunteer, donate or to sponsor an event, please visit:*

**Brentwood100.org**



**#Brentwood100 #BrentwoodMo100**



## Welcome to Brentwood!



Officer Amon Figs joined the Brentwood Police Department in December 2018. Amon served for 11 years as an officer in the St. Louis Metropolitan Police Department, including an assignment on the Anti-Crime Task Force. During his years in that unit, Officer Figs and his squad were responsible for locating and investigating suspects involved in stolen cars, car break-ins, and most recently, the violent armed robberies and carjackings occurring throughout the St. Louis community. He has earned numerous letters of commendation for his service.

## FREE DENTAL CARE AVAILABLE AT "GIVE KIDS A SMILE" CLINIC

Gum disease, cavities and tooth decay is avoidable. Much comes down to brushing, flossing and visiting the dentist. The problem is many kids do not have access to the dental health basics and are living in pain, having trouble concentrating in school and dealing with self-esteem issues. To raise awareness about the epidemic of untreated dental disease and increase access to oral health care, Give Kids A Smile is hosting a free dental clinic for those in need on Friday, Feb. 8 and Saturday, Feb. 9, 2019 at Saint Louis University's Center for Advanced Dental Education. The local clinic is one of more than a thousand events taking place nationwide in February as part of the American Dental Association Foundation's Give Kids A Smile program. Care is provided by appointment only. Patient registration can be completed through Friday, Feb. 1, by calling Give Kids A Smile at 636-397-6453.



The two-day FREE dental clinic is designed to meet the dental health needs of newborns through school-aged children up to 14 years old (8th grade), who are Medicaid-eligible, qualify for the free school lunch program or need dental assistance due to other special circumstances. Registered children will receive X-rays, professional cleanings, fluoride treatments and sealants, as well as fillings, root canals and oral surgery, if needed. All care is provided in a non-intimidating, fun-filled environment that includes an entertainment area featuring music, interactive games, face painters and balloon artists. Each child goes home with a free healthy lunch and smile bag that includes a toothbrush, toothpaste, floss and more.

"Thanks to the selfless dedication of hundreds of volunteer dental professionals and sponsors like Delta Dental of Missouri, Cardinals Care and The Orthwein Foundation, we have the capacity and resources to provide comprehensive dental services, completely free of charge, for up to 600 local kids," said Erica Steen, executive director of Give Kids A Smile. "We want to make sure as many kids can gain access to this care as possible, so we recommend parents and other caregivers register now."

The patient registration process includes the completion of health history and consent forms. Those who may need assistance coordinating transportation to or from the clinic are encouraged to reach out early. To learn more about Give Kids A Smile call 636-397-6453 or visit [www.gkas.org](http://www.gkas.org).

Give Kids A Smile was founded by a group of St. Louis dentists in 2002. Two-day clinics have been held every February and October since then, providing a total of more than 16,500 local kids with \$9.6 million worth of free dental care. The American Dental Association Foundation adopted the program in 2003 and has served as the catalyst for a nationwide effort by the same name that has provided care to 5.5 million kids. This February, there will be more than 1,400 free dental clinics, ranging in size and scope, held across the nation with the help of 6,200 dentists and 57,500 other volunteers. To learn more about the national effort, visit [www.ada.org](http://www.ada.org).

## Preparing for Natural Disaster for People with Disabilities and other Special Needs - Lighthouse for the Blind - Saint Louis

About 56.7 million people — 19 percent of the U.S. population — have a disability, with more than half reporting a severe disability, according to a U.S. Census report.

FEMA and The American Red Cross have published a booklet to help people with disabilities prepare to protect themselves, their personal care assistant and others in case of an emergency. The booklet also applies to elderly and other special needs populations.

Here are helpful excerpts from that booklet:

Create a personal support network to help a person with disabilities prepare for a natural disaster with assistance before, during and after the emergency occurs.

Support network members should be trustworthy people recruited from among friends, family or coworkers who will provide assistance in challenging conditions.

Learn what to do in case of power outages or personal injuries. Know how to connect and start a back-up power supply such as a portable electrical generator for essential medical equipment.

- Consider getting a medical alert system that will allow a person who is disabled to call for help if they are immobilized in an emergency. Most alert systems require a phone "land line," so have a back-up plan, such as a cell phone or pager.


- If you use an electric wheelchair or scooter, have a manual wheelchair for backup.
- Store back-up equipment (for mobility, medical applications, etc.) at a neighbor's home, school or your workplace.
- Instruct support network members who may need to assist in an emergency how to operate necessary equipment. Label equipment and attach laminated instructions for its use.
- Arrange for more than one person from the personal support network to check in before, during (if possible) and soon after an emergency, so there is at least one back-up if the primary support person is unavailable.
- If vision impaired, deaf or hard of hearing, the person who is disabled should plan ahead for someone to convey essential emergency information that is broadcast by TV or radio.
- If a personal care attendant from an agency is used, determine if the agency has provisions for emergencies, such as providing services at another location if evacuation is ordered.
- Ask apartment managers to identify and mark accessible exits and access to all areas designated for emergency shelter or safe rooms. Ask about plans for alerting and evacuating people with sensory disabilities.
- Keep an extra cell phone charged up and ready for use by people who are disabled so they can let someone know where they are and guide them to safety. Keep extra first response phone numbers handy in case the local 9-1-1 emergency number is overloaded.
- Be prepared to provide clear, specific and concise instructions to rescue personnel. Practice giving these instructions (verbally, pre-printed phrases, word board) clearly and quickly.
- Prepare the personal support network to assist with handling emotions associated with disaster and traumatic events (confusion, thought processing or memory difficulties, agitation, fear, panic or anxiety).


Keep a copy of this document to share with anyone who may need it along with your own survival protection plan:

[https://www.fema.gov/media-library-data/20130726-1445-20490-6732/fema\\_476.pdf](https://www.fema.gov/media-library-data/20130726-1445-20490-6732/fema_476.pdf)

Lighthouse for the Blind-Saint Louis is a not-for-profit 501(c)3 organization that helps individuals who are legally blind maintain dignity and independence through gainful employment, education and support services. For details about Lighthouse for the Blind-Saint Louis services and programs, please call 800.542.3697 or 314.423.4333, or visit the website [www.lhblindustries.com](http://www.lhblindustries.com).







### Free Workplace Violence Prevention Training

*Certified through the United States Attorney's Office*

- Policy Development / Threat Assessment / Threat Mitigation
- Civil Liability Protection / Site Assessment / Victim Response


**Presented by Brentwood Police Chief, Colonel Joseph L. Spless, Jr.**

With over 35 years of experience, certified instructor Colonel Joseph Spiess delivers an insightful perspective and multi-faceted approach to workplace violence prevention.

**Managers, Supervisors, Human Resource Specialists**

Learn best practices for early warning behavior detection and prevention strategies. How to mitigate risk and liability through policy and threat assessment.


**Lunch and Learn event!**  
 Thursday January 31, 11 AM to 2 PM  
 Brentwood Drury Inn - 8700 Eager Rd. 63144



Sponsored by AIMM, The Pasta House & The Drury Hotels

**Registration Mandatory**  
 Contact Thomas Bottini

Phone: 314.963.8615  
 Email: [tbottini@brentwoodmo.org](mailto:tbottini@brentwoodmo.org)





# Brentwood Board of Aldermen Minutes

PARTIAL MINUTES OF THE BOARD OF ALDERMEN  
REGULAR MEETING - Monday, October 15, 2018

The meeting was called to order by Mayor Thornton at 7:00PM.

## Members Present:

Mayor Chris Thornton, Alderman David Dimmitt, Alderman Thomas Kramer, Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderwoman Kathy O'Neill, Alderman David Plufka, Alderwoman Sunny Sims, Alderman Brandon Wegge

A quorum was present and Mayor Thornton presided.

## Staff Present:

Director of Planning & Development Lisa Koerkenmeier, Deputy City Clerk Shelly Todd, City Attorney Kevin O'Keefe, Finance Director Karen Shaw, Police Chief Joe Spiess, Major Angela Hawkins, Fire Chief Terry Kurten, Parks Director Eric Gruenenfelder, Public Works Director Dan Gummshheimer, Communications Manager Janet Levy



Mayor  
Chris Thornton



Alderman  
David Dimmitt



Alderman  
David Plufka



Alderwoman  
Sunny Sims



Alderman  
Brandon Wegge

Ward 1

Ward 2



Municipal Judge  
Patrick Dignam



Alderman  
Andy Leahy



Alderman  
Steve Lochmoeller



Alderwoman  
Kathy O'Neill



Alderman  
Tom Kramer

Ward 3

Ward 4

## ANNOUNCEMENTS, APPOINTMENTS, PROCLAMATIONS & RECOGNITIONS

Police Department Recognition of Corporal Thomas R. "Nick" Lang's Promotion

Major Hawkins read a bio for Corporal Nick Lang. Mayor Thornton recognized Mr. Lang for giving the Veteran's Day speech this year stating that the speech was one of the best he'd ever heard.

Police Department Recognition of Corporal Joseph Sullivan's Promotion

Major Hawkins read a brief bio for Corporal Joseph Sullivan. Mayor Thornton congratulated both Corporals.

## MAYOR AND ALDERMEN REPORTS Mayor Thornton

Mayor Thornton spoke on the Brentwood Bounds project and questions that have arisen. Stated that it was important to remember how we got to this point and why the city is taking this on. Two years ago, there was a group meeting at the Bricklayers Council regarding priorities for the city, at that time there was discussion regarding if attacking the flooding on Manchester road as an option. Hanley Industrial Court and other issues were discussed. In two years, the city has come a long way. The flooding in that area of town has been a problem in the city for a very long time. The Mayor also pointed out that the city has come far enough in the project that the city is confident that the improvements to Manchester can be done and that Brentwood Bounds will work. The goal is to claim the area of town that has been held back due to the flooding problem in place for over one hundred years. The flooding is a geographical issue. There is not an easier, softer way to do this and had there been any other way, the city would have explored it by now. Mayor Thornton stated the city should go forward with the project because no one else will. The one-fourth portion of the community is affected and is severely hampered by this one-hundred-year project. It is the right thing to do and there is no one else anywhere that will focus the time, energy or resources on making it better. The people that live in that area deserve the attention and the resources of the rest of the city. It is an opportunity to take care of the problem as well as make that area something that is unique. Done the right way with giving a share to green space and parks to that reclamation, Brentwood will have something that is unique and better than anything else in St. Louis County. Even if the city isn't successful, people will understand and say, "at least they tried to get something done that really affected the entire town." However, there is a very good chance that the project will succeed. Mayor has started and will bring some things forward to promote the project. Many that have heard about it from Metropolitan Sewer District (MSD) to other mayors that are impressed with the project. Promoting will provide the recognition that the project deserves. Mayor has also spoken with City Administrator to obtain a quote from an independent accounting firm that reports directly to the board with quarterly audits. As this is a lot of money in question, assurance that the funds are being used prudently, this will be beyond just an audit function; it will be someone that the board can rely on directly that will attest to prudent and board intended use of funds. This will make sure that the board will have as much supervision over the financial aspects of the project as possible.

The Mayor concluded his report.

## CITY ADMINISTRATOR'S REPORT Brentwood Bound Project Update

Director of Planning and Development Koerkenmeier recognized Janet Levy, Communications Manager of the City of Brentwood to provide announcements toward Brentwood Bound Project and its Community Task Force. Ms. Levy recognized Mary White, committee chair and the task force's purpose which is to educate themselves about the Brentwood

Bound project as well as educate the community. Two open houses are scheduled on Thursday, November 1st from 5:30 to 7:30PM and Saturday, November 3rd from 9:00AM to noon at the Brentwood School District Conference Center located on Hanley Industrial Court.

Director of Planning and Development Koerkenmeier provided an update of project costs:

Investment costs-	\$707,270.30
Direct project costs-	\$1,270,464.12
Indirect costs-	\$682,399.47

## Flood Mitigation Questions

Phil Blonn, Project Manager of Jacobs Engineering was present and answered flood mitigation questions.

When will Federal Emergency Management Agency (FEMA) flood maps be reviewed again and how will it affect my property or if my property will be removed from the flood map?

Mr. Blonn stated FEMA timing for flood map review is a two-step process. Coordination with FEMA has begun, Conditional Letter of Map Review (CLOMR) review process will take up to 3 months (approval early 2019) and takes place in parallel with the design of the project. At that point know what to expect the flood map post project to look like. After about 2 years when the project is constructed (early 2022) can do an as-built survey, prepare another package to FEMA and apply for the Letter of Map Revision (LOMR). At that point, a new flood map can be issued.

Alderman Wegge asked if there were other things that city should be doing to not have the flood map moved?

Mr. Blonn responded not sure what board can do, the plan is to put together CLOMR application that is well documented and summarized well so that there is no miscommunication, providing what FEMA is looking for. Participation in CRS (community rating system) FEMA's program helps the community.

Alderman Wegge inquired about the software used by FEMA. Mr. Blonn advised it is the same software CFM uses as well as the Army Core of Engineers.

Alderman Wegge asked if there were concerns about the amount of time to review the CLOMR or if it will put construction at risk.

Mr. Blonn advised that review can take a little longer than stated but shouldn't put construction at risk. There is also coordination with reviewers contracted by FEMA on technical issues so that they agree on approach so there shouldn't be a problem.

Alderman Wegge then asked if CFM will have any visibility if the process is breaking down or not meeting FEMA expectations.

Mr. Blonn stated that there would be coordination throughout the process, once it is accepted, they will know where the flood plain will end up.

Alderman Dimmitt asked Phil when he projected that the CLOMR would be submitted to FEMA?

Mr. Blonn responded that he anticipated doing that in early 2019.

Alderman Dimmitt estimated possible result received in maybe April or May of 2019? He then asked if Mr. Blonn envisioned a scenario where the results would differ from the original submission of the CLOMR.

Mr. Blonn advised that if there are webbies in the design there is a possibility that the review may come back different.

Alderman Dimmitt inquired if CFM had experience submitting CLOMR's under these circumstances and what his experience was in mirroring initial analysis when submitting them?

Mr. Blonn advised that CFM is experienced in submitting CLOMR's and that in his experience if there were no changes then the review usually came back as expected.

## Mosquito Adulticide Service

Assistant City Administrator Koerkenmeier invited Public Works Director Dan Gummshheimer to give a briefing about changes to be contemplated by the board regarding mosquito abatement services. Director Gummshheimer reviewed four strategies that CDC and EPA state are effective against mosquito population: larvicide and adulticide mentioned. Public works determined that larvicide would continue to be undertaken by public works but not adulticide.

## CONSENT AGENDA

Consent Agenda Approval Minus 9D and 9F of October 15, 2018

Motion to approve the consent agenda 9A. Standing Committees Reports, 9B. Special Use Permit Arbem Inc. DBA Hacienda Mexican Restaurant, 9C. Resolution No. 1108 Fire Department HVAC Agreement between the City of Brentwood Missouri and DEKA Services, 9D. Resolution No. 1115 Amending The Agreement For The Brentwood Park Playground Project Between The City Of Brentwood And Game Time c/o Cunningham Recreation, 9E. Warrant Lists

Motion by Alderman Wegge. Seconded by Alderwoman Sims.

Final Resolution: Motion Passed

Yea: Alderman Dimmitt, Alderman Kramer, Alderman Leahy, Alderman Lochmoeller, Alderwoman O'Neill, Alderman Plufka, Alderwoman Sims, Alderman Wegge

## OLD BUSINESS

A. Bill No. 6222 – Employment Agreement- An Ordinance Authorizing The Mayor Acting On Behalf Of The City Of Brentwood, Missouri, To Execute An Agreement With The Fire Chief Of The City Of Brentwood, Missouri, And Providing For The Effective Date Of This Ordinance.

Request by Mayor Thornton for 2nd reading of Bill No. 6222 by title only.

The second and final reading of Bill 6222 was read by title only by City Attorney O'Keefe.

Motion to perfect Bill No. 6222 into ordinance form.

Motion by Alderman Leahy. Second by Alderwoman Sims. Final Resolution: Motion Passed

Yea: Alderman Dimmitt, Alderman Kramer, Alderman Leahy, Alderman Lochmoeller, Alderwoman O'Neill, Alderman Plufka, Alderwoman Sims, Alderman Wegge

Bill No. 6222 passes and upon signature of the Mayor becomes Ordinance No. 4860.

## ADJOURNMENT

A. Adjourn Meeting

Motion to adjourn the meeting at 8:15PM.

Motion by Alderman Plufka. Seconded by Alderwoman Sims.

Final Resolution: Motion Passed

Yea: Alderman Dimmitt, Alderman Kramer, Alderman Leahy, Alderman Lochmoeller, Alderwoman O'Neill, Alderman Plufka, Alderwoman Sims, Alderman Wegge

## Neighborhood Eyes

Neighborhood Eyes is a program for Brentwood residents who have surveillance systems for home protection. If you have cameras on your property, you may have valuable video that could aid in the investigation of a crime in your neighborhood. Find out how to sign up and help your police department solve crime on your block.



# FEBRUARY IS KINDERGARTEN REGISTRATION MONTH

If your child will be five years by July 31, 2019, he or she is eligible to start kindergarten this August at Mark Twain or McGrath Elementary. Please pass this information along to your friends and neighbors. It is helpful for the school district to get an early idea of how many kindergartners will start this fall.

The registration packet can be downloaded at [www.brentwoodmoschools.org](http://www.brentwoodmoschools.org) or call your child's school. Parent/legal guardian must have a valid driver's license or state-issued photo identification, one current document from List A, and two current documents from List B to enroll the student:

LIST A	LIST B
Mortgage statement	Unpaid utility bill
Property deed	Credit card or bank statement
Real estate tax bill	Voter registration card
Homeowner's policy	Personal property tax invoice/receipt
Signed residential lease agreement (must be updated annually)*	Paycheck stub
<b>*It is your responsibility to provide the school office with a copy of your lease annually.</b>	Insurance statement
	IRS tax statement
	Social services, Social Security or other legal documents issued by local, state or federal courts

We encourage you to attend our Kindergarten Open House. You will get to meet many of our staff members and see the school. Bring your questions, too - we are happy to answer them! Open House dates are listed below. You can also make an appointment for a tour by calling your child's school.

<p><b><u>Mark Twain Elementary</u></b> 8636 Litzinger Road 314-962-0613</p> <p><u>Registration Open House:</u> Monday, February 11 - 3:30-5:30 pm</p>	<p><b><u>McGrath Elementary</u></b> 2350 St. Clair Avenue 314-962-6824</p> <p><u>Registration Open House:</u> Wednesday, February 6 - 3:30-6:00 pm</p>
---	--

♥ Welcome to  
Kindergarten



Brentwood School District  
1201 Hanley Industrial Court  
Brentwood, MO 63144  
314-962-4507





# Brentwood Bound

*Building a Bright Future*

## **Brentwood Bound** Focus On Manchester Road Improvements

The City of Brentwood is working with the Missouri Department of Transportation (MoDOT) to make the Manchester Road corridor from Hanley Road to Bremerton Road safer and more pedestrian friendly. The improvements to Manchester Road are one component of the Brentwood Bound plan.

Starting in late 2020, MoDOT plans to resurface Manchester Road from S. Big Bend Boulevard to Lindbergh Boulevard, which includes the Manchester Road corridor in Brentwood. This project gives the City of Brentwood a unique opportunity to work with MoDOT to improve the corridor and pedestrian access.

MoDOT's plans for the project include resurfacing the roadway, major improvements to sidewalks along the corridor, new curbs and a new bridge over Black Creek,

just west of Hanley Road. The bridge is more than 90 years old and is in need of replacement. The new bridge will be wider, with plans for sidewalks along both sides. A new signal at the intersection of Manchester Road and Hanley Road will allow for safer pedestrian crossing.

While MoDOT is making these improvements, the City plans to build a pedestrian tunnel under Manchester Road at Mary Avenue. This tunnel will link to a proposed Great Rivers Greenway connector trail and Rogers Parkway. The ability to integrate these projects with the MoDOT project is a unique planning and cost-saving opportunity for the City.



Conceptual renderings of projects

## Help Build a Bright Future for Brentwood

**Learn More**

Visit **[BrentwoodBound.org](http://BrentwoodBound.org)** for project details and an informational video.

### **MoDOT Funded Enhancements**

- Mill and overlay pavement
- Improve drainage along the corridor
- Replace the bridge over Black Creek near Manchester Road and Hanley Road
- Improve sidewalks and ADA (Americans with Disabilities Act) accessibility
- Upgrade traffic signals, including pedestrian safety improvements

### **City of Brentwood Funded Enhancements**

- Construction of a pedestrian tunnel at the intersection of Manchester Road and Mary Avenue
- Installation of decorative street/wayfinding signage and lighting
- Enhancements to new bridge over Black Creek
- Installation of trailheads and wayfinding signage for pedestrian destinations
- Addition of ADA-accessible curbs and expanded sidewalks
- Addition of privately funded monument signage

**[BrentwoodBound.org](http://BrentwoodBound.org)**

Phone: 314.963.8673 Email: [brentwoodbound@brentwoodmo.org](mailto:brentwoodbound@brentwoodmo.org)



As Brentwood enters its second century, we're working on ambitious plans – and an exciting opportunity to transform and renew part of our City. The Brentwood Bound plan includes three components to renew the Manchester Road corridor in Brentwood.

This comprehensive solution will help us overcome flooding and public safety challenges in this area while enhancing our community for decades to come and providing an opportunity for improved pedestrian access along with park and recreational spaces to be enjoyed by all Brentwood residents.

Looking Northwest

Conceptual rendering of the updated intersection of Manchester Road and Hanley Road. This view is looking northwest from the intersection of the two roads.



Before



Conceptual renderings of projects

After

Looking East

Conceptual rendering of Manchester Road near Mary Ave. This view is looking east along Manchester Road.



Before



Conceptual renderings of projects

After



Conceptual renderings of projects

Conceptual rendering of the pedestrian tunnel at Manchester Road and Mary Avenue.





## Brentwood School District News January 2019

# Brentwood School District



**Saturday, February 2 and Sunday, February 3, 2019  
10:00 a.m. – 4:00 p.m.**

**1201 Hanley Industrial Court, Brentwood, Missouri 63144**

### Assorted

- |                          |                            |
|--------------------------|----------------------------|
| • <b>AV Equipment</b>    | • <b>Laser Printers</b>    |
| • <b>Chairs</b>          | • <b>Maintenance Items</b> |
| • <b>Desks</b>           | • <b>Shelves</b>           |
| • <b>Filing Cabinets</b> | • <b>Storage Cabinets</b>  |

**Cash and carry. No pre-sales.  
Payment Accepted: Cash or Check (Photo ID required)**

### Lois Truman: Candidate for Board of Education, Brentwood School District

I am excited to be on the April 2, 2019 ballot as candidate for the Brentwood School District Board of Education. I have a career as a lifelong professional educator in public schools:



Bachelor of Science in Elementary Education (Taylor University, IN)

Master of Education/ Counseling and Psychological Services (Georgia State University)

Doctorate in Child and Family Studies (Syracuse University, NY).

**Background information:**

I've been involved with school systems in various states and other countries for 40+ years.

In 2014 my husband, now Brentwood Library Board Vice President, and I returned from Dubai, UAE, to live near our family here in Brentwood. We have one grandchild attending Mark Twain Elementary School. Another began at McGrath and is now at Brentwood Middle School. Our oldest grandchild, a graduate of Brentwood High School, is in her second year at NYU Tisch School of the Arts. We enjoy volunteering in the schools, and never tire of hearing the rave reviews about our outstanding Brentwood schools. It is amazing to see such a gem exists today.

As has been my life pattern, I look for ways to contribute to our local community. This position on the Brentwood School District Board of Education allows me to use skills, experience and training in giving back to our Brentwood residents. While my husband was active duty military, I found my niche working with children and families wherever we were assigned. I taught in grades K-12, worked as a school guidance counselor, directed before/after school programs, supervised staff at the Army Education Center, oversaw budget and construction for multi-million-dollar family services facilities, and also managed the closing/downsizing of military services/facilities. Recently, I am serving on the task force for Brentwood Bound and also serve on the Brentwood Elementary School Facilities Committee as we explore options for upgrading our elementary schools facilities. In each of these experiences, I have seen first-hand how a high quality, vibrant school system directly correlates to a high quality, vibrant community.

I pledge to work with our BSD superintendent and members of the Brentwood School Board of Education in creating and carrying out policies that benefit the children and families of our community. I believe a quality school system reduces negative impacts in every area of our community – lower crime rates; abundant resources; kind and respectful citizens; and healthy, positive attitudes in general. Brentwood schools rank in the top percentile of Missouri public schools. I ask for your vote so I may work with the Brentwood School District to continue our history of top quality public education. Brentwood schools make our world a better place, and I need your vote on April 2nd to become a member of the BSD Board of Education. Thank you in advance for allowing me to join this successful team in serving you.

Please visit my Web site at [www.loistruman.com](http://www.loistruman.com), or Facebook (Lois Truman for School Board) for more information. I also welcome emails: [loistruman@gmail.com](mailto:loistruman@gmail.com), texts or calls: (314) 743-6165.

**Currently:**

Brentwood resident: 8710 Rosalie Avenue since 2014

Volunteer in Brentwood schools  
Member of Brentwood Bound Task Force

Member of Brentwood School District Elementary Schools Facilities Committee

Educator: Associate Professor (Ivy Tech Community College Early Childhood Education)

Bachelor of Science/Elementary Education

Master of Education/Counseling & Psychological Services

Doctorate/Child & Family Studies

Recent Professional Training:

Positive Guidance Techniques (2018)

Diversity Across the Curriculum (2017)

Project-based Learning (2017)

Strategies for Active Learning (2016)

Techniques for Classroom Presentation (2016)

20+ year membership: National Association for the Education of Young Children (NAEYC)

Children's Ministry Director/University City Family Church

Director/New Destiny Childcare Center, Maplewood

Volunteer English tutor/US Citizenship Exam preparation for refugees/immigrants (BIAS)

Parent Life Group Facilitator: Cultivating Exceptional Children

Recipient of 2018 Adjunct Faculty Award for Excellence in Instruction, ITCC

Selected presenter for Student Success Conference, March 2019

**Previously:**

15+ years directing military child development centers (Infants through School-age)

Created and executed multiple budgets

Recruited/trained/evaluated staff working with Child and Family Services

Taught public school grades K-12 (full time and substitute teaching)

**Brentwood Early Childhood Center**

- Students learned about the giving spirit through the BECC's "Helping Hands Snowman." Gift cards were purchased for families in need.
- Students joined BSD neighbors at the Lutheran Senior Services office in a food drive to support families in need. They celebrated by performing a selection of songs for LSS staff. Students concluded their visit with a tour through "Winter Wonderland."

**McGrath Elementary**

- Students held a Winter Sing concert under the direction of Ms. Lori Rejent.
- First graders lead reading discussions by posing questions they would like to answer. They also studied compound words.
- Fourth graders studied extreme weather.

**Mark Twain Elementary**

- Student Lighthouse Team shared ideas at the Leader in Me community coaching day for principals.
- Students held a Winter Sing concert under the direction of Ms. Debbie Stinson.
- First and fourth graders visited the Litzsinger Road Ecology Center.
- Students who completed the Drug Abuse Resistance Education (D.A.R.E.) 10-week program attended a graduation ceremony on December 18.

**Brentwood Middle School**

- Students held a Band Concert under the direction of Mr. Grant Krener.
- Students participated in the Truman Reading Challenge Party. Two "super readers" read all 21 books on the list in four months.

**Brentwood High School**

- BHS Project Graduation 2019 hosted a trivia night on Saturday, December 1.
- Robotics team participated in their first competition of the year at DeSmet Jesuit High School.
- BHS Winter Concert took place under the direction of Mr. Grant Krener.
- Wrestlers competed in the John Burroughs Tournament, defeating Bishop DuBourg and Vianney. The team went on to win the Brentwood Invitational, coming away with 10 medals.
- The Basketball team finished third in the Valley Park Tournament.
- Speech and Debate Team won first place in the War of Words Invitational Tournament in Mexico, MO. The team followed-up by winning five awards at the Randy Pierce Winter Classic at Pattonville High School. Categories included duo interpretation, humorous interpretation, original oratory, and public forum debate.
- Student Council hosted the holiday giving project, sponsoring ten district families.



## FREE Valentine's Day Love Notes!

*As a gift to our readers,  
The Pulse will print **FREE** love notes  
in our February issue.*

**DEADLINE IS FEBRUARY 4**

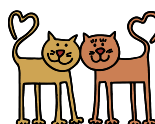
*You may email your love notes to us:  
**pulse@genedel.com** Please Type "Love Notes" in the subject line*

*or fill out the form below and mail to  
**Pulse Newspaper**  
9019 Manchester, Brentwood, MO 63144*

*Love notes must be 25 words or less*

**Deadline is February 4**

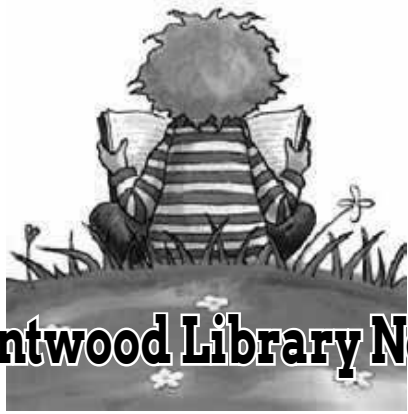
Write your love note below.  
Must be 25 words or less. Please print clearly.  
Mail to: Pulse Newspaper  
9019 Manchester, Brentwood, MO 63144



Served on public school curriculum boards  
Curriculum editor for Word Aflame Publishing  
Supervisory Training Technician/US Army Education Program Director of Education, Jumeira University, Dubai, United Arab Emirates  
Educational counselor for Army Education Center  
Guidance counselor in public schools for grades K-8  
President/local chapter: National Association for the Education of Young Children (NAEYC)  
Validator for accreditation certification (NAEYC)  
Designed/Oversight for renovations/construction of child-care/school-age facilities

Please look for upcoming events to meet and discuss how your vote April 2nd can add a "qualified, experienced, and involved" candidate to serve on our Brentwood School District Board of Education.





## Brentwood Library News

Brentwood Public Library  
8765 Eulalie Ave., Brentwood, MO 63144, (314) 963-8630  
www.brentwoodlibrarymo.org • circulation@bplmo.org

### JANUARY AND FEBRUARY NEWS

Closed for holidays on January 21 and February 18  
All Library events are free and open to the public.

#### Kids' Programs

##### Hometown History: Saint Louis and the Fight for Civil Rights

Thursday, January 24 - 3:30 pm  
Local author Amanda Doyle will lead themed games and activities inspired by Martin Luther King, Jr. Attendees will receive a free copy of her book, *Standing Up for Civil Rights in St. Louis*. Registration required; please call (314) 963-8649. Ages 8-12.

##### New! Tabletop Game Club

Every other Thursday starting January 3 - 3:30-4:30 pm

##### Baby and Toddler Storytime

Tuesdays, 9:30 am  
Please join us for stories, songs, and rhymes from 9:30-9:45 a.m. For children ages birth-3.

##### Pre-K Storytime

Tuesdays, 10:30 am  
Join us for stories, songs, and rhymes from 10:30-11 p.m. For children ages 3-5.

##### Spanish/English bilingual storytime

Thursday, January 17 - 9:30 am  
SLU professor and Spanish Applied Linguistics Ph.D. will lead a Spanish story time for toddlers and preschoolers. This month's storytime will focus on the Mo Willem stories of Elephant and Piggie.

##### Big Ideas Club

Tuesdays, 3:30-4:30 pm  
A weekly makerspace club for grade school and middle school children, The Big Ideas Club meets every Tuesday after school from 3:15-4:15 p.m.

##### New! DIY Science

**Glow Painting**  
Wednesday, February 13 - 3:30-4:30 pm

##### Brentwood Bookworms

Wednesday, January 23  
Roller Girl by Victoria Jamieson  
Wednesday, February 27  
Hello, Universe by Erin Entrada Kelly  
3:30-4:15 pm  
Are you 9 years old or older? Are you an adventurous reader? Join like-minded kids every month at the library to discuss a featured book and engage in a related activity.

##### Family Craft

Friday, January 25  
Friday, February 22  
3:30-4:30 pm  
Brentwood Rec Center  
2505 S. Brentwood Blvd  
All supplies are provided. Be prepared to get messy! Crafts are free, and everyone is welcome. Check our website calendar at <http://www.brentwoodlibrarymo.org/events/calendar/> for upcoming details about what we'll be crafting.

##### Tales and Tails

Wednesday, February 6 - 3:30-4:30 pm  
Dogs make the best listeners! Stop by the library on the first Wednesday of every month to read your favorite book to dogs from CHAMP Assistance Dogs. Event is free and open to children and families.

##### PAWS for Reading

Thursday, January 24  
Thursday, February 28  
6:00-7:00 pm  
Can't make Tales and Tails? We have another read-to-pups program on the fourth Thursday of every month (unless otherwise noted) with Support Dogs, Inc. Event is free and open to children and families.

#### Adult Programs:

**New! Resolutions Book Club** (meets every other month)  
Kickstart your New Year's Resolutions and stay accountable with a bi-monthly book club (and related Facebook group). For the first meeting, pick up a copy of *The Four Tendencies* by Gretchen Rubin.  
Wednesday, January 16 - 6:30-7:30 pm

#### New! Walking Club

Thursdays at 12 pm  
Join us on your lunch break or with your strollers for an hour-long walk through the neighborhood. We'll start from the library; please bring appropriate footwear and clothes. Weather dependent.

#### New! Adulting 101

Tuesday, January 29  
**Budgeting**  
Tuesday, February 26  
**Bullet Journals**  
Join us on the last Tuesday of the month to master the precarious art of adulting, beginning in January with budgeting basics.

#### New! Creativity Club

Tuesday, January 22 - 6 PM  
Saturday, February 9 - 12 PM  
Tuesday, February 19 - 6 PM  
Like to knit? Got a novel you're working on? Want time to collage or scrapbook? Join us for a bi-monthly shared-space working meeting where we make time to practice our creative passions.

#### Just For Fun

Friday, January 18  
Just For Fun: Justice January - 6:30 pm  
Friday, February 15  
Just For Fun: Fantasy/Historical February - 6:30 pm  
Choose any book related to the monthly theme and come to the library after-hours for a mixer with other readers! We're partnering with local brewery Earthbound Beer; sign up for email updates at <http://eepurl.com/z21VH> or ask at the desk for more details and reading recommendations from our librarians. Valid ID required, please.

#### Brentwood Book Club

Tuesday, January 8  
Tuesday, February 12  
6:30 - 7:30 p.m.  
Books TBD at the December 11 meeting

#### Donuts with Librarians

Thursday, February 14 - 10 am - 12 pm  
Stop by on Valentine's Day for coffee and donuts with your neighbors and librarians! (And check out our Valentine's Day book display while you're at it).

#### Adult Craft

These are so popular we are adding an encore craft on Thursday morning at 10 a.m. Please note the dates.  
Thursday, January 10 at 10 a.m.  
Wednesday, February 6 at 6 pm  
Thursday, February 14 at 10 am  
Limit of 12 people to a craft. Registration required, call Gina at 963-8636 or email at [ggibbons@bplmo.org](mailto:ggibbons@bplmo.org). Check our calendar at <http://www.brentwoodlibrarymo.org/events/calendar/> for November and December updates.

#### Social Sketch

Wednesday, January 9 - 6 p.m.  
Wednesday, February 20 - 6 p.m.  
Join us for an evening and/or morning of community art-making! Instructors from the St. Louis Artist's Guild will be giving hour-long lessons in basic sketching and painting skills. We encourage you to bring your own materials, but we'll have the essentials on hand if needed. RSVP to Hilary G. at [hgan@bplmo.org](mailto:hgan@bplmo.org).

#### Scrabble

Thursdays  
January 17  
February 7 & 21  
5:30 - 7:30 p.m.  
The Scrabble Club meets on the first and third Thursday of the month. Games begin at 5:30 pm and generally conclude around 7 pm. All interested players are welcome to attend. No reservation required.

**BRENTWOOD  
PUBLIC LIBRARY**

The City of Brentwood is turning  
100 years in 2019

We are starting our celebration  
with 100(+) pints of Blood

**BLOOD DRIVE**  
HONORING LILY LaMartina  
REMEMBERING CHRIS Leahy  
BRENTWOOD 100

**BRENTWOOD REC CENTER**  
FRIDAY, January 25th, 2019, 2-8 pm

**ONLINE REGISTRATION**  
[www.redcrossblood.org](http://www.redcrossblood.org) CODE: BWParksRec

**FOR MORE INFORMATION CONTACT:**  
ANDY LEAHY 314-962-2318  
[aleahy@seilerinst.com](mailto:aleahy@seilerinst.com)  
Thank You for helping!!



**Seamless  
& stress-free**  
Yes, we're talking about your next move!

- Home and business moves
- Senior community moves
- Packing and unpacking services
- Trained professional uniformed movers - no day labor

**98% Referral Rating**

**TWO MEN  
AND A  
TRUCK**  
"Movers Who Care."

**St. Louis**  
[twomenstouis.com](http://twomenstouis.com)  
Sunset Hills, MO 63128  
314.244.3716



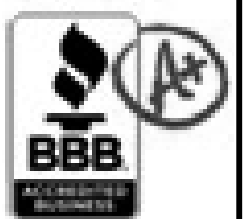
**SCRUBBY DUTCH  
CLEANING**

Family-Owned &  
Operated Since 1983

Bonded • Insured • Supervised  
• Satisfaction Guaranteed

• Free Estimates By Phone  
\$10 Off First Time Customers

314-849-4666 • 636-926-0555  
[www.scrubbydutch.com](http://www.scrubbydutch.com)





## Saying goodbye is important.



Dennis Shrewsbury

That's why the professionals at Bopp Chapel are here to help you create a service that truly reflects the life of your loved one. From traditional service to cremation, we provide the little touches that make a big difference.

Online register book available at [www.boppchapel.com](http://www.boppchapel.com).



10610 Manchester Road – Kirkwood  
(314) 965-7680  
[www.boppchapel.com](http://www.boppchapel.com)



©2009 F.A.C. Marketing



home sweet home

*furnishing hope*

Home Sweet Home works with 15 area agencies to give families their sense of pride and improve the quality of their lives by providing basic household furnishings.

### MOST NEEDED ITEMS

#### THIS MONTH

- Dressers/Chests
- 9" x 13" Baking Pans
- Cookie Baking Sheets

Visit

[www.homesweethomestl.org](http://www.homesweethomestl.org)  
to learn how to donate.

## Put Your Best Foot Forward

at

**Brentwood Shoe & Luggage Repair**  
2314 South Brentwood  
314-968-9282

We have been in business since 1994.  
We repair all name brand shoes & luggage,  
golf bags, tents, zippers, canvas,  
lawn furniture pads, etc.

**We offer a complete line of shoe care products.**  
**All work is done on site.**

Tues. - Fri. 8:30-5:30 Sat. 9:00-2:00

[www.brentwoodshoerepair.com](http://www.brentwoodshoerepair.com)

email: [brentwoodshoerepair@hotmail.com](mailto:brentwoodshoerepair@hotmail.com)



## Yard Waste Reminder

Yard waste containers, bags OR cans - should not weigh more than 50 pounds. If you can't lift it, our trash collectors can't.

## How to Create a New Money Habit

By: West Community Credit Union

The Today Show reports that learning a new habit takes, on average, 66 days for the behavior to feel automatic. The actual time it takes to form that habit varies based on the person, the behavior and the circumstances. Since good habits lead to good results (especially with money), it's important to get those positive routines in place as soon as possible so you can hit a home run with your financial goals this year!

Whether your aim is to get your emergency fund in place, pay off debt or save for a big purchase, a good money habit is a surefire way to help you hit your goal. Here is how to put the right habit into place.

**Identify a goal.** An effective person begins with the end in mind. Set a goal before you start forming a habit. The more time you direct yourself toward your objective, the better your chances for meeting or even beating it! Write them down, post them in a place you will see them.

**Create a small habit toward achieving your goal.** Let's say you want to avoid eating out and use the money you save to buy a new iPad. Come up with a simple and repeatable way to prepare for meals so you don't hit the drive-thru line. Prepare your lunches for the week on Sunday evening. Make a list of the dinner ingredients you need before going to the grocery store. Eat leftovers every Tuesday and Thursday. Find what works for you. Put your stamp on your routine.

**Create accountability.** Find someone you trust to talk through your goals with. This needs to be someone who can give you a reality check and encouragement along the way—someone who'll check in on your progress and cheer on your accomplishments. Having accountability means you don't leave your dreams on your own shoulders; you pick someone to help you carry the load.

**Reward yourself.** Here's the fun part! Figure out a reward for sticking to your habit. If you avoid restaurants every day for a week, treat yourself with something you enjoy like a movie. Those little rewards keep you fired up about the progress you're making.

**Become more self-aware.** Know your money weaknesses and set up a plan to avoid or overcome them. Know your money strengths and build on them as you celebrate every victory (big and small). Plus, being more self-aware is one of the top keys to crushing any goal.

As you succeed with your new January goals, share them with us. Tag us in your Facebook, Twitter & Instagram posts with the hashtag #CUMoneyGoals so we can celebrate your wins with you! Let's light up the internet with goal setting and positive vibes!

If you need guidance with your financial goals, contact Member Services at 636.720.2400 or visit us online at [westcommunitycu.org](http://westcommunitycu.org) to learn more about what the credit union offers and what would work for your situation.







# RESTAURANT REVIEWS

by Kevin McCarthy

## A Reason To Go Downtown

There has been a lot of well deserved press regarding a new hotel in downtown St. Louis. The Hotel Saint Louis, at 705 Olive street is a \$68 million dollar renovation of the historic Union Trust building. It was designed by Louis Sullivan and constructed in 1893. Sullivan is Considered the creator of the modern skyscraper, he is credited with the modernist credo, "form ever follows function."



French Onion Soup

In the early 1970's I worked for HFC, now HSBC Bank. Their central collections office was in this building and I spent a number of months working in that facility. When we were asked to review items from Hotel Saint Louis' restaurant at a pre-opening tasting, I jumped at the opportunity!

The Hotel Saint Louis is the first Marriott Autograph Collections hotel in St. Louis. This description is based upon the fact that the hotel features many things that are unique to the St. Louis area. Everything from carpet design to food items have a local, St. Louis touch. Including their Chef.

Chef Birk is a native St. Louisan. I have known Chef Birk since he was flipping burgers at Maplewood's Cousin Hugo's. Since then his culinary journey has taken him to a number of prestigious hotels, Disney Cruise lines, his own restaurant in Jamaica and more. His philosophy at the Saint Louis Hotel's Union 30 restaurant is to serve you gourmet comfort food with a St. Louis flair at a reasonable price. This includes breakfast, lunch and dinner service.

Appetizers include their version of Famous Barr's French Onion Soup, and Mama's Chicken and dumplings. Salads include Al Baker's Chop Salad and the Mayfair's grilled Caesar Salad.

There is a daily special from the smoker which includes, St. Louis Pork steaks, Ribs, chops, Busch's Grove Cottage Fries, Collinsville Horse radish sauce and more.

Sue had the Classic Hill Fettuccine with Blackened Chicken, Parmesan and fresh cracked pepper. I had the Cold Smoked Strip Loin that is custom cut and grilled to the temperature you like. This was served with Creme Fraiche Mashed Potatoes and grilled Brussel Sprouts. Each item was excellent!

For dessert we decided to split the Union 30 Bread Pudding, a wonderful assemblage of bread pudding topped with smoked maple, bourbon ice cream topped with a bourbon caramel sauce and crispy bacon bits! Of course



Fettuccine Alfredo

there is also St. Louis gooey Butter Cake if you want to go traditional.

A pleasant surprise ending to our meal was a salute to another piece of St. Louis history. We were presented with a miniature ice cream cone, which was invented at the St. Louis world's Fair.

The menu for each meal service includes a large number of delectable items with a St. Louis flair, all at a reasonable



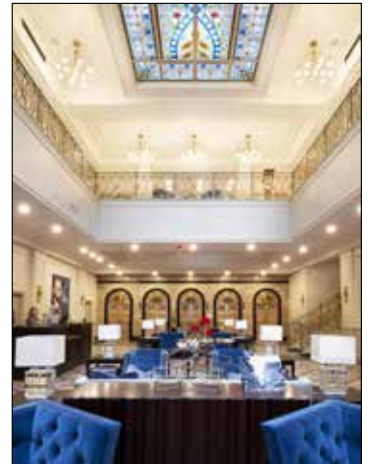
Smoked Strip Loin

price. There is definitely something for everyone at Union 30 in the Saint Louis hotel.

A very well lighted parking lot is located behind the hotel for your convenience. There will also be food service available at the roof-top bar and pool area.

For more information go to [hotelsaintlouis.com](http://hotelsaintlouis.com) or call 314-241-4300.

I think we will be spending a lot more time downtown from now on!



## What Happened to Brentwood's Historic African-American Neighborhood?

### A Panel Discussion of Howard-Evans Place

Learn more about the historic African-American Neighborhood that thrived where Brentwood Promenade is today.

A Panel Discussion led by **Beth Miller Erman**, Brentwood resident and researcher and featuring former residents of Howard-Evans Place

**Sunday, February 24th, 2019 at 4 p.m.**  
at the Brentwood Recreation Center



Another event to celebrate Brentwood's Centennial brought to you by the Brentwood Century Foundation



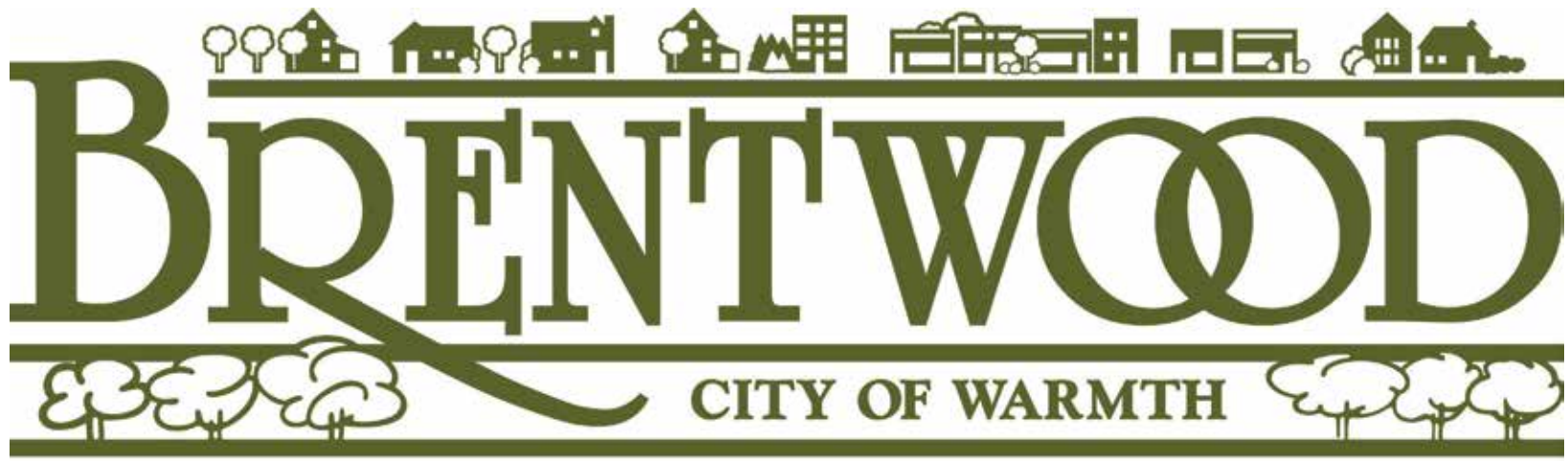
For all centennial events and updates, to volunteer, donate or to sponsor an event, please visit:

**Brentwood100.org**



#Brentwood100  
#BrentwoodMo100





Celebrating 100 Years | 1919-2019

# Connect with the City of Brentwood



City of Brentwood Website: [brentwoodmo.org](http://brentwoodmo.org)



Brentwood Bound Website: [BrentwoodBound.org](http://BrentwoodBound.org)



**Brentwood Bulletin**, the City's quarterly newsletter, is delivered to residents' homes and available on the City website.



**City of Brentwood Mobile App**  
 Apple: <https://itunes.apple.com/us/app/civicmobile/id1278189882?ls=1&mt=8>  
 Google Play: [https://play.google.com/store/apps/details?id=com.civicplus.mo\\_brentwood4](https://play.google.com/store/apps/details?id=com.civicplus.mo_brentwood4)



[brentwoodmo.org/centennial](http://brentwoodmo.org/centennial)





# TRAVEL

by Sue  
McCarthy

## Svalbard Doomsday Seeds

A few years ago my husband, Kevin, and I returned to a country we love...Norway.

This time we decided to take a flight from Tromso, Norway to the island of Spitzbergen, and the town of Longyearbyen (population 2,100 from 50 countries.) The flight from Tromso was only 90 minutes or 3 hrs. from Oslo. We had heard about the Global Seed Vault, also known as the Doomsday Seeds Bank.

Our curiosity was to find out more about the seeds, and also to enjoy the island of Svalbard with hopes of seeing a Polar Bear. We did discover the Polar Bears were still hibernating while we were there. Longyearben is located 817 miles from the North Pole at a latitude of 78 degrees north. There are signs at the town limits showing a Polar Bear with an X across. Although it is rare for a bear to enter the town limits it is still possible to wake in the morning and see bear footprints. All tourists are told not to leave town without a guide with a rifle for protection. Polar Bears are never far away. The best places to see Polar Bears are floating on the sea ice or east coast and very rare to see one in the summer.

Our lodging was at the Trapper's Hotel Basecamp in Longyearbyen and was the most unique with décor of a traditional trapper's style (driftwood, slate, sealskins and fur.)

The hotel has 16 rooms and for 40 people with single, double and family rooms. NOK 1,750 (\$205 a night includes breakfast.) There are other hotels, guest houses, tents and hostels available.

The hotel can arrange things-to-do. We decided to try the dog sledging even though there wasn't any snow. We were picked up at the hotel and taken to Svalbard Husky where we met the dogs and were shown how to harness them to the sledge. The guide would drive the waggen while three of us sat on the reindeer blankets and the guide pointed out the other animals on the island: Svalbard deer are smaller than regular deer, bearded seals, whales and ptarmigan. We enjoyed a relaxing sightseeing ride along the coastline. Dress warm and wear water and windproof clothing. The 12 dogs were as excited for the run as we were. The cost was NOK 850 (\$99.)

Depending on the time of the year you visit other things available are: walking on a glacier, boating, kayaking, snowmobile safari and visiting the local museum, restaurants, bars and shops.

We had our photo taken in front of the Global Seed Vault, but that is as close as we could get. Very few people have been allowed inside. Recently a CNN reporter, Arwa Damon was allowed inside for a tour. Check out her youtube at [www.cnn.com/videos/world/2015/10/22/norway-doomsday-back-story-arwa](http://www.cnn.com/videos/world/2015/10/22/norway-doomsday-back-story-arwa)

The seed vault is located deep inside a mountain in an old abandoned coal mine. The doors are dual blast-proof with two airlocks and walls of steel reinforced concrete one meter thick. The vault is opened three times a year to add or remove seeds. March 24-28; June 3-6; and October 21-25. The vault officially opened on February 26, 2008.

By 2013, approximately one-third of the gene diversity stored in seed banks globally was represented at the vault.

The vault currently contains samples from approximately one-third of the world's most important food crop varieties. Recently tree seeds have been added. A million seed packs from almost every country are under the perma frost fail-safe storage facility.

The Norwegian government entirely funded the vault's approximately 45 million kr (\$8.8 million in 2008.) Storing seeds in the vault is free to end users with Norway and the Crop Trust paying for operational costs. Primary funding for the Trust comes from organizations such as Bill & Melinda Gates Foundation and various governments worldwide.

Svalbard doesn't have the only seed bank. There are others in the U.S., China, South Korea, Germany, Canada, Russia, Japan and India. There are 1,400 smaller vaults around the world.

The reason for the seed vaults is to ensure against the loss of seeds in other seed vaults during a large scale regional or global crisis. February 26, 2018 a shipment of 70,000 samples were delivered to the facility, bringing the number of samples received to more than one million. At this time, the total number of samples held at the vault was 967,216 (not counting any withdrawals.) 13,000 years of agricultural history was representative. A feasibility study prior to construction determined the vault could preserve the seeds from most from most major food crops for hundreds of years and some important grains could remain viable for thousands of years.



Global Seed Bank, Svalbard, Norway



Svalbard signs to major cities



Sue and dog sledging team



Sue with sled dog



### IF YOU GO

<http://www.en.visitsvalbard.com/visitorinformation>

[www.basecampexplorer.com/spitsbergen](http://www.basecampexplorer.com/spitsbergen)

<http://www.seedvault.no>

<http://www.svalbardhusky.no>



Trapper's Hotel

### MAPLEWOOD LIONS CLUB SHOPPING LIST

- |      |   |
|------|---|
| 980  | Latex free cartoon-character band aids                          |
| 1400 | Sticks of flavored chewing gum                                  |
| 2    | Pounds of bubble gum  |
| 5    | copies of the book "The Famous Hat"                             |
| 5    | copies of the book "The Puddle Jumpers Guide to Kicking Cancer" |

Maplewood Lions club president, Judith Yingling and club Service coordinator, Verneal Barlow delivered all these items to Jennifer Brandt, Senior Child Life Specialist, to be used by the Siteman Kids patients at Children's Hospital. This is a part of the pediatric cancer program of the Maplewood Lions club. Ms. Brandt said the delivery was "very timely" as they had just ran out of flavored chewing gum.

According to Ms. Brandt, when the kids get a shot they like to pick their own cartoon-character band aid and during treatment they get a bad taste in their mouth and chewing flavored gum helps a little bit. The books are a teaching method for the kids, as well as their families, as a way to understand what to expect during cancer treatment.

The Maplewood club members had a good time looking for various flavors of gum and found over a dozen different kinds including watermelon, strawberry and even mint chocolate-chip. This was an interesting service project for the club.







*We wish you a  
wonderful and healthy  
New Year!*

**PRINTING BY**  
**gene▶del**  
INCORPORATED

**Family Owned & Operated**  
**Since 1973**



314.962.4750 | [www.genedel.com](http://www.genedel.com)  
9019 Manchester Rd. | Brentwood, MO 63144



## City of Brentwood News and Events

### Free Workplace Violence Prevention Training on January 31

**FREE** Workplace Violence Prevention Training  
 Thursday, January 31, 2019  
 11 am-2 pm  
 Brentwood Drury Inn



The Brentwood Police Department is offering a free workplace violence prevention training event for managers, supervisors, human resource specialists and related roles. Learn best practices for early warning behavior detection and prevention strategies. Learn how to mitigate risk and liability through policy and threat assessment. Brentwood Police Chief Joseph L. Spiess, Jr., will present the training. With more than 35 years of experience, certified instructor Colonel Spiess will deliver an insightful perspective and multifaceted approach to workplace violence prevention. Registration is required: email or call Thomas Bottini, tbottini@brentwoodmo.org 314.963.8615

### Brentwood Celebrates a Century with 100+ Events in 2019

The City of Brentwood was established on December 15, 1919. In 2019, the City is celebrating its first century with more than 100 events throughout the year. Learn more at [www.brentwoodmo.org/centennial](http://www.brentwoodmo.org/centennial) and [www.brentwood100.org](http://www.brentwood100.org)



### Take the Brentwood Bound Survey

The City of Brentwood is gathering additional community feedback about the Brentwood Bound plan. Provide your input by taking the survey by January 16: <http://www.justafewmorequestions.com/BrentwoodBound>. Learn more at [www.BrentwoodBound.org](http://www.BrentwoodBound.org).



### Brentwood Community Service Weekend – May 2-4

The Brentwood Century Foundation will host a community service weekend May 2-4. This is an opportunity to partner with the City and help residents and their properties.

Groups, families and individuals may sign up for service times and tasks beginning in April. Businesses who want to donate materials or service are encouraged to do so.

The weekend will culminate with a celebration on Saturday evening, May 4, to thank everyone who contributes to this weekend of service.

To get involved or suggest a project, please contact Mt. Calvary Lutheran Church, 314.968.2360 or [office@mtcalvarylcms.org](mailto:office@mtcalvarylcms.org).

### Brentwood Police Department Coordinating “Neighborhood Eyes” Camera Program

Brentwood Police Department’s “Neighborhood Eyes Program” is an opportunity for Brentwood residents and business owners with security cameras around their homes or businesses to let the police know where these cameras are located. If security camera footage may help in a police investigation, the Police Department would contact the resident or business owner to request to view footage.

The Police Department does not have the capacity to remotely access the video systems. This voluntary program is simply a way to know where cameras are positioned in Brentwood in the event the police need to seek help during an investigation. To register or learn more, contact Tom Bottini, [tbottini@brentwoodmo.org](mailto:tbottini@brentwoodmo.org) or 314.963.8615.

### Brentwood Board of Aldermen and Committee Meetings Available on YouTube

A new audio/video system was installed in the Brentwood City Hall Council Chambers in Fall 2018.



This state-of-the-art system enhances the City’s transparency by allowing Board of Aldermen and other meetings to be video

recorded and shared with the public. Brentwood’s Board of Aldermen meetings and committee meetings will be recorded and uploaded to the City’s YouTube channel.

In addition, Board of Aldermen meetings will be live-streamed on YouTube, so residents who cannot attend the meetings in person may watch the proceedings remotely in real time. To access these videos, click on the YouTube icon at the top of the City website, [www.brentwoodmo.org](http://www.brentwoodmo.org).

### Download the New City of Brentwood Mobile App

The City of Brentwood has launched a mobile app. This app provides on-the-go access to news, events, agendas, reporting a concern and more.

Download the app and connect with the City of Brentwood:

• Google Play: [https://play.google.com/store/apps/details?id=com.civicplus.mo\\_brentwood4](https://play.google.com/store/apps/details?id=com.civicplus.mo_brentwood4)

• Apple: <https://itunes.apple.com/us/app/civicmobile/id1278189882?ls=1&mt=8>

For the Apple consolidated app, users will download the app and the icon that will display on your device will be the CivicMobile app icon. Once you’ve opened the app, you have the option to search for Brentwood, MO or use the “Find Your Location” feature. After selecting the app, it will open directly to the app’s menu screen.



## Brentwood Forest Receives Community Association of the Year Award

Brentwood Forest Condominium Association is proud to announce that we have received the Community Association of the Year award for 2018. The award comes from the Community Association Institute (CAI) Heartland Chapter. The Heartland Chapter has 430 members and covers five states, Missouri, Illinois, Arkansas, Iowa and Kansas. There are four size categories with Brentwood Forest winning in the 1000+ unit size category.



The award is voted on by the CAI Board of Directors of the Heartland Chapter. The award encompasses communities that demonstrate excellence in association operations and governance by following CAI’s Best Practices. CAI’s Best Practices are communication, innovation, community spirit, financial stewardship, green community trendsetter, neighborhood beautification, governance leaders, reserve studies/management and strategic planning.

The Brentwood Forest Staff is proud that the community is recognized as the Community Association of the Year for 2018 and will continue to work by following these practices in order to make this the best community possible. Brad Florek received the award on December 6 at the CAI annual meeting/holiday party.

### GENERAL INFORMATION

**CITY OF BRENTWOOD**  
**2348 SOUTH BRENTWOOD BOULEVARD**  
**ELECTION – TUESDAY, APRIL 2, 2019**

**Candidate filing opens** 8:00 a.m. Tuesday, December 11, 2018  
**Candidate filing closes** 5:00 p.m. Tuesday, January 15, 2019  
**Filing Fee - \$5.00**

**\*\*\*THE LINE FORMS AT THE LIBRARY ENTRANCE\*\*\***

Candidates may file for the following offices:

**MAYOR – TWO (2) YEAR TERM**

**MUNICIPAL JUDGE – TWO (2) YEAR TERM**

**BOARD OF ALDERMAN – TWO (2) YEAR TERM**

Wards 1, 2, 3 and 4

**Qualifications:**

At least 18 years of age  
 Citizen of the United States  
 Resident of the city at the time of and for at least one (1) year preceding the election  
 Resident of the ward from which he or she is elected

### GENERAL INFORMATION

\*\*Saturday absentee voting times vary. Check the website [www.stlouisco.com/elections](http://www.stlouisco.com/elections) for each election.

- December 11** Opening of candidate filings (8:00 a.m.) for the April 2nd General Municipal Election (exception with chartered cities.) School and Fire District candidates must file with their district’s secretary.
- January 15** Closing of candidate filings (5:00 p.m.) for the April 2nd General Municipal Election (exception with chartered cities).
- January 22** Closing (5:00 p.m.) for receiving certification of election forms for the April 2nd General Municipal Election. [See 115.125](#)
- February 19** \*\*Absentee opens for the April 2nd General Municipal Election. [See 115.279\(3\)](#)
- March 6** Last day to register for the April 2nd General Municipal Election. [See 115.135\(1\)](#)
- March 22** Last day to file as a write-in candidate for the April 2nd General Municipal Election. Write-in candidates must file at the St. Louis County Election Board at 725 Northwest Plaza Dr., St. Ann by 5:00 p.m. [See 115.453\(4\)](#)
- March 27** Last day (5:00 pm) absentee applications will be accepted through the mail or in person from a guardian or relative of the applicant for the April 2nd General Municipal Election. [See 115.279\(3\)](#)
- March 30** \*\*Office opens (times optional) for absentee voting in the April 2nd General Municipal Election.
- April 1** Last day (5:00 pm) for voting an absentee ballot in person at the Election Board office for the April 2nd General Municipal Election.
- April 2** **ELECTION DAY, Polls open from 6:00 a.m. - 7:00 p.m.**





THE PULSE IS PRINTED  
ON RECYCLED PAPER

Deadline 1st Monday of each month  
Published 2nd Monday of each month

314-962-4750

PULSE NEWS SERVICE

9019 Manchester, Brentwood, MO 63144

pulse@genedel.com

www.genedel.com

Gene-Del Publishing Co., Inc.

Eugene & Delores Dodel - Founders

Joyce Dodel Locke - Editor

Joyce Dodel Locke - Design Director

Eric Dodel & Kim Phegley - Photographers

— Reporters —

Sue McCarthy - Travel Destinations

Kevin McCarthy - Restaurant Reviews

Rob Rains - Sports

Rich Brewer - Broken Paddle Comic

AD PRICES ARE FOR CAMERA READY ONLY  
ADVERTISING RATES:

Full Page	10-1/4 x 16-1/4	\$215.00
1/2 Page	10-1/4 x 8-1/2	\$165.00
1/4 Page	5 x 8	\$115.00
1/8 Page	5 x 4	\$85.00
Business Card Size	2 x 3-1/2	\$50.00

For color add \$25 to ad price.

Classified ad information on inside back page

Inserts - Call for Price

Member, Brentwood, Richmond Heights &  
Maplewood Chambers of Commerce

All issues of the Pulse are retained  
by the Brentwood Historical Society

# Classifieds

## WARNING

Readers are advised that some "work-at-home" ads or ads offering informing on jobs, government homes, or vehicles may require an initial investment. We urge you to investigate the company's claims thoroughly before sending any money and proceed at your own risk.

## HANDYMAN

My 30th year repairing homes. I do carpentry, painting, decks, drywall repairs, ceiling fans, etc. Call or email me if you want great service. Kevin-handyman0277@yahoo.com 314-650-5622. Senior Citizen Discount.

## MARY'S PET SITTING

Loving professional pet care in your home. Bonded and insured. 314-918-8629.

## REPAIRS

Laurin Servicing. Refrigerators, freezers, ice makers, washers & dryers, heaters. (Retired Sears Service Tech.) 314-602-5070.

20 WORDS FOR \$3.00!

Deadline for next  
issue is February 4

the  
pulse  
314.962.4750

## WRITE IN YOUR OWN CLASSIFIED AD

Mail Check or Money Order.

Ads must be received by  
first monday of the month.

20 WORDS FOR \$3.00!  
Each additional word or  
fraction thereof, 10¢ each.

Telephone number equals two words.

Address equals two to three words.

PLEASE TYPE OR PRINT CLEARLY.

Customer Information  
(will not be included in ad)

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone No. \_\_\_\_\_

Mail to:  
PULSE NEWSPAPER  
9019 Manchester  
Brentwood, MO 63144

## GIVE A LIFELINE...

Donate Your  
Old Cell Phone

Cell Phones for Safe Homes program  
raises funds through phones

Drop off your used cell phones at one of five locations to be recycled through Lydia's House new Cell Phones for Safe Homes fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by any of these locations:

- Gene-Del Printing (9019 Manchester Rd.)
- West County Center T-Mobile
- University City T-Mobile (6662 Delmar Boulevard)
- Saint Ann Wireless Toyz (3594 North Lindbergh Boulevard)

More locations to come. If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Lisa Weingarth at (314) 771-4411 ext. 101 or lweingarth@lydiashouse.org.

### About Lydia's House

Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

Web: www.lydiashouse.org Email: info@lydiashouse.org  
Connect: Find us on Facebook, Follow us on Twitter

## Civic & Church Organizations

### Brentwood Optimist Club

2nd & 4th Monday, 6:00 p.m.  
Goff-Moll Post 101, 2721 Collier  
Mary Meers, President

### Goff-Moll Post 101

3rd Wednesday, 7:00 p.m.  
The American Legion, 2721 Collier Ave.  
Brentwood, MO 63144, 961-3263  
Halls for Rent

### Maplewood Lions Club

1st & 3rd Tues., 7:00 p.m. Meeting  
Meet at Branch Outreach Resource Center  
2150 Yale Ave., Maplewood MO 63143  
Lion Judy Yingling, President  
Phone: 314-550-0093

### Brentwood Congregational United Church of Christ

2400 South Brentwood Blvd.  
Telephone No. 314 962-9966  
Sunday Services – 10:30 a.m.  
Bible Study – 9:30 a.m.  
Sunday School – 10:30 a.m.  
www.brentwood-congregational.org

### Brentwood Lions Club

2nd & 4th Tues., 6:30 meeting  
Goff-Moll Post 101, 2721 Collier  
Lion President Kimberly Taylor  
314-560-8383 or lionkimberly@sbeglobal.net

LIST YOUR ORGANIZATION OR CHURCH - \$100 FOR 12 MONTHS

## A Few Pulse Distribution Centers...

### BRENTWOOD

Brentwood City Hall, O.B. Clarks, West Community Credit Union, Brentwood Community Center, Gene-Del Printing, Sideline Bar, American Legion Post 101, Brentwood Library, Dobb's Tire, Whole Foods Market, Brentwood Shoe Stop, Eagle Bank, Brentwood Shoe & Luggage Repair, Brentwood Family Chiropractic, Speedway Automotive, Carl's, Mt. Calvary Church, UPS Store, Ray's Donuts, Brentwood Forest, Whole Foods, White Building, Double D Lounge, Brentwood Police Dept., All State Insurance, Drury Inn, Mid-County YMCA, Hunan Wok, Altair Travel.

### MAPLEWOOD

Citizen's Bank, Maplewood City Hall, V.F.W. Big Bend, Cousin Hugo's, J.B. Smith Funeral Home, Schlawly Bottle Work.

### ROCK HILL:

Farotto's, Rock Hill City Hall & Library, Leach Amoco, Hacienda, Trainwreck Saloon, CiCi's Pizza, St. Louis Wings, Traintown, St. Louis Custard, Auto Spa ETC Rock Hill.

### RICHMOND HEIGHTS

Richmond Heights City Hall, Telle Tire, Richmond Living Place.

### GLENDALE

Bopp Chapel, Laurie's Shoes.



# Parks & Recreation



**doodlebugs**  
Brentwood Parks & Recreation

A fun, station-based and guided playtime for toddlers to explore their creativity.

<b>Thursday, January 24th</b> Paint & Colors	<b>Tuesday, February 5th</b> Sensory Play
<b>Tuesday, March 5th</b> Messy Play	<b>Thursday, April 4th</b> Building & Construction

Ages 2-5 | 8:30 - 9:15am  
Residents: \$3 ; Non-Residents: \$5

Brentwood Recreation Complex  
2505 S. Brentwood Blvd.  
Call (314) 963-8689 to register

brentwoodmo.org/youth

## BRENTWOOD TEEN ART SERIES

*Drawing the Head and Face*  
Beginner to Intermediate

**Before** **After**

In this introductory course, students will learn how to draw an accurate likeness of the human face. Classes will illustrate the basic geometric structures of the skull and facial features, and emphasize the importance of correct proportion and consistent angle of view in a well-constructed portrait. Tools utilized will primarily include compressed charcoal, vine charcoal, conte, erasers, blending stumps and newsprint.

Course taught by Ryan Greis of Drawn Studio

**Tuesday Nights, 6-8pm**  
January 8th - 29th  
Ages 11-16  
R: \$89; NR: \$114  
(Supplies must be purchased on own or for an additional cost of \$30)

Brentwood Recreation Complex  
(2505 S. Brentwood Blvd.)  
Call 314-963-8689 to Register  
brentwoodmo.org/youth

### SENIOR PROGRAMS

**MAGIC MORNINGS**  
**BREAKFAST CLUB**

Join us at the Brentwood Community Center for fruit & toast, fun conversation & games.  
\$5/person  
Jan 9: 8:30 - 9:30am

**BREAKFAST & BINGO**

Join us at the Brentwood Community Center for coffee, pastries & eight games of BINGO.  
\$8/person  
Jan 17: 9:00-10:30am

**Let's Eat**

Dulany's Grille & Pub.  
\$6/person -drinks/food at own expense  
Jan 15: 10:30am - 1:30pm

**HAPPY HOUR Cheers!**

Pat Connolly Tavern.  
\$6/person -drinks/food at own expense  
Jan 23: 3:00pm - 6:00pm

## CHEERS TO 100 YEARS

Brentwood's January Centennial Activities

<b>Centennial Kick Off</b> Ice Rink Jan. 1 12-6		<b>Family Game Night</b> Community Center Jan. 18 5:30-8:30	
	<b>Penguin Party</b> Ice Rink Jan. 20 4:15-5:45		<b>Healthy Weight Week</b> Community Center Jan. 20-26
<b>MLK Canned Food Drive</b> Ice Rink Jan. 21 11:15-1:15		<b>Blood Drive</b> Community Center Jan. 25 2-8	
	<b>National Skating Month Celebration</b> Ice Rink Jan. 26 12:15-3		<b>For Additional Information</b> Call 314.963.8689

BRENTWOOD 1919-2019 100 YEARS

brentwoodmo.org/centennial 314.963.8689

Facebook: brentwoodparksandrec cityofbrentwoodmo  
Twitter: @brentwoodrec @brentwoodmo

## Tai Chi

Balance, Tranquility, Strength

Tai Chi Chuan is an internal Chinese martial art often practiced for health reasons. Its soft martial art technique, balance, mental concentration, healthy and longevity benefits are relaxing and gentle way to stay in shape. Thursday nights at the Brentwood Community Center.



BANKING ON YOU™

# KNOW YOUR CREDIT SCORE!

## FREE ACCESS AND ALERTS IN MOBILE BANKING.


We've made it easy for you to take charge of your financial life. Unexpected changes to your credit activity can be the first sign of identity theft. Monitor your credit score and protect your identity with instant, unlimited access to your credit activity in our mobile app and online banking!


### TAKE CONTROL TODAY!

- **FREE** unlimited access to your credit score
- **FREE** credit alerts to help you monitor for fraud
- **FREE** monthly credit reports



 **ONLINE:**  
westcommunitycu.org

 **CALL:**  
636.720.2400  
800.500.6860

 **VISIT:**  
In Brentwood,  
2345 S. Brentwood Blvd

\*Download of the West Community Credit Union Mobile Banking App and/or enrollment in Online Banking required. Membership eligibility required.  
Federally insured by NCUA. Additional coverage up to \$250,000 provided by Excess Share Insurance Corporation, a licensed insurance company.

